

*Tribute*Shri Govind Hari Ji Singhania

(19.03.1937 - 02.10.2014)



In Hemoriam

Legends dwell in fables told,
Extraordinarily, they never get old,
Bereft of rest, incessantly they toil,
Till destiny's sun upon them smile,
The God then marvels at their creation,
His content pervades satisfaction,
You were one of His cherished knights,
Who filled a million hearts with light,
Blessed are those, who worked with you,
Your inspiration so pristine,
like morning dew!!





Manorama Govind Hari Ji Singhania Chairperson



Sir Padampat Singhania Education Centre



Green School Awardee, Affiliation No. 2130075 Kantia Nagar, Kanpur - 208 005, Ubar Pratesh (NDIA)

MESSAGE

Change is the law of life and those who look only to the past or present are certain to miss the future.

Sir Padampat Singhania Education Centre has been educating boys and girls since 1982, and though much has changed over the years; our mission and the vision remains the same as that of our Founder Chairman, who was committed to developing students of high academic caliber, intellectual curiosity, and atrong moral character. Shri Govind Hari II Singhania ruminated that life, like the trifoliate leaves, should have three parts; hard work, integrity, and ardent friendship. It is now, after so many years I espy the simplicity of his message that defines the true spirit of SPSEC – where we nurture students not only to achieve academic success, but also to be honest with themselves and others, learn to respect people and things, put forth maximum effort, and seek ways to reach their goals. As a result, year after year, SPSEC sends out mature, respectful, responsible, and compassionate young adults, who are well prepared to take on the challenges that lie ahead.

I wish to express my gratitude to the incredibly devoted Principal, staff and all the stakeholders, who have been working tirelessly to realise the challenge of achieving our bold vision, and to the Members of the Board for their committed and expert governance of this great institution.

The Editorial team has done a wondrous job of successfully bringing out yet another edition of *Padamyvati*. It is an invaluable souvenir - complete with texts and pictures that will inspire, gratify and give happiness in the years to come.

Remember, success is no accident. It is hard work, perseverance, sacrifice, dedication and most of all, love of what you are doing or learning to do.

Best wishes and blessings to you all!!

Manorama Govind Hari Singhania Chairperson



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Yadupati Singhania Chairman and Managing Director, J K Cement Ltd.

ADUPATI SINGHANIA Distribution of Managing Director



MESSAGE

The sun has dawned on the 38th year of SPSEC and has spread the warmth of enlightenment. The bygone time is an evidence of how an endeavour shaped into a paradigm of excellence. The ideals that represent JK group are imbued in its foundation and its structure, shaped brick by brick with selfless devotion for an unequivocal human cause.

It is praiseworthy that SPSEC has established its hegemony in the field of education. Students here are crafted for the future. Rampant technological advancements have challenged the preconceptions of teaching methodology. In the present scenario, educators have to acknowledge the inevitable change and enhance their prowess to cater the demands of tomorrow. I am impressed in the manner SPSEC has designed its curriculum and leveraged its pedagogical acumen to arm the students with innovative practices intertwined with physical and mental agility.

The dominant narrative of SPSEC's success has changed the academic landscape and held its promise of 'the finest in the field of education'

I congratulate everyone who render their services to this noble profession and contribute to nation building

My heartfelt compliments and blessings to you all!

4 Phinghania

Yadupati Singhania

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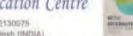




Abhishek Singhania Vice Chairman



Sir Padampat Singhania Education Centre



Green School Awarden, Affiliation No. 2130075 Kamla Nagar, Kanpur - 208 005, Ultar Phatesh (INDIA)

MESSAGE

The modern world is a rechnology-driven expressway that needs horses for courses. Soon, the curriculum that has been prescribed for eons will be replaced by the new age e-learning. The educational institutions will have to both, acclimatize to this imminent change and implement to this demand of future, in the present, to stay effective. It gives me unprecedented joy to inform all the stakeholders of SPSEC, that we have embraced technological advancements and introduced it in our curriculum way before other academic institutions could see it coming.

Mechanization started during the industrial revolution and was metamorphosed to a new level altogether with the advent of Artificial Intelligence (AI) and Robotics. It linked industrial age to information age. New tech-giants like Google, IBM, Microsoft, etc. changed the dynamics of doing business. Such as the world of future needs professionals who offer tech-solutions to fix business inconveniences. Robotics Process Automation (RPA) is a new magnet that attracts vast talent pools to provide solutions to present problems, making it future proof.

It is an indisputable fact that there will be a surge in the demand of qualified Alprofessionals. SPSEC is paying path to ensure that this demand-supply gap will be filled in the future. By introducing coding, robotics and statistical analysis, we are empowering our students to stay ahead of their times.

I assure everyone that our educational institution, renowned as the doyen of academic excellence, will also serve as a centre where human intelligence confluences with the Al and carve a niche in pedagogical dispensation. With 'innovation' being the new age evolution, we have a lot to look forward to!

Best wishes for 2019-201

Abhishek Singhania Vice Chairman



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Varsha Singhania Vice Chairperson



Sir Padampat Singhania Education Centre



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MESSAGE

Knowledge is a great liberator. It clarifies, cuts through, and captures the essence of the evolutionary spirit. Knowledge in all its forms has marked the upward surge of mankind. It trounces ignorance and strengthens efficiency. Our future growth relies on competitiveness and innovation, skills and productivity... and these in turn rely on quality education of our students.

Everyone aspires to be an Einstein, Galileo, Steve Jobs and Rockefellers but there are many who are endowed with traits and genes of Michelangelo, Mozart and Wordsworth Identifying these round kegs in square holes at the right time and fine tuning them in the right way is a true challenge for a mentor. SPSEC thrives on such curved ones and diligently works to sculpt a possibility into a prodict.

Aesthetic sensibility and experience are the prime sites of the growing child's creativity. I have always envisioned 'Art Integrated Learning' as it makes classroom transactions joyful and innovative and also promotes appreciation of our rich cultural heritage. I am elated to inform that in a bid to promote active and experiential learning we have decided to integrate music, dance, visual arts and theatre with the teaching and learning process of all the academic subjects in all classes. This cross-curricular approach to education will not only inculcate an appreciation of the vast diversity in the Indian Art but also make the process of acquiring knowledge all the more joyful.

With a hope that aesthetics and academics will find each other by pure serendipity, I wish you all an innovative and productive school year at SPSEC!!

Varsha Singhania Vice Chairperson



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N.P. Agrawal
Director



Sir Padampat Singhania Education Centre



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MESSAGE

'It is not the strongest of the species that survives, nor the most intelligent, but the one most responsive to change.'

The world is changing constantly and to thrive in this fast changing world, our children require a breadth of skills rooted in academic competencies. Therefore, it is the responsibility of the educational institutions today, to equip their students with the much needed skills to successfully grapple with the upcoming challenges of life. SPSEC recognizes the nature of these changes, hence focuses not only on the scholastic achievements but also on the care values of teamwork, critical thinking, communication, persistence, and creativity.

The invigorating campus of the school tries to strike a perfect balance between work ethos and high spirited life in a green and eco-friendly atmosphere. The deft blend of academics, aided by the newfangled interactive methodology at all grade levels, along with multifacious activities is our USP. We strive to empower our students with the skills required to make sense of the heterogeneities and the complexities of the world as they forge ahead in the pursuit of a better tomorrow.

The support of the parent community and the faith and confidence that they show in us is our driving force. I am very sure through collaborative effort we can give a rich platform to our children where they will learn and grow in an environment of idyllic camaraderie, infinite freedom and creativity through which they will eventually emerge successful, by setting benchmarks for themselves and surpassing them time and again.

Best Wishes!!

N.P. Agrawal



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Partho P. Kar Vice Chairman



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MESSAGE

Technology is the "wing" that will allow inday's education to fly further and faster than ever before!

It gives me an immense sense of pride in welcoming you all to SPSEC, one of the best, technology-driven schools, a school that offers a bouquet of cutting edge technologies and world-class amenities to help its students become digitally advanced, collaborative and critical thinkers of the 21st Century.

In this globalised, interconnected and technologically advanced world, we need technology as a tool in every classroom and with every student and teacher. It is the leas through which we experience much of our world today. A teacher has to be a prophet who can look into the future and see 'tomorrow' into which the children of 'today' must fit in:

We, therefore, believe that Digital Education is the need of the hour and this has propelled us to integrate technology in our innovative experiential pedagogy to impart education that is both qualifinative and quantitative. The cure subjects of Language, Mathematics, Science, and Social Studies are all embedded with the tools of technology to ensure positive learning outcomes. Netbooks, Interactive Smart Boards, Google Classrooms and the introduction of coding from class one allow the students to participate actively in the learning process and are future ready.

With this mission of impuring futuristic and comprehensive education of global standards and striving to demonstrate excellence in every field with the able support of its experienced faculty, exoperative purents and takeholders, SPSEC is steadily moving towards fulfilling its vision of becoming a leader in School Education.

We invite you to become a part of this educational revolution and embark on this beautiful and exerting journey to excellence!



Partho P. Kar. Vice Chairman



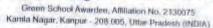
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Bhawna GuptaPrincipal



Sir Padampat Singhania Education Centre





MESSAGE

It gives me unprecedented joy and abundant pride to be associated with Sir Padampat Singhania Education Centre, a magnanimous institution whose academic leadership is not only indisputable but also unchallenged. The trail of its accomplishments from its inception to the present is decked with glory and inspiration. This is not an overnight transformation. What we have achieved in this span of time is the sum and substance of my colleagues and team members' selfless devotion and commitment in the service of education and enlightenment.

It is a sight to behold when students enter the school premises with a spring in their steps and a sense of belongingness. Their raw talent is then chiseled into academic orilliance with patience, prudence and pedagogical acumen of our highly motivated mentors and educators. The insatiable inquisitiveness of young minds is exposed to infinite resources and wealth of education thus resulting in an all round holistic development.

As Principal of the institution, I see myself in the role of looking after a school where all members of the school community are working together with a positive mindset, steadfast allegiance and a longing to undertake challenging initiatives. I believe that the need of the hour is not 'adapting to the change' but 'eatalyzing the change'.

Each issue of our School Annual Magazine, Padamiyoti is a milepost that accentuates our growth, unfuris our fantasies, and gives life to our beliefs and aspirations. This year too, it presents a compendium of every aspect of the Singhanian life; whether it is examination results, literary and cultural events, sports fournaments, community services or pleasure and educational trips.

My compliments to the entire Editorial Team and to all those who have contributed towards making this issue a success!

I look forward to a dynamic school year 2019-20, with immense sanguinity, high expectations and firm intent of making a world of difference for the students as well as the staff.

Best regards!

Bhawm Gupta Principal



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All people are standing; you got to standout! All people are breaking grounds; you got to breakthrough grounds! Don't settle for less; rise up and stand tall in what you do!

- Israelmore Ayivor

ow quickly another year has passed in the life of the school! It is indeed a great privilege to be able to once again write a few words of introduction for the yet another wonderful edition of "Padamjyoti". The year that has gone by, has been the year of awards, recognitions and reaccreditations for SPSEC. Our students made us proud with their outstanding results in the CBSE Examinations as well as in the National level Competitive Examinations of engineering, medical, law etc. Along with the academics, our students, skilled in music, art, dance, sports and other areas galloped ahead like horses throughout the year, trying to master the art of multitasking. (a MUST HAVE skill these days!) The successes during the year are the result of the vision and excellence of the Principal and the staff and the response and spirit of the students who are encouraged to shine their light.

A school attains its eminence through the achievements of its students only. Espousing the School spirit of looking forward, I believe it is the sole responsibility of the students, to build a firm foundation for their future. Students need to constantly remind themselves that the clock is ticking away the moments of their lives. The decisions they make today will affect them in the years to come. Time does not care about who succeeds or who fails. It does not care about excuses, fairness or opportunities. It is only about how one has taken advantage of time. So, in order to excel in every endeavour, one has to identify his own abilities and strengths and work towards his respective goal.

'Padamjyoti' is truly a representative of the Singhanian community. We have tried to collate almost all the information, activities and achievements of the session 2018-19 along with the deluge of articles contributed by the students, teachers, parents and our beloved alumni! A glance through the glossy pages of the 'SCHOOLfeed' – reveals the tremendous year that SPSEC has enjoyed as it continues to excel in all the spheres! This issue not only includes a review of our recent special events....it also looks forward to the future.

Words fall short as we express our gratitude towards the Officiating Principal, Ms. Bhawna Gupta and the School Management for reposing faith in us and giving us a free hand to decide what should go into the making of the magazine. (Hope we have been able to keep up to their expectations!)

We would also like to appreciate the support received from Ms. Kamala Manoharan from the Administrative Department, in furnishing the much needed data for the magazine to come alive!

I hope that the readers will enjoy every page of this issue and that this intricately woven work of words will not only develop their taste for reading and writing but also a sense of belongingness for the institution.

Enjoy reading!!

-Shaili Nigam

The Editorial Board



English & Hindi Section

(Sitting From L to R)- Dr. Akansha Gaur (Hindi Dept.), Ms. Shaili Nigam (English Dept.), Ms. Bhawna Gupta (Officiating Principal), Dr. Asha Sharma (Hindi Dept.)

(Standing From L to R) - Ayush Singh (Class XI), Mr. Saurabh Shukla (English Dept.), Devanshi Jain (Class XI)

Sanskrit Section - Dr. Madhu Bajpai, French Section - Mr. Dilip Shukla

You can be a master Don't wait for luck, Set Goals, Push Yourself, Move....Don't Quit, Dedicate yourself, and You'll get....your name in the Hall of Fame!

- The Script

Singhania EDGE Hallof James

Winners



Scholarship Award for Academic Excellence

Shri Govind Hari Singhania Scholarship
Award for Academic Excellence was
initiated by SPSEC in the year 2016.
Under this scheme a Scholarship of
Rs 3,00,000/- is conferred on the
meritorious students of Class XII every
year on the School Annual Day

Two Highest Scorers of **Class XII** (AISSCE 2017-18) who were conferred with the Student Scholarship of Rs 50,000/- each are:

Science Stream

Prajit Kumar 98.2%





Commerce Stream

Daksh Varyani 96.6%

The Next Four Highest Scorers (from each stream) who were conferred with the Student Scholarship Award of Rs 25,000/-each are:

Science Stream



Apoorva Awasthy 97.4%



Parth Agarwal 97%



Udit Narayan 97%



Kartik Pandey 96.4%

Commerce Stream



Ruchi Gupta 96.2%



Aprajita Wadhwa 95.6%



Aanchal Khanna 95.2%



Nitant Jain 94.8%

Overall Toppers of Class X (AISSE) Session 2017-18

S.No.	Rank	Names	Total Marks	Percentage
1	I	Isha Singh	493	98.6%
2	II	Aditya Garg	485	97.0%
3	III	Samraddhi Kanaujia	483	96.6%

Top Ten School Toppers of Class X (AISSE) Session 2017-18

S.No.	Roll No.	Names	Total Marks	Percentage
1	5113790	Isha Singh	493	98.6
2	5113777	Aditya Garg	485	97
3	5113804	Samraddhi Kanaujia	483	96.6
4	5113810	Simran Mishra	482	96.4
5	5113995	Simran Kaur	481	96.2
6	5113807	Saumya Gupta		95.8
	5113852	Ankush Gupta	479	
	5113988	Tejendra Singh		
7	5113805	Sanjog Banerjee	478	95.6
	5113991	Yashraj Singh	470	
8	5113811	Sujal Jain	477	95.4
	5113948	Sakshi Bhattacharya	111	
9	5113820	Divyansh Awasthi	475	95
	5113917	Siddhi Gupta	473	90
10	5113800	Prabuddha Singh	473	94.6
	5113953	Vinayak Srivastava	110	94.0

Subjectwise Toppers of Class X (AISSE) Session 2017-18

S. No.	Subject	Names	No. of Student/s	Marks
1	English	Geshnaa Kalsi	01	100
2	Hindi	Isha Singh	01	98
3	Mathematics	Ujjwal Mittal	01	100
4	Science	Isha Singh, Parth Gupta	02	99
5	Social Science	Isha Singh, Ashray Srivastava, Nikhil Gupta	03	100
6	Foundation of Information Technology (FIT)	Abhishek Srivastava, Amrita Pathak, Ayush Arora, Isha Singh, Khushi Arora, Prabuddha Singh, Samraddhi Kanaujia, Sanjog Banerjee, Sarthak Srivastava, Saumya Gupta, Simran Mishra, Sujal Jain, Aditya Agarwal, Aditya Solanki, Nihal Singh Gujral, Raghav Agarwal, Tanishka Shukla, Ujjwal Mittal, Vishwas Grover, Ankush Gupta, Dev Juneja, Naman Agrawal, Shambhavi Mishra, Sharad Mishra, Akash Tewari, Ashray Srivastava, Ayush Saxena, Palak Jaiswal, Pragati Sinha, Raj Kumar Meena, Sakshi Bhattacharya, Skund Tewari, Vikalp Shukla, Vinayak Tiwari, Aaliya Shafiq, Abhishek Verma, Madhav Kapoor, Tejendra Singh, Rashi Singh	39	100

Overall Toppers of Class XII (AISSCE) Session 2017-18

COMMERCE STREAM S.no. Rank **Total Marks** Percentage **Names** Daksh Varyani 483 96.6 1 I II Ruchi Gupta 481 96.2 2 3 III Aprajita Wadhwa 478 95.6 **SCIENCE STREAM** I Prajit Kumar 491 98.2 1 2 II Apoorva Awasthy 487 97.4 Parth Agrawal 3 III 485 97 Udit Narayan Pandey

Top Ten School Toppers of Class XII (AISSCE) Session 2017-18 (ALL STREAMS)

a	m 11 sv		w. 132 1	
S.No.	Roll No.	Names	Total Marks	Percentage
1	5682738	Prajit Kumar	491	98.2
2	5682718	Apoorva Awasthy	487	97.4
3	5682737	Parth Agrawal	485	97
	5682762	Udit Narayan Pandey	405	97
4	5682540	Daksh Varyani	483	96.6
5	5682729	Kartik Pandey	482	96.4
6	5682554	Ruchi Gupta	481	96.2
7	5682752	Sagar Yadav	479	95.8
8	5682538	Aprajita Wadhwa		95.6
	5682692	Harjeet Singh Khera	470	
	5682730	Madhav Paliwal	478	
	5682764	Yash Porwal		
9	5682792	Samarth Sharma	477	95.4
10	5682531	Aanchal Khanna		
	5682717	Apaar Chadha		
	5682719	Archit Gupta	4=-	
	5682753	Saksham Srivastava	476	95.2
	5682776	Harshil Misra		
	5682788	Priyadarshana Jain		

Top Ten School Toppers of Class XII (AISSCE) Session 2017-18 (COMMERCE STREAM)

S.No.	Roll No.	Names	Total Marks	Percentage
1	5682540	Daksh Varyani	483	96.6
2	5682554	Ruchi Gupta	481	96.2
3	5682538	Aprajita Wadhwa	478	95.6
4	5682531	Aanchal Khanna	476	95.2
5	5682548	Nitant Jain	474	94.8
6	5682535	Akshat Saxena,	472	94.4
	5682558	Shubhi Pathak	1,2	<i>3</i> 1
7	5682563	Tinku Israni	471	94.2
8	5682588	Ishpreet Singh	470	94
9	5682626	Vanshika Dodani	469	93.8
10	5682537	Anugya Shukla	467	93.4

Top Ten School Toppers of Class XII (AISSCE) Session 2017-18 (SCIENCE STREAM)

S.No.	Roll No.	Names	Total Marks	Percentage
1	5682738	Prajit Kumar	491	98.2
2	5682718	Apoorva Awasthy	487	97.4
3	5682737	Parth Agrawal	485	97
	5682762	Udit Narayan Pandey	100	<i>,</i>
4	5682729	Kartik Pandey	482	96.4
5	5682752	Sagar Yadav	479	95.8
6	5682692	Harjeet Singh Khera		
	5682730	Madhav Paliwal	478	95.6
	5682764	Yash Porwal		
7	5682792	Samarth Sharma	477	95.4
8	5682717	Apaar Chadha		
	5682719	Archit Gupta		
	5682753	Saksham Srivastava	476	95.2
	5682776	Harshil Misra		
	5682788	Priyadarshana Jain		
9	5682803	Yash Gupta	472	94.4
10	5682646	Efa Khan		
	5682759	Siddharth Kedia	471	94.2

Subjectwise Toppers of Class XII (AISSCE) Session 2017-18

S.No.	Subject	No. of Student/s	Names	Marks
1	English	4	Aanchal Khanna, Abhijay Singh Jain,	98
			Apoorva Awasthy, Muskaan Sharma	30
2	Mathematics	2	Prajit Kumar, Samarth Sharma	99
3	Economics	3	Aanchal Khanna. Aprajita Wadhwa, Vanshika Dodani	100
4	Accountancy	4	Daksh Varyani, Ruchi Gupta, Shubhi Pathak, Tinku Israni	95
5	Business Studies	1	Daksh Varyani	98
6	Physics	1	Vinayak Shukla	99
7	Chemistry	1	Udit Narayan Pandey	99
8	Informatics Practices	1	Vanshika Dodani	99
9	C++	2	Apoorva Awasthy, Udit Narayan Pandey	100
10	Hindi	1	Shivangi Patel	97
11	Biology	1	Siddhant Dwivedi	97
12	Bio Technology	2	Efa Khan, Jayanti Awasthi	97
13	Physical Education	1	Shiva Singh	99
14	Vocal Music	1	Prajit Kumar	100
15	Fine Arts	2	Sagun Shukla, Sagar Yadav	100
16	Web Technology	1	Udit Narayan Pandey	95
17	Kathak	1	Mradushi Shukla	98
18	Legal Studies	1	Kartik Pandey	98
19	Entrepreneurship	1	Nitant Jain	95

"Excellence is not a bequest, but a skill that takes practice. We do not act "rightly", because we are "excellent", in fact we achieve "excellence" by acting "rightly"

Annual Report 2018-19









Good Evening Ladies and Gentlemen!

Annual Day is a time for rejoicing, ruminating and making resolutions. It is a reflection of the school ethos, an expression of the faith with which we pursue our goals. It's an occasion to celebrate and resolve to excel in all the realms of education.

Excellence in academics is the spring of the glory and honour for an institution and SPSEC is the dream destination for all.

Recalling the merit in academics of the past year reminds us how prolific a year it has been, elevating students to spectacular statures through their sprinting results in session 2017-18.

The claim to fame resonated all around the school when **Prajit Kumar** topped the Science stream by scoring an opulent **98.2**% followed by **Apoorva Awasthy** who attained magnificent **97.4**% in **AISSCE 2017-18**. The third position in Science stream was shared by **Parth Agarwal** and **Udit Narayan** who secured an outstanding **97**% marks.

In Commerce stream, **Daksh Varyani** excelled with an exquisite **96.6**% giving a close competition to **Ruchi Gupta** who with her amazing 96.2%, stood at the second place. **Aprajita Wadhwa** with **95.6**% imposingly secured the third place.

The Subject Wise Toppers of Class XIIwere as follows:

- Four students, Aanchal Khanna, Abhijay Singh Jain, Apoorva Awasthy and Muskan Sharma with their spectacular 98% in English brought laurels to the school
- Prajit Kumar and Samarth Sharma left everyone awestruck with their 99% in Mathematics.
- Vinayak Shukla excelled in Physics with remarkable 99%.
- Udit Narayan elated all with his brilliant score of 99% in Chemistry.
- Efa Khan and Jayanti Awasthi's 97 % in Bio Technology added hues to the school results.
- In Biology, Siddhant Dwivedi made us proud with his superb 97% marks.
- Daksh Varyani, Ruchi Gupta, Shubhi Pathak and Tinku Israni outstripped everyone with their 95% in Accountancy.
- Aanchal Khanna, Aprajita Wadhwa and Vanshika Dodani with their stunning 100% in Economics overawed all.
- Nitant Jain attained glorious 95% in Entrepreneurship.
- Daksh Varyani with his breathtaking score of 98% in Business Studies left all spellbound.

- Apoorva Awasthy and Udit Narayan Pandey with their 100% in Computer Science and Vanshika Dodani with 99% in Informatics Practices set the benchmarks for the upcoming batch.
- In **Hindi**, **Shivangi Patel** accomplished the highest and scored **97**%.
- Udit Narayan secured 95% marks in Multimedia and Web Technology.
- **Sagun Shukla** and **Sagar Yadav**, the Picassos of our school splashed colours of jubilation with their stupendous 100% score in **Fine Arts**.
- Shiva Singh made a place for himself in the list of merit holders with his 99% in Physical Education.
- Not only this, **Prajit Kumar** with his splendid 100% score in **Vocal Music** hummed ecstasy in the air of the school.
- Mradushi Shukla scored 98% in Kathak.
- Kartik Pandey topped in Legal Studies securing 98%.

The illustrious Class X Scholars through their consistent hard work and undaunted efforts made us all proud with their 100 % result in AISSE 2018

- **Isha Singh** stole the limelight with her exemplary **98.6**% in Class X Board Examination. She will be conferred with a **Scholarship** by the **CBSE** for her commendable performance.
- **Aditya Garg** with his resplendent score of **97**% stood second while **Samraddhi Kanaujia** obtained the third position in the school with her **96.6**% in Class X Boards.
- **Geshna Kalsi** became the apple of everyone's eye with her majestic **100**% marks in **English**.
- In Hindi, Isha Singh raised the bar with her 98% marks.
- Ujjwal Mittal, etched out his mathematical brilliance with his 100% in Mathematics.
- Isha Singh and Parth Gupta with their impressive score of 99% in Science left all dazed.
- Isha Singh, Ashray Srivastava, Nikhil Gupta shone brightly with their 100 % score in Social Science.
- 39 students with their brilliant techno savvy skills attained 100% in Foundation of Information Technology.

Distinction is the capability which turns to talent, when whittled into a more perfect state. SPSEC has surmounted immense success in the field of education this year. The well acclaimed Education World India School Rankings 2018-19 declared SPSEC as the No. 1 School in the city of Kanpur and No. 4 in the state of Uttar Pradesh. We were also the proud recipients of the 'Top School Ranking 2017' Award at the ELETS Education Conclave, 2018.

We, the Singhanians with immense pride acclaimed and glorified the grandeur of the school at the 12th World Education Summit Award-2018, for its project 'Innovative Practices in Academic Excellence'. SPSEC also received the Brainfeed School Excellence Award for the Best Community Practices, Infrastructure and Sports Education at the 5th Brainfeed School Excellence Award Ceremony.

The prestigious **British Council International School Award (2018-2021)** was conferred on the school for supplying its exceptional patronage in acknowledging cross-cultural similarities and differences, introducing international education and fostering global citizenship among countries like China, Dubai, U.K., Malta and Srilanka. **The Times of India** awarded the **Certificate of Excellence** to the school for its unfeigned endeavour to engraft reading habits among the young learners.

Science is the way of thinking much more than it is a body of knowledge, our Senior Science Faculty, Ms. Kiran Tiwari proudly represented the school as a Delegate of the National Science Teachers Congress in the 4^{th} India International Science Festival, 2018 organized by the Ministry of Science and Technology in Lucknow.

SPSEC added exultation to its crowning glory when five of its teachers, Ms. Kavita Chadha, Ms. Vandana Trivedi, Mr. Manoj Srivastava, Ms. Sangeeta Gulati and Ms. Komal Chabbra were honoured by Seva Sansthan, an N.G.O. for their passionate and committed services in the field of education.

Our Sports teachers brought accolades to the school by being the representatives of various sports. Ms. Seema Trivedi represented the school as the Senior Women's Cricket Coach of Uttar Pradesh; Mr. Jai Kishan Pandey as the Team Manager of the Under 19 Basketball Team while Mr. Narendra Singh, Manager of the Under 16 Cricket Team.

To applaud and encourage the sincere efforts of the meritorious scholars, the school organized the **Felicitation Ceremony** for the high achievers of Grade X and XII in the Board Exams and the qualifiers of prestigious IIT, NEET and CLAT Examination.

CBSE awards **Certificate of Merit** in each subject to the top 0.1% successful candidates in order to recognize their outstanding performance in the Board Examinations. Like every year, this year also, our students of Class XII **Aanchal Khanna**, **Aprajita Wadhwa**, **Vanshika Dodani**, **Apoorva Awasthy**, **Udit Narayan**, **Sagun Shukla**, **Sagar Yadav** and **Prajit Kumar** will be honoured with this prestigious certificate.

Padamjyoti 2018-19

Competitions and contests stream the paths of success when plenteous opportunities are propounded to the learners through various National and State Level Olympiads of English, Science and Mathematics, SpellBee, Brain- o- Brain, to harness the natural curiosity of the scholars.

Navya Agarwal hauled away the International 174th and Zonal 18th Rank for her commendable performance in International Mathematics Olympiad (IMO).

A school is the workshop of life-building in which the grist is the nascent young pupils. Raising the curtain to unveil the acquisition acquired in the Literary and Cultural Events –

Our young debaters, Anshika Raj Singh and Sanjog Banerjee reverberated in 6thShri Govind Hari Ji Singhania Inter School Hindi Debate Competition with their eloquent speeches and raised the Winner's Trophy. Anshika Raj Singh was also awarded the Best Speaker Award.

In KSS Inter School Hindi Debate Competition, Siddharth Singh beamed by bagging the first position and Suhani Kapoor attained the second place in the individual category and lifted the First Runners up Trophy.

Ananya Singh and Divyansh Awasthi also won the Runners up Trophy in KSS Inter School Hindi Debate Competition.

Siddharth Singh and **Divyansh Awasthi** once again brought laurels to the school by winning the **Second Runners up Trophy** in the **Inter School Hindi Debate Competition** organized by **Jagran Sanskarshala**.

Kanha Agarwal and Suhani Kapoor triumphantly bagged the first position and acquired the Champions Trophy while Kritika Soni and Sanya Bhatia with their impressive enunciation were endowed with the First Runners up Trophy in the KSS Inter School English Debate Competition.

Adya Pandey with her impressive oratory skills received the Second Prize in the Inter School English Debate Competition held at S.N. Sen Balika Vidyalya.

Yash Tolani secured the third position in 32nd Shri Gopal Krishna Singhania Inter School English Debate Competition. He achieved this feat despite being the youngest participant amongst the 24 debaters!

Sana Malhotra with her excellent story telling skills bagged the **second position** in the KSS Inter School Story Telling Competition.

In time and age of auto-correct the **Spell Wizard** of SPSEC- **Anshee Agarwal** proved her mettle among 500 students as she qualified for the **National Level Spell Bee Competition**. She is the only qualifier from the Kanpur city.

The bright young minds of SPSEC displayed in-depth knowledge to win the **Champions Trophy** in **Brain-O-Brain National Level Competition**.

Our sharp witted pupils, **Anuj Gupta** and **Monali Chakroborty** with their scholarly insight have been graced with a complimentary visit to Vellore Institute of Technology.







Siddharth Chaudhry showcased his intellectual and subjective knowledge by winning the first prize in Essay Writing Competition organized by CSJM University, Kanpur.

Abhinav Chabbra was felicitated for his outstanding performance in the **Sanskarshala** written exam.

In National Science Talent Search Examination (NSTSE), Shivansh Chaudhary for his diligence and assiduousness was adjudged as the city topper while Arindam Naha obtained the first rank in the National Level Science Talent Examination organized by Unified Council.

Incredible spectacle of litera-cultural precinct saw the participation and raised the school to loftier accomplishments......

The Shakespearean style of drama on the theme of Slavery staged by our school dramatists sent a shiver in the viewers and clinched the show with the Runners up Trophy in KSS Inter School One Act Play Competition.

In **Connect 2018**, the stage performers secured **third position** in **Nukkad Natak** held at PSIT and received a cash prize of Rs.2000 and a trophy.

In KSS Inter School Art Competition our flim-flam artists, Anuj Gupta and Prakhar Mittal attained the second and third position in their respective groups.

CBSE had organized an Art Competition during Vigilance Awareness Week in which Naitik Gupta, Krishna Gautam, Shreya Chaudhary were awarded first, second and third prize for their outstanding skills in art.

Sahil Khanna received a trophy and certificate for his magical sketching in the Inter School Poster Making Competition, he also won first prize in 37thAbanindra Nath Tagore Children's Drawing & Painting Competition.

Sahil Khanna and **Anuj Gupta** received accolades for their finest entry in **Young INTACH Wooden Wonders** by showcasing their artistic bent and imaginative vision.

In young **Intach** Newsletter the award winning best painting entries of **Siddharth Singh** and Vishwaroop De were selected and published in the columns of India's Spice Story.

In **KSS Inter School Hindi Choir Competition** our school team bagged the **Runners up Trophy** with the cash prize of Rs 10,000 along with certificates.

In KSS Inter School Orchestra Competition the school team lifted the Second Runners up Trophy.

In Inter School Music Competition, Kavyanshi Srivastava hypnotized the judges to attain the first position in Classical and Bhajan Singing. In the same contest, Vinayak Tiwari and Rohnish Srivastava with their musical notes of guitar secured second position. Rohnish Srivastava also became the musical champion of the school by winning the first position in Hunar Baaz, a musical talent hunt competition.







Padamjyoti 2018-19

Akshita Srivastava with her frilly trilly moves after clearing the studio and television round reached the primary level of **Dance India Dance** TV show. She also bagged **first place** and received a cash prize of Rs 12000 in **Shaan of UP Dance Contest**.

Prerna Shekhar, a fusion of singing and dancing talent bedazzled the judges and won **first position** in Classical Dance Competition and **silver medal** in **National Dance Competition** held in Mumbai. She also bagged first position in three prestigious singing competition organized by **Music Academy**, **Sangamkala** group and ISKCON temple.

Gayatri Khedia with her eye-catching dance moves secured the Second Runner's Up trophy in Dance Talent Hunt.

Meenakshi Chugh, Ishita Dhawan, Annanya Singh, Paras Mittal, Akshat Agarwal, Nida-E-Zehra-Zaidi, Ayush Sachan and Shreya Yadav with their accurate lawful arguments had earned prizes in different committees in DPS MUN 2018.

In Inter School Techno Cultural Literary Sports Fiesta – Panorama, the students of our school participated in various events and claimed different prizes. Ayush Sachan, first prize in Photography, Anuj Gupta and Sahil Khanna first position in Colour Splash, Akshat Agarwal and Vanshika Singh third position in Whirling Muse.

14 of our multi- talented students zestfully participated in **Comfest** and won the **first position** in Flick Vignette, Virtual Dub, CF Halloween and the **second position** in Junk's the Punks.

Sport is a perfect metaphor for life to serve strong, dig fierce and spike hard. The time and tide of the year has been breath taking for the Sports Stars of the school.

In the series of winning trophies, our victorious Cricket Team raised the **Runner's up Trophy** in **KSS Cricket Boys Tournament**. **Parth Pradhan** received the award of **Best Batsman** for his endearing performance.

Raising a championship banner, four boys of our school- **Ekasdeep Singh, Anant Srivastava and Jasraj Juneja** and **Sanskar Srivastava** have qualified for the JNT Cricket Tournament, Under 12 category.

Devesh Joshi has been selected in **Uttarakhand State Cricket Team Under 19** for Cooch Behar Trophy.

In **Under 16 Vijay Merchant Trophy**, our cricketer, **Sahil Patel** with his applaudable achievement represented the school in the State Team Camp of Vidarbha.

Ekasdeep Singh was titled the **Man of the Match** in the Under 12 Cricket Tournament. In **CBSE Cluster** for Basketball Tournament, the dynamic girls' team secured the **Second Runners Up** position.

Star studded **girls team** surpassed the goal line and vigorously trounced the **Championship Trophy** in **Inter School Basketball Invitation Tournament**. In KSS Inter School Basketball Senior Girls Championship our school team swiped the counter team with their agility and dexterity. Our Boys and Girls team qualified for the **U.P. State Junior Basketball Championship** with their deftness.

Our brawny athlete **Mohammad Sharim** of Class IX with ice water in his veins astounded the onlookers with his astonishing throw of **Javelin** in the Under 17 category and jubilated all with majestic **first position** and **gold medal**. He achieved the 6th place in **nationals** at Bangalore with his masculine valor.

Our relentless star athlete, **Priyamvada Bhadauria** played at the **National Level** and accomplished **three gold medals** in 100 metres, 200 metres and in Long Jump. She won individual championship at the district level. With her speed and strength, she clinched the **second position** in **Under 18 Girls Medley Relay Race**.

School's Table Tennis Team accentuated the glory by bagging **4 gold medals**, **2 silver** and **3 bronze medals** in **CBSE Cluster** for Table Tennis Tournament. 14 of our students have qualified for the nationals.

The remarkable team with their grit accentuated the glory of the school by lifting Champion's Trophy in both the categories of boys and girls in KSS Table Tennis Tournament.

Having practiced vigorously on our synthetic tennis court of International standard, **Shourya Jain** attained the **runners up position** in **Under 14 State Open Championship**. With his skillful game he played the semi-finals in CBSE Cluster 2018.

Uday Sharma received Runners up Trophy in Under 14 State Open Doubles championship. He along with Parth Nigam qualified for the semi final of CBSE Cluster 2018. Parth Nigam also qualified for the Under 18 State Level Open Championship.

With head high kicks of Martial Arts the champions kicked the opponents and dexterously won 7 gold, 2 silver and 2 bronze medals. The girls won 5 gold, 1 silver, 1 bronze in 33rd Open District Tae-kwon-do Championship. The school team outplayed all with the winning position in the tournament. The team received 4 gold medals, 2 silver and 3 bronze medals in 34th District Tae-kwon-do Championship. In 13th Kanpur Interschool Tae-kwon-do Championship organized by Ordinance Club, the expounders brought 6 gold, 4 silver and 2 bronze. Vani Chaurasia secured first position, Gunjan Gupta won second position, Abhinav Seth and Aditya Chaurasia bagged third place in Taekwando Directorate Championship. In 4th POOMSAE Tae-kwon-do Championship our players sparkled with 4 gold medals, 2 silver and 2 bronze medals.

Shreyansh Singh, the young skater with his tricky stunts impressed all in the National Children Global Skating Competition. With unrelenting efforts, Avneesh Tiwari has been selected for the State Skating Championship to be held at Noida. He also secured first position in Under 19 boys. In KSS Under 19 Boys Skating Tournament, Swarnim Gupta and Kabeer Ahuja stepped on to glory by attaining gold in adjustable and quad categories. With astounding agility, Kushagra Nigam secured the first position in inline category, under 16 boys and Eshita Singh won third position in quad category, under 16 girls.

Ayush Chaurasia was acknowledged for his phenomenal yoga postures and won the **Silver Medal** Under 11, in **KSS Yoga Competition**.

Anirudh Agarwal swept his way to glorious win with the Silver Medal and Cash Prize for obtaining second place in Inter Collegiate State Chess Tournament and remarkably made to Kanpur District Team for the Upcoming State Tournament. He was also awarded with the 'Best Player of the Tournament' award counter to 20 players in Inter-School KSS Chess Championship. Prakhar Singh with his miraculous performance secured third position in Inter Collegiate State Chess Tournament. He was positioned at seventh place in the State Level Tournament and second in Inter School Open Rapid Chess Championship. Out of 43 Contestants from 8 schools he stood at second place in Inter School Open Rapid Chess Championship. Ananya Mishra, our chess champion won third prize for her marvelous feat in Kanpur District Chess Championship organized by Kanpur Chess Association. In Under 15 Kamal Sikka secured third position in a nail biting cut throat competition of the State Level Selection Tournament of Chess.

A bow to the trailblazers of Singhania

The school observed the **Investiture Ceremony** for the new Student Council of the Session 2018-19 to uphold their bequeathed power and positions to serve their peers with ingenuity and distinction.













Padamjyoti 2018-19

Setting the international standard, the first Intra-School Moot Court was pioneered which was solely designed and devised by the budding lawyers of the school .The young delegates adapted to their assigned role with dynamism and prepared the agendas towards the diverse complications of countless nations .

Our school takes pride in running I.A.Y.P (The International Award for Young People) which is a social service programme. SPSEC is the sole organization running this programme. Aditi Gupta, Soumya Sakhuja and Neha Goplani won silver medal for their immaculate services.

To inspire the students and instill concern among them towards the planet we celebrated **Earth Day** and wore badges promising to save Mother Earth and Nature. SPSEC upheld the legacy of initiating and piloting the Singhanians in anti – pollution campaigns and cleanliness drives.

Disha is a collective endeavour by the school students to teach the under privileged and provide them with vocational training in handicrafts and developing entrepreneur skills.

SPSEC paves the pathway for its students to be the cognizant citizens of the nation and inculcates sharing and caring amongst the students by consistently organizing **Charity Day**, when they visit spastic center, Bal Bhavan, orphanages and old age homes. Humanity in the school kinship has been vivaciously unveiled!

Travel and change of place impart new vigour to the mind. The school regularly organizes trips and excursions for the recreation and learning experiences away from the classroom. The summer trip to exotic valleys of Kullu Manali ferried the students to the lofty hills for fun and adventure.

Exploring creativity and lucidity among the students and breeding teamwork, the school organized the Science Exhibition 'Exposition Scientifique- an Exploration to Imagination, Book Fairs, Magic and Radio Shows, quizzes, reading activities, Inter House Competitions and Special Assemblies on important days which emulated the hope and aspirations of the students.

Sport Spree, the sporting extravaganza aimed at spurring the sportsmanship in the students of Root, Bud and Bloom. The School Atrium wore a festive look, illuminated with glittering faces of kindergarten tots in their Graduation Ceremony amidst academic and co-curricular bustle.

To boost up the confidence of our little ones and give them stage exposure, various activities like **English Recitation**, **Story Telling**, **Role Plays**, **Summer Splash**, **Heads n Hats**, and **celebration of the festivals** bustled the Foundation Block of the school and left a hypnotic spell on everyone.

Farewell party, **Auf Wiedersehen** rejuvenated the outgoing batch of Class XII when the precinct was festooned with graceful presence of Class XII students to create unforgettable memories of their life.







The most awaited **Alumni Meet** was graced by professionally high ranked alumni who came from far and wide to fervent their fond memories of the school life .They were overwhelmed to see the school infrastructure and the fame that it has attained all these years.

In the pursuit of shaping and grooming our student's persona, the school incessantly conducts workshops, seminars, lectures, discourses and talk shows throughout the session.

His Holiness Acharya Ji Raghavkirti, a renowned theologist and practitioner of Occult Science enlightened the students and parents with his benevolent insights on virtuous parenting and the prominence of meditation.

The astute talk by **Padamshree awardee**, **Mr. Ajeet Bajaj**, the internationally acclaimed **adventurer** spurred the students to stay focused in their academics and futuristic life.

Dr. Amrita Das, a world renowned **career counselor** in her counselling session articulated on multiple issues and informed the students about several career options.

With the notion of zealous preparation to qualify the IELTS and TOEFL for entrance in foreign universities, an augmenting Interactive Session was organized for the senior students.

Only a creative mind can give birth to creative ideas, We are thankful to the Vice-Chairperson, Ms. Varsha Singhania, the creative mind who has pioneered the Art Workshops in the school. 4 days Art Workshop, START 4 (Stop thinking Art is Really Tough) was held for the Fine Arts students. The resource person, Mr. Rahul Mukherji,

acknowledged as **India's top expressionistic artist** shaped and toned the creative and imaginative bent of the novices.

Training programmes such as - English Enrichment, Management Development Program, Capacity Building Master Training Workshop, British Council Workshop on the Core Skills, Collaborative Learning in the school teaching and many more were steered to equip the teachers with tools and techniques for content enhancement, application of pedagogy and evaluation in various areas and subjects.

Our school also had the privilege of wielding an interactive session with the **veteran cricketer Venkatesh Prasad** who shared his success mantras and other inspiring incidents from his striking life with the students.

To stay tuned and to maintain a sacred trust with parents, SPSEC has set high standards by creating Class **WhatsApp groups**, **orientation programmes** and **Face Book account** to constantly update the parents with the day today activities of the school.

The concept of **Open Air Classroom**- "**In Nature's Lap**" for the students of Humanities Stream has given distinct momentum to Singhanians to upsurge their learning acumen in the serene and composed surrounding of the lush green field. The **English Language Lab** enables classroom engagement and interaction through computer- based activities to embellish communicative skill of the students. The most popular ridge of the school: **Speakers' Corner - "Expression Unrestricted"** has accredited our young inquisitive minds to scale and standardize their learning with free expression of speech.







Padamjyoti 2018-19







To encourage students inseminate creativity and thoughtful approach in penning on social media through the **Monthly Blog Competition** the winners are awarded with trophy and certificates after they are scrutinized by a panel of experts.

Our school, facilitates the students through Air Conditioned classrooms, Smart Class concept, Digital Classroom Pedagogy, Hi-Tech Labs, a well-equipped Gymnasium and delectable Canteen.

Our school has the heritage of marching ahead with consummate vogues for others to trail.

We at SPSEC encapsulated innovation in education by holding a **Teacher Exchange Programme** in communion with SPSEC Kota, revitalizing the approaches and pedagogies to teaching. Educators of SPSEC in collaboration with SPSEC, Kota designed **the resource book for all the core subjects** benefitting the students right from Grade I to V.

Booming the **digitalization** among the students, new initiatives have been taken in school through, revamped library with millions of e-books through high speed Wi-Fi over plentiful kindle, Interactive worksheets and videos in Google Classroom.

The school will revise the Computer Science Curriculum from Classes I to VIII familiarizing them with **Coding** to keep pace with the global revolutions in technology.

With an aim to provide more interactive and synchronous learning and improve students' performance, **Video Conferencing** with sibling schools will be subsumed in the upcoming session.

36 years have flown fast. The decades of achievements, growth and success, and above all, years of blessings drizzled from the heavens' brink have been the eternal bliss. The Annual Report is an ephemeral and historical chapter in the calendar of SPSEC but yet momentous account of various events and achievements that have added a barn of fame.

Thank You!

'The hue of emerald signifies the pristine and picturesque domain of nature, its abundant treasure – all for the benefit of mankind, both present and progeny.'

Vindhya House Report





Mr. Saurabh Shukla House Master



Lovepreet Singh
Vindhya House Captain

reen symbolizes Vindhya House and its myriad accomplishments in the session 2018-19. It also amalgamates the virtues of passion, zeal, harmony, symphony, prosperity and progress. It represents the insatiable desire to conquer new heights of success and rescript the pages of achievements. The zealous 'VINDHYANS', with a renewed sense of commitment, brought laurels not only to our house but also to the school, both in academics and co-curricular activities. They proved their mettle in both individual and team performances. Their contagious exuberance and indefatigable assiduousness aided them to deliver the best in every sphere of competition.

On the academic frontiers, Vindhyans deftly marshalled their intellectual acumen and set new benchmarks. In Class X Board Examination 2018, Saumya Gupta and Tajendra Singh secured an outstanding score of 95.8% followed by Sanjog Banerjee with 95.6%. Ashrey Srivastava and Nitin Gupta procured a perfect 100 in Social Studies, while Ayush Saxena, Vikalp Shukla, Aditya Agarwal, Saumya Gupta, Sakshi Bhattacharya, Sanjog Banerjee, Khushi Arora, Naman Agarwal, Shambhavi Mishra and Vishwas Grover top notched with a seamless 100% in Computer Science. In Class XII Board exams, Aanchal Khanna secured 98% in English, Vinayak Shukla 99% in Physics, Shubhi Pathak and Tinku Israni 95% in Accountancy, Vanshika Dodani and Sagun Shukla 100% in Economics and Fine Arts respectively and Shiva Singh 99% in Physical Education. Not only this, Harshil Misra's remarkable bent for Science and Mathematics landed him into the prestigious IIT-Mumbai, a pipe-dream for many aspiring engineers! The covers of all the prominent newspapers were splashed with the news of the breathtaking academic marvels of the evergreen Vindhyans!!

Vindhyans also participated in numerous Inter-School events and won prizes and accolades. Ayush Sachan enthralled the audience with his slap-stick comedy in COMFEST and PANORAMA. Anshee Agarwal of Class X participated in the Spell Bee Competition held at St. Francis

College, Lucknow and was selected for the National Level Competition. Ansh Arora won a gold medal in Inter School Table Tennis Tournament while Kartikey Mishra, Sanskar Srivastava, Ekashdeep Singh, Ishrajeet Singh and Parth Yadav shone in the Gentlemen's Game and won the Inter-School Cricket Tournament. Abhinav Seth kicked and punched with elegance to bag the first prize in Tae-kwondo. Jasraj Singh stood first in the roller-skating competition. Vindhya House also fared well in most of the Intra School Competitions. We regaled the audience and left them in splits with our humorous street play in the Inter House Skit Competition. In the Inter House Dance Competition, our team of enthusiastic dancers forced the spectators to groove on the chartbuster song. Vindhya House won the third position in both the events. Vindhyans also participated actively in the Annual Concert - Padmanjali 2018 and showcased their flair in every performance that heard an echo in the viewer's hearts, who appreciated it with interminable applause. Digvijay Chauhan of Class XII, brought laurels to the house by bagging the 'Leadership Award', for his unwavering attitude of 'leading by example', a hallmark of a true trailblazer.

Summing up the year in few words will be an unjustifiable task with innumerable moments of glory, fame and togetherness that made Vindhya House an abode of bliss. The sweat and toils made the success taste sweet. Vindhyans have always believed in the adage – 'Life is not just about tasks, but tastes as well.' We are proud to have lived up to it. The efficient team work and co-ordination of the House Captain, Prefects and Monitors under the tutelage and able stewardship of the House Master, Mr. Saurabh Shukla and revered House Tutors made the session 2018-19 both memorable and pleasant.

Khushi Arora House Vice Captain "Competing at the highest level is not about winning, it's about preparation, courage, understanding and nurturing your people and heart. Winning is the result."

Himachal House Report





Ms. Agnita Naha House Mistress



Paramjot Kaur Himachal House Captain

The colour red signifies enthusiasm, creativity, success, optimism, strength and vivacity. It carries a message of warmth and ambition as it uplifts the soul and injects zeal and zest in our bodies and minds. With this aim in mind, students of Himachal House participated in all the events and competitions throughout the academic session 2018-19 with great fervour.

Every competition and every event brought with it, new challenges and responsibilities. We, the valiant Himachalites faced each challenge with grit and courage because winning or losing was never our concern, our sole aim was to do our best. Competitive zeal and indomitable will power was found to be truly alive in the students of the house who took strength from their ongoing spirit.

The Himachalites, brought laurels not only for the house but for the entire school community, with their extraordinary academic performances in the AISSE 2018. Isha Singh was declared the School Topper with her brilliant score of 98.6% while Simran Mishra got her name etched in the list of Top Ten Toppers with her 96.4%. Eight students of our House scored the perfect 100 in FIT in Class X Board Exams. In AISSCE 2018, Parth Agarwal, Ruchi Gupta and Aprajita Wadhwa became the overall school toppers with their awe inspiring scores of 97%, 96.2 % and 95.6% respectively. Kartik Pandey's 96.4%, Akshat Saxena's 94.4% and Ishpreet Singh's 94% in Class XII Boards left us all entranced.

As always, this year also the Himachalites participated in many Inter School events and caught everyone's attention with their magical performance. Nida E Zahra Zaidi and Anuj Gupta bagged first position in 'Comfest'. Nida E Zahra Zaidi also got an honourable mention in DPSMUN Committee while Paras Mittal got special mention in Photography in the 'Panorama'.

Speed to success has always been a habit of Himachalites; this was proved by the orators of our house, Sanya Bhatia and Kritika Soni who won the first runners up position in the Inter School Debate Competition. Suhani Sharma, Suhani Agarwal and Kritika Soni won gold medals in the SOF, English Olympiad. Our list of achievements does

not end here; Arindam Naha of Class V added another feather to the school's cap by bagging the topmost position in the National Science Talent Search Examination at the city level.

We extend our sincerest thanks to our House Mistress and all the House Tutors for the great support, enthusiasm and encouragement. We have enjoyed watching the House unite and strengthen as one tight community. Thank you all for your support throughout the year. It is said, 'With time and patience the mulberry leaf becomes a silk gown'. We wish that you achieve all you set out to!

Anany Chaudhry House Vice Captain Do the thing you think you cannot do. Fail at it. Try again. Do better the second time. The only people who never tumble are those who never mount the high wire. This is your moment. Own it!

Yamuna House Report





Mr. Hemant Verma House Master



Ananyashree Jadoun Yamuna House Captain

house is a place where its members stay together; they feel loved, appreciated and safe. Similar to this is our Yamuna House where each member is provided with a platform to showcase his talent, where each member is loved, supported and appreciated. This philosophy has been deeply ingrained in us by our House Master, Mr. Hemant Verma. Session 2018-19 has been a year of victories for Yamuna house because of the efforts of its students, and the able mentorship of all the House Tutors and the House Master.

In the field of academics, Yamunites made the house proud by bringing laurels to the school. Sanghmitra Gautam and Efa Khan of Class XII brought laurels not only for the school but also for themselves with their selection in NEET. This achievement brought them closer to their goal of serving the society by becoming doctors! Yash Porwal broke all the barriers by entering the prestigious gates of IIT Kanpur. Ujjwal Mittal and Parth Gupta of Class X left everyone awestruck with their massive 100% in Mathematics and 99% in Science respectively. Five of the other Yamunites, Ankush Gupta, Palak Jaiswal, Vinayak Tiwari, Tanishka Shukla and Rashi Singh scored cent percent marks in the Foundation of Information Technology.

It was the time of exultations and jubilations, when the Yamunites conquered all the grounds by receiving the highest school honours during the Annual Day Celebrations. Krishna Goel, the current School Prefect bagged the Outstanding Student of the Year Award, while Dev Raizada received the Table Tennis Titlist Award, Dashmeet Kaur brought glory to the house by receiving Lady Anusuiya Memorial Award in the category of Sensational Sports Star. In the extracurricular activities, Yamunites shone brightly as the House bagged the First position in the Inter House Skit Competition with the efforts of Naman Chaube of Class XI and Anannya Malhotra, Janvi Saxena, Akarshi Chansoria of Class IX. Anannya Malhotra of Class IX stood first in the Mad Ads event while Vedika Gupta, Yash Tolani, Anannya Malhotra, Pari Arora bagged the first as well as second position in Literatura event of the Intra School Techno - Literary Fest, "Phoenix 3". Yash Tolani of Class IX exhibited his oratorical skills by clinching the third position in the Gopal Krishna Singhania Inter School English Debate Competition. Anannya Malhotra and Yuvraj Pratap qualified for the second round of Inter School Spell Bee while Akshat Mishra received a gold medal in English Olympiad and qualified for the next level. There is not a single field that Yamuna House left untouched! Even in Inter House Dance Competition, the house managed to secure the third place. Tanishka Shukla and Parth Gupta of Class XI proved their worth by making a place for themselves in the Student Council of the School as the School Vice Captains.

In the Sports field, Yamuna House kept its flag flying high as it stood first in the Inter House Table Tennis Competition. Our star players, Gurnaam Singh, Kushav Krishnani and Aryan Arora also qualified for the CBSE National Inter School Table Tennis Championship 2018-19 held at Greater Noida. Khushi Awasthi of Class IX won a trophy at CBSE Cluster held at Lucknow and at KSS. Championship. Yamunites of Class IX, Janvi Saxena received a gold medal in Taekwando, Prakhar Bajpai stood second at the Yoga Championship while Tanishk Rawat won bronze medal in Archery. Sparsh Dixit and Lakshya Singhania also showed their potential by participating in many in Cricketing and Football events.

Family is not about blood and sweat,

It's about who is willing to hold our hands when we need the most.

We the YAMUNITES are like a close knit family,

Where we learn together, have fun and enjoy together.

We all promise to continue working with the same spirit and enthusiasm.

We will grow from strength to strength and from now onwards will be more determined....prepared to face all the challenges!

Vishwas Vikram Singh House Vice Captain Swami Vivekananda said, "Whatever you think, that you will be. If you think yourself to be weak, weak you will be. If you think yourself to be strong, strong you will be."

Ganga House Report





Ms. Bina Khatri House Mistress



Anchal Srivastava House Captain

anga House welcomed the Academic Session 2018-19 with a vision full of earnest desire, sincere efforts and strong will power to excel in all the spheres. Somewhere deep in the heart, each member of the Ganga house had a hidden aspiration of seeing their house winning the 'Overall Winners Trophy' and with the dint of hard work and determination, we were able to achieve our goal.

The year began on a winning note as our house bagged First Position in the Inter House Choir Competition and Inter House Dance Competition back to back! Our school provided us the platform to expose our acting skills in the Skit Competition. We got the theme 'Ka Varsha Jab Krishi Sukhani' which we presented as a satire. The young artists showcased the irresponsibility of the government towards education and how kids these days procrastinate and refuse to study and how they have become slaves of social media. Here, I would like to mention the names of Shreyash Trivedi, Meenakshi Chugh, Hardik Upadhyay, Sanchi Arora, Palash Saxena and Akshat Agarwal, whose lively and hilarious portrayal of different characters made the entire auditorium burst into laughter.

In the State Chess Tournament, Anirudh Agarwal of Class X maintained the winning streak by grabbing the sixth position. Shivansh Chaudhary of Class IX proved his mettle and was declared City Topper in NSTSE exam held by Unified Council. Sahil Khanna of Class IX bagged the third position in Poster Making Competition. In KSS Inter School English Debate, Kanha Agarwal of Class VIII topped the ranker's list.

In DPSCMUN, Meenakshi Chugh of Class XI won the High Commendation and Akshat Agarwal and Shreya Yadav got the special mention in their respective committees. Naman Samtani of Class XII showcased his leadership skills by successfully organising the Moot Court at the school. Ridhima Purwar made us proud by bagging the title of the Best Researcher.

In the Sports arena, Ganga House members proved their mettle once again. The students of our house came out with flying colours in the Inter-House Table Tennis and Basketball Championships. Students of Ganga House also executed other duties in school, such as discipline, cleanliness and decorating the soft board etc. Shreyash Trivedi along with Devanshi Jain, Meenakshi Chugh, Akshat Agarwal and Anushika Mishra beautifully discharged their duties and were appreciated by all.

Before concluding, I would like to express my heartfelt gratitude to the House Mistress Ms. Bina Khatri, Ms. Madhu Trivedi, Ms. Richi Sharma, Ms. Kirti Sharma, Ms. Rupali Nath, Mr. Sadanandan Suraj and all other House tutors for their kind co-operation and able guidance. It's my appeal to each and every member of the Ganga House not to get complacent after this success, instead, work with more concentrated efforts to bring glory to the house again and again!!

Shreyash Trivedi House Vice Captain

SCHOOL LEADERS

(JUNIOR SECTION)



Akshara Singh School Captain



Vardaan Gambhir School Captain



Arindam Naha School Prefect



Simran Tekwani School Vice Captain



Aryan Arora
School Vice Captain



Shashwat Srivastava Sports Captain



Suhani Arora Vindhya House Captain



Lavanya Kushwaha Himachal House Captain



Sana Malhotra Yamuna House Captain



Samriddhi Adhikari Ganga House Captain

SCHOOL LEADERS

(SENIOR SECTION)



Suhani Agarwal School Captain



Krishna Goel School Prefect



Tanishka Shukla School Vice Captain



Parth Gupta School Vice Captain



Digvijay Chauhan Sports Captain



Priyamvada Bhadouria Sports Vice Captain



Kritika Soni Cultural Secretary



Suhani Sharma Cultural Secretary



Naman Samtani Cultural Secretary



Kartikey Vikram Singh Cultural Secretary



Amrita Pathak
Cultural Joint Secretary



Divyansh Awasthi Cultural Joint Secretary



Sanjog Banerjee Cultural Joint Secretary



Anuj Gupta
Secretary Aesthetics



.Amber Raaj Secretary Aesthetics



Lovepreet Singh Vindhya House Captain



Paramjot Kaur Himachal House Captain



Ananyashree Jadoun Yamuna House Captain



Anchal Srivastava Ganga House Captain



Awards & Recognitions



What a year it was! We've had quite a miraculous few months in the session 2018-19 and we are truly humbled to have been showered by the heaps of education awards throughout the year.

To be the best in any industry is a herculean task and staying on the top is the herculean act. In the month of May 2018, we were thrilled to be recognised as the 'Top Schools of India' at the Elets Education Conclave 2018 by the digitalLEARNING Magazine.





SPSEC has mastered the manoeuvres of achieving the pinnacle of success in the field of education. We received the second good news in the month of **August 2018** when we were once again acknowledged for our project 'Innovative Practices in Academic Excellence' at the 12th Elets World Education Summit (WES) held at Delhi.

Education World India School Rankings 2018-19 (EWISR)



Then in September 2018 we reaffirmed our status as one of the best schools among the top schools of India when we won the Award for Awards! We were absolutely gobsmacked to be ranked No.1 Co-ed Day School in Kanpur and 4th in the State of Uttar Pradesh by the Education World India School Rankings 2018-19 (EWISR) for our exemplary contribution to the education space.







India's Best School 2018 Jury's Choice Award

December 2018 turned out to be the season of awards, as we were awarded the title of India's Best School 2018 - Jury's Choice Award in the survey conducted by the Education Today Magazine at the 6th National Conference and India School Merit Awards 2018-19 "Rewarding Excellence in Education" in the K-12 sector.





Awards & Recognitions

Brainfeed School Excellence Awards 2018 -19

In the same month, SPSEC added yet another milestone in the list of its achievements, when it was ranked among the Top 500 CBSE Schools of India by the highly acclaimed Brainfeed School Excellence Awards 2018 -19 at the 6th National Conference held in Agra. The school was acknowledged for attaining excellence in school education by prioritizing 21st Century skills, under the different categories like — Happiness Quotient Index/Infrastructure/ Sports Education/ Community and Collaborative School.







British Council's International School Award (ISA)

We were over the moon, when we clinched the **British Council's** prestigious **International School Award (ISA) second time in a row!** SPSEC is now accredited to endorse the British Council International School Award kite mark and insignia on all the school publications for a period of three years i.e. 2018-2021. This award provides a framework for SPSEC to develop an action plan and implement international activities in the school by collaborating with the overseas schools to create a rich learning experience for its students through the use of ICT and other creative pedagogical practices. The recognition, thus fortifies the school's endeavour of providing holistic education to its

students and opening new vistas for them with an international edge.



digitalLEARNING Top Schools of India Ranking 2018



We ended the Academic Session 2018-19 with a bang....! Words simply cannot describe how exhilarated and immensely honoured we were, in the month of March, when we were felicitated for our exemplary work in the field of education and for being featured in the digitalLEARNING Top Schools of India Ranking 2018 at the 10th School Leadership Summit 2019 held in Lucknow.



Awards and recognitions have become an inseparable part of our esteemed institution and being recognised in this way, provides us with a real boost to explore ground breaking innovations and pave the way for taking concrete steps to ensure significant improvements in the education landscape at present and in the near future.

"Yes, we can achieve and we have achieved!" More, no doubt, can still be done..... excellence in every field is our goal!

Awards & Recognitions

Academic Pelicitation Geremony 2018





"Gold medals aren't really made of gold. They're made of sweat, determination, and a hard-to-find alloy called guts."







PSEC hosted the 'Academic Felicitation Ceremony' at GHS-IMR to honour the stellar performers and the prodigies for their excellent academic feat in the Board and other Competitive Examinations. The Chairperson and Chief Guest Ms. Manorama Govind Hariji Singhania lauded the students for their incredible performance and asserted that excellence in education requires the input and dedication of the teachers, parents and most importantly the students. A souvenir of appreciation was conferred on 79 students who walked to the dais majestically with their parents to be honoured in various categories such as Top Ten AISSE Toppers, Top Ten AISSCE Toppers of Science as well as Commerce Streams, the Subject Toppers, and the qualifiers of prestigious IIT. NEET and CLAT Examinations.

Sports

"I <mark>am</mark> an athlete. I define <mark>my own d</mark>es<mark>tiny</mark>. I create my o<mark>wn l</mark>uck. I make no excuses. I realize my competition makes me better. I place no blame. I know failure is never fatal. I believe everything is earned, not given. I am an athlete"

















ANNUAL ATHLETIC MEET 2018

lo keep up with the soul of sportsmanship and to bring out the athlete in the young Singhanians, SPSEC organized the 32nd Annual Athletic Meet for the students of Class Root to VIII in its humongous grounds with lot of gusto. The day witnessed a zestful performance by the little athletes who participated enthusiastically in the customized fun-filled track and field events. The arena, in a swirl of radiant hues, drew out the sporting talent of the athletes who kept the torch burning and the flag of their houses flying high with an impressive display of grit, stamina and skill. The commentators added flavour to the event with their spontaneous narration as they covered the live action of each sporting event.











Sports

TAEKWONDO CHAMPIONSHIP 2018

JUST TAE KWON DO IT!

"Martial Arts does not teach you how to fight, it teaches you why not to."

he 14th Inter School Taekwondo Championship was organized by Kanpur Taekwondo Association in collaboration with Sir Padampat Singhania Education Centre on the 21st and 22nd December, 2018 in the school premises. Around 325 students representing twenty two teams from the reputed schools of Kanpur participated in the tournament. With their head high kicks and splits, the martial arts champions of Singhania went on to lift the Championship Trophy by outplaying all.











YOGA CAMP @SPSEC

Relax, Rejuvenate, Refresh



"Yoga means addition- addition of energy, strength and beauty to body, mind and soul."



uriosity and arrogance stemming out of restless quests is the typical nature of a teenage mind. The right approach and guidance is through Yoga. Sir Padampat Singhania Education Centre endorses Yoga as an integral part of health and physical education, the school believes that yoga serves to provide an inclination towards games. The school organized a high energy Yoga Camp for the vibrant teenagers of Classes IX and X.

The camp was conducted by the specialized trainers of the school who gave extensive exposure to several disciplines of yoga like Asanas, Pranayamas, Kriyas, etc.
The technodextrous students showed lukewarm receptivity to the traditional yoga exercises, at the beginning, but, once the momentum was set in, the young minds enjoyed the session to the optimum.







INVESTITURE CEREMONY

o instil the leadership qualities in the students and to give them the feel of functioning of the administrative body, a Student Cabinet is formed at the school every year. The Investiture Ceremony for the Student Council of Sir Padampat Singhania Education Centre for the Academic Session 2018-19 was held in the month of May in the school premises with the highest degree of earnestness and enthusiasm.

While administering the School Oath to the newly invested student leaders, the Principal, Ms Bhawna Gupta told the potential future leaders that they were leaders in their school because of the difference they showed in their conduct, their attitude, their achievements, how they helped others and how they lead themselves. She motivated them by saying that service to the school community was both honourable and admirable and that when a leader looks into the interests and needs of the other people, he can help not just one person but the whole community. She encouraged them to shoulder their responsibilities with utmost sincerity and use their power and position to serve their peers with ingenuity and distinction.



"True leaders don't create followers, they create more leaders"





Republically Independent





"Independence is a legacy bestowed on to us by the sacrifices of our forefathers, so that the posterity can bask in the sun of liberty. We are Indians firstly and lastly!!"











PSEC celebrated the 72nd Independence Day and 70th Republic Day of India by saluting the contribution of the national leaders who formulated and drafted an exemplary Constitution of India and helped in building an Independent Republic Nation. Independence Day and Republic Day celebrations are held every year in the school to kindle the spirit of patriotism amongst the young citizens of India, besides recalling the travails undergone

by the freedom fighters to liberate the country from the colonial fetters.







Outings & Visits

A Spiritual Discourse

with

Acharya Shree Raghavkirti

Spiritual bliss holds key to our aesthetic, intellectual and cognitive satisfaction



PSEC was privileged to create a divine ambience for its students and their parents in the gracious presence of His Holiness Acharya Shree Raghavkirti, a renowned theologist and practitioner of occult science. It is our endeavour to bring the luminaries and the seekers of spiritual contentment under one roof. In this two-day event, the environs were pervaded by intellectual insights on progressive living and high thinking. His Holiness presided over the gathering of the students and enlightened them on spirituality and prominence of meditation in life. The motivational discourse proved to be a great platform to heighten the proficiency and competence of the students. The solicitous parents were also enlightened with benevolent insights by His Holiness on virtuous parenting and meditation in today's nerve-wrecking lives. He cited references from Vedas and other holy scriptures that act as guiding lamp posts for blissful togetherness and coexistence in harmony. The Principal of our school Ms Bhawna Gupta, the Manager Mr. Ashish Bhargava graced the occasion and expressed their heartfelt gratitude to the Acharya for the insightful session









Saluting the spirit of extraordinary

with Ajeet Bajaj

"Push the boundaries...stretch them far, you shall then judge how capable you are? Confidence befriends...Hesitation leaves. Dare and dream, a motto, your heart achieves!"







PSEC organized an inspirational session with the Padmashri Awardee, Mr. Ajeet Bajaj, a modern day explorer and adventurer, with a passion for high-octane sports on 13th November, 2018. Mr. Bajaj is the first Indian to ski both the North and the South Pole within the course of a single year and to have completed the Polar Trilogy comprising skiing to the North Pole, the South Pole and across the Greenland Icecaps. He took the students on an adventurous journey to the polar ice caps with his riveting stories, to show how the spirit of teamwork, never say die attitude and other ethos can be implemented to emerge as a winner in both personal and professional life.





Cultural Events



SCHOOL ANNUAL DAY



"An Annual Day of a school is a chance to uphold the pride of the institute, to catalogue the challenges we faced, the endeavours we made, the success we achieved, to show what we were, what we are and what we will be."









he School celebrated its grandiloquent 37th Annual Day – PADMANJALI – 'Connaissance of Colours' and 'A Colourful Sojourn' on 27th and 28th November 2018 amidst great zest and vigour at the Lajpat Bhawan. The Vice Chairman of the school Mr. Abhishek Singhania and Mr. Subhash Chandra Sharma, Commissioner, Kanpur City were the honourable Chief Guest for the evening respectively. The revered Chairperson, Ms. Manorama Govind HariJi Singhania graced the occasion with her affectionate presence. The programme enunciated the vision of the school i.e., to give students the best opportunities to grow as individuals and to equip them with the skills that will help them cope with the challenges, of the ever evolving and fast moving world. Approximately 1100 young and gifted artists of our school enthralled the dignitaries and spectators with their astounding creativity and mellifluous symphony. The extremely co-ordinated programme was a combined effort of teachers and students, who worked in tandem to create unforgettable moments that will remain, etched in the memories forever.













Padan yoti 2018-12

Cultural Events



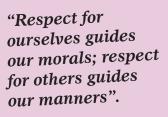






















SHOWBOAT

An Opera of Mannerism







hildren are entrusted to us are like seeds that need nourishment through values and education. To help our children excel in life skills, to build their confidence and hone their speaking skills, a stage activity, 'Showboat' was organized for the tiny tots of Class Bud where they strengthened their moral values and learned the rules of social interaction.



SUPERSTAR MOMMIES

















Gothers Day Special

"Mothers are the embodiment of love, they hold you when you cry, catch you before you fall, pick you up, brush you and let you once again try!" oms are magnificent! To help celebrate all the things these wonderful women do for their kids and to show how much the school appreciates them for their remarkable strength and perseverance in making their child the best, Mother's Day was organized for the doting mothers of Class Root, Bud and Bloom. All the mothers were crowned with the tag of 'Superstar Mommy' and were formally welcomed to the vibrant amalgamation of dance and music. The children added glitter to the eve with their stage performances to convey gratitude to their dear moms for their unconditional love. A spark of glamour was added to the celebration when the mothers along with their kids were invited on the stage for a Ramp Walk. All the moms relived their childhood with their kids by participating in the sports activities; they displayed their flair for dance and music in the Talent Hunt Show that was especially organized for them. The Mommies spent their entire day relishing the joy of motherhood and the kids went head over heels in love with their mothers!

patches.

<u>Ć</u>ultural Events



What we learn with pleasure we never forget!



Soaked in the spirit of Christmas, the kindergarteners of the Foundation Block came all decked up to celebrate the festivities with their friends and teachers. The entire campus was festooned with colourful bells, Santa and Rudolph. The gleeful Christmas Carols and Rudolph, the red-nosed reindeer, dashing through the snow, filled the air with cheers of joy and merriment. Santa too was greeted by hoards of screaming kids as he made a grand entrance bellowing a cheery Ho, Ho, Ho! The uncontained delight could be seen on the faces of the excited children, when Santa gave them the gifts that he had brought for them. A class party was a grand finale to this wonderful Xmas fiesta.



"He is the supreme truth, He is omnipresent, He pervades the universe....so, do the things as told by Lord Krishna and behave like Lord Rama."



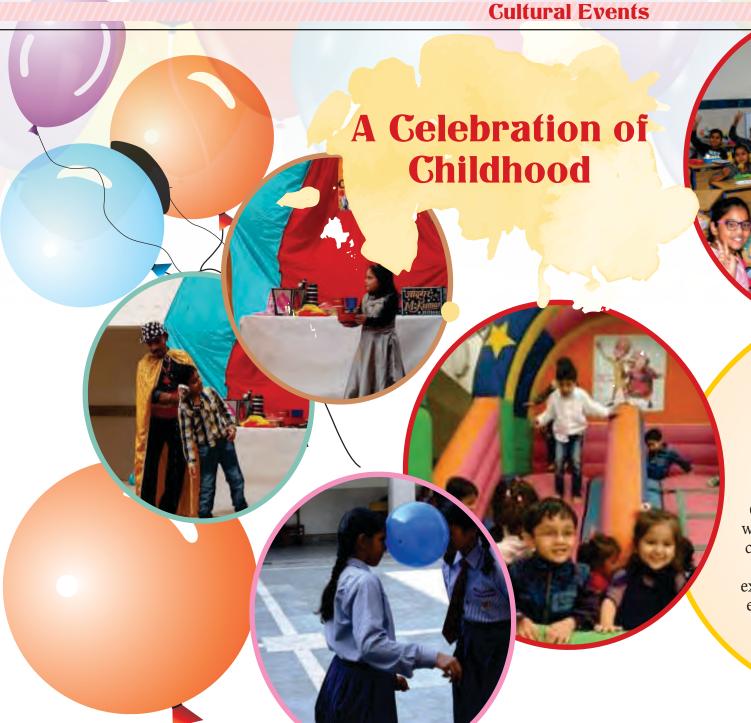
Dipped in the Hues of Trailing

he two important Indian festivals of Janmashtami and Diwali were celebrated in the Foundation Block to expose the preschoolers to the glory of the Supreme and the eternal teachings of Lord Krishna and Lord Rama. On the occasion of Janmashtami, the classrooms of Root, Bud and Bloom came alive with children who enacted important incidents from the life of Lord Krishna. The Bloom children in the attire of little Krishnas, Radhas, Gwalas and Gopies gave a traditional welcome to the Parents. They lighted up the stage with their scintillating dance performance, 'Raas Leela' that depicted the epic tale of Sri Krishna. Parents and children were offered 'Charnamrit', 'Makhana' and 'Mishri' as 'Prasad' that lent celestial aura and filled the atmosphere with religious mysticism.

The much awaited and loved festival of lights, Diwali, was celebrated with traditional fervour in the school. Children of Foundation Block came dressed up as the characters of the Ramayana. They enjoyed listening to the stories that gave the message of the victory of good over evil. The students of Primary Section hand crafted the traditional 'bandhanvars' and participated in the Talent Hunt "Fiesta of lights" highlighting the return of Lord Rama to Ayodhya and the festivities that followed. They took a pledge to celebrate a green and eco friendly Diwali.

Such traditional celebrations are some of the core aspects of school life as they bring together students, parents and staff of SPSEC like one big family, promote the development of our cultural heritage and offer practical learning experiences which otherwise, might not occur!





"There is no garden as beautiful as childhood. Every child is a different kind of flower; together they make this world a beautiful garden."

Children's Day, a day marking childhood, was celebrated in the school with the focus on kids and their enjoyment. The galleries of the Foundation Block resounded with excitement and joy of the little ones as kids enjoyed the inflated rides, class party and enthralling Magic Show.

Cultural Events



CELEBRATING THE SUPERHEROES IN DISGUISE











Voung Singhanians celebrated Teachers' Day on the 5th of September, 2018 with gaiety and fervour, in order to honour and acknowledge the contribution made by the teachers in shaping their lives and future. The day witnessed Inter House Dance and Skit Competition, where each house put their best foot forward to showcase their dancing talent and dramatic skills. The students also sang songs to show their gratitude and praise the optimistic vision of a dedicated teacher. Later that day, the teachers also had a fun time as they sang songs and danced to the tunes of Bollywood music!





Inter School English Debate 2018 -19



KSS INTER SCHOOL

ENGLISH DEBATE



PSEC hosted the KSS Inter-School English Debate Competition for the students of Classes VI to VIII at GHS-IMR auditorium in the month of May 2018. The topic of the debate was – Children Today Have Become Victims of Fashion and Brands. 15 prestigious CBSE schools of Kanpur participated in the competition which saw extensive arguments and informed opinions of the young individuals. SPSEC was represented by Kanha Agarwal and Suhani Kapoor of Class VIII who out argued their opponents as they expeditiously spoke for and against the motion. Both the orators used innumerable oratorical dexterities to stimulate the audience as well as the juries and went on to lift the Overall Winner's Trophy. The Officiating Principal Ms. Bhawna Gupta congratulated the winners for their commendable performance.







32nd SHRI GOPAL KRISHNA SINGHANIA INTER SCHOOL

ENGLISH DEBATE

PSEC organised the **32nd Shri Gopal Krishna Singhania Inter – School English Debate Competition** for the students of Classes IX to XII at the GHS-IMR auditorium on 27th October, 2018. The debate brought together 24 reputed CBSE as well as ISC schools of the city to engage in a war of words on the enigmatic topic –India Will Always Remain a Developing Country. Debaters supplied statistics, insights and deployed rhetorical acumen to put forth their arguments with conviction and poise, both in favour of and against the motion. Yash Tolani of Class IX brought laurels to the school by securing the Second Runners-up position in the individual category, speaking against the motion.







6th Shri Govind Hariji Singhania Antar Vidyalaya Vaad Vivaad Pratiyogita

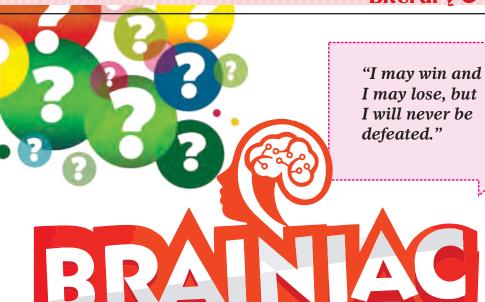


The 6th Shri Govind Hariji Singhania Antar Vidyalaya Vaad Vivaad Pratiyogita turned out to be a real humdinger as the debaters from some of the best schools in Kanpur served a delectable platter of oratory skills, while defending and contradicting the motion, "Upbhoktawadi Sanskriti Bharat Ko Arthik Avam Sanskritik Upnivesh Bna Rhi Hai."The Mayor of Kanpur, Ms. Pramila Pandey presided over the function as the honourable Chief Guest. The students of our school, Anshika Raj Singh of Class XII and Sanjog Banerjee of Class XI, with their eloquent debating skills, bagged the Winner's Trophy. Anshika Raj Singh was also awarded the Best Speaker Award in the individual category for her well articulated arguments and incredible power to persuade the audience.









uizzes are a fun way of enriching the learning process and fostering team building. They furnish opportunities to the students to excel beyond academics and expose them to new facets of the general awareness. Brainiac – the Quiz activity was organized in the Foundation Block of the school to calm down the curious minds of the Root kids and to kindle the competitive spirit in them. The Quiz proved to be a real learning experience for the teeny-weeny kids who showcased their brilliance by rapidly answering the questions put forth to them.











"Discover new dimensions; flummox the talents unseenunsaid, rare and hidden like middle mist red. Aura of the luminaries allures, Tempo on the sky -7 soars. Learn – show-tell, cheer and chill out, that's what School Fest is all about!"





hoenix Season 3, an Intra-School Techno- Literary Fest, punctuated with fun and frolic was organised in the school premises in the month of December. The Principal, Ms. Bhawna Gupta and the School Manager, Mr. Ashish Bhargava presided over the function as the honourable Chief Guests. RJ Mandy and Mr. Aakarshan Jaiswal, Chief Copyrighter from Radio Mirchi were the Guests of Honour. More than 500 students competed enthusiastically in myriad literary and tech based events like - 'Literatura, Just a Minute', 'Spartans', 'Dylusions', 'Poodle', 'Matrix', 'Logiracy' etc. The high spot of Phoenix is that it is a fest of the students, by the students and for the students of Middle and Senior Sections, where they get a chance to exhibit their knack for language, logical reasoning and technology. Besides, this event also offers a platform to the students where they can hone their management and leadership skills.





SCIFARI & EXPOSITION SCIENTIFIQUE

Fostering the Young Scientists



"Imagination is more important than knowledge, for knowledge is limited to all we now know and understand, while imagination embraces the entire world, and all there ever will be to know and understand."













PSEC fosters and promotes diverse learning approaches for the best and authentic learning outcomes. The Science Exhibition 'Scifari' for Primary Classes and 'Exposition Scientifique – An Exploration to Imagination' for the Middle Classes was an effort to stir the potential of the students and provide them an opportunity to share their knowledge with rest of the community. It emulated the hope and aspirations of young Singhanians in becoming geniuses of tomorrow. The students of Class I to VIII demonstrated both still and working models depicting different themes such as water conservation, health and hygiene, electricity, mathematics and digital solutions. The parents and teachers were enthralled with the outstanding show put forth by the young inquisitive minds. They appreciated their efforts and encouraged them to blend their ideas with a sound sense of science for a better world.

MOOT COURT

IT'S LEGAL!!



PSEC organises "Intra School Moot

for the Legal Aspirants" every year in order to promote experiential learning and provide an engaging platform for the students of Class XI and XII to hone their advocacy skills. This year also the aspiring lawyers donned their professional attires and stepped into the legal world, armed with the knowledge of the law and the information related to the cases they were going to represent. The students displayed a mesmerizing zeal of one-upmanship as they put forth their convictions and perspectives on the real legal cases and won applauses from the audience for their impeccable arguments, oral pleadings and rebuttals.





INTRA SCHOOL

Model United Nations Conference

Your Voice Matters!!

The Intra-School Model United Nations
Conference was organized in the school with the
motive of engaging astute young minds in diplomatic
processes, negotiations and UN style conferencing. MUN is an
educational simulation of the United Nations in which the students
play the role of delegates from different countries and learn how to
resolve real world issues in accordance with the policies and perspectives of
country assigned to them. The event saw active participation of around 90
students from Classes VI to XII. The participants were divided into three
committees – UNSC, UNHRC and IP under the supervision of President, Vice
President, Secretary General and Deputy Secretary General. The young delegates
adapted to their role very well and spoke on the agendas given to them with
conviction..

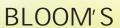
Padamjyoti 2018-19







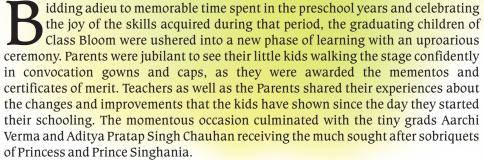




Graduation Day

"You're off to great places! Today is your day! Your mountain is waiting. So get on your way!"



















Farewell







The horizon leans forward, offering you space to place new steps of change...

Class XII Farewell

Auf Wiedersehen

2018-19

stentation for the outgoing batch of Class XII. The otherwise silent premises of the school reverberated with the blithesome voices of the students of Class XII who came all decked up for their big day. Saree for girls and suit for boys was the dress code for the day. The beautifully attired young ladies and gentlemen were a sight to behold. The prime attraction of the day was the quest for the most coveted title of 'Mr. Padampat' and 'Miss Padampat'. The glorified awardees were 'Saumya Sakhuja' (Miss Padampat) and 'Mukund Mohan Zutshi' (Mr. Padampat). The day was a zealous celebration of the wonderful sojourn to the past school life spent together with friends and teachers. In the end, the Principal Ms. Bhawna Gupta blessed the 'Twelthies' and wished them well for their life ahead.









Workshops



START-5

Stop Thinking Art is Really Tough

"Creativity is intelligence having fun!"



PSEC organized a four-day Art Workshop — 'START 5' (Stop Thinking Art is Really Tough) in the school for the students of Classes VI to XII in the month of December. The workshop was conducted by Ms Ramsha Mirza, an eminent figure in the field of art and a self-taught artist with a keen interest in acrylics and oil paints. The Vice-Chairperson of the school, Ms. Varsha Singhania praised the original work of the students and thanked the resource person for her invaluable guidance and sincere efforts that helped the students discover their innate skills.







Workshops







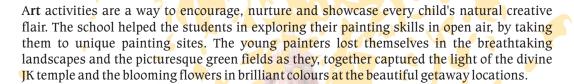






WORKSHOP

"Everything is wonderful and every day the life is more beautiful, and I am bewitched by the nature"













International Educators'

WORKSHOP

"Whatever, the mind of man can conceive and believe, it can achieve."

PSEC organised an International Educators' Workshop for the students of Classes XI and XII. The workshop was conducted by Ms. Brittney Robinson, Admissions Coordinator, Centre for International Students at Truman State University. The Resource Person enlightened the students with her vision and insights on the ways to stay focused and motivated for their futuristic goal. The aim of the workshop was to cater the students with information regarding the process of admission in the foreign universities for pursuing Higher Education. She also equipped the students with the knowledge of various courses that are available at the International level.



INTERACTIVE SESSION

IELTS & TOEFL

"Develop a passion for learning. If you do, you will never cease to grow."



PSEC ardently organised an inducing interactive session on the English Language Proficiency Tests-IELTS and TOEFL for the students of Class XII aspiring to seek admission in foreign universities. The students were edified with comprehensive insights on the two standardized tests that are conducted to measure the English Language ability of the non - native English speakers wishing to enroll in the International Universities. The extremely informative two-hour session satiated the inquisitive minds with the right-minded notion that the zealous preparation with accurate guidance will surely enable them to attain the heights of achievable success.

An Enlightening Session

with the Vice-Chairman Mr Partho P. Kar

o advocate the concept of Open-Air Class Session, the Vice Chairman, Mr Partho P. Kar, addressed the students of Humanities in the 'Nature's Lap Zone' and discussed with them the traits of a successful leader. He told the students that leaders are normally accustomed to giving inputs; very few of them have the quality of receiving it. If one wants to emerge as a successful leader then he needs to master the skills of perception as well as reception. He motivated the students to cultivate the habit of reading and gradually transform it into their passion. He shared with the children how he squeezes out time from his busy schedule to read at least 60 to 70 pages every day. He also talked about considering Swami Vivekananda as an inspiration. The students assured him that they will try to follow the path of perfection and incorporate his valuable insights in their lives.



Being a successful leader with perception and reception



A TRIP BACK IN TIME CLASS OF 1994 REUNION



In an attempt to revisit the memory lane, the Class of 1994 organized a reunion with their colleagues and teachers in the school campus on 03 February, 2019. Clad in blue coloured attire with the School Logo, the students travelled from all the corners of the world to reminisce together their time spent in the caring and learning environment of our school. Teachers were thrilled at the prospect of reuniting with their pupils after the quarter of a century. The School Management too proactively welcomed this heart-warming reunion and provided a perfect ambience for both the teachers and their students. The Principal, Ms. Bhawna Gupta, welcomed the former students and appreciated their efforts to create a link to their past through this reunion.





Charity Days

THE SPIRIT OF ALTRUISM

PSEC prides itself in not only academic success but also in creating school ethos with relationships and community at heart. To develop the spirit of sharing and empathy among the students, the school organized visits to 'Bal Bhawan- A Spastic Centre', 'Prerna - A School for Special Children' and 'Jyoti Badhir Vidyalaya - A School for the Deaf and Blind'. The trips proved to be an enlightening experience, for the students as they learnt the virtue of empathy by spending time with the special children and entertaining them with their own performances as well. The students also got an opportunity to make graffiti on the walls of the Jyoti Badhir Vidayalaya which was enjoyed and appreciated by the disabled students there. The young philanthropists of the school raised funds for the underprivileged and donated many useful things like stationery, eatables etc. These visits were an effort to force the children to come out of their comfort zone and transform them from geeks to heroes!





























72

also distributed paper bags to the vendors and shopkeepers in the vicinity and

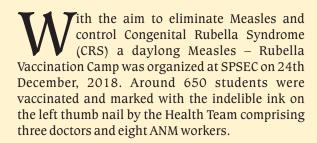
took assurance from them to adopt this positive change.

Save Lives... Immunize











Kindle A Reader's Delight











Lituristic innovation when combined with traditional trends can produce astounding results. After successful incorporation of interactive Smart Boards, Google Classrooms and Coding, SPSEC went a step ahead with the introduction of Kindle eReaders in the School Library – to instill the love of reading among the children of today who love gadgets and screens! These cardinal tablets contain in them an infinite universe of manuscripts that are a source of delight for bibliophiles.









Stanish Dobal













POOL N



POOL C





BLOGGING COMPETITION 2018

I am A Blogger, What's your Super Power?

"Blogging is thinking out loud where other folks think back, it is not rocket science, it's about being yourself and putting what you have into it"

PSEC recognizes the need of making its students practice the skills of writing in authentic digital contexts that would help them become good digital citizens who can contribute ethically, critically and responsibly to the online community. To teach blogging to its students, a Monthly Blog Competition has been initiated by the school for its adroit writers, in three categories – Pool A (Class III to V), Pool B (Class VI to VIII) and Pool C (Class IX to XII). Every month, a different topic for each category is posted on the Facebook page of the School for the budding bloggers, who have to send their entries on the school email id, within a stipulated time. The most promising Blogger in each pool is recognized for his or her writing skills with a trophy in the School Assembly.







Padamjyoti 2018-19

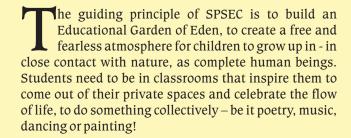












Students at SPSEC love to get away from the grind, soak themselves in nature and do something different. The basic idea behind this concept is to create an atmosphere of the so-called 'freedom' with an emphasis on being close to the tranquility of natural surroundings and developing a zest for life while staying true to their self and traditions.

CLASSROOM WITHOUT WALLS -

Nurture in Nature's Lap !!







Padamjyoti 2018-19



SPSEC achieves another mile

the pioneer

पांडुलिपियां धरोहर, इन्हें संभालकर रखे

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एक दुशों के हाश करने : यथ पर

जनकी को मान



Singhania Education Centre (SPSEC) organised a farewell function for its outand students. The function was

their latent talents. The limelight of the function was Mr Padampat and Ms Padampat where



In contact the detail and de recurs sinking when west 21 mit allege met die n fl

Talk on pushing the bounda



त्राच्या संक्रम क्या क तालू का तीनकालक हो। इ.स.च्या व



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NEWS Archives

News is the first rough draft of history and

we are here to CREATE history not repeat it!

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-Alan Barth











Padamjyoti



सर पदमपत सिंहानिया एज्केशन सेंटर में बन्दे मातरम्

कारणुर, २७ जनवती। सर प्रचयन विकासिय ए.ज्योजन मीट कमता नगर में क्यांत दिवस रावेन्साम् वः साथ प्रताय तथा। विद्यालय तरे कार्यवास्त्र प्रवासन्वर्धे घटना सूच ने भवता नेहण दिया। विद्यापियों ने दिखाओं ने संस्थान पाया प्राचीमक कर्याओं के जर्र मुन्ते कताहार्ग ने देशांम से प्रतिभूगों बीत स कुछ पेश दियों। क्या 6 से 9 तह के पात-कार में व व दे मातवा कारते सामूर्ण कातावाण की करता से घर विमा



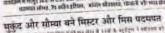
Blessing Ceremony' held a

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विकारिकेता में बोर्ग को देश परिवास

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SPSEC bags best school award

4/2/19

क प्रकार विश्वविक प्रमुक्तिन सेट में पूर्व देश सर्वकार का अपनेतर क्लास देखकर भावुक हुए पूर्व छात्र-छात्राएं

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NEWS Archives Turf inaugurated at SPSEC





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पद्मपत सिंहानिया स्कूल बना चैंपियन

the pione SPSEC students a

"The role of a writer is not to say what we all can say, but what we are unable to say"

Anaïs Nin

THE CES

Companions for Life



ooks are a stack of pages with abundance of knowledge buried in them. They brief us with the information regarding things happening all around the world. Books not only give us knowledge but also impel us to develop understanding of myriad topics.

'Books are our best companions', they are good company, in sad times and happy times, for books, are people – people who have managed to stay alive by hiding between the covers of a book. When negative thoughts occupy our mind, books infuse positivity in us and save us from rowing the boat of our life in the wrong direction. They help us concentrate on attaining effective knowledge of diverse subjects that can be found only in the books. It is said that paper is more patient than man; it stores our secret and is our silent friend.

Little reading is all the therapy a person needs sometimes. So please, I beg, I pray, go throw your TV set away, and in its place install a lovely bookshelf on the wall!!



Arjun Bhardwaj Class - X C

My School, My Pride

School is a place of learning where a student learns various important lessons of life. Students are not only given education here but are also taught several virtues of life like honesty, patience, obedience, humility and prudence. So when I hear the word "School" only one name descends to my mind and that is "SIR PADAMPAT SINGHANIA EDUCATION CENTRE" - my second home. It is a family of several families- The Principal is the head of this family, all the teachers are our respected elders and all the students are our loving brothers and sisters.

My school is situated in a serene and aesthetic environment with lot of green trees that gives it a magnificent ambience. The authorities of the school are quite particular about the holistic development of the students. We have state – of- art Sports Academy that provides international experience to the students who are interested in games and sports. There is a huge library which houses thousands of books concerning various fields. We also have well equipped Computer and Science Laboratories where students love to spend time.

My school organizes various extra-curricular activities like Talent Hunt, Quiz, Debates and Blog Competitions. Science and Art Exhibitions are also held every year. We celebrate all the festivals in the school with equal zeal and fervour. I like to participate in the Charity Day that is organised every year by the school to promote human welfare and philanthropy.

On top of it my school has been consistently giving good academic results every year. One can find many gems of our school in the merit list of the CBSE Board. Students here are disciplined and well behaved, the alumni of our school hold respectable positions in many well recognised organisations. The School Authorities also invite various professionals

from different industries for seminars and motivational discourses so that we can learn from their experiences and imbibe all their good qualities in our life. I am proud of MY SCHOOL!!



Keshav Dwivedi Class - IV C

Po Marks
Really Matter?

esterday turned out to be the doomsday for every student in my class. Yes, you're right! The marks scored by the students in the Half Yearly Examinations were announced. The class buzzed with excitement as the bellfor the first period rang; however, as the periods glided by, so did their happiness. But, some of my classmates were overjoyed to see their marks. They were unable to keep their feet on the ground.

My partner, who understood science pretty well, scored 'fairly low' and was forlorn. He sat all by himself and barely talked to anyone that day. He gave a fake smile when his classmates teased him, for he tried to hide his depressed countenance.

I was shaken to the core; he was one of my dearest friends and seeing him unhappy, bothered me. I tried to make him smile, whispered all the inside jokes in his ears, I even tickled him, but nothing was greater than the grief of the test scores.

Ultimately I had no choice left, so I decided to confront him, I asked him what made him score so low. He replied with a sigh, "I don't know. The day before the paper, I memorized everything, but the moment I was handed the question paper, I froze." I hugged him and told him panic attacks were common and that marks don't define intelligence - knowledge and imagination do!

This is essentially what I want to reveal through this write-up. Even though my friend was always the first one to raise his hand in the class and answer the questions being shot his way, he missed the hoop in the final game. But does the finale cover up for the tenacity of the player throughout the game? I beg to differ.

In my opinion, test grades cannot measure how smart an individual is. It is beyond the ability of few measly questions to determine if a child is bright or not. 'Grading' someone's potential is anything but sensible.

Though, after returning home, when I put myself in my teacher's shoe, I felt that my hands were tied. Teachers are bound to abide by the norms set by education boards. I personally think that education boards need to design and implement experiential learning in students and incorporate an innovative evaluation system in the schools.



Anandita Vishnoi Class - VIII E



irrors reflect back exactly what is kept in front of them. Their still presence on wall helps us present our best to the world. Maybe we can be a mirror for others when we become clear in our thoughts, transparent in our feelings and still in our presence. And when we experience the best in ourselves, maybe we can mirror back the best in others. Can you be a mirror for others from today?

Dear friends, No matter what comes your way, keep sowing good, positive and productive seeds for a better tomorrow.



Sampurna Rastogi Class - VII C

Self Help is the Best Help

Te all have heard the famous proverb 'Self Help is the Best Help'. Self Help means to stand on your own feet with confidence. Man comes into this world with some responsibilities and the true meaning of life lies in carrying out these responsibilities handed over to us by God

Every man should do his own duty. The man who relies on himself, struggles with obstacles and difficulties and goes on accumulating power at every step, is the man who tastes the sweet fruit of success in life. Nothing is sweeter than the fruits of our own exertion.

A self-reliant person knows how to overcome difficulties in life. He is able to move himself out of any difficult situation. On one hand, he always does his work on his own, on the other hand, he is always ready to help others. This virtuous quality makes him respectable and praise worthy.

Self-help is the best help for physical, mental, emotional and spiritual growth. So start doing things all by yourself. It shall make you independent and confident.



Ayushi Gupta Class - IX A

The Unsung Heroes

Tho is your hero? A beautiful movie star or a brawny sports star? Defining the word 'hero' is difficult! Sometimes I think, Sachin Tendulkar is my hero but then I rethink - what about those people who work hard selflessly for our safety? According to me, such people are the real role models; we need to ape -the unsung heroes who exemplify the best of humanity.

I really want to be like Karambir Singh Kang, the General Manager of the Taj Hotel who personally supervised evacuation of the trapped guests during 26/11 terror attacks. He, instead of worrying about his own safety and the need of his family, first ushered his guests and staff out of the hotel. His wife and children were trapped in a room engulfed by fire. They died of suffocation. Even on hearing of their deaths Karambir Singh Kang did not shirk his responsibilities and continued to fight for his guests' safety. The noble and loyal manager, despite his own irreparable loss, still remains at the Taj to do his duty.

I want to be like the caretakers of the cemeteries in Mumbai who refused to allow the dead terrorists to be buried there. They proved by their resolve that terrorism has no religion.

I want to be like Sandra Samuel, a selfless Indian nanny who saved the life of the two year old Moshe Holtzberg during the November 2008 Mumbai terror attacks. Sandra saved Moshe when both of Moshe's parents were killed in the attack. Heroes are not born they are made with love, care, devotion, compassion, determination and dedication. True heroes are ordinary people who are brave, selfless and who do not always get recognised.

So now, I leave it entirely on the readers to decide who their hero

is – a movie star or the person, who with his or her quiet strength, wisdom and courage has done more to shape the lives of others than himself or herself!



Nancy Katiyar Class - XI E

Excess of Green Bad

ristotle said that temperance, or balance, is a virtue. It is always better to steer the middle course in life. The key to lasting happiness is to keep one's life within bounds and discipline. Everything that you have in excess than you actually require is poison ...it may be strength, wealth, hunger, greed, pride, laziness, desires, expectations, love, hate etc. We all know eating well is important for adequate nourishment but overeating can do more harm than good. Daily exercise or workout is beneficial for health but too much of exercise can cause severe damage to the body. All parents love their children but those who indulge in excessive pampering often spoil their kids, such children get into bad habits and take to wrong ways. It is good to have money to lead a comfortable life, but riches in excess bring many evils, enemies, cares and worries. Also one who squanders money recklessly regrets later. Feasting today and fasting tomorrow is the doctrine of fools. Moderation is the essence of happiness. The old dictum of minimum needs and maximum adjustments helps one to lead a happy and healthy life.



Devanshi Tripathi Class - VII B

Save Birds!



here was a time when watching a huge flock of sparrows performing sky acrobatics in the evening was a favourite pastime of folks in the villages, towns and cities. But, now all we get to see are a few sparrows tweeting meekly behind the bushes and branches. In fact, it's not only house sparrows that we should be concerned about; our common Indian birds don't seem to be as common anymore as they used to be. Why is it so? Their decline can't be attributed to a single factor. While, the natural habitats of birds are being destroyed at a large scale every year to construct roads, apartments and the like, it's also said that the increasing use of mobile networks has hugely affected the life of the birds. The excessive use of pesticides in the fields, affect the birds too, because crops act as an important food source to many species. Thus, it's important to identify the causes that challenge the survival of different species of birds.

In this environment every object of earth is dependent on one another. Suppose, the birds stop eating the insects, then the insects will destroy all the crops and the plants because the population of insects is more than that of the birds. So, if we wish to survive in this world we should let the birds live freely. Birds are indicators of the environment, if they are in trouble, we'll soon be in trouble! Hence, it is very important that we, as human beings should come up with a solution that people can apply at both individual as well as at the level of community.



Rishik Aggarwal Class - III B

Oalue Your Time

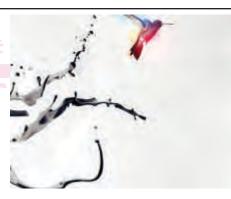
Time is the owner of our tomorrow. The flow of time is like the flow of water, which never stops for anyone. People, who do not respect time, are never able to gain respect for their own selves. If we think that time will follow us; we will never get success in life. With the wise management of time we can overcome the barriers in our life and achieve success in this world of cut throat competition!

In the life of a student, time plays a very important role. If we do not utilize time and work on time, time will never forgive us. "Lost Time is never found again", so if you wish to achieve your life's purpose and be successful, you need to take stand and wage war with time!!





Tanmay Pratap Singh Class - VIII A



All the great people were actually mediocre in their lives, but they managed to make it big because they spent an unreasonable amount of their time chipping away at the goals they dreamt of achieving. The best example is that of Abraham Lincoln. He got success in life at the age of 45, when he became the 16th President of the United States of America. He had lost everything in life before becoming the President because then, he did not understand the value of time. But once he realised that time is precious, his character came to be known!!

Nothing that is worth achieving can be done in a short space of time. Achievements that are remembered for decades take time! The one who values time will never face situations of failure and loss. Every person has 24 hours in a day; it depends entirely on the person whether he turns those 24 hours into gold or simply wastes those valuable hours doing nothing!

Sacrifice is the antidote to time – wasting. Don't let external distractions, like television, social media etc. deter you from your goal. Identify what is important and allocate your waking hours to work on those important things. We can achieve our dreams only we can control how we spend time.

"Time Perfects a Man as well as Destroys Him" is said by Alice Walker. So to become a successful person, treat time with respect!

Student Sife

man goes through many phases of his life from infancy to adulthood to the old age. But the most important phase of his life is when he is in the process of acquiring education – that is the 'Student Life'. All the lessons that one learns during this phase remain with him for his entire life.

Education, in this phase plays a significant role in our lives, it acts like a potter that moulds the clay; once, the pot takes its shape, it can't be reshaped, in the same manner once our characters are set, they can't be reset.

Student life is full of excitement and joy. It is also considered to be the 'Golden Period of Life' because the mind of a student at this time is free from cares and worries of life. But the toughest period in a student's life are the days when he has to face the examinations. Every student hates this period, he or she thinks that the main aim of the exams is to pass or fail a student but that's not the reason, the goal of the examinations is to assess the extent to which the objectives of education have been achieved.

Well, don't forget those days when you played truant or when you had loads of fun in the classroom with your class mates or at the inter school events. All I want to say is that the 'Student Life' is the best stage of life; it's that time of our life when we should make the best out of our experiences.



Harshita Singh Class - VIII A

Attitude not your Aptitude

Determines Your Altitude

Success does not come by realizing our goal, it comes through hard work. One can gain success by building up strength, confidence and the way of thinking. Your attitude – how you think about yourself and others, how you treat others, the words you use, your body language, the way you act and interact with others – has more impact on your success than how knowledgeable or skilled you are at something. Every task is difficult, before it becomes easy. Nothing can preclude you from achieving your goals if you have the right attitude – knowledge has no value if it doesn't translate into energy.

Don't be upset if you lose, as life is a game. If all the great leaders and philosophers had started fearing and quitting, they would have never reached their goals! Life is about taking risks and never thinking about the outcome. All you need to do is to visualize your goal and then move ahead with an open mind and you will surely gain people's respect and honour. It's good to be individually brilliant and to have strong core competencies, but unless you're able to work in a team with others, you cannot achieve your goal. The letter "Z" may look distant from the vantage

point of "A" but once you become proficient in the letter "A" you will see "Z" gleaming at the horizon!!



Kushagra Gupta Class - X E

How Punctual are We?

What does punctuality actually mean?

Punctuality is the habit or a quality of adhering to an appointed time. Time is a strong ruler. It is very short, so we cannot afford to lose it.

Nature has allotted all of us 24 hours in a day; even then one person is more successful than another. It is because a successful person utilizes time in a better way.

Taking care of time is punctuality. Just five minutes delay and we can miss a bus, may be a train or a chance to enter an examination hall.

We should learn punctuality from the heavenly bodies, the earth moves according to a fixed schedule. Day and Night occur regularly following a set pattern. This helps in maintaining the equilibrium of the universe.

Time is a variable attribute for different users

Time is slow for those who wait, Time is swift for those who fear, Time is long for those who grieve, Time is short for those who rejoice.

A punctual person is in harmony with the universe. Therefore, we must start cultivating



Sonakhi Bajpai Class - IX C

The Iron Throne of Life

Don't worry there are no Spoilers Alert!

omeone once said to me that the life of a student is quite serene and innocuous. There are no bounds to their guiles and they are masters of their own will. And I was like, "Yeah, completely!!" (sarcasm intended) The life of a student is painted with ravishing and effervescent hues but it's time to face the music sunny boy....! We are under incessant pressure. We have to shoulder the expectations bequeathed upon us and aim to chase our dreams and shine. This load of expectations can drain all our strength sometimes but remember only those with wings are expected to fly (okay, now don't get into that "An ostrich cannot fly" stuff. Just try to comprehend me). And of course, we are hardwired to score 'marks'. Let me tell you one thing. Marks do NOT define you, your intelligence or your caliber to bathe in success or for that matter your character. In fact, in my opinion, marks are deceptive, just like a shadow. Even a small man can cast a very long shadow. So marks are out of the way. So what does it take to climb the pulpit and sit on the throne? Two roads shall always diverge in the yellow woods. Alas, you cannot travel both. It is our choices that define us. You are not what you think you are but what you choose to be. They will lead you to the pinnacle but the road is going to be atrocious. Now, I don't intend to wipe the smile off your sanguine faces but if we can't write about the bitter truths then, honestly what are we doing? There's a blood bath out there. You may not foresee it because, right now, you live in the tutelage of your parents and teachers but remember, you have to travel the road alone. And the concept of, "Pen is mightier than the sword" doesn't always work that well in real life. So save it for the writing section of your English paper. It may come in handy to impress the examiner. That's it, because at the end it is you and you alone. So wake up and get yourself together. After all, it doesn't do good to dwell on dreams. It is your passion and talents that will take you ahead and help you get accustomed to your new paradigm. Have faith in yourself. Do stop and ponder over this question - Do

you have what it takes to claim the Iron Throne?



Akshat Agarwal Class - IX F No one wants to read poetry. You have to make it impossible for them to put the poem down -impossible for them to stop reading, word after word...line after line!! Muriel Rukeyser

Reautiful Nature





Nature has everything in plenty, but you must take it silently. It will take you where

> you want to be! The smell of the flowers,

will give you inner peace. Rivers and seas.

will make you feel free.

The Sun and the Moon.

will stay with you till the doom.

So explore Nature with care,

you don't have to pay any fare!!



Aaditri Verma Class - VII B

I'm not like them!







I see faces all around me Each face is different Wanting to make an impression, I'm confused! What suits me? I close my eyes

And ask for help -Why am I not like them? God smiles and replies He tells me to move ahead Do not stop and look back Time will come when You'll understand!





Arni Bajpai Class - IX B

(P)n this Mother's day....

A million stars up in the sky, One shines brighter, I can't deny. A love so precious, a love so true.

You don't care about YOU!! On this MOTHER'S DAY, I want to say thank you, For all the love you gave along the way Mom you are the best, Ready to take all life's tests... Mom you are the reason Through the changing

With your guidance, I grew. Simple thanks will not do, To express my love and gratitude to you Please know that I love you, You are better than the rest Simply put, MOM

seasons,



Avika Pandey Class - VI C



Phases of the Moon

TO H



Human nature
Is weird indeed

Like the phases of the moon.

7,

Just when it seems

Full and bright

It hides again;

the loon.

We love it when it's full and



But it darkens again so soon.



Oh! Only if we studied

Human nature as much

As the phases of the moon!







Market, fares and malls were the only entertainment
When Dad said museum I didn't know what it meant.

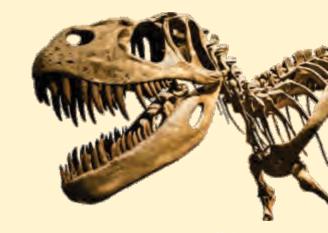
Museum is a place I was told

Where you see things that are very old
All that's old for me was grandpa and our house...
And my little guinea-pig, slightly bigger than a mouse
On the day decided with parents, uncle and auntie
We rode off to the museum in my Dad's Maruti
Sitting near the window with fast blowing air
By the end of the day, I had a nest of hair.

We could see the building from very far
From a distance it looked as big as our car.
Dad bought the tickets and we went inside
As soon as we entered a dinosaur was in sight.

I still remember my first visit to the Museum

I was too young and life was dad and mum.









Akshat Dwivedi Class - IV D

There were numerous exhibits neatly arranged Going from hall to hall their nature changed. Animals were in plenty, but all were dead There were jewellery and coins made of iron, gold and lead. Animals of past lived in water or on tree Dad told us that long ago they roamed free. The section on science was very interesting There were many exhibits of art and paintings The day was bright and the tour lengthy It was good for mind, and for the body healthy. Tired and hungry we trooped into the café To gobble our sandwiches and then relish our latte Museums of dolls, music, paintings and craft They are the best place to see and appreciate art. The day ended with only joy, no tension. Even today if someone asks me to visit a museum I gladly accept the invitation!

A Little Rose Tree



Every Rose on the little tree,
Is making a different face at me!
Some look with surprise when I pass by,
Others droop, may be they are shy.
There are two whose heads together press,
Tell a secret I can never guess.
Some have their heads thrown back to sing,
All buds are listening.
I wonder if the Gardener knows,
Or does he call each just a ROSE?



Varun Gupta Class - IV A

<u> Clean...</u>





Human beings are really mean, They never keep their surroundings clean.

They commit a sin,
By not throwing the garbage in
dustbin!

They keep polluting air, This is not at all fair.

Don't let the pollution increase, Or you will be grabbed by fatal disease.

So if you want to be healthy, Keep your environment clean.



Eshita Arora Class - IV B

Days of the Week





Monday we have so much fun
Tuesday is for lesson some
Wednesday brings us lots of cheer
Thursday seems so very dear
Friday we read books few
Saturday makes our ideas new
Sunday is the day for rest
Mummy says you are the best





Kavya Marwah Class - I D

<u>Soaring</u> <u>Stereotypes</u>

He blinked, once, twice, thrice All ragged breaths and silent cries He tried to keep his tears at bay "Boy shouldn't weep", they say.

His chest felt heavy
As if numerous feet pressed his chest
Deeper and deeper, making him feel
constricted pest
He closed his eyes
And saw demons
Those come at night,
To make him feel vulnerable and terrified!
They caressed him like swords on the cheek,
And sharp nails on the burnt skin.

Nobody cared
That his throat was clogging up
Or the pain was overwhelming
They weren't there to see and stay
"Boys shouldn't weep," they just say.

He is tired of the
Round shaped earth
Where heartless humans reside,
Solely made of stereotypes
How should he tell them?

He is not a fan of sweating with his eyes
But the pain he is going through
Doesn't let his cries subside
He also wants to be a ball of sunshine
Or maybe just a ray
"Boys shouldn't weep" they say

He wonders what's with the people
Labeling things and humans who are feeble,
He wants to be the knight in shining armour
Or the protector of the world full of glamour
But he can't remove the memories that weigh
"Boys shouldn't weep" they say.

Can't they see he is trying?

He feels knackered

With the wrath at times

Why can't he just express what he feels?

Why is he called a loser?

When he sobs!

Why can't he cry when everything dear to him is robbed?

Why isn't he allowed to cry?
Why is it considered petite or wry?
For losing a fight
Or feeling embarrassed
Or just holding a pointless grudge
Why do they have to judge?
Do they know it really hurts his heart?
His head, his chest, his every part

They say, "Boys shouldn't weep."
"Not even when he loses his parents?"
They say, "Boys shouldn't weep."
This is what they just repeat.



Vedika Gupta Class - X C

Mom as God

MOM is everything in my life.

She tells me to love and not fight,

She asks me to smile,

And be courteous and bright.

Mom fed me, when I was small, Now she tells me to eat on my own as, I am grown up and tall.

She feels miserable when I do wrong, But tells the correct thing, When I say, I am sorry Mom!

God can't be there in every one's life,
That's why he made Mom for every child.
A Mother's place can't be replaced,
But mother can take everybody's place.

My Mom loves and cares for me, If I have any problem, She solves it for me.

MOM wakes up early and arranges the house, She works all day without any break, And does not let anyone grouse.

We are lucky to have Mom
As God in our life,
Who sacrifices all to give the best to her child



Aaddhya Tiwari Class - VII A

Mhen asked God...



When I asked God for brain and brawn,
He gave me puzzles in life to solve.
When I asked God for happy ripples,
He showed me some unhappy people.
When I asked God for wealth,
He gave me good health.
When I asked God for favours,
He showed me opportunities to savour.
When I asked God for peace,
He gave me emotions to release.
God gave me, nothing I desired,
He gave me everything I deserved.



Rishik Gunani Class - IV D

Signs of Time

Time flies by and it always will,
It Vanishes like feathers across the mill.
As fast as light, as swift as dove
Travels unbiased, be it melancholy or love.

Neither waits for slaves, nor their kings, Be it roaring lions or birds that sing. Alexander and Caesar were all its slaves, Fiendish it is, no pity it saves.

Writers of time said it waits for none, Even if you hurry, fly or run. With a wink it changes the course of life, You can't deny the fact however you strive.

That the things and the humans are all momentary, In fact there won't be a sign of Achilles' gallantry.

For world, with time, will soon perish,

For stars, now gleaming will soon tarnish.

No one can outlive neither outshine, For time will end the show, leaving no sign.



Fatima Roomi Class - XI H

We are the Earth



We are the rivers flowing We are the deserts drying We are the storms blowing We are the stars in the sky

We are the forests breathing We are the oceans whirling We are the clouds gathering We are the mountains high

We are the children growing
We are the seeds sprouting
We are the place to live
We are the life you give

We are the Earth We are the Earth We are the Earth We are the Earth



Himanshu Bajaj Class - VII B

of will Thy

Flying strong tough and bold in the dusk, I am not a smooth flier; I am blunt and brusque, Nevertheless I fly.

> I glide in a strange domain, On lookers let out a scream in vain, As I fly.

> > I sob, I cry, just like you, Wind kisses my wings too, But I fly.

Sound of your soul echoes in my ear, It helps me fly away from fear, Blind folded I fly.

Not scared to return to my care, World should know I can dare, So I fly.

Neither bing nor the sky's sapphire, Can stop or extinguish my fire, High I fly.

The joy of flight is not reserved,
I am not a bat, I am a bird,
I will fly!



Nida-E-Zahra Class - X E

Today is the Day!



Today is the Day
This is the one
We'll learn and have fun
Today we'll grow
Today we'll be kind
Today is important
Don't leave it behind
Let's give it all
Let's never stop
We'd better get busy
Before we all... FLOP!!



Chinmyashri Class - I E

A Silent Scream

The colour of blue, In the serene sky, White wings of a dove, Flap and fly

The colour of grey, A melancholy hue, The lone bird flies, In the carpet of blue

A silver bullet,
A noisy shot,
The bird falls to the ground,
In dust and rot

Red tinted wings, Carrying heavy load, Stumble and flap, The upward road

The poor being, Twists in tears But nobody hears, It's a silent scream



Arima Gupta Class - IV B

One Marm, Sunny Day

One warm, sunny day On a cold, snowy night The inky – black darkness Was sunny and bright The evening that morning The midnight at noon Was late in December One April and June I stood where I sat As I ran, lying still Deep down in a valley On top of a hill The people beside me Were nowhere around The birds in the sky were All deep underground The fish in the tree Were asleep in their nest I watched the sun rise At night in the west Yes, that's what I saw When my eyes were closed tight One warm, sunny day On a cold, snowy night!!!



Ruchira Singh Class - III B

<u> Shapes</u>

Rectangle is the window, And so is the door.

Round is the ball, We bounce on the floor.

Cube is the dice, We count numbers on.

Triangle is an instrument, We play ding – dong.

Oval is an egg and,
Square is the bread,
That we eat for breakfast.

You can't escape,
From these shapes,
They are present everywhere
For you to ape!!



Aahan Agarwal Class - IV A

Golden Door to Success

People say God's in the Heaven
But we feel God's might at seven
When we reach our school, SPSEC
We find many Gods
In the form of Human Beings

They are not just Creatures But our Mighty Teachers Who work hard to make us Humble and Virtuous

They teach us to be
Slow but Steady
They give us wings to fly high
And touch the sky

As we enter our mighty school
We drown ourselves in the
knowledge pool
SPSEC is the key to unlock the
Golden Door to Success
So if you wish to progress
Never forget this address.



Bhavya Grover Class - II A

Bond

When a child is born,
He signs a bond,
A bond of love,
Love of a mother and a son,

It's a bond that's the longest,
It's a bond that's the
strongest,
It's a bond that has no end,
It's a bond that can't be
broken,

It's not just a bond,
It's a relation, a relation of hearts,
It's a feeling, a feeling of love,
It's a bond, a bond of love,
Love of a mother and a son...



Vishal Gupta Class - X B



STORYMAN

Man of the Match

nce in LONDON, not very long ago lived a teenager named JORDAN. He was 18 years old and loved to play cricket. He was the star player who made 4 centuries in the test match in Inter School Cricket Competition. He played as a batsman and was very good at it. He was preparing for a debut in T20 U-19 cricket match representing the official team of England.

On the day of the match, Team England had to face India. India won the toss by calling heads and chose to bat first. They contributed to the target of 207 at the loss of 4 wickets, and then the second innings started. England opened and was playing extremely good, when the first wicket fell. The next batsman helped the team recover quickly but who knew that soon he will have to go too. The score was now 70 runs with a loss of 2 wickets then Jordan came; he played beautifully and contributed a half century to the total score of the team. He decided to hit bigger shots in order to win the match. But a tragedy happened he got caught by an Indian star player.

It was the 18th over and England got all out at the score of 201. All the team members particularly Jordan was in a sad mood.

Later, the Captain of England, Buttler gathered his team mates and pointed out the mistakes they had committed. It was then Jordan realized that he should have been slow and should have judged the ball before hitting a shot. His Captain made him realize his mistakes and helped him get over them by inviting him to play the next match against West Indies.



In that match, Jordan stood at the striker's end and played slowly; keeping in mind the words of his Captain .He scored 53 runs out of 40 balls. After 10 overs, the score of the team was 110 runs for 1 wicket and Jordan scored 78 runs for the team. They gave a target of 214 runs in 20 overs. After 17.3 overs, Indies got all out. Jordan took 3 catches and performed well on the field. He was awarded Man of the Match trophy.

As a result, he was promoted for T20 World Cup. In the World Cup, England won by defeating India in the final match. This time, Jordan was declared Man of the Series. He was given the name "Run Machine". He was very thankful to his Captain for giving an excellent guidance. Jordan today, has made a name for himself in the world of cricket, young cricketers and learners worship him as their role model.



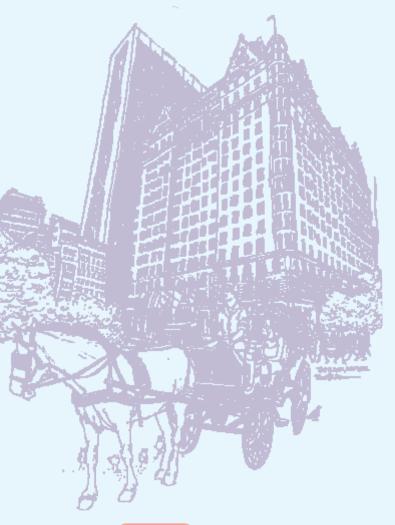
Parth Bhalothia Class - VII C

Four Friends

snake, a bird, a cat and a mouse were friends. Once the cat found a bowl of Achocolate, the snake, the bird and the mouse also wanted to eat the chocolate, but the cat was greedy. It said, "No, I will not share the chocolate." They were all very sad that they did not get any chocolate. The Snake got an idea. He said the cat is greedy for everything, so he must be greedy for money too. They made a plan. The snake found a bag of 10,000 gold coins; he tied the bag with a rope and started pulling it. The cat saw the bag of gold coins and ran after it. The bag stopped at a lake, the greedy cat was determined to get that bag at any cost. As he moved towards the lake, he slipped. Now, he started shouting for help! The mouse, snake and bird, then appeared on hearing the cat's call for help. He told them that he was drowning and needed their help. But the three animals refused to help him. He realised his mistake and apologised, "I am sorry for being so mean!" The animals felt bad for their friend. Realising, that the cat had learnt his lesson, the snake moved forward to rescue the cat. Later, they all shared the chocolate and enjoyed their day.



Siddhartha Khare Class - III B





Anannya Malhotra Class - IX A

A True Story

ne stormy night many years ago, an elderly man and his wife entered the lobby of a small hotel in Philadelphia, U.S.A. trying to get out of the rain, the couple approached the front desk hoping to get some shelter for the night.

"Could you possibly give us a room here?" the husband asked.

The clerk, a friendly man with a winning smile, looked at the couple and explained that there were three conventions in town. "All of our rooms are taken" the clerk said. "But I can't send a nice couple like you out into the rain at midnight. Would you perhaps be willing to sleep in my room?

It's not exactly a luxurious one, but it will be good enough to make you folks comfortable for the night."

When the couple declined, the young man pressed on. "Don't worry about me, I'll make out just fine," the clerk told them. So the couple agreed. As he paid his bill the next morning, the elderly man said to the clerk, "You are the kind of manager who should be the boss of the best hotel. Maybe someday, I'll build one for you." The clerk looked at them and smiled. The three of them had a good laugh. As they drove away the elderly couple agreed that the helpful clerk was indeed, exceptional, as finding people who are both friendly and helpful isn't easy.

Two years passed. The clerk had almost forgotten the incident when he received a letter from the old man. It recalled that stormy night and enclosed a round trip ticket to New York, asking the young man to pay them a visit.

The old man met him in New York, and led him to the corner of 5th Avenue and 34th Street.

He then pointed to a great new building there, a pale reddish stone, with turrets and watchtowers thrusting up to the sky. "That" said the older man "is the hotel I have just built for you to manage."

"You must be joking"- the young man said.

"I can assure you I am not." said the older man, a sly smile playing through his mouth. The old man's name was William Waldorf Aster, and that magnificent structure was the original Waldorf-Astoria Hotel.

The young clerk who became its first Manager was George C Boldt. This young clerk never foresaw the turn of events that would lead him to become the Manager of one of the world's most glamorous hotels.

Don't be afraid to reach and touch someone's life, you never know whose heart you may be touching!





Amrita Pathak Class - IX D

Grandma

ouncing in the car, my family went to Grandma's house. In the middle of the drive, I thought about Grandma and all the fun we had, the funny jokes she used to tell us now and then, and her lovely warm hug. I smiled. I asked if we were almost there, and we arrived at her house. I knew we were going to have fun there. When the van stopped, I was eager to see the kind-faced woman I had known for eight years, my grandma. So I jumped out of the car, ran to the door, and rang the bell. I expected to see a nice old lady with a warm smile, but Grandpa answered.

I looked around, my smile fading from my once happy face. He pointed to the living room. I peeked inside. Grandma was lying on a hospital bed. There was a plastic tube to help her breathe and a blue spotted sheet covering her body. Silent tears trickled down my cheeks. The warmth in my heart had gone out.

Dad came and laid his hand on my shoulder. He told me that Grandma had liver cancer. I promised I'd take care of her. I stayed with her, gave her drinks, and helped clean her sheets. I even tucked her in. Looking after her, I carefully brought her a drink and watched her until my cousins, Divya and Ria, came.

The next day, I woke up, ready for work, but no one was there to tell me what to do. I skipped to the living room. My grandma was talking like her lungs were filled with water.

She spoke to me like she was going to die then and there. A few weeks later, Papa came to my sleeping area and woke me up first. His face was red, but I thought he looked sort of happy. He brought me to the place Grandma had slept the night before. He told me she was dead. I put my hand on her face, and it was stone cold.

Tears dribbled down, down my cheeks, and fell on her face. I cried as I fell on the dusty carpet. I ran to my mother and asked her why Grandma had to die? Why? In two days, we had a funeral for her. I laid my hands on her face once more, and it was still cold, solid, and frozen. I didn't want them to bury my Grandma, not now, not ever. I didn't want them to do it. When we got to Grandma's house, my Grandpa held a bookmark and an angel pin. I'd given Grandma the bookmark for her birthday. I read the story "Footprints" on it one more time. I gave her the angel pin so an angel could watch over her. It did a bad job!

A couple of weeks later, they had put up Grandma's tomb stone. I fell to my knees and dropped off the angel I had given her. I wish I could only see her one more time! I got into the car, sadly and quietly. Now knowing that I was sad, unhappy, and Grandma-less, I went home.





ugh out Poud!!



Man to God: How long is a million vears?

God: For me, it is about a minute. Man : God! How much is a million

dollar?

God: For me it is a penny.

Man : God, May I have a Penny?

God: "Wait a minute"

At the scene of an accident, a man was crying, "Oh God! I have lost my hand! Policeman: Control yourself. Don't cry. See that man. He has lost his

head. Is he crying?

Two men were fixing a bomb in a car. First Man: "What would you do if the bomb explodes while fixing."

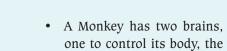
Second Man: "Don't worry, I have one

more!!"



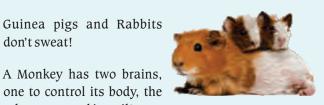
Abhinav Singh Class - VI C

- The longest word in English is the chemical name of Titin, a giant protein which has 189,819 letters and need 3.5 hours to pronounce it correctly!
- You can never see all the colours of a rainbow as it is made up of more than a million colours!
- The average Hummingbird's heart rate is more than 200 beats per minute.
- A Blue Whale's heart is as large as a Volkswagen Beetle and large enough that you could swim through its arteries.
- Jupiter and Saturn have Diamond Rain!
- You replace each particle of your body every 7 years literally, you are not the same person you were 7 years ago!
- Rats and horse can't vomit!
- Sound travels faster through steel as compared to air.



other to control its tail!

don't sweat!



- "Almost" is the longest word in the English language with all the letters in alphabetical order.
- Human Beings have only 630 muscles whereas a caterpillar has 4000 muscles.
- Antarctica is the only continent where butterflies have not been found yet.
- The sentence 'are you as bored as I am' can be read backwards and would still make sense.



- •There are more cars than people in Los Angeles!!!
- •Months that begin on a Sunday will always have a "Friday on the 13th.





Lakshya Yadav Class - VII B



Today everyone is mad about shortcuts. Even when they Google a query, they look for some Google knacks to make their searches rather quick.

2.3 million Google searches per second clearly state Google's influence in everyone's life. With these huge numbers, can anyone think about the number of hours they can be more productive with their search? Yes there are some hacks that do exactly the same and attributively make this per second score even higher.

I am going to outline some of these Google search tricks that you can use to save your time and efforts both. Excited? Yes, you should be.

So let's have a look at this list of Google search tricks and tips?

1. Make private searches using Startpage:

Private searches don't allow search engines to track your IP address or your location or much, hence they come into the scene. Startpage (known as Ixquick as well) is an example of a private search engine that shows searches from the Google but keeps your privacy safe.



2. Use quotes ("") to search for a specific phrase:

Searching revolves around keywords. The more specific you are with your search query the more relevant results you'll get. So brainstorm what you are looking for and type in the relevant key words within double quotes ("")

3. Search by Location.

With this Google search bar trick you can target a specific location (city name or postal code) at the end of your search query and can have results related to that location only.

4. Convert numbers to words and solve calculations

It is useful when you have a really large number and can't get what it is. Don't worry just type your number in Google search bar like this "1098762341=English" and you'll get you numbers in word form.

5. Set timer

Now set a timer when you are reading a book, writing an essay or for a nap between long work hours by using Google search bar. Just type "timer" or "set timer" in search bar and create for your own purpose. You can also utilize the option of stop watch with this timer. Now it's time for some fun with Google! Try some Fun Tricks here:

6. Do a Barrel Roll!

Type "Do a Barrel Roll" (without quotes) in your search bar and hold your desk for a second as this will give a circular roll off your screen.

7. Tilt your screen with Askew!

Type "Askew" in search bar and give your screen a slight tilt.

8. Google gravity!

Google gravity is literally fun as if shatters the search engine into pieces down the line. You can drag and drop these pieces around your screen to amuse yourself.

10. Play Atari Breakout on Google Images!

Give yourself a break from scrawling and type "atari breakout" in Google Images to destroy the bricks by using a ball.

11. Google Underwater!

Give your screen a look in which the Google search boxes will appear floating under the water.

Happy Googling!





Himanshu Gupta Class - X C



AI: Artificial Intelligence

CAPTCHA: Completely Automated Public Test to Tell Computers and Humans Apart

DELL: Digital Electronic Link Library

DVD: Digital Versatile/Video Disc

FAO: Frequently Asked Questions

GIF: Graphic Interchange Format

IPEG: Joint Photographic Experts Group

LCD: Liquid Crystal Display

MPEG: Moving Picture Experts Group

OTP: One Time Password

OLED: Organic Light Emitting Diode

PDF: Portable Document Format

USB: Universal Serial Bus

URL: Uniform Resource Locater



Parth Bajai Class - VIII A



Gandhi Ji was born on "Friday".

Gandhi Ji was shot on "Friday".

Jesus Christ was crucified on "Friday".

Abraham Lincoln was shot on "Friday".

World War II started on "Friday".

World War II ended on "Friday".

Hollywood was inaugurated on "Friday".

Dinosaur egg fossils were discovered on "Friday".

India received independence on "Friday".

Sardar Patel died on "Friday".

New movies are released on "Friday".



Prashant Raiput Class - VIII A

Fascinating

- O is an even number.
- O is the only number that cannot be written in Roman numerals.
- The opposite sides of a dice always add up to seven.
- Among all shapes which have the same perimeter, the circle has the largest area.
- 1/100th of a second is called fifty.
- The number 1 followed by 100 zeros is called "googol".
- 111, 111, 111 X 111, 111, 111=12, 345, 678, 987, 654, 321
- 2 and 5 are the only prime numbers that end with a 2 or 5.
- All points on the surface of a sphere are at the same distance from its centre.



Anant Singh Class - IX D

Post in Translation

(I bet you didn't know this!!)

Each language has its own set of unique signs and idioms, which when translated in English tend to lose their meaning and end up as hilarious nonsensical phrases. Here are some of my favourite signs and idioms from all over the world that got lost in translation:

- 1. LANGUAGE Russian
 SIGN ПРОСЬБА ҮБРАТЬ HOMEP/
 ПРОСЬБА НЕ БЕСПОКОИТЬ (Door signs found in the hotels in Russia)
 LITERAL TRANSLATION Please remove the room/ Please do not worry
 MEANING Please make up the room/ Please do not disturb
- 2. LANGUAGE Chinese SIGN -请不要食用 (Sign found in Chinese restaurants) LITERAL TRANSLATION - Please don't be edible MEANING - Please do not eat food that you brought here from outside
- 3. LANGUAGE Spanish
 SIGN ÈXITO AQUI
 LITERAL TRANSLATION Exit Only
 MEANING Success
- 4. LANGUAGE German
 IDIOM TOMATEN AUF DEN AUGEN HABEN
 LITERAL TRANSLATION You have tomatoes
 on your eyes
 MEANING You are not seeing what everyone

else can see

- 5. LANGUAGE Polish
 IDIOM Z CHOINKI SI URWAŁA
 LITERAL TRANSLATION Did you
 fall from a Christmas tree?
 MEANING You are not well
 informed and it shows
- 6. LANGUAGE- Finnish
 IDIOM –PÄÄSTÄÄ SAMAKKO
 SUUSTAAN
 LITERAL TRANSLATION Let a
 frog out of your mouth
 MEANING- To say the wrong thing
- 7. LANGUAGE- ITALIAN
 IDIOM- UN CANE IN CHIESA
 LITERAL TRANSLATION A dog in
 church
 MEANING- An unwanted guest
- 8. LANGUAGE FRENCH
 IDIOM- AVALER DES COULEUVRES
 LITERAL TRANSLATION To
 swallow grass snakes
 MEANING- To be so insulted that
 you are not able to reply



Prachi Singh Class - VIII A

Ocabulary in Oogue

- **AUTOTUNE** audio processing system that turns irrelevant videos into something famous or viral
- BINGE-WATCHING watching movies/videos continuously like a TV addict
- **BOOMERANG** an expression taken from an app of the same name that turns Instagram pictures into GIFs
- EMOJIS a small digital image or icon used to express an idea or emotion
- KNOWMAD a combination of "knowledge" and "nomad." People who roam the world and share their travel experiences by uploading tons of pictures and videos of places they have visited on their social media page
- LURKER a friend who reads all the posts/messages in group chats or in forums but does not participate
- NOMOPHOBIC –a person who panics when he or she is without a cell phone
- **MEMES** a humorous image, video, or piece of text that is copied and spread rapidly by internet users, with slight variations
- TWITTERATURE a combination of "Twitter" and "Literature" that refers to persons who create names for a variety of things
- TROLL a person, usually on the Internet, who likes to leave challenging and intriguing comments on different online forums to incite arguments or controversies
- **WEXTING** a combination of "walking" and "texting" with the head down that refers to people who cannot seem to let go of their phones and continue to indulge in exchanging text messages, unmindful of where they are going



Vansh Thavnani Class - VIII D

Pet's Pearn from these birds

- The cock = Wake up early.
- The parrot = Learn your lessons.
- **The cuckoo** = Speak sweetly with others.
- **The crane** = Wait patiently for others.
- The woodpecker = Work hard
- **The sparrow** = Be friendly with others.
- The peacock = Be graceful
- The swan = Be fair.
- **The pigeon** = Be polite with others.



Yash Dubey Class - I C

Mental Hoss

- 1 Which animal lays eggs and produces milk?
- 2 Which creature has five eyes?
- 3 Which US President is said to have filed a report of sighting a UFO?
- 4 Which country is also called as "Copper Country"?
- 5 What was Bubble Wrap originally invented as?
- 6 In which direction does the earth rotate on its own axis?
- 7 Who invented the first flush toilet?
- 8 Teddy bear was named after which famous person?
- 9 NASA funded the development of a 3-D printer that can make which food in space?
- 10 Before rubber what was commonly used as an eraser in Japan?

изуи ЕКЗ: 1-Platypus Z-Honeybee 3-Jimmy Carter 4-Zambia 5-A Wallpaper 6-West-to-East 7-John Harington 8-Theodore Roosevelt 9-Pisza 10-Bread



Megha Chandra Class -VIII B

American English versus British English

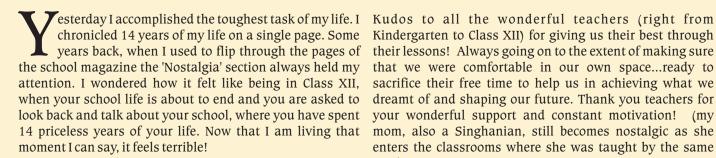
AMERICAN WORDS		BRITISH WORDS
eager	-	keen
exhausted	-	knackered
crazy	-	mad
her name is	-	she's called
eraser	-	rubber
schedule	-	timetable
flashlight	-	torch
elevator	-	lift
eggplant	-	aubergine
stroller	-	pushchair
baby carriage	-	pram
line	-	queue
call	-	ring
cookies	-	biscuits
pants	-	trousers
vacations	-	holidays
candy	-	sweet
trash can	-	dustbin
gas	-	petrol
fall	-	autumn
hood	-	bonnet



Aditya Vikram Tripathi Class -VI B

Adieu

"The girl cried both on the first and the last day of her school life. The only difference was that the best memories she made in her school with her friends and teachers made her first day's fear turn into the last day's NOSTALGIA."



It has been rightly said 'time flies by when you are happy and content'. This saying is totally apt for my experience It is really hard for me to jot down the infinite memories here, I didn't even realise how soon time flew past. As I look back and recall my first day at school, I realize that I entered the school with lots of enthusiasm, I didn't cry unlike other kids, probably because SPSEC was the legacy that my parents had bequeathed on me, and I was eager to be a part of it. I can never forget the amazing moments that I have spent here. I am what I am because of this school. The confidence that I developed by participating in all kinds of events be it dances, plays, debates (except sports - I am a bit unfortunate in this field!), I owe it all to this institution. The tag of 'Bharat Mata' that I got because of the epic role that I played in the Hindi play, is something that I still cherish!

Kudos to all the wonderful teachers (right from Kindergarten to Class XII) for giving us their best through their lessons! Always going on to the extent of making sure that we were comfortable in our own space...ready to sacrifice their free time to help us in achieving what we dreamt of and shaping our future. Thank you teachers for enters the classrooms where she was taught by the same teachers)

connected to the school life. For me these fourteen years were of course studies, but more of friendly discussions with teachers and, bantering and troubling friends, giving them funny nicknames and then calling them with the same name... in front of the teachers unless they got irritated to the core. I can never forget the happiness that I received from trivial things like sharing tiffin with friends, the canteen parties, the friendship bands, wearing casuals on birthdays, coaxing substitute teachers to take us to the ground in our free periods......the list is endless!! There won't be any more school bags, buckled shoes, uniforms, two plaits, excitement of getting to know the new teachers in the new classes. Oh, how will I ever be able to forget these good old days!

I am thankful to SPSEC for all the memories that I hold so dear to my heart. I know that as the time goes by, new memories will form, but the old ones shall never depart. This institution has not only taught me the lessons of books but also the lessons of life. There is so much to say but few things are better left unsaid.....ADIEU SPSEC!!



Bhavya Sen Class - XII D

Harboured Memories

t first, when I was asked if I'd like to write something for the school magazine. I hesitated as I wasn't sure Lif I'll be able to put down my feelings on paper. But when I began to recollect memories of the past, they came flowing in like unstoppable waves and I just couldn't stop my pen from writing!!

When I first came to this school, as a six year old, I was a tad disappointed at the sight of red brick walls through the blue gate. Yeah, I had imagined the school to be a giant castle surrounded by a lake, mountains and all of nature's beauty. (..the potter head in me was seeking his Hogwarts!) But, 11 years after, today, I can't complain of a single thing that I didn't learn in my second home, apart from magic and Quidditch obviously!!

The first day of Class II D in my new school began with my introduction to Anmol, who, ever since then has been the most faithful friend I have had. From the punishments that I received from my Class teacher, to the most amazing classes of Ms. Saraya, Class II marked the beginning of this wonderful journey of everyday. After that there was no stopping, it's difficult to forget the AV classes of English in Standard III, where the attention seeking person within me managed to secure his first Non-Academic award for proficiency in Spoken English. And of course, those professional military drills with the self proclaimed "Lord Satvik Yadav", where we wore self created badges all the time and walked through the corridors with such pride as if we ruled them. One of those drills on Children's Day had me receiving a blow of brick on my head!!

Class VI, introduced me not only to the senior wing of the school, but also to many amazing teachers, who not only gave me roots but also wings to fly. It was during this time that I developed an undying passion for the "most beautiful and logical language - French". It was Class VIII, where my school life took a drastic turn, and made me the social being that I am today. My first ever major stage act, 'Atulya Rana', was the life changing opportunity that I received that year, all thanks to my Hindi teacher, who recommended me for the main role in the play. The same year, I also got a chance to present a bouquet to the celebrity guest, 'Ankita Mishra' at the grand 'Inter School Fest - Genesis-2'. (that moment holds a very special place in my heart)

As they say, a teacher plays an important role in shaping the life of a child; I consider myself fortunate of having received such teachers, who changed my whole life. Be it self confidence, self belief, my own personality, or the modest acting skills that I possess today, I owe them all to my teachers.

Classes IX and X developed in me the sense of responsibility as I was selected as the member of the Student Council. Oualifying for the campus round of The Pi Quiz at IIM Indore PROUD TO BE A SINGHANIAN.... provided me with the biggest exposure and helped me learn the lessons which became crystal clear to me as time progressed. It was during this time that my love for cricket soared high under the guidance of sports, who believed in my cricketing abilities when nobody else did, and helped me develop the set of skills which I never imagined in my wildest dreams that I could possess. That phase of dedication towards the sport and fitness contributed heavily in shaping me as an individual, a team player, a leader and led to the strong brotherhood that I share with my junior, Divyansh Awasthi!

As the Cultural Secretary of the school in Class XII, I got a chance to reboot the events like Moot Court and Model United Nations which required immense planning and implementation of the highest level. Not only this, in the last year of my school life, I finally got an opportunity to participate in the prestigious Lady Anusuiya Singhania

Memorial Hindi Debate, though I couldn't make a place for myself in it, but the inspiration and guidance provided by the senior teacher, led me to discover the poet in me as I went on to write my first ever poem in Hindi! Lady Anusuiya, once again played an important role in my life as a Singhanian when I was conferred with the "Lady Anusuiya Singhania Award" for my modest contributions to the school. It is probably the highest honour that I have received in my life so far! The senior years have been all about opportunities, responsibilities, leadership, success, failures and disappointments. But, this journey has taught me the lessons of life, which I'm pretty sure, are going to help me a lot in the times to come.

As I say goodbye to this eventful school life, I realise that there are a few things in life which a person is not supposed to, but destined to do. I'm not sure whether I was supposed to live the school life the way I did, but I can say this with firm belief, that I was destined to do so! Auf Wiedersehen SPSEC!



Naman Samtani Class - XII E

SUGARY AND SPICY SCHOOL DAYS: IN RETROSPECT

"Good Byes are only for those who love with their eyes, because for those who love with their hearts there is no such thing as separation."

but is flooded with emotions and nostalgia. My fingers fluttered many a times when I sat down to write this. It is very difficult for me to accept that my school our level best to maintain that reputation till Class Tenth!) life has finally come to an end.....

Life at SPSEC has been a roller coaster ride for me. A ride full of joy, laughter, achievements and disappointments, the imprints of which are difficult to erase from the memory! As I started the journey of my school life, as a four year old kid, the giant building of the school and the humongous play grounds attracted me and soon this amazing school became my second home.....my teachers and friends, my family!!!!

The first three years of the school life were full of fun, play and a little bit of learning. I graduated from Senior KG to Class One, wearing long black coat and holding the traditional scroll in hands, Class One was a little up gradation in studies but a hundred times more play and fun. This was the first time when I secured the first rank in my class. After that, there was no looking back; getting Pink Cards was like ultimate achievement. I still remember, how I cried bitterly when I was told that I had not qualified for it!!

the last bell to ring, the eight hours of school every day seemed like they'd never end. But, now that I think of and I was "ALICE IN THE WONDERLAND", busy exploring school, I am only reminded of the fun that I had, the infinity within infinity!

his article may not have the much needed eloquence unforgettable crazy school trips, Inter Class Bulletin Board Competitions, which my 'Section D' always won. (my section was declared the most notorious class and we tried Annual Function, Athletic Meet, Genesis, Padam Mela, and the School Farewell were the events that I enjoyed the most among all the school functions, where I got the opportunity to showcase my talents and was duly rewarded for the same! SPSEC has given me all that I can ask for – besides education, it has fashioned the basic principles of my life, moulded my personality and has made me understand the meaning of friendship....the best feeling in the world!!!

> Now, when I look back at my class photographs, I smell the nostalgic scent of all the tidbits of fun that turned into a huge ball of amusement. But the fact that the ball rolled down the hill just too fast, somewhere makes me feel sad. But that's what we call 'memories', they're bound to be made and fade. I feel lucky to at least have something that makes saying good bye so hard!

Today as I stand at the threshold of the school life and turn the sepia pages of the school years that have gone by, I realise that I cannot revisit them but I can always feel the From having 'stomach aches' in the morning to waiting for moments. They are probably the best years of my life, they were like a magical trick that was being performed on me



Bhaskar Verma Class - XII E

"As a child, I always wanted to grow up fast, but now I realize that incomplete homework and broken toys were far better than unfulfilled dreams and the world outside."

PAPER BOATS & AIRPLANES

(Heartwarming Recollections)

The session 2018 -19 finally comes to an end, with the very terrorizing "BOARDS" around the corner. Besides the academic session, what comes to an end this year, is my glittering golden school life, and with this my apprehensions have reached the peak as I find myself walking down the boulevard of memories of the very happy and innocent days of the school life.

Schooling seems to be the most difficult phase of our life as a kid, but as we grow up, we wake up to the realization that those were the most effortless and carefree days of our life. Everyone has different opinions and feelings for their school life- how as kids we were so innocent and happy with our own self, then as teens, how audacious we become—full of enthusiasm and zeal.

I have been lucky to be in the same school for fourteen long years where almost all the teachers and friends have been like my extended family, the family that I will now have to leave and move on! At this, soon to be the lovely alma mater of mine, I have met people who will remain an important part of my life forever; I've witnessed countless incidents that will be etched in my memory tank forever! The time spent here, has been simply marvelous. I still remember the first day when I entered the school with glittering eyes, how excited I was then and how sad I feel now when I realize that I am now supposed to depart from this wonderful place.

Those were some of the carefree days....with no worries...life was just about studying and having fun with friends! Events like swimming fest, corn day, relay races, long jump, assembly time with the teachers asking us to take one arm distance, wearing casuals on birthdays with the entire class singing 'Happy Birthday To You' and then taking your best friend along with you to give sweets to the teachers, shouting our lungs out while wishing "GOOD MOORRRNINGG MAAAM" the traditional student anthem that no teacher has been able to change till date! These are undoubtedly the wonderful moments that I want to relive.

I still remember how as a kid, I was scolded for being the most talkative student of the class. All the things that I have learnt, the way I have grown and developed, I owe them all

to this institution. The memories I have made here will be cherished forever. Be it walking aimlessly in the corridors, spending time in the Art room helping out in the Craft work, standing at the entrance of the classroom until the teacher arrived, making airplanes and boats out of the papers, gossiping in the Physics Laboratory during the practical period, sitting together for 15 minutes during lunch time, all these activities now look like divine moments that will never come back again!

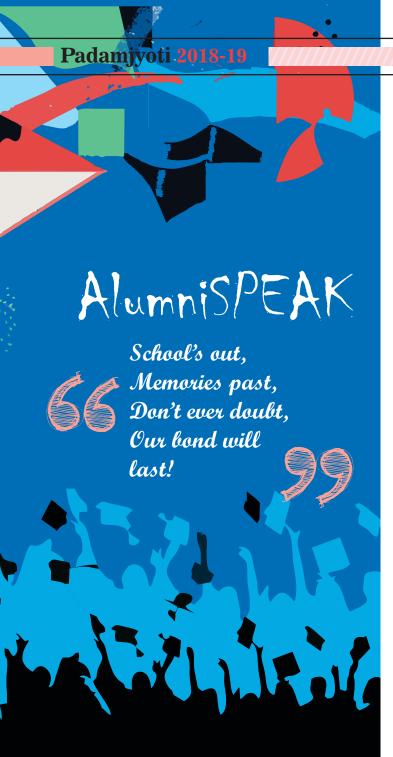
Time moves in one direction, memory in another!"In the cookie of life, school and teachers are the chocolate chips that make life sweet, surprising and yummy." I fall short of words as I try to thank all my teachers for being the yummy Chocóchips of my life, for helping me discover myself and honing my skills so that I can excel in my future.

With childish whims and fancies left behind, all boys and girls eventually grow up to take the path they want to tread on, the phase of choosing higher education stream which is always made out to be a big deal has arrived. As I leave this institution, I carry a bucketful of memories that bring both smiles and tears. I don't know what my future holds for me....But wherever I'll go....however far away.....No one can steal these moments from me!!!





Siddharth Chaudhary Class - XII D



New Light on Rust-Free Delhi Iron Pillar



Parnika Agrawal Class of 2008 IIT-Topper Pursuing Ph.D @ MIT, Boston, USA

Most of us have visited Qutub Minar in Delhi. Bang opposite to it stands a mysterious 35-foot high 6000 kg Iron Pillar - the Indian Iron Pillar. A testimony to ancient Indians' skill in metallurgy - in extraction and processing of iron to make it corrosion-free,

t stands proud, unaffected by the rains that lash it year after year, without any trace of rusting till date.

You might have seen other ancient massive structures like iron beams in the Surya temple at Konark in coastal Orissa and the iron pillar at Mookambika temple at Kollur situated in the Kodachadri Hills on the western coast. Ancient Indians produced iron that was capable of withstanding corrosion. This is primarily due to the high Phosphorus content of the iron produced. The addition of Phosphorus was intentional.

The pillar was manufactured by the forge welding of pieces of wrought iron. The resistance to corrosion is due to a passive protective film at the iron-rust interface. The presence of second-phase particles (slag and unreduced iron oxides) in the microstructure of the iron, that of high amounts of phosphorus in the metal, and the alternate wetting and drying existing under atmospheric conditions are the three main factors in formation of protective passive film.

The inscription on it dates it to 400 AD, centuries before the Chinese developed their iron technology and 1500 years before the Industrial Revolution in Europe.

It was made during the period of Chandragupta II Vikramaditya. It is not only an engineering marvel, but also has great artistic-cum-architectural features. Prof. R. Balasubramaniam and Meera Dass of IIT-Kanpur were studying the metallurgy of the pillar and ended up discovering the historical importance as well as the astronomical significance of the Delhi Iron Pillar.

Delhi Iron Pillar was brought to Delhi by King Iltutmish, from its original site – Udayagiri near Vidisha in Madhya Pradesh. Iltutmish, is known to have attacked and sacked Vidisha in the AD 1233 and removed the pillar as a trophy to Delhi, just as the Tughluq rulers brought Ashokan pillars to Delhi in the 1300s.

Udayagiri is the ancient Vishnu-pad-giri. There were great astronomers like Aryabhatta, Varahamihira, and Brahmagupta during the Gupta period.

We find evidence of iron making tradition in the Udayagiri – Vidisha – Besnagar – Sanchi region in the form of iron wedges, iron slags and remains of iron making furnaces. Some of the nearby places still have names like Lohangi and Lohapura.

Indian astronomy is probably the oldest in the world. Ancient Indians builts Sun temples and associated astronomical observatories along the Tropic of Cancer. Udayagiri is situated at 230 31' latitude, almost on the Tropic of Cancer. As you know, the Tropic of Cancer is important latitude in the Northern hemisphere, just like Tropic of Capricorn in southern hemisphere.

In and around Udayagiri mountains are found 19 cave temples. There is a wall carving which shows Vishnu sleeping on Sheshnaag – the Anantshayee panel. The Anantshayee panel in cave 13 is cut at a particular angle, and it faces north. It is only in the period before and after the Summer Solstice day that the alignment of Sun lights up the Anantshayee panel, particularly in the evening. This is the time of the year when the Sun rises and sets 23.50 North of

the East and West directions respectively at Udayagiri, and the Sun is at its northern-most declaration.

The Delhi Iron Pillar was originally located here. Because of its peculiar metallurgy and the angle of the rays of the sun it used to shine like gold. Iltutmish uprooted the pillar thinking that it was precious having gold and relocated it to Delhi in front of Qutb Minar in the Quwattul Islam mosque.

As Udayagiri is located on the Tropic of Cancer, the sun stands directly overhead at 900 on Summer Solstice Day.

The Delhi Iron Pillar in the original Udayagiri location was positioned such that on Summer Solstice Day, the early morning shadow from the pillar fell in the direction of Anantshayee Vishnu in Cave 13. Moreover, on the important Summer Solstice Day at Udayagiri, the motion of the Sun across the sky was in line with the especially cut passageway. The evening setting sun completely illuminated the Anantshayee Vishnu panel in Cave 13.

Dr R Balasubramaniam demonstrated a hollow slot at the top of the Delhi Iron Pillar and suggested that initially there had been a Chakra of Lord Vishnu resting on a cylinder at this place. A disk, 20 inches in diameter and 2-inch thick was fitted vertically on a flat circular base on top of this pillar. He found that the measurements and design of slot and Chakra correspond to a wall carving in the adjoining cave in Udayagiri. This Chakra is found no more on the top of Delhi Iron Pillar.

The Delhi Iron Pillar functioned as the flagpole in front of Anantshayee panel. The Sun rays after falling on the flagpole used to touch the feet of Anantshayee Vishnu. This phenomenon was helpful in measuring the movement of the sun, and for astronomical calculations to chart the religious calendar.

When you next visit the Delhi Iron Pillar, marvel not only at its rust-free nature and huge dimensions, but also try to look at the decorative bell and slot for Chakra on its top. A melange of metallurgy, architecture, history, religion and astronomy awaits you in the capital of India, Delhi.

Believing is Achieving



Gentlemen Cadet ANUJ DIXIT Class of 2015 (TES, CTW, MCTE)

"What is personal calling?" asked Paulo Coelho in his book 'The Alchemist'. 'It is God's blessing; it is the path that God chose for you, here on Earth. Whenever we do something that fills us with enthusiasm, we are following our legend. However, we don't all have the courage to confront our own dream.'

Why?

The answer to this 'why' is mentioned in the book, but that isn't the question to pop up in the school magazine, that too after four years of passing out!! Rather, it is to give a different view, a different angle, and maybe a different opinion to the thoughts and dreams of a teenager, who is offered all the possible (and sometimes impossible) resources by his aspiring parents who are relentlessly working in this real world with its cut throat competition to fulfill their child's needs.

At the age of 16, we all find ourselves in a dilemma, "What are we going to do in life?" However, wanting to do something that you like and trying to fulfill a professional aspiration which is compatible with the financial requirements and the aspirations of our parents are two very different things. Choosing between what you want to do and what you should do is a tough task. I can say this with confidence because there was a time when I was standing at this juncture, where on one hand were the worldly temptations and on the other hand was my goal, my dream.

What is your plan at this point of time in your life?

- 90+ percentage in the Board Examinations
- getting selected in a reputed college
- either land a placement or be your own boss with at least a six or seven figures salary
- after achieving all this if you still have time left, pursue your dream, in the form of a so called "hobby"!

Now, where has your personal calling gone amidst all this?

Believe me, you won't be able to able to pursue your "dream", not even in your 20s, forget about 30s and 40s. Neither will you have the audacity to leave your financially rewarding but, frustrating professional life. And then will come the time when you will experience the so called feeling of 'regret', "Why can't I live MY life on MY terms!"

Today we have a luxury, the Internet, where trillions of TB of knowledge is available, we have the uninterrupted access to our elders' experiences and we have a positive environment of change. Well, it's just that you have to take the first step.

"Believe you can and you're halfway there," said Theodore Roosevelt. The day you decide to pursue your dream, nobody has the audacity to stop you. You will yourself find your silver lining, your motivation and your way to move forward and achieve what you want.

But, the biggest and the most important step is realizing the purpose of your life.

"Purpose of Life is Life of Purpose"

The purpose of life for some, maybe owning a luxurious car, for some it may be designing that luxurious car, and for some, it maybe renovating that luxurious car. But, for some the purpose may be to lead a simple and satisfied life, with the luxury of having a family and parents and going out with them for a quiet dinner in a small and simple car.

So, find your purpose.

Realise your potential.

And you will get the much needed enlightenment for your future.

Jai Hind!

Feeling Nostalgic...



Pushpita Dutta
Class of 2014
Pursuing Bachelors in
Law @Mody University, Rajasthan

SPSEC was my sweet second abode for a whopping fourteen years in a row from Junior KG to Standard 12. That itself is an evidence enough to convey the astounding depth of attachment that I have with it. The upcoming few lines will be a concoction of memories and tons of emotions! So beware of the emotionally charged piece!

Tords fail me when I try to describe my walk down the memory lane at SPSEC. It is a well established fact that the environment of a child plays a very significant role in his/her development, for a child learns things at school consciously as well as subconsciously. A school and its environment create a deep impact on the mindset and the personality of a child. Naturally, having grown up here over a period of fourteen years, mentally, physically and emotionally, I can say with utmost certainty, I could not have gone to a better place to grow up in. Call it prejudice or something else, but that is the truth for me. *Not exaggerating*

I met absolutely amazing people here in the form of teachers and friends! Nothing makes me happier than to claim proudly that I am still in constant touch with the incredible bunch of friends I made here whom I can still vent out to without any second thoughts. I also happen to have the privilege of being taught by the most wonderful and supportive teachers of all. In fact, if I may just take the liberty of claiming that I found beautiful friends in a

few teachers themselves, who left no stone unturned to support me.

Even today, I distinctly remember the day I was given the first opportunity to anchor in Padmanjali by my teacher in Standard 8! I can and I am while I write this piece, recollecting with surprising clarity those first moments as an anchor before hundreds of people gathered at Lajpat Bhawan for Padmanjali on that fateful evening of 2nd February, 2009. It was pretty scary if you ask me. The spotlight did get to me; I did fumble a few times, and was left appalled at myself for letting the stage fear get to me. As I went backstage with my face hot with the horror of not being eloquent enough, I apologized fervently only to get motivated further and hear, "there's no problem at all.... It happens. You will learn!" I distinctly remember, those words had brightened my face up. After that, there was no looking back.

The surge of confidence that I received that day stays with me even today as I stand on the stage to anchor several formal/informal programmes, seminars and legal conferences at the city, state and national level.

What you take away from a school more than anything is the ability to deal with situations and people around you in the future, for the aforementioned reasons. Your knowledge along with a positive attitude equips you for smashing those curved balls that life throws at you. One thing I want people to understand is that education is not limited to concepts that you learn. If you learn at school to keep your environment clean and yet do not cringe from throwing away rubbish irrationally on streets, my friend you are not educated. A school can teach you concepts, not the WILL to implement them practically. The underlying point being, one needs to be receptive and willing enough to understand the core of values that we are taught. My mind gets jammed with countless memories trying to ooze out of my brain uncontrollably when I think of my school and dear readers what you have read here is not even a complete ounce of it!!!

Connecting the Dots...



Gazal Neb Class of 2013 Pursuing Neuroscience @University of Aberdeen, UK

A big Hello to all my Singhania mates! I hope you are enjoying and learning at the same time just as I did! Just recently, I was asked by one of my teachers to share my experiences in and out of SPSEC. Wow! I guess, I can write a whole book on it. It has been certainly a magical period of my life! Those of you who are in Class XII right now and are frantically searching for future possibilities, let me tell you I have also undergone the same predicament as you - I was also utterly confused, fiercely ambitious and a lot anxious! Hopefully, my story will help you write yours better.

PSEC has no doubt played a major role in shaping my life. The great spectrum of subjects and skill choices available in SPSEC broadened my vision and helped me perceive my career path. However, in an amusing way, it also made me susceptible to the infamous dilemma faced by all of us at some point of time - choosing the right option. Somehow, with the help of an excellent teachers and guide, I crossed the initial cobweb of decision making and pinned down my interest to Biomedical sciences. However, I was still not sure about studying medicine, as I was yet to discover the required emotional strength and perseverance in me. Besides, I was passionate about acquiring knowledge from anywhere and everywhere, I also wanted to develop my skills in writing and performing arts which I was not

ready to sacrifice. Therefore, I applied for universities that would give me the freedom to achieve academic excellence as well as let me follow my passion. My aim was also to get a taste of new cultures, meet people from different backgrounds and learn from their life experiences.

So, after a lot of applications, admission tests and visa procedures later, here I am at the University of Aberdeen, UK, pursuing a degree in Neuroscience with Psychology and Bio-business – a huge title to incorporate all the wide variety of subjects! My experiences have made me not only academically strong, but also a more aware and able person. Living independently has enhanced my confidence in ways I cannot describe enough. We don't realise how different the thought of doing something is from actually doing it! Simple activities like cooking, managing laundry, commuting to the right places alongside studying and extra-curricular activities in university is more difficult than one would imagine. Furthermore, living alone does give bouts of homesickness. But, moving past it, thriving in novel circumstances does wonders in sculpting a fearless and strong personality. Today, I am involved in a lot of activities in the university. As Neuroscience Representative of Psychology Society, I help organize educational events and stage shows with my team. I am one of the ten members of the organising committee for the famous Tedx Talk Show. Having been part of dance society since my first year, I now help teach a class and participate in the Annual Dance Show. I have been selected to participate and complete a programme in leadership development. Besides this, I am aiming for the first class degree and for that I am studying real hard. My Professor has also selected me for the Summer Research Grants in Genetics and Molecular Neuroscience.

I am in my fourth year and have a long way to go!

One important thing that I have learned through my experiences is that life moves in its own course alongside education and job. It is important to not let the pressure of performance consume us and take us away from enjoying what we love. I love studying neuroscience; therefore, I have fun doing it alongside other things that interest me.

Whenever I celebrate any milestone, I cannot help but wonder whether I would have been where I am, if I had not taken that journey through SPSEC. I attribute my achievements to all my teachers who taught me from Nursery to Class XII - for making me capable, stable and an independent young girl. I owe everything to my formative school years that shaped my beliefs, values, what I actually stand for.

And lastly to all my dear juniors, I would like to say that you are at the best place, a place synonymous to home and this is the best time of your life. Today it might seem just like an ordinary day at school but years later when you will look back, you will see an extraordinary memory. I hope you find all that you love and create a way to weave in your happy life.

Linking My Past with the Present



Dr. Shivanshu Misra Class of 2002 MBBS, MS

I would like to give a piece of advice to all my juniors, never compare your life with that of others. Many people may be better than you and many may not be any where near you. Always compete with your own

self, and try to do better than what you have done in the past. Be true to yourself and have faith in God, remember he is watching you from the heaven.

Don't give up.....SUCCESS MAY BE DELAYED, BUT IT WILL NEVER BE DENIED!!

It is an honour for me to write my fond memories; I carry with SPSEC. My journey with SPSEC started way back in 90's, when I joined the school in Standard I. Although the stint was only for about year and a half as I moved to the Gulf country, UAE, when my parents, both of them doctors decided to emigrate. Later I returned and joined SPSEC again and had the privilege of winding up my schooling days from here.

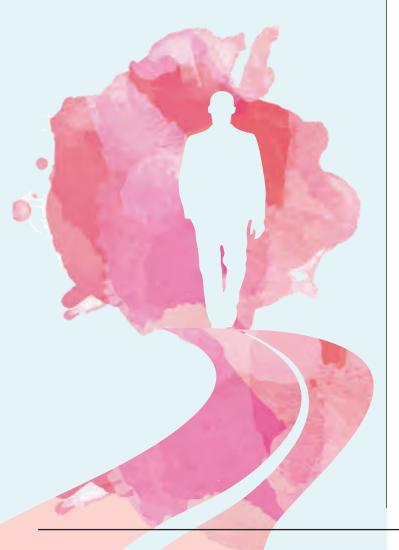
I joined the Biology section in Class XI, and pursued my studies under the guidance of the mentors who taught us that apart from the academics, the overall outlook a person bears and projects to the outer world is an amalgamation of his/her character, inner strength, inner peace and tranquility, the sound principles and steadfast goals that one dreams of.

I achieved the highest grades in the Biology section that year, in 2002, and thereafter got selected in almost all the Medical Colleges of India in the year 2003. I finished my MBBS and MS General Surgery from one of the oldest and most reputed colleges in India, Govt. Stanley Medical College, Chennai and took admission in Sir Ganga Ram Hospital, New Delhi to pursue my fellowship in Surgical Gastroenterology and Liver transplant, following which I worked in GB Pant Hospital, New Delhi.

In the year 2015, by God's grace, I secured First rank in the National Board of Examinations, and currently I am working as a Fellow in Advanced Minimal Access Surgery at Coimbatore, Tamil Nadu, at one of the best centres in the whole world for Minimal Access Surgery and Robotic Surgery.

Padamjyoti 2018-19

Whatever, I am today is due to God's immense blessings along with that of my parents, and teachers who have always believed in me and stood by me through the thick and thin. I strive to be of some good to the society and I pray to the Almighty at this moment, to give me enough strength and vision so that I remain unperturbed by success and failure!



Montage of Dreams



Harshil Misra Class of 2018 Pursuing Metallurgical Engineering@IIT Mumbai

Focusing on the harder facts now, you'll have to keep yourself updated till your last working day. Learning new things all your life!

artying every Saturday, with pals, living on your own just after Class XII, sounds fun, right? I assure you it isn't! I am currently pursuing my studies from Mumbai (Alas! the city of dreams), and have got saturated of all this stuff in just first two months of my stay. Now that I have realized 'getting' stuffs without earning them aren't worth it! You can go on partying on your Dad's bills, but that would just give you momentary happiness.

School life is amazing! It, apart from academics, cultures one's personality. That's possible only when you wish to change. For students choosing their career paths right now, they have just one aim: getting into the topnotch colleges of India likes IITs, BITS, IIITs, NIT, SRCC, LSR etc. But what are you going to do after you get into one? Search for another aim? Maybe have fun for a year and then give this a thought! It's very unlikely that you might be having an idea about the course you are going to pursue or its prescribed syllabus. Since I took engineering, I have the liberty to comment that most of you want to get into IITs or NIT just for the sake of their reputation. Students generally ignore their interests and follow the

crowd blindly. Most of you just want Computer Science Engineering! I am pretty sure you do not have heck of an idea what people study in the course and what they do afterwards. Yeah...I can hear answers like designing software, managing various systems, drafting an OS, or debugging programs. But how are these things going to help you? Have you ever given this a thought?

I suggest that you should first imagine where you want to see yourself in next 12 to 13 years and then calculate what you need to do to reach your goals.

In colleges, you don't get to study as systematically as you do in school. (Honestly, I'd enjoy studying that way if I ever got a chance!) You don't really understand the course material in the college; you just mug up the content, as you have very little time and you have a lot to cover! So choose subjects that you like, not because you are weak in the others or because your friends are opting for those subjects. Career choice is the most important decision that we have to make in our life. One wrong decision can leave us regretting all our lives.

Don't run for colleges. Think wisely, collect opinions, do your research and then decide what you wish to do in life. Remember, life is what you make it, not where circumstances lead you. Feel free to ping me up if you face any dilemma while choosing Humanities, Commerce or Science. I'll be glad if you counted my opinion before deciding!!

What the teacher is, is more important than what he teaches.

Karl Menninger

TEACHERS Write!



aaaah!waaaah! the operation theatre echoes with the cries of a new life, a tiny baby girl. Time for celebration for all, but, what is this? The fatigued and weak mother, who has not yet laid her eyes on her creation, is departing, leaving this helpless new born in the arms of a stranger. Days turned into weeks but still no claimants for this cute doll!

The baby soon won everyone's heart in the hospital with her ever-smiling face and happy-go-lucky temperament. In the blink of an eye four months passed, still no family member reported. The worried hospital authorities decided to go to the print media to seek assistance. Seeing the advertisement for the adoption of a baby girl, a desperate mother approached the doctor of the hospital. The doctor was thrilled. A nurse rushed to bring the little angel and handed her over to her 'mother'.

"My baby" was the mother's joyous reaction. With all the adoption formalities completed, the hospital staff, with misty eyes and choked throats, bid adieu.

Her mother named her Meera. Meera entered a new world. A world, where she had a family and relatives to take care of her! Meera was five years old now, but, what a prankster! Spilling flour in the storeroom and innocently coming and reporting about it to her mother was one of her many pranks. Lord Krishna's 'Meera' played the 'Veena', but this Meera deviated a little. She was always seen with a toy 'dholak' hung around her neck, tapping her feet and dancing to just any music. Realizing that Meera was fond of dancing her mother arranged a dance teacher for her. Within years she became a trained dancer.

Meera was the apple of her father's eye. Every incident, be it big or small, was narrated to him during bedtime. The father – daughter bond was immense and inseparable. One night her father complained of a headache. The doctor was called and her father was diagnosed with a 'brain hemorrhage' - a term that was completely alien for Meera. Unaware of its implications, the following day she left for school, satisfied that her dad was fine.

Two hours later, her cousin went to her school to take her back home. "What happened? Is Dad fine?" "Nothing Meera, it's just that uncle wanted to see you and that's why I am here." "Something is wrong," Meera kept repeating to herself all the way back home. A huge crowd had gathered outside her house, still Meera couldn't put two and two together. She entered her house only to see her mother wailing. Realization dawned upon her. Her dad had left for his heavenly abode! Her whole world came crashing down! She stood speechless, rooted to the ground. Her brain went numb. Her mother on seeing her, hugged her tightly, and then Meera broke down. For how long Meera lamented is hard to tell. But the audacious ten year old girl, on seeing her mother's miserable state, soon got hold of herself. Dad was gone, never to come back again. But not a night passed when this courageous girl's eyes didn't bathe in tears, the only witness to this, was her pillow. Her mother marveled at her 'brave daughter' who matured overnight.

Come what may, as they say, life must go on and so it did for Meera too. Now a teenager, Meera was ready to comprehend and face what her mother had to reveal. Lovingly holding Meera's hand, her mother said, "Meera I have to tell you something. You are not my daughter. You were adopted by me." Yet another thunderbolt! The truth left her perplexed. With tear stained eyes she asked the Almighty, "Not again God! Why me?" Composing herself she managed to ask meekly, "Who are my parents?" "The hospital authorities didn't disclose their identity. But you were and will always be my little baby." "I know Mom," replied Meera managing a smile, "But... please I want to be alone for a while."

Past years flashed back in her mind. "Not my real parents, yet look at the life they have given me! Incredible! Best of everything- be it education, clothes, food, lifestyle. 'Your wish is our command,' her parents' words kept ringing in her ears. "I am blessed, God, truly blessed. Thank you for everything!"

School finished, it was time for Meera to choose her career. Meera's friends made a beeline for teachers' training. But that was NOT Meera's cup of tea. "No way, not a teacher! Isn't being surrounded by teachers enough? Her mom, uncle, aunt all were Professors. I will opt for a professional course." Hence, she enrolled herself for a Management program, and went on to work for a Corporate. But the long and tedious office hours, made her family life uncomfortable and she soon realized her mistake. Teaching was the best job, she concluded. She wanted to balance her personal and professional life; hence, she completed her teachers' training and started her teaching career. The School job turned out to be not only a job, but a basket full of daily surprises and experiences. Each day was a new day for her now. Meera was a diligent worker, a learner who believed that one should never stop learning. (in retrospect, Meera feels she couldn't have been more delighted and satisfied elsewhere....)

All good things come to an end and so did Meera's professional career. It was time to say good-bye to her friends. On her first day, post her speech she had distributed pieces of cake for a sweet beginning. As it is said, history repeats itself; on her farewell too she served sweets to her fellow teachers.

Meera did not like to sit idle. She was all set to play her second innings. She now decided to pursue her passion, which had taken a back seat in all these years. Untiringly she worked, be it night or day, enjoying her handwork. The novel and unique masterpieces she created were highly appreciated by one and all.

Meera knew how to live her life. She had a mantra for happy life - 'Live Life to the Fullest' (which she followed undeterred) for who knows what the future holds for you? Enjoy every moment. Live in the present and keep smiling, come what may...



Ms. Neelum Saraya
Department of English

Let's have - A PEPTALK!!

Te can our make our lives simple by changing ourselves a bit. I guess none of us is a sadist who deliberately messes with others. But sometimes it gets really difficult to make an arrangement where we can dwell in a congenial ambience and lull. An ideal happy life seems to be a distant dream. Fighting with our loved ones creates a bugbear for us in all spheres of life, for our mind is not at peace and we are not at ease. (Oh my God, I just rhymed!!) Mental peace is divine. Only a placid mind can relish all bounties and ace all spheres.

If we are associated with a person who is fussy and can't keep his temper, learn not to react immediately. I know that it is not so easy to develop such an attitude. But trust me, if you love that person and want the relationship to survive, stop reacting and start responding! Follow the stringent rule of ignorance. Life will change for better and relationships will improve. Wait for the person to calm down and then broach the topic in good humour. Point out his fault in a composed manner without offending him. And yes, change the topic before the exchange of hot words. Be more systematic!!Plan things! Even if you have messed up, stay calm. Pray. Your positive vibes and faith will overcome all the obstacles and bridge the gap between you and your destination. Learn to be relaxed. There is nothing more precious than you.

Every time you are worried you lessen your chances of survival by exerting your brain as well as your heart. Besides, you also waste your precious minutes, each of which can be filled with sixty seconds of toil and laughter!! Have faith in Almighty! Don't carry that extra baggage of malice, anxieties and worries....LIFE IS BEAUTIFUL (Conditions apply)!!



Ms. Sameeksha BhatiaDepartment of Social Studies



indu traditions and rituals have always been termed as 'superstitions'. Common people associate these traditions with their religion and follow them faithfully without trying to find the logic behind them. But with the advent of science, it has become evident that these traditions are based on some scientific knowledge. This article is an attempt to bring forward the science involved in some of these traditions and rituals.

• 'Tulsi' (Basil) leaves should not be chewed with teeth

Hindus believe that Tulsi is the wife of Lord Vishnu; therefore, chewing it will be a mark of disrespect. However, botanists, in the course of their research, found that Tulsi plant has the maximum content of Mercury and Iron. Chewing these leaves, thus results in tooth decay and discolouration. That's why in Hindu religion, Tulsi leaves are not chewed but swallowed.

• Both palms should be joined together to greet others
In Hindu culture, people greet each other by joining their palms - termed as "Namaskar" to show respect.
However, scientifically speaking, joining both the palms ensures joining the tips of all the fingers together; which are the pressure points of eyes, ears, and mind. Pressing them together is said to activate the

pressure points which helps us remember that person for a long time. And, no germs are transmitted since we don't make any physical contact!

• Applying 'Tilak' on the forehead

On the forehead, between the two eyebrows, is a spot that is considered to be a major nerve point in human body since ancient times. 'Tilak' is believed to prevent the loss of "energy". The red 'kumkum' between the eyebrows is said to retain energy in the human body and control the various levels of concentration. While applying 'kumkum' both the mid-brow region and Agya Chakra (Ajna Chakra) are automatically pressed. This also facilitates the blood supply to the face muscles.

• We should ring the bell while praying

The bells in temples are made in such a way that when they produce a sound, it creates a unity in the left and right parts of our brains. The moment we ring the bell, it produces a sharp and enduring sound which lasts for the minimum of seven seconds in echo mode. The duration of echo is good enough to activate all the seven healing centres in our body. This results in removing all negative thoughts.

• Fasting during 'Navratras'

Fasting during the 'Navratras' or the nine days dedicated to Goddess Durga give enough time to the body to adjust and prepare itself for the changing season.

These fasts help people to cleanse their body of the toxins, gain positive energy, strengthen the will power and finally get ready for the challenges of the changed season.

• Start with spice, End with sweet

The significance of this eating practice is that while spicy things activate the digestive juices and acids, sweets or carbohydrates pull down the digestive process.

• Sitting on the floor and eating
This tradition is not just about sitting
on the floor and eating, it is regarding
sitting crossed legs i.e. in the
"Sukhasan" position and then eating.
"Sukhasan" position is actually a Yoga
asana. Eating food in this position helps
the circulatory system focus solely on digestion
and not on our legs that are dangling from the chair, it

hence improves our digestion.

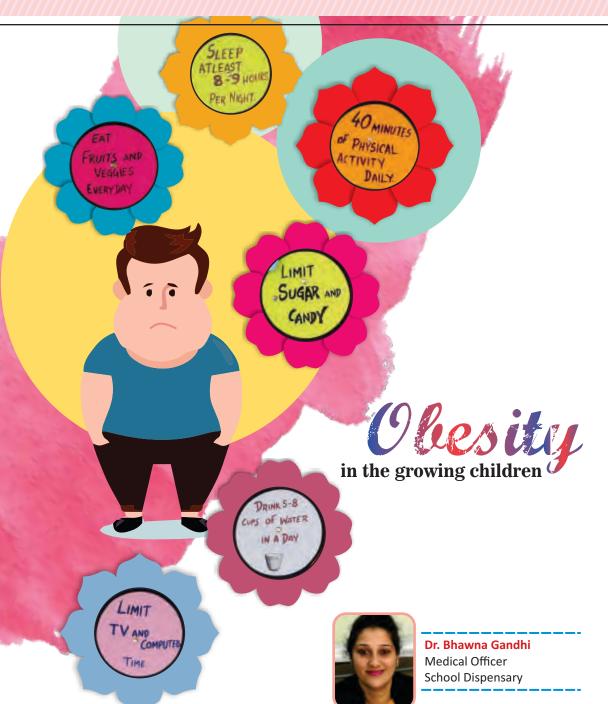
The Scientific explanation of touching feet (Charan Sparsh)

The nerves that start from our brain spread across our body. These nerves end in the fingertips of our hands and feet. When you join the fingertips of your hands with those of the feet of the other person, a circuit is formed and the energies of the two bodies are connected. Your fingers and palms become the 'receptor' of the energy and the feet of the other person become the 'giver' of the positive energy.

The generation today regards such age old traditions to be based out of pure beliefs. But scientifically speaking each of the rituals that we follow actually targets our well being. It's high time we need to realise that our forefathers were way more visionary and intelligent than what we are today!



Ms. Agnita Naha HoD, Science



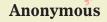
besity is a medical condition in which excess body fat accumulates to such an extent that it starts affecting the health of the children as well as adults adversely. Childhood and adolescent obesity has increased dramatically over the past two decades. Currently over 20% of the children are overweight and obese. National Health and Medical Research Council (NHMRC) has recently developed the clinical practice guidelines for the management of obesity in children and adolescents.

TIPS FOR PARENTS TO HELP THEIR CHILD DEVELOP HEALTHY EATING HABITS-

- There's no great secret to healthy eating. Make sure that the daily diet of your child is made up of plenty of vegetables, fruits and whole products.
- Choose lean meats, poultry, fish, lentils and beans for protein.
- Encourage your family to drink lots of water.
- Limit the consumption of sugar sweetened beverages and saturated fat.
- Children with obesity are at higher risk of having other chronic health conditions such as asthma, sleep apnea, bone and joint problems, Type-2 Diabetes etc.
- Children who are obese are likely to be obese as adults also. So, help your child maintain a healthy weight balance by balancing the calories your child consumes from food and beverages with the calories your child uses through physical activity and normal growth.
- Help kids stay active. Some examples of moderate intensity physical activity include brisk walking, playing tag, jumping rope, swimming, dancing etc.
- Discourage eating meals while watching television or while playing with electronic devices.
- Serve appropriate portion of food to the children, it should neither be too large nor too small.
- Don't reward the child for good behaviour with sweets or treats.
- Be a role model by eating healthy, exercising and building healthy habits in your daily life.

The goal for the children who are overweight should be to reduce the rate of the weight gain while allowing normal growth and development. Children should not be placed on a weight reduction diet without the consultation of health care providers. Remember, small lifestyle changes can make a big difference in your life!!

Behind every young child who believes in himself is a parent who believed first





If only I had that pair of eyes
That could show them the aftermath
To make them realise, ahead that
The future lies

With day and night diving in the showy ash
Of day's long work in which you remain involved
Since that Pal of yours dawned on you
And the so called key to your leisure had solved

Wake up before the life dusks
And it's too late to realise
O' the one Entrapped and Entangled
There still lies a hope, come- on rise and shine!

The mist engulfing you, within which you try to hide
Will surely vanish in some time
But the time and spirit gone tonight
Will be gone forever like a tide.



Get up before it's too late
Understand, there is also something beyond the sky
It's just the threshold, a gate
Visualize with eyes open wide

The angel above, who stands there Will again point to the other, so fair One sitting by you, in your room Your own mother, by your side

Be as gallant as you were And involve yourself in the tasks, little brother Which you had left undone when you could Threatened by the competitor, as he now rests

Get up and drink the nectar of your WILL
Post realising there's no Shortcut
To a Bright Future!



Mrs. Navpreet Kaur M/o Gurleen Kaur Saluja Class- XI F

The Power of Eve



aldev, the poor tenant farmer was more engaged in the worldly affairs than his own life, maybe this was because of the fact that he had always wished for a son but was blessed with three daughters. His wife died after giving birth to the third daughter, she was a good lady indeed but was always hated by her husband for giving birth to girls not to boys. Baldev used to live in a village named Kuppam. He did not like his daughters at all. One day, he picked up his girls, loaded them on his cycle and rushed in great speed to the neighbouring village and left the three girls at the gate of an orphanage.

The three girls started living there in peace. They were unaware of the fact that their father had abandoned them. The eldest girl was named Riddhi, the second one Siddhi and the third one was named Piddi. Next to the orphanage there was a school for girls. Both the orphanage and the school shared the same ground; the orphanage being poorly funded could not send its girls to the school. The three girls were very interested in studies, so during the break time of the school and during the games period they used to borrow books from the girls of the school and read them. The three girls were very intelligent and studied on their own. They amazed everyone by solving most of the problems given in the books. They used to study under the Banyan tree that stood in the middle of the school ground. Every day when they studied they were observed keenly by the guard of the school, Kumar Singh. He was a good and a kind hearted man. He decided to go to the Head of the orphanage, Mr. Thomson to talk about the three girls.

He asked him to send the three girls to school but Mr. Thomson bluntly refused and said, "If I will send one then what about others, they will also make the same request and I don't have enough funds to send them all to the school." Kumar was very disappointed and told Mr. Thomson that he will pay the fee of the school for the three girls. The three girls were thereafter sent to school on his insistence.

A large part of Kumar's salary started going into the education of the girls, but he was happy to see the change that had come in the lives of the talented little girls. He later spent all his savings and adopted the three girls. He took care of them as a father and gave them the love of a mother as well. When the three girls needed money for their further studies, Kumar sold his ancestral farm. The villagers pitied him and called him a fool but he did not give up and spent all that he had for the better education of the three girls.

The three girls worked hard and got a good job in a multinational firm; they were now independent and went abroad for better prospects but they did not forget their father, Kumar Singh. Every month they sent money for him and made sure that he lived comfortably. He was now a highly respected man and the owner of a mansion, huge enough for others to envy. He was no more called the 'Chaukidar'.

One day Baldev, the real father of the three girls, happened to pass by the beautiful mansion of Kumar Singh. He thought to himself, "I wish I also had a son then I would have been as wealthy as Kumar Singh". Foolish Baldev!! He still wanted a son! He had no idea that this mansion actually belonged to the three girls whom he had left in the orphanage.

His mindset was still the same and that's why his condition was also the same, he was still poor and alone with no one to take care of him. He failed to understand that it is not a boy or a girl who can change your life or situation but your open minded and optimistic view of life. Had he taken care of his daughters and accepted them with open arms, he would have been happier....



Mrs. Nisha Katiyar M/o Nancy Katiyar Class - XI E

Reflections of a other

y association with SPSEC has been for twelve long and blissful years. I've seen my daughter and my son grow as a part of this school. This institution has imbued a sense of responsibility, incessant knowledge and humility in their attitude for which I express my gratitude. A school lays the foundation for a child's future but, I feel that it is also our parenting that impacts their life. It is a double-edged sword that we parents wield and we must know how to use it for the greater good of our children.

All our lives we try to do what's good for our child. We try to know their best interests. But sometimes we seem to fail. After a certain age we are unable to comprehend them and if it persists then it can sunder them from us. This happens because we begin to see their world with our eyes. We try to impose our thoughts upon them. We expect them to follow our definition of what is correct and what is not. Of course I am not asking you to encourage them to engage in malpractices and shenanigans so don't get me wrong! (remember we are handling "a double-edged sword")

It is paramount that we hear them out too and try to give them the space they deserve. It is okay to know about their proclivities and day-to-day activities but do not pry, for which a generation of trust between both the parties is entailed. However, parenting also means making hard choices and telling bitter truths. Parenting is like balancing all that this world has to offer to your child and knowing when to say 'NO' and when to say 'YES'. Don't let the scales tip in the wrong direction.

And I am sure that I am not the first one to tell you to focus on WHAT your child is learning instead of focusing on HOW much he or she is scoring in his tests! Don't ask them to become what YOU want them to be rather tell them to decide what THEY want themselves to be. After all, we can channelize their thoughts but not control their choices. So, respect what they choose to be. Even if they take up naïve decisions, don't say, "I told you"! Don't place yourself above them but make a place for yourself amongst them.

In the end, you might find yourself asking this: Did I fulfill my responsibilities of a good parent? I agree it is not easy to know the answer to this question. Even I don't know!! The answer can be given, only by our children... I believe that when it comes to our children, we should try to get off on the right foot, so that we can help our children do well in life!!



Mrs. Nimish Agarwal M/o Akshat Agarwal Class - IX F

I gave you life, but I cannot live it for you, I can give you directions, but cannot be there to lead you. All I can I do for you, is love you unconditionally and that I will do eternally....

Role of arents

in Teaching the Value of 'Kindness' to their Kids

arents are saddled with the difficult task of raising tiny humans. These tiny humans learn all kinds of things from their parents. The most important thing that they learn from their parents is how to treat other people. Raising a child who is considered "kind" may seem easy, but many parents can tell you that it's not always the case. "Grades and other accomplishments matter, but most of us would agree raising kind kids is what matters the most. If we spend our days drilling math facts and chauffeuring our kids to "enrichment activities," it begs the question: What are we prioritizing the most—and why?"

I read an article by the Harvard psychologists few days back and felt the urge of sharing it with the other parents who want to imbibe the value of kindness in their children. Here are the following ways pinpointed by the Harvard Psychologists -

1. BE THEIR ROLE MODEL

During their formative years, children are going to be looking at you as a role model. To raise a child that is kind, it's especially important to know how to be "kind" yourself. "Being a role model doesn't mean that we need to be perfect or have all the answers. It means grappling with our flaws, and acknowledging our mistakes,." Being honest with your child is one of the best ways to be a good role model. Children learn their values and how to interact with the world from their parents.

2. TEACH YOUR CHILDREN TO BE EMPATHETIC

When you're teaching your child how to interact with the world, it can be hard for you to imagine how they see things. Children have all the same kind of emotions and feelings that adults have. However, they're not fully prepared to express them yet. When you teach your child by using empathy, you can show them how to care for and connect with other people. This connection involves being able to feel what other people feel. "Unfortunately, selfie culture is not helping our children grow their highest or happiest selves. Studies show that the more we connect to others, the happier we are. So we need to make sure we are spending more time looking out, rather than looking at, our own selfie."

3. MAKE CARING FOR OTHERS IMPORTANT

As humans, we often make caring for ourselves the most important thing. And sometimes, that's what we need to do to get through life. However, making caring for others an important part of their life will teach your children how to reach out to other people.

"With guidance from adults and practice, young people can also become effective "upstanders" or "first responders."" states the study from Harvard University. Show your children that caring for others is important to you, and you will no doubt raise a child that thinks of others before himself and works hard to make sure that he's being his best every day.

4. HELP THEM PROCESS THEIR EMOTIONS

Not all emotions are fun. Some emotions, like anger and frustration, can be difficult for children to understand. When children become upset, they need to be taught how to deal with those feelings. Children who aren't taught tend to lash out physically – hitting, kicking, and screaming. That kind of behaviour doesn't

make for a "kind" child at all. Children need our help in learning to cope with these feelings in productive ways," add Harvard psychologists. Children need to learn that it's okay to feel unpleasant emotions, but also how to handle them and let them go.

5. PRAISE ONE ANOTHER CONSISTENTLY

"The power of words that are mindful can't be overstated. Words can inflame or inspire. The diplomacy you teach will allow your kids to be heard in the future. It also feeds a gentler narrative in their head." – Dr. Robin Berman

Praise and consistency are keys to raising a child who is emotionally well-rounded as well as kind. Kindness comes from practice, and all practice requires consistency. When your child does something kind, make sure you recognize and acknowledge it. Praise them for their kindness, so that they know that they're on the right track. Parents should make use of these words frequently - I love you, I'm proud of you, I'm sorry, I'm listening... Kindness is something that children have to learn like manners, empathy, please, thank you, right and wrong. Learning kindness becomes way easier when their parents are on board and know the right ways to instill kindness into their children. Don't be afraid to make mistakes! Just know how to correct them because your child is always learning.



Mrs. Smrity Malhotra M/o Kartik Malhotra Class - V E

Twish to emulate...



Subhash Chandra Bose

"....for the sacrifices he made to make India a free nation. He sacrificed not only his promising career as an ICS officer but also his personal comforts and family for fulfilling his dream of making India free from British rule."

Abhinav Bhattacharya Class - XII F



Amitabh Bachchan

'.....for his never say die attitude and his hard work. He is a knowledgeable person who knows how to deal with a situation and connect with the common man."

Harsh Nowal Class - XII B



Rani Lakshmi Bai

....for her bravery and unflinching quest for honour, along with her willingness to do anything for her motherland!

Ishika Sinha Class - XII A



Barack Obama

"....for his exceptional leadership qualities that helped him to successfully lead his country. His work ethics, inherent ability to inspire and his humility!"

Chirag Tolani Class - XII G



Iustin Trudeau

'.....for his ability to make bold decisions. Under the backdrop of numerous terrorist threats to many neighbouring countries, he has allowed the entry of immigrants into his country sans restrictions."

Dashmeet Kaur Class - XII B



Payal Jangid

"....at 14 she escaped child slavery and became an advocate for education. She taught that it's important to take charge!"

Ananya Khare Class - XII E

"Twelthies"









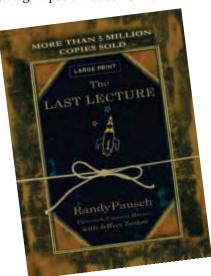
BOOKITES

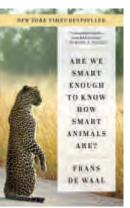
If you don't like to read, you haven't found the right book!

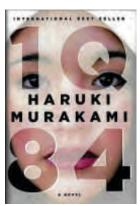
- J. K. Rowling

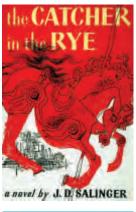
BOOK SLICE

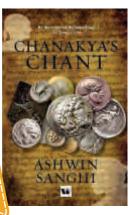
he Last Lecture is a New York Times best-selling book co-authored by Randy Pausch —a professor of Computer Science, Human-Computer Interaction, and Design at Carnegie Mellon University, Pennsylvania and Jeffrey Zaslow of the Wall Street Journal. The book was born out of a lecture Pausch gave in September 2007 entitled "Really Achieving Your Childhood Dreams", after he discovered he had pancreatic cancer. This moving book goes beyond the now-famous lecture to inspire readers to live each day with purpose and joy. The text is both inspiring and powerful. Pausch tells life stories that illustrate such themes as dreaming big, hard work, perseverance, sacrifice, self-confidence, modesty, courage, a positive outlook, and dealing with adversity. All who read this book will find themselves not wanting it to end, as story after story, we get a glimpse of Pausch's life

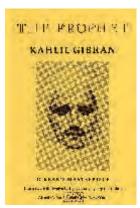


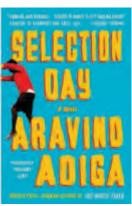




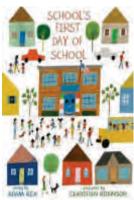




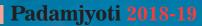


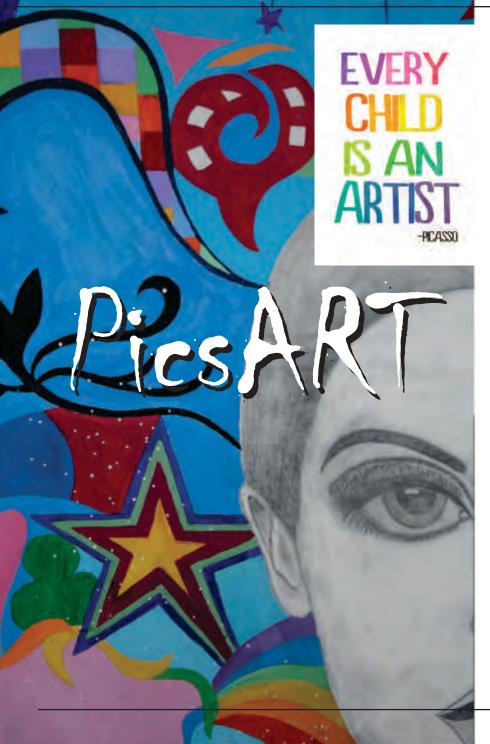






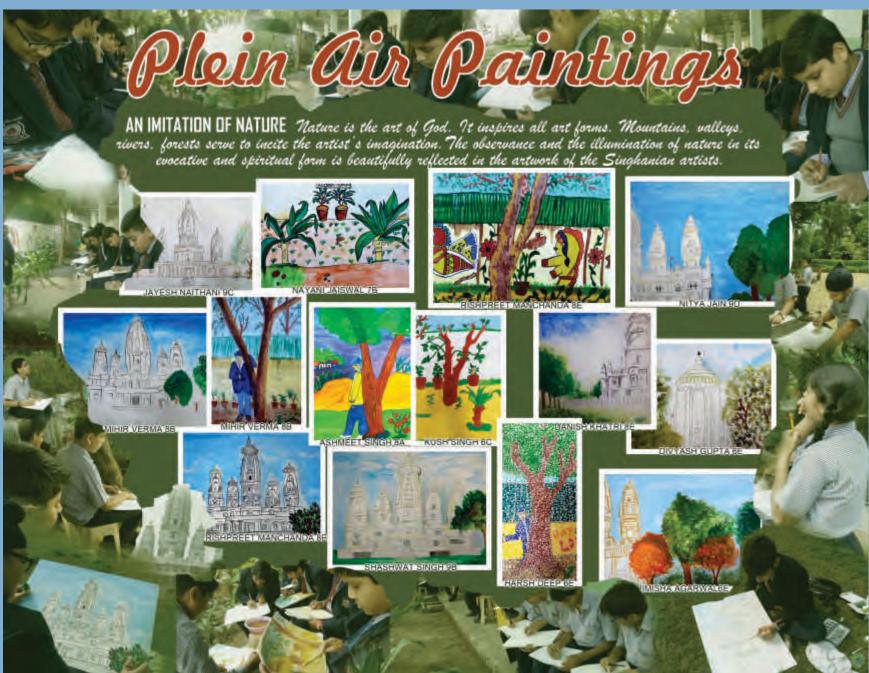


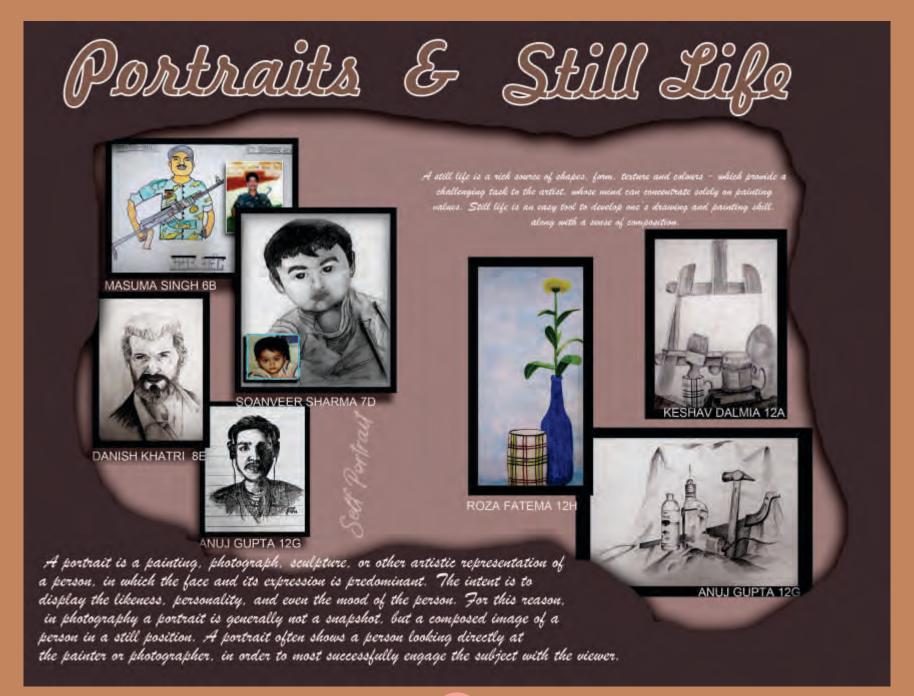








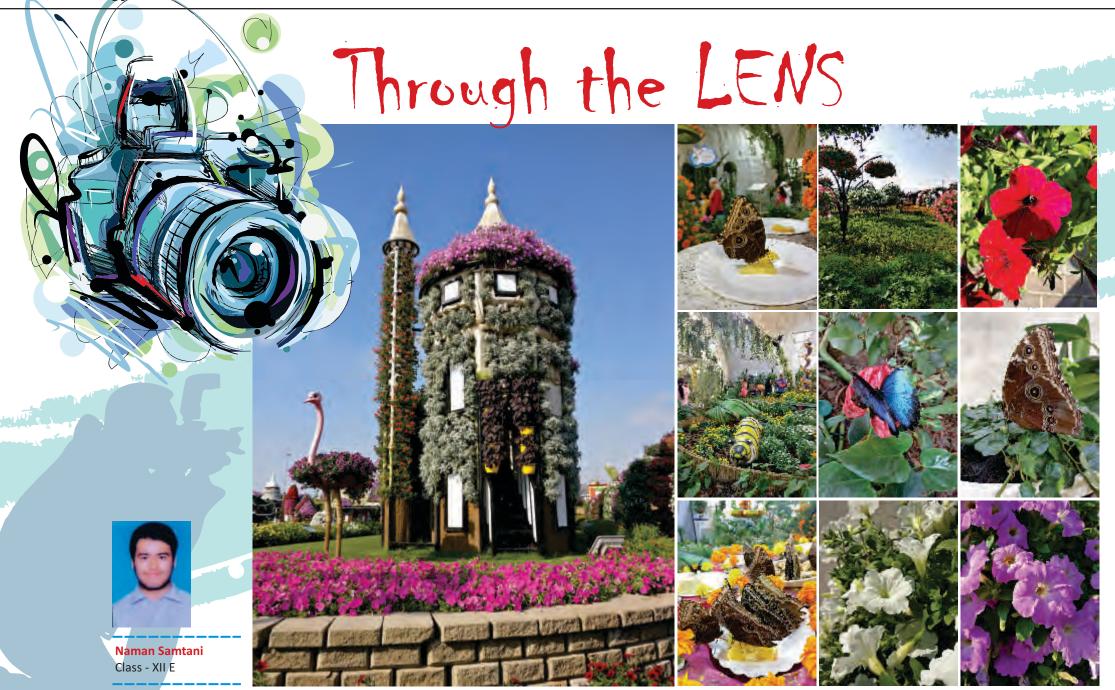


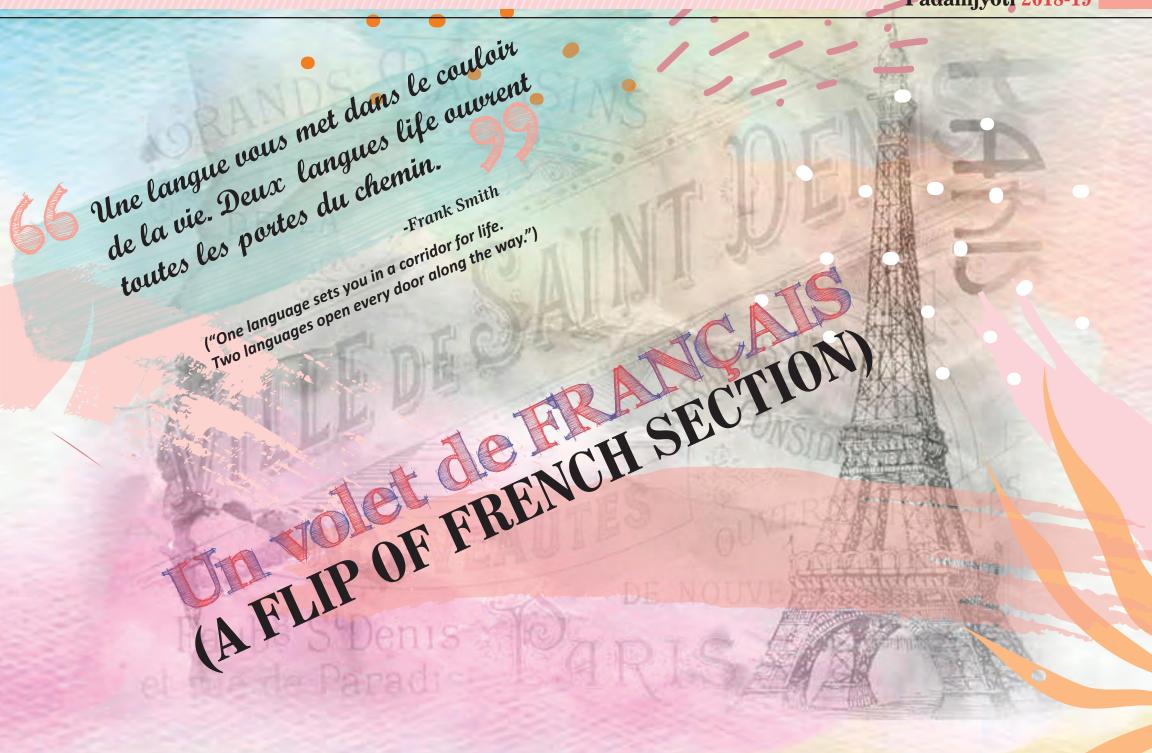




Craft works enrich the experiences of the children, and help them to develop positive attitude towards the school and life, and think beyond the formal education. Crafts like soft toy making, carpet weaving etc. help the children to understand the meaning of their imagination and learn to express their vision.

These activities also enhance their individual craftsmanship, giving them exposure to various types of craft and art. This way they also learn life skills which is an add on to what they will achieve in life outside their comfort zone.





Le - Bonjour De Neige Elise

Ie voudrais un bonhomme de neige Oh viens jouer avec moi Tu te caches on ne se voit plus Dis que fais tu? Tu n'es plus vraiment toi Nous étions sœurs et amies Mais c'est fini I'aimerais savoir pourquoi Ie voudrais un bonhomme de neige Oui s'il te plaît un bonhomme de neige Va-t'en Anna Pense à moi Je voudrais un bonhomme de neige Ou faire du vélo dans la cour Je suis une fille en manque de compagnie Je parle aux murs et à ces portraits qui m'entourent Salut Jeanne D'arc Ie suis seule et je m'ennuie Tu restes de glace Et moi j'attends que les heures passent Je voudrais un bonhomme de neige Oh viens jouer avec moi...



Translation

THE HELLO OF WINTERS

Elise
I would like a snowman
Oh come play with me
You hide you are not seen
anymore
Say what are you doing?

You're not really you anymore
We were sisters and friends
But it's over I would like to know
why

I would like a snowman
Yes please a snowman
Go away Anna Think of me
I would like a snowman
Or ride a bike in the yard
I am a girl in need of company
I'm talking about the walls
and the portraits that surround
me

Hi Jeanne D'arc
I am alone and bored
You are left of ice
And I wait for the hours to pass
I would like a snowman
Oh come play with me ...



Geet Rajdev Class - V A

J'aime Ma Professeur

Lecture automatique vidéo suivante I'aime ma prof Il est plein de vie J'aime ma prof Il ne provoque pas de conflits J'aime ma prof Car il est plein de lumière I'aime ma prof Il est toujours brillant J'aime ma prof Car il ne se bat pas Et j'aime mon prof Car il me dit de regarder du côté brillant. Lecture automatique vidéo suivante I'aime ma prof Il est plein de vie J'aime ma prof Il ne provoque pas de conflits I'aime ma prof Car il est plein de lumière J'aime ma prof Il est toujours brillant J'aime ma prof Car il ne se bat pas Et j'aime mon prof Car il me dit de regarder du côté brillant.



Translation

I LOVE MY PROFESSOR

I love my teacher
He is full of life
I love my teacher
He doesn't cause any strife
I love my teacher
For he is full of light
I love my teacher
He is always bright
I love my teacher
For he doesn't get in a fight
And, I love my teacher
For he tells me to look on the
side that's bright.



Suhani Arora Class - V D

Basic Introduction in French, Salutations

Bonjour.

Comment ça va?

Ça va très bien, merci. Et vous?

Ça va, merci. Comment vous appelezvous ?

Je m'appelle Pat, et vous ? Comment vous appelez-vous ?

Je m'appelle Dominique.

Enchanté(e), Dominique.

Enchanté(e), Pat.

Et vous venez d'où, Dominique?

Je viens de France. Je suis français(e).

Ah, vous êtes français(e). Je viens des États-Unis. Je suis américain(e).

Ah, vous êtes américain(e). Vous venez d'où exactement ?

Je viens de Boston. Je suis étudiant(e).

Ah, vous êtes étudiant(e). Moi, je suis professeur, professeur d'anglais.

Ah, vous êtes professeur d'anglais ? Vous parlez anglais ?

Oui. Et vous parlez français ?

Translation

GREETING

- Hello.
- How's it going?
- It's going very well, thank you. And you?
- Yes, it's going ok, thank you. What's your name?
- My name is Pat, and you? What is your name?
- My name is Dominique.
- Nice to meet you, Dominique.
- Nice to meet you, Pat.
- And where are you from, Dominique?
 Lam from France, Lam
- I am from France. I am French.
- Oh, you're French. I am from the United States. I am American.
- Oh, you're American. Where are you from exactly?
- I'm from Boston. I am a student.
- Oh, you're a student. Me, I'm a teacher, an English teacher.
- Oh, you're an English teacher? You speak English?
- Yes. And you speak French?



Shubhi Shukla Class - V C

Ma Ville Kanpur

Ma ville Kanpur est une ville technologi quement avancée avec beaucoup de découvertes et d'innovations. Il figure comme la 5ème plus grande ville de l'Inde. C'est la capitale industrielle de l'Inde. Il est situé à 44 km de Delhi et à 80 km de Lucknow. C'est avant tout une ville industrielle. Kanpur est bien connu pour les industries du coton, de la rayonne, des métaux et du cuir. Il abrite de grands centres commerciaux, des centres commerciaux et des boutiques de rue, ce qui en fait un lieu idéal pour les touristes. Il a un certain nombre de destinations touristiques. En outre, il abrite de nombreux établissements d'enseignement, écoles et écoles d'ingénieurs, ce qui en fait le meilleur endroit pour un avenir brillant pour les étudiants.

Les temples Shri Radhakrishnan, ISKON, Allen Forest, le parc thématique Blue World, le thème de la baleine bleue ne sont que quelques-unes des destinations touristiques les plus attrayantes. Rejoignez le temple de verre, le temple ISKON et le temple Dwardhiskhan sont quelques-uns des sites religieux populaires de ma ville. C'est la meilleure ville de l'Uttar Pradesh à vivre.



Translation

MY CITY KANPUR

My city Kanpur is a technologically advanced city with a lot of discoveries and innovations. It features as the 5th biggest city in India. It is the industrial capital of India. It is located at 44km from Delhi and 80 km from Lucknow. It is primarily an industrial town. Kanpur is well known for cotton, rayon, metal and leather industries. It houses big malls, shopping center, and street shops thus it is a perfect place for tourists. It has a number of tourist destinations. Also, it houses many educational institutions, schools, and engineering colleges, thus it is the best place for students for their bright future. Shri Radhakrishnan temple, ISKON temple, Allen Forest zoo, Blue World Theme Park, blue whale theme are just a few of the most attractive tourist destinations. Join glass temple, ISKON temple and Dwardhiskhan temple are some of the popular religious site in my city. It is the best City in Uttar Pradesh to Live.



Anandita Vishnoi Class - VIII E

J'aime mon école

l'étudie au centre éducatif SIR PADAMPAT SINGHANIA. C'est ma première année dans ma nouvelle école. Mais je connaissais cette école par le biais de ma sœur. C'est donc comme une deuxième maison pour moi. Depuis le jour de mon arrivée à cette école, le bonheur est toujours mon meilleur ami. J'ai tellement appris en peu de temps que j'ai l'impression que les enseignants sont des miracles. Les étudiants étaient également très sympathiques et serviables. J'ai toujours vécu tous les moments de cette école. Cette école m'a fait découvrir qui je suis vraiment. Je dois tout à mon école. Il y a tellement plus à apprendre. Chaque jour est un nouveau jour et une nouvelle aventure avec une nouvelle lecon dans cette école. Mon école est un très bel endroit où je vais tous les jours. l'étudie et joue à l'école. Notre école commence par une prière le matin et nous portons tous un uniforme. Mon école m'apprend la discipline et le respect. On nous apprend à faire preuve de respect envers nos professeurs et nos aînés. Mon école est un endroit très propre et hygiénique. Il est situé dans un environnement agréable entouré d'arbres et de pelouse. J'apprécie mon trajet à l'école avec mes amis et mes professeurs. J'aime beaucoup mon école et j'attends tous les jours avec impatience d'aller à l'école. (Court essai) :



Suhani Kapoor Class - VIII B

Translation:

I LOVE MY SCHOOL

I am studying at SIR PADAMPAT SINGHANIA EDUCATION CENTRE. It's My First Year in my New School But I was knowing this school through my sister So it's like a second home for me. Since the day I arrived at this school, happiness is always my best friend. I learned so much in a short time that I feel teachers are miracles. The students were also very friendly and helpful. I have always lived all the moments in this school. This school made me find who I really am. I owe my school everything. There is so much more to learn. Every day is a new day and a new adventure with a new lesson in this School. My school is a very beautiful place where I go every day. I study and play at school. Our school starts with a prayer in the morning and we all wear a uniform. My school teaches me discipline and respect. We are taught to show respect to our teachers and elders. My school is very clean and hygienic place. It is located in a pleasant environment surrounded by trees and lawn. I enjoy my ride to the school with my friends and teachers. I love my school very much that I eagerly await every day to go to school. (Short essay)It is the best City in Uttar Pradesh to Live.

Relations Indo-Français

Dès les années 1980, la France souhaitait donner plus de poids à ses relations avec l'Inde. La France parie sur l'émergence stratégique, diplomatique et économique de l'Inde et soutient fermement les demandes de l'Inde dans plusieurs domaines stratégiques: siège permanent au Conseil de sécurité des Nations Unies, meilleure participation aux décisions prises dans les enceintes internationales (telles que le G8 et le G20 élargis), accès à la coopération nucléaire civile.

- I. Relations politiques
 Coopération nucléaire civile
 Coopération de défense
 Coopération antiterroriste
 Coopération spatiale
 Cybersécurité / coopération numérique
 Police étrangère
 Au niveau régional
 Combattre le changement climatique
- II. Relations économiques
- III. Coopération culturelle, scientifique et technologique

Les principales exportations indiennes vers la France sont les suivantes: machines et appareils mécaniques, machines et équipements électriques, produits chimiques organiques, véhicules autres que les matériels roulants de chemin de fer ou de tramway, textiles et articles textiles, réacteurs nucléaires, chaudières, chaussures, combustibles minéraux, huiles, articles en cuir andgems & bijoux.



Shreyansh Tiwari Class - VII E



Translation:

INDO-FRENCH RELATIONS

I From the 1980s, France wanted to give more weight to its relations with India. France is betting on the strategic, diplomatic and economic emergence of India and strongly supports India's demands in several strategic areas: permanent seat in the United Nations Security Council, better participation in decisions taken in international for a (such as the enlarged G8 and G20), access to civil nuclear cooperation. I. Political relations Civil nuclear cooperation Defense cooperation Anti-terrorism cooperation Space cooperation Cyber security / digital cooperationForeign police At the regional level Combat climate change II. Economic relations III. Cultural. Scientific and Technological Cooperation The main Indian exports to France are: machinery and mechanical appliances, machinery and electrical equipment, organic chemicals, vehicles other than railway or tramway rolling stock, textiles and textile articles, nuclear reactors, boilers, footwear, mineral fuels, oils, leather goods and gems & jewelry.

POROQUE FRANÇAIS? Advantages of Learning Foreign Languages



La langue. Raisons pour lesquelles vous devriez apprendre une langue étrangère. Augmente la puissance cérébrale. ... Améliore la mémoire. ... Améliore la capacité à effectuer plusieurs tâches à la fois. ... Affine l'esprit. ... Garde l'esprit plus vif plus longtemps. ... Améliore la prise de décision. ... La première langue est améliorée. ... Améliore les performances dans d'autres domaines académiques. Cela rend une personne plus flexible et ouverte à d'autres cultures. Les langues étrangères élargissent les perspectives de carrière.

Translation:

THE LANGUAGE

Reasons why you should learn a foreign language.

 $Boosts\ brain\ power.\ ...$

Improves memory. ...

Enhances the ability to multi-task. ...

Sharpens the mind. ...

Keeps the mind sharper for longer. ...

 $Enhances\ decision\text{-}making.\ ...$

The first language is improved. ...

Improves performance in other academic areas.

It makes a person more flexible and open to other cultures.

Foreign language expands career potentials.



Tanish Mishra Class - VIII A

Bienvenue En France WELCOME TO FRANCE

France Pays d'Europe La description

La France, en Europe occidentale, englobe les villes médiévales, les villages alpins et les plages de la Méditerranée. Paris, sa capitale, est réputée pour ses maisons de mode, ses musées d'art classique tels que le Louvre et ses monuments tels que la Tour Eiffel. Le pays est également réputé pour ses vins et sa cuisine sophistiquée. Les dessins rupestres de Lascaux, le théâtre romain de Lyon et le vaste château de Versailles témoignent de la richesse de son histoire.

Capitale: Paris

Population: 6,71 crores (2017) Banque mondiale

Langues officielles: français, basque

Gouvernement: République, Etat unitaire, Système semi-présidentiel, République

constitutionnelle

Devises: Euro, Franc CFP







Translation:

FRANCE

Country in Europe

Description

France, in Western Europe, encompasses medieval cities, alpine villages and Mediterranean beaches. Paris, its capital, is famed for its fashion houses, classical art museums including the Louvre and monuments like the Eiffel Tower. The country is also renowned for its wines and sophisticated cuisine. Lascaux's ancient cave drawings, Lyon's Roman theater and the vast Palace of Versailles attest to its rich

history.

Capital: Paris

Population: 6.71 crores (2017) World Bank Official languages: French, Basque

Government: Republic, Unitary state, Semipresidential system, Constitutional republic

Currencies: Euro, CFP franc



Aakriti Srivastav Class - VIII A

Sports Favoris De France

FAVOURITE SPORTS OF FRANCE

La France, comme beaucoup de pays, a un goût prononcé pour les sports populaires tels que le rugby, le football et le basketball. Le cyclisme est également un sport très suivi, avec de nombreuses personnes en France faisant du vélo son passe-temps. Bien que la France pratique et organise divers sports et jeux, les sports les plus populaires sont le football, le tennis et le cyclisme.



Translation:

FAVOURITE SPORTS OF FRANCE

France like many countries has a taste for popular sports such as Rugby, Football and basketball. Cycling is also a very well followed sport, with many people in France cycling as a hobby. Although a variety of sports and games are played and hosted by France, the most popular sports there are football, tennis, and cycling.



Girja Seth Class - VI A

Monument Famous de France

FAMOUS MONUMENTS OF FRANCE



La Tour Eiffel, en français, a été la principale exposition de l'Exposition universelle de Paris de 1889. Elle a été construite pour commémorer le centenaire de la Révolution française et démontrer les prouesses industrielles du monde français. L'histoire derrière la Tour Eiffel: En 1885, la planification de l'exposition internationale, ou exposition universelle de 1889, avait pour but de célébrer le centième anniversaire de la Révolution française et de la naissance de la démocratie. Les Français souhaitaient qu'un impressionnant monument soit construit pour célébrer la grandeur de la France

Translation:

FAMOUS MONUMENTS OF FRANCE

The Eiffel Tower, La Tour Eiffel in French, was the main exhibit of the Paris Exposition — or World's Fair — of 1889. It was constructed to commemorate the centennial of the French Revolution and to demonstrate France's industrial prowess to the world.

The Story Behind the Eiffel Tower: In 1885 planning had begun for the International Exposition, or World's Fair of 1889, which was intended to celebrate the 100th anniversary of the French Revolution and the birth of democracy. The French wanted an impressive monument to be built to celebrate the greatness of France.



Prachi Chauhan Class - VI A



e De France

Le royaume de France médiéval est issu de la partie occidentale de l'empire carolingien de Charlemagne, connu sous le nom de Francia occidentale, et acquiert une notoriété croissante sous le règne de la maison de Capet, fondée par Hugh Capet en 987.La plupart des gens associent la culture française à Paris un centre de mode, de cuisine, d'art et d'architecture, mais la vie en dehors de la ville lumière est très différente et varie d'une région à l'autre. ... Historiquement, la culture française a été influencée par les cultures celtique et galloromaine, ainsi que par les Francs, une tribu germanique. Les Français observent 11 jours fériés officiels. 5 d'entre elles sont des fêtes civiles (Jour du Nouvel An, Jour de Mai, Jour de la Victoire en Europe, Le Jour de la Bastille et l'Armistice 14-18) et 6 ont une origine religieuse basée sur la foi catholique (Lundi de Pâques, Ascension, Lundi de Pentecôte, Assomption, Toussaint et Noël). Culture, étiquette et coutumes. ... La France Profonde est un terme utilisé pour décrire les aspects de la culture française en France rurale qui ne sont pas présents dans des zones urbaines telles que Paris. Le terroir est une expression appliquée aux produits régionaux, à l'origine du vin et du café. Au cours de cette période, le catholicisme avait pris racine en France en tant que religion dominante. Le christianisme représente aujourd'hui entre 63 et 66% de la population totale, les catholiques romains représentant 83% des chrétiens, 14% des protestants et le reste des juifs, des luthériens et des catholiques réformés. Historiquement, la culture française a été influencée par les cultures celtique et gallo-romaine ainsi que par les Francs, une tribu germanique. La France a d'abord été définie comme la région occidentale de l'Allemagne connue sous le nom de Rhénanie, mais elle a fini par désigner un territoire connu sous le nom de Gaule à l'époque du fer et à l'époque romaine

Translation:

CULTURE OF FRANCE

The medieval Kingdom of France emerged from the western part of Charlemagne's Carolingian Empire, known as West Francia, and achieved increasing prominence under the rule of the House of Capet, founded by Hugh Capet in 987. Most people associate French culture with Paris, which is a center of fashion, cuisine, art and architecture, but life outside of the City of Lights is very different and varies by region. ... Historically, French culture was influenced by Celtic and Gallo-Roman cultures as well as the Franks, a Germanic tribe. The French observe 11 official public holidays. 5 of them are civil holidays (New Year's Day, May Day, Victory in Europe Day, Bastille Day and WWI Armistice Day) and 6 have a religious origin based on the Catholic faith (Easter Monday, Ascension Day, Whit Monday, Assumption Day, All Saints' Day, and Christmas). Culture, Etiquette & Customs. ... La France Profonde ("Deep France") is a term used to describe the aspects of French culture in rural France that are not present in urban areas such as Paris. Terroir is an expression applied to regional produce, originally wine and coffee. During that period, Catholicism had taken root in France as the dominant religion. Christianity today account for between 63-66% of the total population with the Roman Catholic accounting for 83% of all Christians while 14% are Protestantsand the rest are Jews, Lutherans, and Reformed Catholics. Historically, French culture was influenced by Celtic and Gallo-Roman cultures as well as the Franks, a Germanic tribe. France was initially defined as the western area of Germany known as Rhineland but it later came to refer to a territory that was known as Gaul during the Iron Age and Roman era.



Pavani Mehan Class - VI A

Empereur de France

Napoléon III - Le président Louis-Napoléon Bonaparte, élu par le peuple français, devient officiellement Napoléon III, empereur des Français, à compter de la date symbolique et historique du 2 décembre 1852. Son règne se poursuivit jusqu'au 4 septembre 1870, après sa capture à la Bataille de Sedan pendant la guerre francoprussienne. Dernier monarque: Napoléon III Résidence: Palais des Tuileries, Paris Premier monarque: Napoléon I Prétendant (s): Jean-Christophe Napoléon.



Translation:

EMPEROR OF FRANCE

Napoleon III - President Louis-Napoléon Bonaparte, elected by the French people, officially became Napoleon III, Emperor of the French, from the symbolic and historic date of 2 December 1852. His reign continued until 4 September 1870, after he was captured at the Battle of Sedan during the Franco-Prussian War. Last monarch: Napoleon IIIResidence: Tuileries Palace. ParisFirst monarch: Napoleon IPretender(s): Jean-Christophe Napoléon.



Harshdeep Singh Kohli Class - VI E

L'Armée de France



The French Army, officially the Ground Army to distinguish it from the French Air Force, Armée de l'Air or Air Army, is the land-based and largest component of the French Armed Forces. It is responsible to the Government of France, along with the other four components of the Armed Forces.

Size : 117,000 active plus 15,750 reserves

Major Général de l'Armée de Terre: French Army Deputy Chief

: Honneur et Patrie: "Honour and Fatherland" Motto

: 26 May 1445, Louppy-le-Château, France Founded

Engagements: World War II, American Revolutionary War, MORE

Subsidiaries : 1st Army Corps, 2nd Army Corps

The French Army, officially the French Air Force, Air Force or Air Army, is the land-based and largest component of the French Armed Forces. It is responsible for the Government of France, along with the other components of the Armed Forces. Size: 117,000 active plus 15,750 reserves Major General of the Army:

French Army Deputy Chief Motto: Honor and Fatherland: "Honor and

Fatherland" Founded: 26 May 1445, Louppy-le-Château, France

Commitments: World War II.

American Revolutionary War, MORE Subsidiaries: 1st Army Corps, 2nd

Army Corps



Deepansh Srivastav Class - VI B

Des festivals en France



Festival de cerf-volant de Berck Sur Mer. Fête du citron de Menton. Festival (s) d'Avignon. Le 14 juillet à Paris, le 14 juillet. Festival de Cannes. Beau carnaval. Chorégies d'Orange. Festival Médiéval de Sedan. 10 festivals français que vous voudrez vivre au cours de votre vie • Festival du film de Cannes. Quand: habituellement en mai. Où: Cannes (Sud de la France) ... • Jour de la Bastille. Quand: le 14 juillet ... • Fête de la musique. Quand: le 21 juin. ... • Festival d'Avignon. Quand: juillet ... • Carnaval de Nice. Quand: février ... • Rock en Seine. Quand: dernière semaine d'août. ... • Paris Quartier d'été Quand: juillet à août. ... • Les Chorégies d'Orange. Quand: août

Translation:

FESTIVALS OF FRANCE

Top 10 festivals in France. Berck Sur Mer Kite Festival. Menton Lemon Festival. Festival(s) of Avignon. Bastille Day in Paris – July 14. Cannes Film Festival. Nice carnival. Chorégies d'Orange. Festival Medieval de Sedan.10 French Festivals You'll Want to Experience in Your Lifetime

- Cannes Film Festival. When: usually in May. Where: Cannes (South of France) ...
- Bastille Day. When: 14th of July. ...
- Fête de la Musique. When: 21 June. ...
- Festival d'Avignon. When: July. ...
- Nice Carnival. When: February. ...
- Rock en Seine. When: last week of August. ...
- Paris Quartier d'été When: July to August. ...
- $\bullet \ \ Les \ Chor\'egies \ d'Orange. \ When: August.$



Aaditri Verma Class - VII B

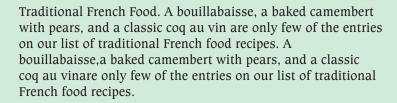


La Cuisine FOOD OF FRANCE



The French enjoy escargots (snails) cooked with garlic and butter, roast duck, and rabbit.

- Baguette (French Bread)
- Baguette Sandwich.
- Soupe à l'Oignon Gratinée (Onion Soup)
- Croque-Monsieur (Ham and Cheese Sandwich)
- Quiche au Saumon et Crevettes (Salmon and Shrimp Quiche)
- Mousse au Chocolat (Chocolate Mousse)



A typical French lunch will consist of: a starter (une entrée), such as a mixed salad, soup, some terrine or paté. A main course, (le plat principal), typically a choice ofmeat or fish, with potatoes, rice, pasta and/or vegetables; a cheese course (often a selection of local cheeses) and/or a dessert.

pot-au-feu dish

Pot-au-Feu. France is one of the modern culinary capitals of the world. But it's the rustic pot-au-feu dish – a winter-long stew made with steak, vegetables, and spices – that's still widely regarded as the must-try national dish.



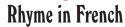


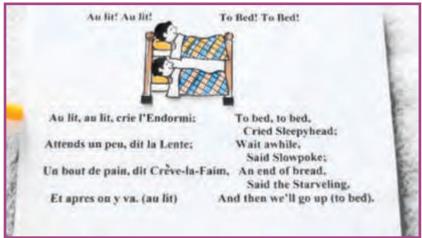
Akshat Rungta Class - VII A

Comptines en Français



Sashi Singh Class - VI C





Dates Importantes De La France



Gayatri Kedia Class - VI D

Important date of France

The important dates

- May 5th, 1789: the General States open in Versailles
- June 17th, 1789: the National Assembly
- June 20th, 1789: the " jeux de paume "
- July 9th, 1789: the National Assembly becomes constituent
- July 14th, 1789: storming of the Bastille: prison which represented absolutism
- August 11th, 1789: civil and fiscal decree of legality
- August 26th, 1789: statement (declaration) of the human right and the citizen
- September 3rd, 1790: 1st French Constitution
- September, 1792: 1st Republic



Enseignement obligatoire en France. Bien que l'enseignement en français soit obligatoire pour les enfants résidant en France âgés de six à 16 ans, de nombreux enfants entrent à l'âge préscolaire à l'âge de trois ans et plus de 50% des Français âgés de 18 à 21 ans suivent un enseignement supérieur à temps plein. Les matières enseignées à l'école primaire sont divisées en trois groupes principaux: français, histoire, géographie et études civiques; mathématiques, sciences et technologie; éducation physique et sport, bricolage et musique. Les élèves doivent porter des uniformes du primaire au secondaire supérieur. Cependant, quelques écoles privées reposent sur le système français et n'exigent pas que l'élève porte l'uniforme. Enseignement des langues dans les écoles françaises. L'éducation en France comprend l'enseignement de deux à trois langues étrangères jusqu'à la fin des études secondaires. Ils peuvent choisir entre l'anglais, l'allemand, l'espagnol, l'italien, le portugais et d'autres encore.

Translation:

EDUCATION IN FRANCE

Compulsory education in France. Although French education is compulsory for children resident in France between the ages of six and 16, many children enter preschool at the age of three and more than 50 percent of 18–21 year olds in France are in full-time higher education.

The subjects taught at primary school are divided into three main groups: French, history, geography and civic studies; mathematics, science and technology;

physical education and sport, arts and crafts, and music. The students have to wear uniforms from primary school until higher secondary level. However, there are a few private schools that are based on the French system and do not require the student to wear school uniform. Language teaching in French schools. Education in France includes the teaching of two to three foreign languages until the pupils end secondary education. They can choose among English, German, Spanish, Italian, Portuguese and some more.



Abhishek Srivastav Class - VII A "हिन्दी उन सभी गुणों से अलंकृत है जिनके बल पर वह विश्व की साहित्यिक भाषाओं की अगली श्रेणी में समासीन हो सकती है। "

— शष्ट्र किन भैथिली शश्ण गुप्त

सम्पादक :-डॉ आशा शर्मा डॉ आकाँक्षा गौड़ हिन्दी विभाग



वाणी वन्द्रना

हे हंसवाहिनी ज्ञानदायिनी!

अभ्ब विमल मृति दे! अभ्ब विमल मृति दे!

जग सिरमौर बनाएँ भारत,

वह बल विक्रम दे!!

जीवन त्थाग तपोमय कर दे,

संयम, सत्य, स्नेह का वर दे

स्वाभिमान भर दे! स्वाभिमान भर दे!!

हे हंस वाहिनी ज्ञानदायिनी!

अभ्व विमल मृति दे! अभ्व विमल मृति दे!!

संदेश



श्रीमती मनोरमा गोविन्दहरि सिंहानिया (Chairperson) विद्यालय पत्रिका 'पद्मज्योति' ज्योति की ज्वलन्त प्रतीक है। स्वर्णिम प्रगति का एक और वर्ष पूर्ण हुआ! एक सफलतम वर्ष ! उपलब्धियों भरा वर्ष ! "सर्वोत्तम विद्यालय" का गौरवशाली उपहार देकर गौरवान्वित करता हुआ वर्ष! "इन्टरनेशनल स्कूल अवार्ड" से निरन्तर तीन वर्षों तक सम्मानित किया जाना अपने आप में एक गरिमामय इतिहास है। जिसे विद्यालय के योग्यतम शिक्षकों के कुशल नेतृत्व और प्रतिभावान बच्चों ने लिखा है। हमारे विद्यार्थी अपनी विलक्षण प्रतिभा से देश— विदेश में विभिन्न उच्च पदों पर आसीन विकास में अपना गहन योगदान दे रहे हैं।

बच्चों! एक आदर्श नागरिक बनने के लिए विनम्रता, अनुशासन, परोपकार, राष्ट्रसेवा बुजुर्गों एवं परम्पराओं के प्रति श्रद्धा भाव तथा त्याग आदि गुणों का होना आवश्यक ही नहीं अनिवार्य भी है। उत्साह, साहस और समर्पण विद्यार्थियों को निश्चित ही बड़ी सफलता दिलाने वाले मानक हैं। मेरे सभी विद्यार्थी अत्यन्त ऊर्जावान व सुसंस्कारों से सम्पन्न हैं। विजय श्री सदैव इनका अनुगमन करे — मेरी यही कामना है। इन विशिष्ट योग्यताओं से सम्पन्न होने के लिए विद्यार्थी स्वयं सतत प्रयत्नशील रहें — और ज्ञान वर्द्धक पुस्तकों का निरन्तर अध्ययन करें। विद्यालय में आयोजित सांस्कृतिक कार्यक्रमों और खेलकूद में तत्परता पूर्वक भाग लें, जिससे उनके व्यक्तित्व का सम्पूर्ण विकास हो तो प्रगति का मार्ग स्वतः प्रशस्त होगा। हमारी विद्यालय पत्रिका 'पद्मज्योति' एक ऐसी मशाल है जो विद्यार्थियों को सृजनात्मकता के प्रकाश से आलोकित करती है। हमारे नवोदित किव, लेखक, कहानीकार अत्यन्त प्रशंसा के पात्र हैं। उनके मौलिक विचार, उनकी रचनात्मकता और तार्किक क्षमता को दर्शाते हैं। आपके समग्र प्रयासों से देश व समाज की उन्नति हो, राष्ट्र का अभ्युदय हो। इस कार्य में भगवान द्वारिकाधीश जी की अनन्त शिक्त और शांतिदायिनी छत्र छाया आपकी सहायता करे; — और आपका मार्गदर्शन करे! यही मेरा संदेश है।

विद्यालय की आधार शिला में चेयरमैन सर कर्मयोगी श्री गोविन्द हिर जी सिंहानिया के जो स्वप्न समाहित हैं, उन्हें आप साकार करें ! आप मनस्वी, तपस्वी, ओजस्वी और यशस्वी बनें! इन्हीं शुभ कामनाओं के साथ —

श्रीमती मनोरमा गोविन्दहरि सिंहानिया

"आज के टेक्नालॉजी और प्रौद्योगिकी के युग में संस्कारों को सुरक्षित रखना एक बहुत बड़ी चुनौती है, जिसे स्वीकार करते हुए विद्यालय बालकों के चहुँमुखी विकास के लिए संकल्पबद्ध है।"

सम्पादकीय



"संस्कारी शिक्षा का लाभ जन जन तक पहुँचे" सर पद्मपत जी सिंहानिया के इस स्वप्न को साकार करने के लिए उनके सुपुत्र कर्मयोगी श्री गोविन्द हिर जी सिंहानिया द्वारा साढ़े तीन दशक पूर्व श्री राधाकृष्ण के चरणों में इस विद्यालय की स्थापना की गई जो नित नवीन कीर्तिमान स्थापित करता चला आ रहा है। भगवान श्री द्वारिकाधीश जी की अनुकम्पा और गुणवत्ता पूर्ण संस्कारी शिक्षा से यह सर साहब के विचारों और चेयरमैन सर श्री गोविन्द हिर जी के विज़न का मूर्तरूप बन चुका है। इसकी शानदार उपलब्धियाँ परिश्रमी व प्रतिभावान विद्यार्थियों, विनम्र व समर्पित शिक्षकों एवं कर्त्तव्यनिष्ठ अभिभावकों की त्रयी का कमाल है। हमारे श्रेष्ठ पूर्वज जानते थे कि राष्ट्र निर्माण में शिक्षा का महत्त्वपूर्ण स्थान है अतः समाजसेवा में समर्पित उन्होंने इस ओर अपना सम्पूर्ण हृदय केन्द्रित किया। विगत पैंतीस वर्षों में विद्यालय ने डॉक्टर, इंजीनियर, सी.ए, सी.एस, आई.ए. एस. अनिगत सफल व्यवसायी व कुशल खिलाड़ी दिए हैं, जो राष्ट्र निर्माण में अपना अनवरत योगदान दे रहे हैं।

आज के टेक्नालॉजी और प्रौद्योगिकी के युग में संस्कारों को सुरक्षित रखना एक बहुत बड़ी चुनौती है, जिसे स्वीकार करते हुए विद्यालय बालकों के चहुँमुखी विकास के लिए संकल्पबद्ध है। ऐसा उन्नत इन्फ्रास्ट्रक्चर और दस एकड़ का विशाल क्षेत्रफल सभी आवश्यक और आधुनिक सुविधाओं से लैस है। 'संस्कारों की फसल लहलहाती रहे — इस ओर हमारा विशेष ध्यान इसलिए है तािक हमारे बच्चे 'विश्वमानव' बनें।' वसुधेव कुटुम्बकम्' और 'तेन त्यक्तेन भुंजीथाः जैसे आदर्शों का बीजारोपण नितान्त अबोध अवस्था से ही करने के लिए हम सजग और तत्पर रहे हैं। चैरिटी डे, वृद्धाश्रम व अनाथालयों में सतत सहायता के कार्यक्रम हमारे इसी संकल्प के प्रतीक हैं। विद्यालय में संचालित 'दिशा संस्था' द्वारा आस — पास के अभावग्रस्त परिवारों को शिक्षा, वस्त्र, खिलौने व आवश्यकता की अन्य वस्तुएँ उपलब्ध करवा कर सहभागिता व समाज कल्याण का विनम्र प्रयास हम आरम्भ से ही करते आ रहे हैं।

विद्यालय एक ओर तो विज्ञान व कम्प्यूटर की अधुनातन प्रयोगशालाओं द्वारा विद्यार्थियों के वैज्ञानिक दृष्टि कोण का विकास कर रहा है तो दूसरी ओर कला और संगीत द्वारा उनकी आत्मा को परिपुष्ट कर रहा है। क्रीड़ा विभाग उनके शारीरिक सौष्ठव को तो निखार ही रहा है, उनकी ऊर्जा का भी समुचित सदुपयोग कर रहा है। विद्यार्थी विद्यालयीय, अन्तर्विद्यालयीय एवं अन्तर्राज्यीय प्रतियोगिताओं में झंडे गाड़ रहे हैं।

विद्यालय पत्रिका का नवीन अंक आपके हाथों में है! इस वातायन में बैठ कर उपर्युक्त सभी तथ्यों के प्रमाण आपको सहज ही मिल जाएँगे कि किस प्रकार वे आसमान को छू रहे हैं और –

किसमें जुर्रत है हमारी उड़ान को रोके?

हम परों से नहीं हौंसलों से उड़ते हैं!

पत्रिका के आलेख, कविताएँ, कहानियाँ, लघुकथाएँ, चुटकुले व पहेलियाँ हमारी नवोदित प्रतिभाओं के नन्हें प्रयास हैं; उन्हें उन्हीं के स्तर पर आकर समझें और प्रोत्साहित करें। उनकी उपलब्धियाँ हमारा गौरव हैं और आपका आशीर्वाद व सहयोग हमारी आकांक्षा!

बड़े सनेह लघुन्ह पर करहीं।

गिर निज सिरनि सदा तृन धरहीं।।



आशीर्वचनावली

(विद्यालय के वार्षिकोत्सव २०१८ के शुभ अवसर पर चेयरपर्सन श्रीमती मनोरमा गोविन्द हरि जी सिंहानिया के उद्गार..)



जय श्रीकृष्ण !

उपस्थित मुख्य अतिथि महोदय, Parents, और मेरे प्यारे बच्चों!

आज विद्यालय के वार्षिकोत्सव के शुभ अवसर पर उपस्थित सभी अतिथियों का मैं हार्दिक स्वागत करती हूँ, विशेषकर मुख्य अतिथि श्री सुभाष चन्द्र जी, किमश्नर कानपुर का ! हमारे समक्ष विराजमान हमारी विशिष्ट अतिथि श्रीमती किंजल सिंह, वाइस चेयरमेन, के0डी0ए0 का भी मैं 'पद्मांजलि' कार्यक्रम में हार्दिक अभिनंदन करती हूँ जिन्होंने इस कार्यक्रम में उपस्थित होकर हमें कृतार्थ किया।

पिछले 36 वर्षों से लगातार अपनी उपलब्धियों में चार चाँद लगाता हुआ हमारा विद्यालय चेयरमेन साहब श्री गोविन्द हिर जी सिहांनिया के सपनों को साकार कर रहा है। तभी तो Education World Magazine के द्वारा अपने विद्यालय को 'नम्बर वन स्कूल' पुरस्कार से सम्मानित किया गया है। बच्चों के कारण ही हमें यह Position हासिल हुई है। यह स्कूल मेरा नहीं हमारा है। हमारे बच्चे ही हमारे कर्णधार हैं जिनके कड़े परिश्रम से स्कूल आगे बढ़ता जा रहा है। मैं Parents, Teachers और बच्चों को उनके सराहनीय प्रयास और समर्पण के लिए बधाई देती हूँ। हमें यह पुरस्कार Academic Excellence, Competent Faculty, Sports Education, Extra Curricular Activities और Infrastructure आदि की श्रेष्ठता के कारण प्रदान किया गया है, जिसमें बच्चों के माता—पिता की अहम भूमिका है। परन्तु हमारी मंजिल यह नहीं है, यह तो हमारी उपलब्धियों की झलक भर है। हमें तो पूरे देश में सर्वश्रेष्ठ स्कूल का खिताब पाना है।

यदि माता—पिता हमारे साथ इसी प्रकार कंधे से कंधा मिलाकर चलते रहें तो अवश्य शीघ्र ही यह उपलब्धि हमारे नाम होगी। आप जानते हैं किसी भी देश व समाज के विकास में तीन लोगों की अहम भूमिका होती है — माता—पिता और शिक्षक! चौथे सहयोगी और सेवक के रूप में मैं स्वयं आपके सामने हूँ। मैं चेयरमेन साहब के विजन को साकार करने के लिए अपना उत्तरदायित्व सम्भाल रही हूँ। आप भी अपना कर्त्तव्य पूरा कीजिए, ऐसा मेरा विनम्र आग्रह है। मैं मानती हूँ कि समाज को सुन्दर और संस्कारी बनाने में शिक्षकों की अहम भूमिका होती है। बच्चों को जिस प्रकार का प्रशिक्षण, प्रोत्साहन व संस्कार मिलता है वे वैसा ही काम करना सीख जाते हैं। आइए, इस महायज्ञ में हम अपनी—अपनी भूमिका बड़ी लगन और कड़ी मेहनत से पूरी करें।

मैं जानती हूँ कि हर बच्चे की यही अभिलाषा होती है कि वे इस दुनिया में कुछ करके दिखाएं। Apple Company के को—फांउडर स्टीव जाब्स का उदाहरण आपके सामने है। उसे जिसको कि कम्प्यूटर बिल्कुल नहीं आता था : बस एक दृढ़ संकल्प और दूर दृष्टि से उसने अपनी गेराज में ही कम्प्यूटर का व्यवसाय शुरू किया और सबको पीछे छोड़ दिया। 1985 में Apple से निकाल दिए जाने पर वे हताशा के दौर से गुजर रहे थे फिर भी अपने काम को अंजाम तक पहुँचाने में जुटे ही रहे।

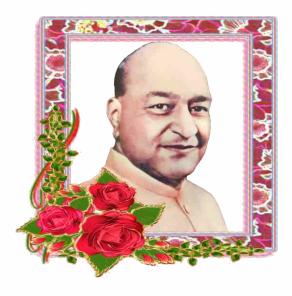
उन्होंने अकेले ही कुछ अपने Products बनाए और फिर वो प्रसिद्धि पाई कि Apple को उन्हें पुनः वापस लेना पड़ा। उनके बनाए I-phone, I-pad इत्यादि विश्व प्रसिद्ध उत्पाद हैं। उनकी लगन, परिश्रम और समर्पण का यह पाठ हमारे बच्चों के लिए आदर्श बने, ऐसी मेरी इच्छा है। आखिर विजेता कुछ अलग थोड़े ही करते हैं बल्कि वे तो उसी काम को एक अलग ढंग से करते हैं और छा जाते हैं।

इस वर्ष हमने Annual Function की theme चुनी है 'रंग' क्योंकि रंग जीवन को पूर्ण बनाते हैं। हमारा जीवन भिन्न-भिन्न रंगों से बना इंद्र धनुष ही तो है जिसमें अनेक रंग भरे हुए हैं। हम इन बच्चों के जीवन में करूणा, प्रेम, मधुरता, हास्य, दया, सहानुभूति और खुशी के रंग भरने की कोशिश कर रहे हैं, साथ ही साथ कड़े परिश्रम का चटक रंग भरना भी नहीं भूले हैं ताकि आगे चल कर ये समाज को भी इन्हीं रंगों में रंग दें। इन्हीं शब्दों के साथ मुझे किव केदार नाथ जी की कुछ पंक्तियाँ याद आ गईं —

तन हो सुन्दर , मन हो सुन्दर सबका हो समग्र जीवन सुन्दर वाणी मीठी गायन सुन्दर! हो सबसे अधिक प्रगति सुन्दर!! कृष्ण — राम के वंशज ये, बनें ज्ञान गुण सागर हों इस सोने की चिड़िया के! इन्द्र धनुष अतिसुन्दर

हमारे बच्चों का जीवन इसी तरह मधुरता और सुन्दरता से भरे तथा वे स्कूल का नाम रौशन करें। अब मैं माननीय मुख्य अतिथि महोदय के प्रति पुनः आभार व्यक्त करती हूँ जिन्होंने अपने व्यस्त कार्यक्रम से समय निकाला और बच्चों का उत्साह वर्धन किया। उनके सहयोग और प्रोत्साहन से हम प्रगति के नए शिखर छूने में अवश्य सफल होंगे। इसी आशा के साथ —

धन्यवाद ! जय श्रीकृष्ण



हमारे प्रकाश स्तंभ

(अपने पूर्वजों का इतिहास जाने बिना और अपने आदर्श मार्गदर्शकों को पहचाने बिना मला हम अपनी परम्परा, ज्ञान, विज्ञान और बड़ी—बड़ी उपलब्धियों को कैसे जान सकते हैं ? नहीं जानेंगे तो उस गौरव का अनुभव हमें कैसे होगा ? जिस पर हमारा जन्मसिद्ध अधिकार है। गौरव की अनुभूति प्रचंड आत्मबल जगाती है, अपूर्व आत्मविश्वास का सृजन करती है इसलिए नई पीढ़ी को अपने बुजुर्गों के अमूल्य योगदान से अवगत करवाने की भावना से इस लेख का सृजन किया गया है। यों भी हम सब जिस विद्यालय परिवार के सदस्य हैं, उस परिवार को पूर्णतया जानना हमारा पुनीत कर्तव्य है।)

डा. आशा शर्मा विभागाध्यक्ष हिंदी

सर पद्मपत जी सिंहानिया

''कुछ लोग थे कि वक्त के साँचे में ढल गए कुछ लोग थे के वक्त के साँचे बदल गए''

हमारे विद्यालय के संस्थापक गोलोकवासी सर पद्मपत जी साहब वक्त के साँचे को बदल देने वाले महापुरुष थे। सिंहानिया घराना देश की जिस औद्योगिक प्रगति का पर्याय बना, उसके कर्णधार सर साहब ही थे। मात्र सोलह वर्ष की आयु में पिता लाला कमलापत जी के साथ उन्होंने जे. के. स्पिनिंग एवं वीविंग कॉटन मिल की स्थापना क्या की कि फिर पीछे मुड़ कर नहीं देखा। उन्होंने अपने अथक प्रयासों से जे. के. समूह को भारत में तीसरे स्थान पर ला खड़ा किया और फिर तो इसका 'लोगो' तथा नाम उत्कृष्टता एवं विश्वसनीयता का प्रतीक बन गया। उनके मन में राष्ट्र के प्रति पूर्ण समर्पण की भावना थी। देश के भविष्य को उज्ज्वल बनाने हेतु वे चाहते थे कि शिक्षा के माध्यम से बालकों में उत्तम संस्कारों का सिंचन किया जाए! भारतीय संस्कृति के स्वरूप को अक्षुण्ण बनाए रखने के लिए, जिसे पहले ही अंग्रेज बहुत हानि पहुँचा चुके थे, वे उसे शिक्षा के माध्यम से सुधारने को कृतसंकल्प थे। आधुनिक युग की चुनौतियों का सामना करने के लिए एक ऐसे विद्यालय की आवश्यकता थी, जो वैज्ञानिक दृष्टिकोण को विकसित करने के साथ—साथ धार्मिक व संस्कारवान नागरिकों का निर्माण कर सके। हमारा विद्यालय उन्हीं के सपनों व सिद्धातों का प्रतिफल है। उनका विचार था कि बहुमुखी शिक्षा से संपन्न व कर्मठ नागरिक ही भारत को पुनः 'जगद्गुरु' के पद पर प्रतिष्ठित कर सकते हैं। उनकी विचारधारा निजी जीवन और पारिवारिक प्रगति तक ही सीमित नहीं थी। वे ''वसुधैव

कुटुम्बकुम्" का आदर्श लेकर चले थे। इसलिए उन्होंने उद्घोष किया कि यह संपत्ति श्री द्वारिकाधीश जी की है और वे इसके ट्रस्टी मात्र हैं। इस पर जे. के. समूह के छोटे से छोटे कर्मचारी और बड़े से बड़े अधिकारी का समान रूप से अधिकार है। यह उन्हीं के परिश्रम से अर्जित की गई है, उन्हीं की है।

सर साहब ने जन कल्याण को सदा सर्वोपिर रखा। वे सही अर्थों में महामानव थे। परतंत्र भारत में कानपुर को 'पूर्व के मेनचेस्टर' की उपाधि उन्हीं के प्रयासों से प्राप्त हुई। भारत के इतिहास में सर साहब का नाम स्वर्णाक्षरों में सदा जगमगाता रहेगा। सचमुच ऐसे नररत्न दुर्लभ हैं, जो खास और आम सबका ही समान रूप से प्रेम और आदर प्राप्त कर सकें। उन्होंने वह राह बनाई, वे पदचिहन स्थापित किए, जो आने वाली पीढ़ियों के लिए महानता का पथ प्रशस्त करेंगे।

'है वही श्रेष्ठ इस जग में जो अपनी राह बनाता है, कोई चलता पद चिह्नों पर, कोई पद चिह्न बनाता है।

कर्मयोगी श्री गोविन्द हिर सिंहानिया

(भूतपूर्व चेयरमैन) श्रद्धेय चेयरमैन सर श्री गोविन्द हरि जी सिंहानिया



धरा आगमन— 19 मार्च, 1937 गोलोकवास— 2 अक्टूबर, 2014

हे! परमात्म रूप पुण्यात्मा, सदा आपका वन्दन है। शुभ जन्मदिवस पर हे श्रद्धेय! अभिनन्दन है। विद्यालय परिवार का आज जन जन आनंदित है। अम्बर ने दिया अर्ध्य पवन बहुत ही हर्षित है। स्वागत और बधाइयाँ लेकर हम उत्सुक व उद्यत हैं। परहितार्थ आप थे दीप बने, पाकर प्रकाश गर्वोन्मत्त हैं। गंगाकुटी थी धन्य हुई दिन आज आपको पाकर धन्य लेखनी हुई हमारी गुण आपके गाकर।।

हमने वो नक्शे पा छोड़े हैं जमीं पर, के हमारे बाद जमाना हमें याद करेगा !

श्रद्धेय श्री गोविंद हरि जी उन विरलतम उद्योगपितयों में है, जिन्होंने उद्योग जगत के साथ— साथ शिक्षा व समाज कल्याण को सामान रूप से प्राथमिकता दी। वह विद्यालय को राष्ट्र सेवा की प्रथम इकाई और गुणवत्ता पूर्ण शिक्षा को समाज की उन्नित का मेरूदंड मानते थे। वह एक ऐसे कर्मयोगी थे, जिन्होंने कोटि — कोटि सकल्पों को मूर्त रूप दिया। वे बहुमुखी प्रतिभा के धनी थे। उन्होंने जीवन में अकल्पनीय ऊँचाइयों को छुआ!

जे. के. समूह के विशाल साम्राज्य की देखरेख, समाज सेवा, धार्मिक कार्यक्रमों का आयोजन, इंटैक के अध्यक्ष के रूप में प्राचीन धरोहरों की रक्षा जैसे अनेक महती कार्यों को एक साथ करते हुए उन्होंने अपने बहुआयामी व्यक्तित्व का परिचय दिया। सर पद्मपत सिंहानिया एजुकेशन सेण्टर, जे. के. एजुकेशन फाउंडेशन, जे. के. बिज़नेस स्कूल गुरुग्राम, सांस्कृतिक संस्था 'कलानयन' के संरक्षक आदि पदों पर कार्य करते हुए उन्होंने शिक्षा व कला की अनवरत दीर्घकाल तक सेवा की। एसोचैम, आई. आई. टी, आई सी. सी., रोटरी क्लब कानपुर वेस्ट आदि के उत्थान में उन्होंने महत्वपूर्ण योगदान दिया और अथक परिश्रम करते हुए उनका स्वरूप न केवल निखार दिया अपितु बदल भी दिया।

उन्होंने यू. एस. ए., जर्मनी, फ्रांस, यू. के., इटली, स्विटजरलैंड, सिंगापुर, यू. ए. ई., हांगकांग, मलेशिया, नॉर्वे, जापान, इज़राइल, चीन, कैनेडा, थाईलैंड, कोरिया आदि देशों की यात्राएं कीं तथा उनसे व्यापारिक व सांस्कृतिक संबंध स्थापित किए। माननीय गोविंद हिर जी अपनी कुल परंपरा से ही धर्म व अध्यात्म से अनुप्राणित थे। भगवान द्वारिकाधीश के चरणों में गहन अनुराग रखने के कारण वह हर बालक को प्रभु श्री कृष्ण का प्रतिरूप मानते थे। समय प्रबंधन, अनुशासन एवं आत्मबल से उन्होंने सीमित समय में अनिगनत महत्वपूर्ण उपलब्धियाँ प्राप्त कीं। विद्यालय परिवार उन्हें भावभीनी श्रद्धांजिल अर्पित करता है जिनकी सांस—सांस में ऊर्जा थी, जो सदा कर्मयोग का संदेश मुखरित करती थी। उनके आशीर्वचनों और नीतियों का ही परिणाम है कि सिंहानियन भीड़ में अलग दिखते हैं, कुछ अलग करते हैं और कीर्तिमान पर कीर्तिमान बनाते जा रहे हैं। सच है—

दुनिया से जाके भी कुछ लोग जाते नहीं हैं। सिर्फ सामने नहीं होते, आत्म रूप बन मार्ग दिखाते हैं।।



''आपकी रहनुमाई का है यह असर, रहा हमारा कमाल का जो यह सफ्र। आप ही प्रेरणा हैं आप ही स्फूर्ति, फैलेगी चहुँ ओर अवश्य हमारी कीर्ति।''

श्रीमती मनोरमा गोविंद हिर जी सिंहानिया

श्री द्वारिकाधीश जी के चरण—कमलों में पूर्ण समर्पित हमारे विद्यालय की चेयरपर्सन श्रीमती मनोरमा गोविन्द हरि जी सिंहानिया कर्मयोग की पावन परंपरा की प्रतिनिधि हैं, जिनके निर्देशन में विद्यालय सफलता व श्रेष्ठता के प्रतिमान गढ़ रहा है। श्री गोविंद हरि जी सिंहानिया के विज़न को साकार करने के लिए आप पूरी निष्ठा एवं मनोयोग से विद्यालय तथा समाज कल्याण के कार्यों के लिए स्वयं को समर्पित किए हुए हैं। निष्काम भाव से अपने उत्तरदायित्वों का निर्वहन करती हुई आप 'श्री कृष्णार्पणमस्तु' की अवधारणा की जीवन्त मूर्ति हैं। विद्यालय के नम्बर वन होने का सारा श्रेय वे बड़ी प्रसन्नता पूर्वक शिक्षकों और बच्चों को देती हैं। आपका मानना है कि अनुशासन मन की एक स्थिति का नाम है, इससे जीवन के हर क्षेत्र में कुशलता पूर्वक सभी कार्य सम्पन्न किए जा सकते हैं। किसी भी संस्था की सफलता और प्रसिद्धि का आधार अनुशासन ही है। इसलिए आप पूर्ण सजगता से संस्था के अनुशासन का सूक्ष्म निरीक्षण करती हुई समस्याओं का निदान एक माता के समान सहानुभूति पूर्वक परन्तु दृढ़ता के साथ करती हैं।

आपके आशीर्वचन सदा 'मेरे प्यारे बच्चों', 'मेरे अपने बच्चों' के संबोधन से आरंभ होते हैं। विद्यालय परिवार को आपका स्नेह बड़ा संबल देता है। विद्यार्थियों एवं शिक्षकों को वे स्वानुशासन के आधार पर अनुशासित होने व समाज सेवी बनने की प्रेरणा देती हैं। विद्यालय परिवार की मुखिया के रूप में छात्र—छात्राओं को उनका संदेश है कि बुजुर्गों के प्रति संवेदना, आदर और श्रृद्धा रखो। रिश्ते बहुमूल्य हैं, पहली अहमियत उन्हें दो क्योंकि —

अकेले हम सिर्फ बोल सकते हैं, लेकिन रिश्तों के बीच बातें करते हैं।

अकेले हम आनंद अनुभव कर सकते हैं, लेकिन रिश्तों के बीच उत्सव मनाते हैं।

अकेले हम हंस सकते हैं लेकिन, रिश्तों के बीच उहाके लगाते हैं।

अकेले हम गम से घबरा सकते हैं, लेकिन रिश्तों में गम बँट जाते हैं।

यह सब मुमिकन है। विद्यार्थी परिवार व समाज के अंग हैं, उनमें रिश्तों को गंभीरता से लेने का संस्कार दृढ़ रहे इसिलए वर्ष 2017—18 में हमारे वार्षिकोत्सव की थीम 'रिश्ते' इंसानी रिश्तों पर ही केन्द्रित थी। आपके पथ प्रदर्शन में विद्यालय परिवार निश्चय ही शिखर का स्पर्श करता हुआ अपने सभी पुराने कीर्तिमान ध्वस्त कर देगा। उनका यह सुझाव हमारा आदर्श है—

अगर सपने सच न हों तो रास्ते बदलो, अपने सिद्वान्त नहीं। पेड़ हमेशा पत्तियाँ बदलते हैं, अपनी जड़ें नहीं।।

शंत पंचामृत

परम संत श्री रागा जी साहब



जीवन जीने के केवल दो ही तरीके है : पहला, यह मानना कि कोई चमत्कार नहीं होता ।
 दूसरा, यह है कि हर वस्तु चमत्कार है ।

40

2. नकारात्मकता केवल कटुता ही पैदा नहीं करती अपितु सकारात्मक चीजों को ओझल करने का काम भी करती है ।

+(C)-(C)

3. मानव सेवा ईश्वर की सच्ची उपासना है ।

40203

4. विद्या ज्यों – ज्यों गम्भीर होती जाती है, नम्रता लाती है; वह विद्या ही क्या जिसमें अहंकार और दुहरापन पैदा हो ।

$\langle C \rangle \langle C \rangle$

5. जिसका चित्त शोरगुल में भी एकाग्र है, उसका हृदय निर्मल है । जिसके हृदय में विचारों की उथल – पुथल मची हुई है वह एकान्त में बैठा हुआ भी बाजार में है।





बूझो तो जाने?

में हूँ एक ऐसा जीव कभी नहीं मर सकता मेरा निश्चित आकार नहीं जैसा चाहूँ बन जाता हूँ।

साथ ले चलें तो तुम्हारे काम आऊँगा और भटक गए तो तुम्हें दिशा दिखाऊँगा।

नए जमाने का बच्चा हूँ पर कान का कच्चा हूँ तुम जो कहते इस पार फैल आता हूँ उस पार।

जन्म स्थान यू० एस० ए० में था किया विश्व में रोशन नाम जनक टेलीफोन के रहे वे जलस्रोत पर उनका नाम।



अमोघ त्रिपाठी तृतीय–ब

(1) अमीबा (2) कम्पास (3) ट्योकोन (4) ग्राहम वेल

'टर' का खेल

(जानिए! अपने जीवन में 'टर' का महत्व)



अगर आप देश पर राज करना चाहते हैं, तो बनिये मिनिस्टर।

अगर आप लोगों की सेवा करना चाहते हैं, तो बनिए सिस्टर।

अगर आप लोगों का इलाज करना चाहते हैं, तो बनिए डॉक्टर।

> अगर आप सेहत बनाना चाहते हैं, तो बनिए टमाटर।

अगर आप देश विदेश खबर पहुँचाना चाहते हैं, तो बनिए न्यूज रिर्पोटर।



जपलीन कौर तृतीय – द

समानता का महत्व

(माँ की सहायता पाकर प्रेरणा के विचार सच्ची प्रेरणा बन गए)

समानी व आकृतिः समाना हृदयानि वः। समानमस्तु वो मनो यथा व सुसहासति।। ऋग्वेद 10.191.4

वेद हमारी जीवन पद्धित के विचारों के आधार हैं। वेद हमें समानता का उपदेश देते हैं। समानता संकल्प की, समानता आचरण की, समानता विचार की, समानता विषय की, समानता मन की, समानता चित्त की। जब हमारा संकल्प एक होगा, हमारा मन एक ही भाव से पूर्ण होगा, जब हमारे हिदय उत्साह के साथ एक ही ओर अग्रसर होंगे, जब हमारे विषय एक होंगे। जब हमारे विचार एक होंगे, उस विचार की पूर्ति हेतु हम एक प्रकार से कार्य करेंगे तो हममें एकता आएगी। एकता हमें शक्ति देगी। एक अटूट शक्ति और तब हमारा संकल्प पूरा होगा।

महान जीवन पद्धित के प्रदर्शक वेदों से प्रेरणा लेते हुए हमें अपने विद्यालय हेतु एक संकल्प लेना चाहिए — सीखना और सिखाना। जो कुछ हमें आता है दूसरों को सिखाना और जो कुछ दूसरों को आता है उनसे वह सीखना। हमें सीखने और सिखाने की पद्धित पर पूर्ण मनोयोग से मिलकर आगे चलना है। किसी ज्ञान का कोई अर्थ नहीं यदि उस ज्ञान का प्रकाश दूसरों को आलोकित न कर दे। जब सभी सुशिक्षित होंगे, ज्ञानी होंगे, सच्चरित्र होंगे, तभी प्रगति होगी, आनन्द होगा। अतः आइए एक साथ बोलें —

ऊँ सहनाववतु, सहनौ भुनक्तु सहवीर्यं करवावहै, तेजस्विनावधीतमस्तु मा विद्विषावहै।



प्रेरणा शेखर पंचम—स

सुबह

(जतिन के माता-पिता ने उसके भावों को शब्दों में गूँथ दिया और मनोरम कविता बन गई।) गरम-गरम लड्डू सा सूरज, लिपटा बैठा लॉबी में। सुबह-सुबह रख आया कौन, आसमान की थाली में। मुँदी आँख खोली, चिडियों ने गाया गाना। गुन-गुन करते भंवरों ने, खिलते फूलों को पहचाना। तभी आ गई फूदक-फूदक कर, एक तितली की टोली। मधुमिक्खयों ने मधु रस लेकर, भर डाली अपनी झोली। उठो-उठो हम लगें काम पर. तब आगे बढ़ पाएंगे। वे क्या पाएँगे जीवन में.



जतिन सिंह प्रथम—द

जो सोते रह जाएंगे।

मजेदार नामावली

(अद्भुत ज्ञान से परिचित करवा रहे हैं वेदांक)

समोसा – Rissole पकौडे – Fritters

जलेबी — Finnel Cake

पानी पूड़ी - Water balls

नमकीन – Crisp salty

कचौड़ी - Pie

रायता — Mixed Curd

पकवान — Dressed food

मट्ठा – Whey टिक्की – Cake

घी – Clarified Butter

ਾਬਰ − Butter milk

खोआ — Condensed milk





वेदांक मिश्रा चतुर्थ—अ

पेड़

(वृक्ष पृथ्वी का शृंगार हैं और हैं परोपकार के मूर्त रूप)

खड़ा हुआ है एक किनारे,
शीतल छाया वाला पेड़।
कड़ी धूप में भी मुस्कान,
ऐसा है मतवाला पेड़।
धरती में यह गहरे जाकर,
मानो अमृत लाता पेड़।
रंग सुगंध कभी लाता है,
और कभी फल लाता पेड़।
केवल अपने लिए न जीना,
यह हमको बतलाता पेड़।
थोड़ा औरों को दे देना,
यह हमको सिखलाता पेड़।





आहान अग्रवाल चतुर्थ—अ

मेरी प्यारी माँ

(अपनी माँ की खूबियों से परिचित करवा रही हैं कक्षा पंचम की शुभि......)



मेरी माँ है सबसे न्यारी, सबसे अच्छी सबसे प्यारी। जग की सबसे सुंदर नारी, मेरी इच्छा वह करती पूरी। प्यार करती भर-भर झोली। बनाती खाना अच्छा-अच्छा, प्यार करती सच्चा-सच्चा। मेरी माँ है सबसे न्यारी, सबसे अच्छी सबसे प्यारी।

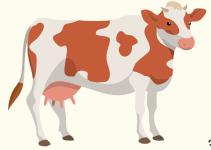


शुभि शुक्ला पंचम—स

सुन्दर सीख

फूलों से.. फूलों से नित हंसना सीखो, भौंरों से नित गाना, फल से लदी डालियों से, नित सीखो शीश झुकाना।





भोली गाय से ..

कितनी भोली, कितनी प्यारी। सब पशुओं से न्यारी गाय। सारा दूध हमें दे देती, आओ इसे पिलाएं चाय। परोपकार से कभी न अघाय।।

संकलित

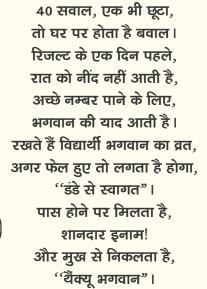


वैष्णवी केसरवानी तृतीय—द

हाय रे परीक्षा!

(परीक्षा का भय कैसे बेचैनी बढ़ा देता है जानिए प्रस्तुत कविता के माध्यम से)

जिस नाम को सुनने से काँपता है
हर बच्चा,
वो है परीक्षा।
परीक्षा का पेपर हाथ में आते ही,
कितना डर लगता है,
अच्छा नहीं किया,
तो घर पर पिटना पक्का है।
3 घंटे में करने होते हैं लगभग



फिर याद आती है अगली कक्षा

तब भी मुख से निकलता है,

''हाय रे परीक्षा"।।





अनन्त अग्रवाल षष्ठ–द

हमारा गणतंत्र दिवस

(70वें गणतंत्र दिवस पर देशमिक्त — भाव से पूर्ण त्विशा ने अपने मन के भाव प्रस्तुत किए हैं इस कविता में)



यह है हमारा 70वां गणतंत्र दिवस! इसको हम उत्साह से मनाएंगे, तिरंगा ऊँचा हम लहराएंगे। ऊपर होगा खुला आसमान, नीचे गाएंगे हमारा राष्ट्रगान। दी है उन लोगों ने कुर्बानी, ताकि रह सके आजादी से। करना चाहिए हमें उन्हें सलाम, जिन्होंने दी थी अपनी जान। मनाओ गणतंत्र दिवस इतने उत्साह से, जल, थल, नभ रंग उठे तिरंगे के रंग से।



त्विशा तिवारी पंचम—स

क्रोध

(क्रोध की उत्पत्ति , कारण, प्रभाव इत्यादि मिलकर उसके परिवार का निर्माण करते हैं। इसी परिवार से आप सबको परिचित करवा रहे हैं छोटे मास्टर अनंत)



क्या आपको पता है ? क्रोध का पूरा खानदान है।.......

- 1. क्रोध की एक लाडली बहन है- ''जिद''
- 2. क्रोध की पत्नी है- ''हिंसा''
- 3. क्रोध का बड़ा भाई है- ''अहंकार''
- 4. क्रोध का पिता जिससे वह डरता है- ''भय''
- क्रोध की बेटियां है- ''निंदा और चुगली''
- क्रोध का बेटा है- ''बैर''
- 7. इस खानदान की नकचढ़ी बहू है- ''ईर्ष्यां''
- क्रोध की पोती है- ''घृणा''
- 9. क्रोध की मां है- ''उपेक्षा''
- 10. और क्रोध का दादा है- ''द्वेष''

तो इस खानदान से हमेशा दूर रहें।



टेंशन

(आज के युग में बड़े तो बड़े, बच्चे भी टेंशन से मुक्त नहीं हैं। इसी टेंशन के दर्शन से अवगत करवा रहे हैं कक्षा 6 के अनंत)



'टी' से बना टेंस, टेंस से बनी टेंशन, आते हैं एग्जाम जब बढ़ जाती है टेंशन! याद नहीं कुछ होता जिसकी हमें टेंशन, शुरू हुए एग्जाम, तो पेपर मिलने की टेंशन! कल हो गया पेपर, तो रिजल्ट की टेंशन, पास हो गए तो नौकरी की टेंशन! नौकरी मिल गई तो रिटायरमेंट की टेंशन, रिटायर हुए तो पेंशन की टेंशन! खत्म हुई सारी टेंशन तो इस बात की टेंशन, कि आए न कोई और टेंशन! अतः टेंशन चाहे किसी बात की हो, उसका सामना करो और खुश रहो।

अनन्त श्रीवास्तव षष्ठ—ब

सभी पढ़ें, सभी बढ़ें

(बेटियाँ ही समाज का आधार हैं। अतः विकसित, संस्कारित एवं शिक्षित समाज के लिए बेटियों को शिक्षित करना अनिवार्य है।)



नहीं अंगूठा टेक बनेगा, बच्चा बच्चा यहाँ पढ़ेगा। फैलेगी शिक्षा की ज्योति, मेरा देश महान बनेगा। बेटी का अधिकार है पढ़ना, दूर उसे क्यों इससे करना? बेटी बचाओ बेटी पढ़ाओ, उसका भी हो पूरा सपना।। सच्ची बात तो सारी यह कि भाई। सभी पढ़ें सभी बढ़ें।



कुबेर सक्सेना पंचम—स

बाल श्रम

(देश के विकास के मार्ग में 'बालश्रम' एक ऐसा अवरोध है जिसे समय रहते दूर करना अति आवश्यक है।)

छुप गया है सूरज , बादलों के पीछे । जाड़े के मौसम में , बिस्तर अपनी ओर खींचे । छा गया है कोहरा, दिखता नहीं है रास्ता । तन है उसका ठिठुरा, फिर भी वो है हँसता । गोलू , छोटू और मुन्ना, लोगों ने दिए ये नाम । स्कूल जाने की उम्र में, होटलों में करता काम । चाहता है वो भी,
पढ़ लिख कर कुछ बने ।
दुनिया के सामने,
सीना उसका भी तने ।
पैदा हुआ बनकर गरीब,
शायद उसका है नसीब ।
पर, उत्साह उसमें भी भरा,
जाकर उसे देखो तो करीब।
न करवाओ बालश्रम,
बांट लो मिलकर उसका गम ।
कप, प्लेट है जिन हाथों में,
पकडा दो उनमें तुम दवात कलम ।



मान्या बाजपेई चतुर्थ – अ

जैसे को तैसा

(जैसा व्यवहार हम दूसरों के साथ करते हैं, नियति भी वैसा ही व्यवहार हमारे लिए निश्चित करती है।)



एक बार की बात है एक बार एक सेब वाले ने एक पान वाले के सामने ठेला लाकर खड़ा कर दिया, तो पान वाला रस से भरे सेब देखकर बोला, ''मुझे तुम सेब दे दो, मैं तुम्हें बदले में पान दूँगा।'' सेब वाला बोला, 'ठीक है' तो पान वाले ने एक छोटा सा पान बना कर दे दिया। जब सेब वाले ने चूने के लिए पूछा तो पान वाला बोला, 'जाओ, उस लाल दीवार में रगड़ो तो तुम्हें चूना मिल जाएगा।' सेब वाला समझ गया कि पान वाला ठीक नहीं है, उसने पान वाले को हरे—हरे सेब दे दिए, तो पान वाला बोला, 'जाओ तुम उस लाल दीवार में अपने सेब रगड़ो तुम्हारे सेब लाल हो जाएंगे।' उसे सब समझ में आ गया।

किसी ने ठीक ही कहा है ''जैसे को तैसा मिले, तभी सच्चा ज्ञान मिले।''



सुदिती तिवारी पंचम–स

सफलता के सूत्र

(सफलता के महत्वपूर्ण टिप्स् दे रहे हैं सार्थक, जरा ध्यान से पढ़िएगा।)

- "जीतने वाले कोई अलग काम नहीं करते, वे हर काम अलग ढंग से करते हैं।"
- "हमारे सामने मौजूद किसी भी लक्ष्य से ज्यादा महत्वपूर्ण उस लक्ष्य के बारे में हमारा नजरिया होता है, क्योंकि हमारी सफलता या असफलता उसी से तय होती है ।"
- जो काम आप आज कर सकते हैं, उसे कभी कल पर मत टालें ।
- "हमें अपनी दिक्कतों के बारे में सोचना चाहिए फिर अपने समाधान के बारें में।"
- "अज्ञानी होना उतने शर्म की बात नहीं है, जितनी कि किसी काम को ढंग से सीखने की इच्छा न होना।"
- "जो जरूरी है, उससे शुरू करें, फिर जो मुमकिन है वह करें और आप अचानक पाएँगे कि आप नामुमकिन काम भी करने लगे हैं।"
- "अगर आप सचमुच सफल होना चाहते हैं, तो उन कामों को करने की आदत डालिए जिन्हें असफल लोग नहीं करना चाहते।"
- "मूल्यवान लक्ष्य की लगातार प्राप्ति को ही सफलता कहते हैं।"
- "भाग्य केवल संयोग पर निर्भर नहीं होता बल्कि हम उसे अपने लिए चुनते हैं । वह इंतज़ार करने की नहीं बल्कि हासिल करने की चीज़ है ।"
- "किसी सार्थक काम के लिए कड़ी मेहनत करने का मौका मुहैया करा कर जिंदगी हमें सबसे बड़ा इनाम देती है ।"
- "जीतने की इच्छा सभी में होती है , मगर जीतने के लिए तैयारी करने की इच्छा बहुत कम लोगों में।"

- इंतज़ार करने वालों को अच्छी चीजें मिलती तो हैं पर केवल ऐसी चीजें जिन्हें कोशिश करने वाले छोड़ देते हैं।
- "सपने वे नहीं होते जो आप सोते हुए देखते हैं , सपने तो वे होते हैं जो आपको सोने नहीं देते।"
- नन्हीं चींटी जब दाना लेकर चलती है। चढ़ती दीवारों पर सौ बार फिसलती हैं। मन का विश्वास रगों में साहस भरता है। चढ़कर गिरना गिरकर चढ़ना न अखरता है आखिर उसकी मेहनत बेकार नहीं होती "। कोशिश करने वालों की कभी हार नहीं होती "



————— सार्थक कुशवाहा पंचम—स

स्वच्छ भारत, स्वस्थ भारत

(गाँधी जी द्वारा चलाए गए स्वच्छता अभियान ने वर्तमान में जो गति पकड़ी, उससे जन-जन आंदोलित हो उठा।)

भारत को स्वच्छ बनाने की आओ मिलकर हम लें शपथ, दूर भगाकर संक्रामक बीमारी, बनाएं हम खुशियों का पथ। स्वच्छता का अभियान चलाकर वातावरण को हम शुद्ध करें जन-जन में फैलाएं यह संदेश, अस्वच्छता से हम युद्ध करें हर घर में हो शौचालय, यह बात सभी को समझाएं। बीमारी से बचना है तो, शौच खुले में ना जाएं।

परिवेश अपना हम साफ रखें, तन – मन भी स्वच्छ करें। ईर्ष्या, द्वेष से दूर रहें, सारे जग से हम प्रेम करें। गाँधी बापू की अमर सीख को आओ जन – जन में फैलाएं।



-----अनन्या बाजपेई षष्ठ–अ

सच्ची पूजा

(माता—पिता अगर हैं तो समझो स्वर्ग हैं, कितने यतीम इनकी दुआ ढूँढ रहे हैं! जो बुजुर्गों को दर — दर की ठोकरें खिलाते हैं सफलता के दर उनसे रूठ जाते हैं। अतः समृद्धि का सुझाव मानिए।)



समृद्धि सिन्हा षष्ठ–द

जीवन में माँ-बाप की कमी कोई पाट नहीं सकता, ईश्वर भी इनके आशीषों को काट नहीं सकता। विश्व में किसी भी देवता का स्थान दूजा है, माँ-बाप की सेवा ही सबसे बड़ी पूजा है। विश्व में किसी भी तीर्थ की यात्राएं व्यर्थ हैं। यदि बेटे के होते हुए माँ-बाप असमर्थ हैं। वो खुशनसीब है, माँ-बाप जिनके साथ होते हैं। क्योंकि माँ-बाप की आशीषों के हजारों हाथ होते हैं। घर से निकलो तो इनकी दुआ लेकर।

बने स्वच्छता की एक मिसाल

(घर-घर सफाई की अलख जगा रहे हैं कुँवर। आइए, इस अभियान में शामिल हो जाइए..)



घर - घर होगी साफ़ सफाई, मिलजुलकर यह अलख जगा । बचत हो जल की, साफ़ हवा हो , सड़कों पर न कूड़ा हो । गलत यहाँ सभी काम बंद हों , ऐसा इक दिन हो कमाल । स्वच्छता की एक मिसाल , अपना भारत देश विशाल ।



कुंवर सक्सेना पंचम ' अ '

बेटी मेरी जान

(शुभि की माता ने अपनी बेटी के प्रति अपने भावों को सुंदर शब्द दिए हैं.....)



मेरी बेटी, मेरी जान !
है वो सब जग की शान !
मेरी बेटी प्यारी है
वो सबकी दुलारी है
माँ का दर्द समझ लेती है
खुद खाने से पहले मुझे खिला
मेरा दर्द समझ लेती है !
अपनी इच्छा दबा लेती है
मेरी बेटी , मेरी जान !
है वो सब जग की शान



रोली शुक्ला (शुभि शुक्ला की माता)

देश का भविष्य

(अपने दृढ़—संकल्प से परिचित करवा रहे हैं—अरिन्दम......))



हम सिंहानिया स्कूल के बच्चे , दिल के हैं बड़े ही सच्चे । भारत का भविष्य बनाएंगे , सुनहरा अतीत फिर लाएंगे । मन लगाकर खूब पढ़ेंगे , नया स्वर्ण इतिहास रचेंगे । बन कर्मठ, विद्वान - दयावान , करेंगे रोशन सबका नाम । लेते हैं शपथ मानवता की , खुशहाल करेंगे जीवन सबका । रह जाएंगे देख सब चिकत , नन्हें कदम करेंगे देश का हित ।



अरिन्दम नाहा पंचम – 'ब'

जरा सोचो तो कौन?

(जरा इस पहेली का उत्तर ढूंढिए, है तो..... बहुत पास ही)

> रंग बिरंगे कपड़े पहने लगते हैं ये इसके गहने

मस्त नशीली इसकी चाल हरदम रहती है खुशहाल

रंग रसीला भोजन खाए बच्चों को यह बहुत ही भाए

लम्बी-लम्बी करती सैर जबकि नहीं हैं इसके पैर

हाथ किसी के ये न आये दूर-दूर ही रहना चाहे

खेले है यूँ छुपन छुपाई बोलो तो ये कौन है भाई।



अंश शर्मा चतुर्थ—अ

ा कितिली −5क्कर

आओ हँसें



1. टीचर : ABC स्नाओ

स्टूडेन्ट : ABC

टीचर : और सुनाओ

स्टूडेन्ट : और सब बढ़िया, आप सुनाओ!

2. टीचर : 1 से 10 तक गिनती सुनाओ।

स्टूडेन्ट : 1,2,3,4,5,7,8,9,10

टीचर : 6 कहाँ है?

स्टूडेन्ट : जी वो तो मर गया।

टीचर : मर गया ? कैसे मर गया ???

स्टूडेन्ट : जी मैडम, आज सुबह टीवी पर न्यूज में बता रहे थे कि स्वाईन फ्लू में 6 की

मौत हो गई।

गिरना पडेगा।

- 3. मेले में घोषणा हुई
 एक बच्चा मिला है, जिनका है,
 आकर ले जाएँ......सन्ता भीड़ से:
 मुझे भी दिखाओ, मुझे भी दिखाओ
 जिन का बच्चा कैसा होता है?
- 4. संता केले के छिलके से फिसल कर गिर गया। आगे चला तो दूसरे छिलके से फिसल कर गिर गया। थोड़ा और आगे चला तो उसे तीसरा छिलका दिख गया। संता बोला — धत् तेरे की, अब फिर से

- 5. रमेश— आज मैंने 10 मिनट में 17 किलोमीटर की दौड़ लगाई। सुरेश— वाह! यार, बड़ी जबरदस्त एक्सरसाइज कर रहे हो। रमेश— क्या खाक। एक्सरसाइज। मुझे तो यह समझ नहीं आता कि लोग अपने कुत्ते को बांधकर क्यों नहीं रखते।
- 6. रोहन— मैं अपने घर के चूहों से बड़ा परेशान हो गया हूँ। सोहन—क्यों, अब क्या हुआ ? रोहन ये सब इतने बड़े इंजीनियर होते हैं कि इन्हें सब पता होता हैं कि कौन सा तार काट देने पर मशीन नहीं चलेगी।



संकलित कृति खरे षष्ठ– 'य'

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अवसरवादी सोच के नुकसान

(दैनिक जागरण की ''संस्कारशाला'' शृंखला में प्रकाशित लेख)

आदिकाल से हमारी भारतीय संस्कृति जनहित एवं जन कल्याण हेतु सदैव तत्पर रहने की प्रेरणा देती आई है। हमारे रक्त और प्राणों में सदैव 'सर्वे भवन्तु सुखिनः, सर्वे संतु निरामयाः' के सूत्र का संचार होता आया है। कदाचित् 'जगदगुरू' के विशेषण से सुशोभित होने का यही कारण रहा है कि हम सदैव अपनी क्षुद्र आकांक्षाओं, अपेक्षाओं एवं स्वार्थ से ऊपर उठकर 'वसुधेव कुटुम्बकम्' की भावना से ओतप्रोत रहे हैं और संपूर्ण जगत के समक्ष आचार—विचार व कार्यप्रणाली के मानक उपस्थित करते आए हैं। हमारी संस्कृति की यह आध्यात्मिकता और शुभ्रता इतनी बलवती है कि अनेक वैज्ञानिक तथ्य स्वयं इसके संरक्षण में आ जाते हैं।

परन्तु जिस प्रकार परिदृश्य बदलता गया, हम दूसरों से प्रभावित होते गए। हमने मापदंड परिवर्तित कर लिए। अपनी संस्कृति, अपनी विचारधारा, अपनी आध्यात्मिकता एवं अपने संस्कार इत्यादि को हीनदृष्टि से देखने लगे। कारण संभवतः हमारी विचारधारा के मूल में ही था। हमने सदैव स्वयं की अपेक्षा दूसरों को सर्वोपरि रखा परंतु इसका अर्थ ये नहीं कि हमारे सिद्धांत कमजोर हैं या हमारी विचाराधारा में कहीं कोई त्रृटि है।

विदेशी संस्कृति की मजबूत होती जड़ें ही अवसरवादिता को जन्म दे रही हैं। आज हम सभी अपने छोटे—छोटे स्वार्थों के लिए अवसरवादी होते जा रहे हैं। यह आश्चर्य की बात है कि समाज का ये बदलता दृष्टिकोण किसी बहुत बड़े राजनीतिक या सामाजिक लाभ के लिए नहीं है बल्कि अब यह हमारे रक्त में घुलता जा रहा है। इसलिए तो हम अनजाने में ही अनायास इस प्रवृत्ति का प्रदर्शन कर रहे हैं।



लोगों का कहना है कि यह समय की माँग है परन्तु समय की माँग से यदि दुष्परिणाम प्राप्त होने लगें तो उसे तुरंत प्रभाव से रोक देना ही उचित है, ऐसा विद्वानों का कहना है। यह प्रवृत्ति न केवल एक बहुत बड़ा सामाजिक ह्वास कर रही है बिल्क हमारी आगामी पीढ़ी जो कि नवभारत की नींव है, को भी कृत्सित मानसिकता प्रदान कर रही है।

अवसरवादी सोच केवल व्यावहारिक या व्यापारिक दृष्टिकोण से नहीं अपनाई जा रही है बल्कि अब तो यह अपने व्यक्तिगत एवं पारिवारिक संबंधों में भी स्पष्ट रूप से परिलक्षित हो रही है। सामाजिक विघटन, टूटते परिवार, बच्चों के हृदय में अपने ही माता—पिता के प्रति असिहष्णुता इत्यादि इसके घातक परिणाम के रूप में हमारे समक्ष उपस्थित हो रहे हैं, जो दीमक की तरह हमारे संस्कारों और मूल्यों को अदृश्य रूप से क्षरित कर रहे हैं।

अवसरवादी कृत्यों से भले ही शॉर्टकट तरीकों से हमें अस्थायी सफलता मिल जाए परन्तु स्थायित्व तो तभी प्राप्त होगा, जब हम तुच्छ मानसिकता से ऊपर उठकर 'परहित सरसि धरम निहं भाई' के सिद्धान्त का अनुकरण करेंगे।

अवसरवादिता हमें अंधकार के गर्त में गिरा रही है। हम प्रकृति के प्रति अवसरवादी बने, परिणामस्वरूप हमारा स्वच्छ व हरित पर्यावरण समाप्त हो गया, रिश्तों में अवसरवादी बने तो रिश्ते पीछे छूट गए। क्या हम ये स्वीकार नहीं करेंगे कि समाज में बढ़ते अपराधों, कुकृत्यों, दुराचारों और हत्याओं के लिए भी न प्रत्यक्ष रूप से तो परोक्ष रूप से यही मानसिकता व सोच उत्तरदायी है। हम केवल अपने लिए ही जी रहे हैं,



अपनों के लिए नहीं। नतीजा — बढ़ता अकेलापन और अवसाद की स्थिति! इस स्थिति का निकृष्टतम परिणाम अवसादग्रस्तों के रूप में हमारे सामने उपस्थित है।

अवसरवादी सोच व्यक्ति की उन्नित में तो बाधक है ही, साथ ही साथ समाज और फिर राष्ट्र की उन्नित को भी हानि पहुँचाती है। आखिर क्या पा रहे हैं हम ? हम पा नहीं रहे हैं, बिल्क खोते जा रहे हैं — अपने मूल्य, अपने सिद्धांत, अपनी सुख—शान्ति और सबसे अहम हमारी अमूल्य संपत्ति हमारे — रिश्ते।

आज आवश्यकता इस बात की है कि हम अपनी सांस्कृतिक विरासत का पालन करें और अपने पूर्वजों के दिखाए रास्ते पर चलें जो हमें अवसरवादी न बनकर जनकल्याणवादी बनने की सीख व प्रेरणा देता है। यही और केवल यही एकमात्र उपाय है, जिससे इस प्रवृत्ति से होने वाले नुकसान की भरपाई कर पाना संभव होगा।



श्रीमती भावना गुप्ता प्रधानाचार्या

झूमती डाल ने कहा (क्या कहा? स्वयं पढ़िए..)

पक्के मकानों की प्राचीरों के जोड़ से फुटता पीपल का पेड़ और उसकी झूमती शाखाएँ-प्रशाखाएँ मानों कह रही हों-''हमें भी साथ रखों''। तुम्हारे ऐश्वर्य के हेतु हैं हम। हम ही तुम्हारे आदि सहचर हैं। हमसे तुम्हारा और तुमसे हमारा अस्तित्व कायम है। यदि हम वेन्टीलेटर पर पहुँचे तो तुम भी आई.सी.यू. में पहुँच जाओगे। सह अस्तित्व ही सृष्टि का आधार है। तुम्हारा स्वस्थ मन, सुन्दर तन और दीर्घ जीवन हमारे ही कारण तो है। हम सब प्रकृति के ही तो अंग हैं। यह शरीर प्रकृति के पंचतत्वों -क्षितिं, जल, पावक, गगन, समीर से निर्मित है। अतः प्रकृति के इन पंचतत्वों की रक्षा हमारा प्रथम दायित्व है। इन तत्वों के संतुलन से ही जीवन का क्रमिक विकास होता है। यह सम्पूर्ण प्रकृति- पेड़-पौधे, घास-तिनके, हवा-पानी, अंधकार-उजाला, सर्दी-गर्मी और जीव-जन्तु आदि से मिलकर बनी है। ऋषि-मुनियों को आभास हो गया था कि विज्ञान के रथ पर सवार मनुष्य अंतरिक्ष, जल, पृथ्वी, पवन की शांति भंग कर देगा। अतः वेद मंत्रों में 'अन्तरिक्ष: शान्तिः रापा : शान्ति :......' का मंत्र इस ओर स्पष्ट संकेत करता है। आप सोचिए तो समझ पाएंगे कि पीपल प्राकृतिक सुरक्षा – संरक्षा के प्रति सचेत करता हुआ सा प्रतीत होता है। आक्सीजन ही तो प्राणों का आधार है।

हमारे वन-जंगल आज टी.बी. के मरीज बनते जा रहे हैं। पहले हम प्रकृति के अधिक निकट थे। गाँवों में वास, शुद्ध हवा खुली धूप, कुओं के शीतल जल आदि ने हमें अधिक ऊर्जावान, ओजरवीं और सरल – निर्मल बना रखा था। स्वार्थ के विकराल दैत्य ने अपने पंजों में सबकुछ दबोचना चाहा तो कुछ भी शुद्ध, सरल और सात्विकता पूर्ण नहीं रह पाया । प्रकृति का यह निर्मम दोहन बडी-बडी आपदाओं का आधार बन गया, चाहे वह केदार नाथ की त्रासदी हो या नेपाल का भूकंप। यह प्रकृति उस परमात्मा के प्रेम का ही परिचायक है। इसका श्रेष्ट संरक्षण हो सके, इसीलिए हमारे पूर्वजों ने धर्म और अध्यात्म से इसे जीवन भर जोड़े रखा और उन्हीं पुनीत परम्पराओं को हमें विरासत में सौंपा। अब वह चाहे बरगदाई अमावस्या पर बरगद

की पूजा हो या आँवला नौमी पर आँवले के पेड की पूजा। इसी प्रकार आक्सीजन के शुद्ध स्नात पीपल की पूजा हों या फिर छोटी नन्हीं दूब की। मतलब तो उनके संरक्षण से ही था वरना अपनी व्यस्त दिनचर्या से कहाँ समय निकाल कर व्यक्ति उनसे जुड़ पाता। यदि हम ध्यान से सोचें तो पीपल के उसी संदेश को देवी – देवताओं ने भी मुखरित किया है। मौन की ध्वनि कहीं अधिक प्रखर होती है । उनकी मौन छवि को दखिए तो हमारे सभी आराध्य उपास्य देवी – देवता प्रकृति के संरक्षण में सन्नदध दिखाई देते हैं।

जगत पूज्य नारायण द्वारा गरूड़, माँ भगवती द्वारा सिंह, भूतभावन आश्रुतोष शिव द्वारा सर्प, बैल, विघ्न विनाशक श्री गणेश जी द्वारा चूहे, कार्तिकेय द्वारा मोर, सूर्य पुत्र शनि द्वारा गिद्ध, माँ शारदा द्वारा हंस तो माँ लक्ष्मी द्वारा उल्लू व कमल का चयन इसी सत्य को संप्रेषित करता है। अगर कहीं कान लगाएं तो यही ध्वनि सुनाई देगी कि प्रकृति तो अविभाज्य रूप से तुमसे जुड़ी हुई है। प्यारे मानव! उसे अलग करने उस पर विजय पाने, दोहन करने की बात सोचना ही अपना अस्तित्व खतरे में डालना है। प्रकृति से दूर होकर हम घुटन, तनाव, कुंठा व तिक्तता को ही जन्म देंगे और शांति से नाता तोड बैंहेंगे।

प्राचीन काल में एक निश्चित समय तक गृहस्थ आश्रम भोगने के पश्चात वानप्रस्थ द्वारा वनप्रांतर की शरण लेना ईश्वर के साान्निध्य में रहने का ही द्योतक है । आयू में जब 'वन' जुड़ गया –इक्यावन, बावन तो जाओ वन में प्रकृति की गोद में बैठो, अतः तब राजे-महाराजे राज-काज त्यागं कर वन को चले जाते थे। यह वनगमन प्रकृति का ही तो अभिनन्दन और संरक्षण था। पूरे चौदह वर्ष के लिए श्री राम जी ने माता प्रकृति की गोद में निवास कर हमें पर्यावरण—सरंक्षण का ही तो संदेश दिया है। उनके इस सदविचार में राक्षस राज रावण ने खलल डाला तो किसी अन्य राजे – महाराजे से उन्होंने सहायता की याचना नहीं की बल्कि जंगल की संतानों भालू, रीछ बन्दर को ही अपने साथ लिया जो बेचारे सदियों से उपेक्षित थे । बड़े – बड़े सम्राट राज्य संरक्षण के मोह में जंगल और जमीन से जुड़े परंतु महान रघुवंशी राम – लक्ष्मण ने इसी जंगल और जमीन के बल पर उस समय के सर्वाधिक शक्तिशाली साम्राज्य स्वर्ण की लंका के अधिपति राक्षस राज रावण से भिडने के लिए ऐसे

लोगों की. फौज तैयार की जिनमें आदिवासी थे. वन्य प्राणी और ऐसे ही भूले बिसरे लोग थे।

उन्होंने प्रकृति का पूरा-पूरा संरक्षण किया। वनदेवी का आशीर्वाद उनके साथ था। सीता हरण के पश्चात उन्होंने वृक्षों, लताओं से भी अपनी भार्या का पता पूछा और फिर उसी प्रकृति की गोद में विश्राम पाया। उनके रूदन में प्रकृति साथ थी। यदि आप प्रकृति को अपनी चेतन सहचरी नहीं मानते तो महान वैज्ञानिक जगदीश चन्द्र बसु की बात तो सुनेंगे-मानेगें कि पेड़-पौधे चेतन जीवधारी हैं जिसे राम प्रभ् त्रेता युग में ही सिद्ध कर चुके हैं। उन्हें विजय श्री ने इसीलिए वरण किया क्योंकि सम्पूर्णे प्रकृति उनके साथ थी।

कहीं श्री राम का पुनः प्रगटीकरण हो तो वे प्रकृति का ऐसा क्षरण, ऐसा विनाशकारी दोहन, ऐसी उपेक्षा कदापि न सहन करेंगे । उनका वन गमन इसी सत्य को समझाने के लिए भी था कि प्रकृति हमारी आदि सहचरी है और प्रकृति पुत्रों को साथ लेकर विकट से विकट शत्रु से भी युद्ध जीता जा सकता है। अब हमें प्रकृति का संरक्षण करने को मजबूत कदमों से खड़े हो जाना चाहिए। पटाखों आतिशबाजी आदि का प्रयोग सख्ती से बंद कर देना चाहिए। अधिकाधिक पेड लगाकर धरती का श्रृंगार करना चाहिए। दृढ़ संकल्पित होकर मांगलिक अवसरों पर हरे – भरे पौधों का उपहार में देकर नई परम्परा का सत्रपात करना चाहिए।

आइए, वृक्षारोपण करें, धरती की कोख सजे और कल्याण कारी परम्पराएं जीवित रहें । हमारे ज्ञानी पूर्वजों द्वारा चलाई गई प्रथाएं, रीतियाँ– रिवाज हममें उल्लास जगाती हैं, तनमन हर्षाती हैं। प्रयोग करके जुरा देखिए- पहले हरे - भरे उपवन के पास से गुजरिए, फिर एक उजाड़ से तो कितनी नकारात्मक तरंगों से भर उठेगा मन! अतः पीपल का संदेश सुनें, झूमती डालियों का संगीत सुनें, पक्षियों का चहचहाट को सुनें तो एक ही स्वर उभरेगा– हमें अपने साथ रहने दो। मैं तुम्हारी सहचरी



श्रीमती संध्या तिवारी हिन्दी विभाग

पिता

(बच्चे की छोटी सी सफलता भी पिता के लिए बहुत महत्वपूर्ण होती है। यही उद्गार व्यक्त किए गए हैं प्रस्तुत भावपूर्ण कविता में)



देख सकती हूँ वह विजय मुस्कान, चेहरे पर तुम्हारे। जैसे जीत लिया हो सारा संसार, युवराज ने तुम्हारे। छलक पड़ती थी खुशी, वह अंतर्मन की, अनायास ही बेप्रयास ही। कंपित स्फुरण, उल्लेसित मन,



डा० आकांक्षा गौड़ हिन्दी विभाग

प्रफुल्लित है कण - कण। कितने गौरवान्वित थे तुम! इस छुद्र सफलता से मेरी। जबिक ये जानते थे तुम, थे सारे प्रयास तुम्हारे ही, श्रेय जिनका. कभी तुम लेते नहीं! उदात्त हृदय तुम्हारा! बस सदैव देने के लिए ही। हो जाती हूँ नतमस्तक मैं बारंबार तुम्हारे। पितृ-धर्म के निर्वहन में सदा सभी तुमसे हारे। हूँ कृपा पात्र हरि की मैं, तुम सा पिता मैंने पाया। है यही कामना बस मेरी, लूँ जनम जब-जब भी में, पुत्री बनूँ तुम्हारी ही बस।

निर्वात कथा

(निर्वात अर्थात जहाँ वात न हो, वायु रहित, अचंचल, स्थिर! अंग्रेजी के वैक्यूम शब्द के इस हिन्दी रूपांतर द्वारा लेखिका ने बड़ा तीक्ष्ण व्यंग्य किया है। हास्य – व्यंग्य प्रधान यह लेख चोट भी करता है और जागरूक भी!)



पिछले दो दिनों से एक स्वप्न को लेकर मैं बहुत परेशान हूँ। मुझे तलाश है एक ऐसे व्यक्ति की, जो या तो इस स्वप्न का सही अर्थ समझा दे, या फिर इससे बाहर निकलने का उपाय सुझा दे। शायद आप में से किसी के पास इसका हल हो, यही सोच कर मैं इसे आप लोगों को भी बता रही हूँ। समाधान देने की आपकी कोशिशों का हार्दिक स्वागत है। तो सुधी पाठकों! मैंने देखा कि भारत देश एक व्यक्ति के रूप में एक साधारण सी कुर्सी पर बैठा हुआ है। उसके वस्त्र भी सादा हैं और वह जोर—जोर से 'वसुधैव कुटुंबकम् — वसुधैव कुटुंबकम्' मंत्र का जाप कर रहा है। चारों ओर सुख शांति है। तभी एक महाशक्ति वहां पधारती है। भारत उठकर अपने संस्कारों के अनुसार उसका अभिनंदन करता है तथा 'अतिथि देवो भव' के आदर्श

का पालन करते हुए खूब आदर सत्कार करता है। महाशक्ति को भारत की सभ्यता व संस्कृति प्रभावित करती है। उसकी सम्पत्ति व संसाधन देखकर उसके मुँह में पानी आ जाता है। परंतु जब उसे देवता मान लिया गया तो बड़प्पन की भावना तो दिखानी ही थी। महाशक्ति ने भारत से कहा कि "मैं तुमसे बहुत प्रसन्न हूँ जो चाहो मांग लो" भारत ने कहा कि उसके यहाँ अतिथियों को उपहार देने की परंपरा है, उनसे लेने की नहीं। महाशक्ति ने कहा कि नए युग में नई परंपरा डालो और मेरा उपहार स्वीकार करो। आज मैं तुम्हें उपहार में देता हूँ निर्वात, जिसे वैक्यूम भी कहते हैं। भारत ने बहुत मना किया पर महाशक्ति ने एक न सुनी और निर्वात देकर चलने की तैयारी की। भारत को बहुत संकोच हुआ इसलिए उसने उससे फिर से कुछ उपहार लेने को कहा। महाशक्ति ने मुस्कुराते हुए कहा कि निर्वात की मेहरबानी से उसे सब कुछ मिल जाएगा।

अब असली समस्या शुरू हुई। भारत का आकाश महत्वाकांक्षाओं से और धरती सुविधा देने वाले सामानों से भर गई। भारत निर्वात को पाकर झूम गया कि उसका परिवार, पड़ोसी व सबंधी सभी निर्वात से घिरे हुए थे। ऐसा लग रहा था मानो किसी ने हर व्यक्ति को अकेले एक शीशे के चेंबर में बंद कर दिया हो। आप यह तो जानते हैं न कि निर्वात में ध्विन यानी आवाज सुनाई नहीं देती, सो किसी को किसी की आवाज नहीं सुनाई दे रही थी। सारे पुरूष कंपनियों के दफ्तरों और बोर्ड रूम में तथा सारी स्त्रियां सज सँवर कर टी.वी. के सामने कुटिलता भरे

एपीसोड मंत्र मुग्ध होकर देखने में व्यस्त हो गई । नन्हें दुधमुंहे बच्चे क्रैश में बन्द हैं। कभी वे हंसते तो कभी वे रोते हैं, पर उन्हें न स्पर्श किया जा सकता है, न उनसे बात करके उन्हें कुछ सिखाया जा सकता है। सभी किशोर कोचिंग संस्थानों में, युवा हॉस्टल में और वयस्क विदेशों के निर्वात में बंद हो गए और हाँ वृद्ध माता पिता के लिए ''ओल्ड एज होम'' भी इसी निर्वात का हिस्सा बन गए है।

सभी की दशा ऐसी नहीं थी। कुछ लोग अपने घरों के निर्वात में भी थे। बूढ़े - बीमार लोग अपने बिस्तरों पर पड़े कराहते रहते थे पर दो फीट की दूरी पर खड़े बेटे या बहू को उनकी आवाज सुनाई नहीं देती थी। किशोर और युवा अपने कानों में इयरफोन लगाए रहते तो उनका संसार से कोई संबंध नहीं रहता था। पड़ोसियों का निर्वात तो कंक्रीट का बना था । इसलिए पता ही नहीं चलता था कि दीवारों के उस ओर कोई है भी या नहीं? तब भारत को लगा कि निर्वात का उपहार तो अभिशाप से भी बुरा निकला । उसने महाशक्ति से उपहार वापस लेने को कहा तो उसने अट्टहास करते हुए कहा, "निर्वात के दम पर ही मैंने तुमसे दौलत कमाई है। तुम्हारे होनहार विद्वान, कर्मठ पुत्र मेरे लिए कम से कम वेतन में अधिक से अधिक काम कर रहे हैं। मेरी कंपनियों का कूड़ा तुम्हारा आहार व औषधि बनकर मुझ पर धन की वर्षा कर रहा है। उसे वापस लेना तो मूर्खता होगी। अब तुम्हीं निबटो अपने दम पर अगर निबट सको।" अब भारत रोज निर्वात को तोड़ने की कोशिश में हर तरह के हथियार – औजार चला रहा है। पर निर्वात है कि टूटता ही नहीं। क्या आपके पास कोई उपाय है इस निर्वात को तोडने का?



श्रीमती आशा सिंह हिन्दी विभाग

सत्य बन शिव बन

(संसार में व्याप्त बुराइयाँ विष के समान हैं। इन विष रूपी बुराइयों को हमें अमृत रूपी अच्छाइयों में बदलकर आदर्श मनुष्य का कर्त्तव्य निभाने की प्रेरणा दे रही हैं श्रीमती अंजनी......)

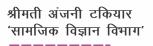


चहुँ ओर हलाहल ।
कल कल निर्मल
निर्झर सा झर,
पग पग निर्भय
जीवन पथ पर ।
यथार्थ से रच कर,
सत्य से सज कर,
लघुता से मुक्त हों,
असीम से बँघ कर,
तम में आलोक बन,

भटकों की राह बन, ज्ञान की प्यास बन, प्रेम की ज्योति बन, साथर्कता का मान बन, आडम्बरों से मुक्त हो । चल शिव बन चल, विष का पान कर भी। अमृत का कर सृजन, भ्रम से हो परे शाश्वत बन, ज्ञान बन ।

जो तू है मानव तो दो विकल्प हैं तेरे, या तो पशुवत बन या पूर्ण जन बन पशुता निर्भरता का रूप, पशुता बेड़ियों का स्वरूप, त्याग दे इस रूप को, पूर्णता को प्राप्त कर । भाव बन, विचार बन अध्यात्म से सराबोर हो, मुक्त हो, विमुक्त बन अमरत्व की राह बन मनुष्यता को पूर्ण कर । तू तो बस कृष्ण बन मृत्यु को जीत ले सत्य बन शिव बन ।





रोचक तथ्य

- नमक से बना शहर—सहारा में तेगज्जा नामक शहर पूर्ण रूपेण नमक से बना हुआ है।
- 2. घातक पक्षी केसोवरी—मुर्गी के आकार का केसोवरी पक्षी एक ऐसा पक्षी है जो अपने पंजे से आदमी और किसी भी जानवर को छुरे की भाँति फाड़ सकती है।
- बरमूडा ट्राइएंगल यह समुद्र का ऐसा क्षेत्र है जहाँ कोई भी जलयान या पनडुब्बी गायब हो जाती है और लौटकर नहीं आती।
- 4. दस आदिमयों की बुद्धि वाला व्यक्ति— लियोनार्डो द विंसी ऐसे व्यक्ति थे जिनमें दस आदिमयों की बुद्धि थी। वह एक पेंटर, आविष्कारक, इंजीनियर और न जाने क्या—क्या थे।
- 5. ग्यारह मस्तिष्क वाला प्राणी—रेशम के कीड़े के 11 दिमाग होते हैं।



- 6. सपने— हर रात सोते समय पाँच रंगीन सपने देखते हैं। और हर सपना 10 मिनट से 30 मिनट तक चलता है। नेत्र हीनों का सपने में दृश्य दिखाई नहीं देते ध्वनियाँ सनाई देती हैं।
- 7. रंगों की पहचान हमारी आँखें इतनी संवेदी हैं कि ये 1700 रंगों को अलग—अलग पहचान सकती है।
- 8. पानी पीने की मात्रा— एक व्यक्ति अपने जीवनकाल में औसतन 20000 गैलेन पानी पी जाता है।
- 9. हंसने का गुण— सभी जीवों में मनुष्य एक ऐसा प्राणी है जिसमें हंसने का गुण है और कोई प्राणी हंस नहीं सकता।



संकलन—डा० रूपाली नाथ हिंदी विभाग

माँ की प्यारी बेटियाँ

(इनको आंसू भी मिल जाएं तो मुस्काती हैं, बेटियां तो बड़ी मासूम हैं जज्बाती हैं। बेटियां पुरनूर चरागों सी हैं हरदम, रौशन करती हैं जिस घर में चली जाती हैं।। लेखिका ने इसी से संबंधित विचार प्रस्तुत किये हैं।)



सचमुच बेटी हमारे प्राण हैं, हमारी शान है, आनबान हैं। वे हमारे दिल का अरमान है परन्तु युगों से चली आ रही परम्परा के कारण बेटी आज भी अच्छी नहीं मानी जाती हैं, जिसके अनेक कारण हैं। बेटी की शादी में दहेज देना, उसका मिलने वाले परिवार की चिन्ता इत्यादि। माता—पिता इसी से परेशान रहते हैं। आज भी मान्यता है कि बेटी होने से मेरा परिवार आगे नहीं बढ़ेगा, जबिक यह सोच गलत है। बेटी से तो दो परिवार बढ़ते हैं। अगर बेटी नहीं होगी तो सचमूच हमारा वंश बढ़ना ही बंद हो

जाएगा। जब माँ बच्चे को गर्भ में रखती है तो कुछ नहीं सोचती हैं। उसे बस ममत्व रहता है— केवल ममता। दुनिया उसे सोचने को मजबूर करती है कि पहला बेटा हो जाए तो अच्छा है। आजकल तो छोटा परिवार ही होता है। लड़की पराई होती है। लेकिन यह नहीं सोचते हैं कि बेटी पराई होने के बाद भी अपनी ही होती है। पुरानी मान्यता थी कि बेटी की डोली ससुराल में उतरे और अर्थी भी वहीं से निकले तो शुभ है जबिक आज मान्यताएं बदल गई है। बेटी को बराबर का दर्जा दिया गया है जो बिल्कुल सही है। बेटा आपकी इतनी देखभाल नहीं कर सकता, जितना बेटी कर सकती है। क्योंकि—

बेटा वारिस है, बेटी पारस है। बेटा वंश है, बेटी अंश है। बेटा आन है, बेटी शान है। बेटा तन है, बेटी मन है। बेटा संस्कार है, बेटी संस्कृति है। बेटा भाग्य है, बेटी विधाता है। बेटा शब्द है, बेटी अर्थ है। बेटा प्रेम है, बेटी पूजा है। आज की बेटियाँ माँ—पिता का नाम रोशन कर रही हैं। कितनी ऊँचाइयों पर जा रही है। जल सेना, थल सेना, वायु सेना तथा पुलिस में कार्य करके देश सेवा, शिक्षा, स्वास्थ्य में भी नौकरी, व्यापार सबकुछ कर रही है। आज बेटियाँ किसी से कम नहीं है। एक बेटी दस बेटों के बराबर है। हम सब बेटियों का सम्मान करें। उन्हें उनके अधिकार दें। वे हमारी शान हैं, आन हैं, बान हैं देश और जहाँ की तस्वीर बदलने वाली हैं। 'माताओं, बहनों, बेटियों दुनिया की जन्नत तुमसे हैं' ये उद्गार भारत के प्रधानमंत्री नरेन्द्र मोदी जी के हैं, जो 22 जनवरी 2015 को हरियाणा के पानीपत शहर से ''बेटी बचाओ, बेटी पढ़ाओ'' अभियान की शुरूआत कर चूके हैं।

भारतीय संस्कृति में 'यत्र नार्यस्तु पूज्यंते रमंते तत्र देवताः' कहकर स्त्रियों की महत्ता बताई गई हैं, परन्तु वर्तमान में भारत के लोग इसे भूल चुके हैं। पुत्र को पुत्री की अपेक्षा श्रेष्ठ समझना तथा पुत्री को बोझ मानते हुए उसकी उपेक्षा करना अमानवीयता है! अपराध है। हम चाहते हैं बहू तो पढ़ी लिखी मिले, लेकिन बेटियों को अच्छा पढ़ाने के लिए तैयार नहीं होते। आखिर दोहरापन कब तक रहेगा? यदि हम बेटी को पढ़ाएंगे तो ही तो शिक्षित बहू पाएंगे। अतः चेत जाइए।

कन्या भ्रूण हत्या से लिंग अनुपात में असंतुलन पैदा हो गया है । समाज से कन्या भ्रूण हत्या की कुप्रवित्ति मिटाने के लिए केन्द्र सरकार ने ''बेटी बचाओ, बेटी पढ़ाओ''

अभियान की शुरूआत की है। अतः हमारी बेटियों का भविष्य उज्ज्वल है। आइए, इस अभियान का हिस्सा बनें।



______ श्रीमती रेनुका पाण्डेय गणित विभाग

तरंग

मानवीय भावनाओं का संसार बहुत बड़ा और विज्ञान बहुत छोटा है । वास्तव में जहाँ विज्ञान खत्म होता है वहाँ से भावनाओं का संसार आरम्भ होता है। विज्ञान की आयु मात्र चार सौ वर्ष की ही है जबिक भावनाएं मानव के जन्म के साथ से ही अपने रंग बिखेर रही हैं । विज्ञान के माध्यम से हुई उपलब्धियों पहले से ही विद्यमान थी जिन्हें जाना बाद में गया परन्तु जान पाने से बहुत अधिक बड़ा क्षेत्र अभी बाकी है जबिक भावनाओं का विशालतम क्षेत्र आदि काल से ही जाना और समझा जा रहा है । भावनाओं का ही दूसरा नाम है तरंगें। यह सम्पूर्ण संसार तरंगों से आन्दोलित है जैसे भक्त अपनी प्रभुभक्ति की श्रद्धा सिक्त तरंगों से ऐसा आन्दोलित करता है कि उन्हें प्रकट होने के लिए विवश कर देता है । हमने सुना भी है कि 'प्रबल प्रेम के पाले पड़कर प्रभु को नियम बदलते देखा', किसी की याद दिल की गहराइयों में उठने पर उसका घर आ जाना, अथवा फ़ोन आ जाना, सोचना और काम हो जाना या सोचे प्रश्न का उत्तर आ जाना आदि — आदि तरंगों की संप्रेषण शक्ति के प्रमाण है । हमारे इतिहास पुराण ऐसे असंख्य उदाहरणों से भरे हुए है ।

यह नहीं कि प्रेम की तरंगों की ही शक्ति निराली होती है। घृणा, ईष्या, द्वेष, अपमान व निंदा की तरंगें प्रेम के महाभाव से भी अधिक वेगवान होती है। बुराई में भलाई से अधिक प्रबल शक्ति होती है, इतनी कि भलाई पराजित होते हुए महसूस होने लगती हैं, लेकिन अन्त में सत्य, भलाई, अच्छाई की ही विजय होती है क्योंकि बुराई में गित तो हैं, स्थायित्व नहीं है। मधुर भाव अपनी तरंगों से हृदय गुहा का स्पर्श करते हैं। हमें मुग्ध करते हैं और अन्तस् में स्मृतिचित्र को अंकित ही नहीं, टंकित कर देते हैं। आजीवन हम उन तरंगों और चित्रों से ऊर्जा प्राप्त करते रहते हैं।

तरंग का जादू ही सर्वत्र कार्य करता है, सौन्दर्य देखा कि तरंग जगी एक बार पुनः देखो। स्वाद की तरंग नासिका में पहुंची कि स्वाद के लिए मन ललचाने लगा। कोमल कमनीय स्पर्श की तरंग ने मन प्राण छू लिए तो उसी साथ की चाह पुनः जगती है। माँ का स्पर्श रुग्णता को छूमंतर कर देता है। संगीत की तरंगें आत्मा को ब्रह्मानंद में डुबो देती है। स्पर्श का मनोविज्ञान आकर्षक ही नहीं बल्कि चिकित्सा थेरेपी भी है। बड़े से बड़ा अपराधी प्रेम की तरंगों से शांत हो जाता है और उग्रता भरी तरंगों के स्पर्श करते ही हिंसक हो उठता है।

गुरु की पराशक्ति की तरंगों से भरे आशीर्वाद वह शक्ति, वह तरंग पैदा करते हैं कि शिष्य निहाल हो उठता है। परमहंस श्री राम कृष्ण जी ने नरेन्द्र, जिन्हें कालांतर में स्वामी विवेकानंदजी के नाम से जाना गया, को जब पैर के अंगूठे से स्पर्श कर देते हैं जो नरेन्द्र के प्रश्नों की विशाल श्रृंखला समस्त उत्तर पा लेती हैं। वे न केवल मौन हो जाते हैं, अपितु स्वामी रामकृष्ण के क्रीतदास बन जाते हैं। सचमुच तरंगों का कमाल बेमिसाल है।

यदि हम सकारात्मक तरंगें संप्रेषित करें तो यह संसार आनंद की कुटिया बन जाए परन्तु किसी का उत्कर्ष देखा नहीं कि नकारात्मक तरंगों की बौछार आरंभ हो गई और यही कारण है कि समाज में दुःख, कलेश, कलह, चिन्ता व तनाव समाप्त नहीं होता। अतः आइए सकारात्मक, भावात्मक व प्रेमपरक तरंगों से दूसरों से मिलें, बात करें और अपनों व दूसरों की जिन्दिगयों में सूख व आशा का संचार करें।

श्रीमती अर्चना श्रीवास्तव अंग्रेजी विभाग

प्रकृति का वरदान- नियाग्रा

एअर कनाडा का श्वेत रिक्तम विमान पन्द्रह हजार कि. मी. का सफर तय करने के लिए हजार कि.मी. प्रति घंटा की रफ्तार से उड़ रहा है। सभी यात्री सुखद निद्रा में मग्न हैं। यात्रियों को पता नहीं कि उन्हें गीतों की मधुर धुन सुलाए हुए है या सुखद उड़ान। शायर गुलजार गूंज उठते हैं हृदय पटल पर —

> चलो दरवाजा खोलो प्लेन का, चलो बाहर चलें कुछ देर टहलें बादलों पर। जुराबें खोलकर कुछ दूर नंगे पाँव चलते हैं। चलो देखें तो जब पांव नहीं पड़ते जमीं पर, तो कैसा लगता है?

मन मुस्कुरा उठता है सचमुच गुलजार गुलजार है, उनका कोई जोड नहीं।

विमान की तीव्रतम गित का कोई आभास नहीं होता, सुखद आरामदेह यात्रा गन्तव्य पर पहुँचती है। विशाल एयरोड्रम पर रात्रिकालीन बेला में वहाँ करोड़ों रौशन बल्बों के जाल पर प्लेन उतरने जैसा गुमाँ होता है। सारा आकाश चमकते सितारों के साथ नीचे ठहरा लगता है और वहीं ठहर गए हम!

दूसरे दिन टोरंटो में स्थित अद्भुत जल प्रपात नियाग्रा पहला लक्ष्य बना। सामने है खूबसूरत वादियों में परी लोक सी सुंदर दुनिया! सड़क की दोनों तरफ एवरग्रीन पेड़ों की लंबी कतारों से सजा राजमार्ग। बगीचे मानो सड़क पर उतर आए हैं। उस अदृश्य कुशल चितेरे ने बड़े मनोयोग पूर्वक इस देश पर हरीतिमा उड़ेली है। दूर तक प्रदूषण रहित स्वच्छ शुभ्र आकाश, एकदम नीला, नीचे झुकता हुआ, पृथ्वी को गले लगाने को आतुर! आप इस मिलन को क्षितिज, (होराइजन) नाम दे दीजिए परन्तु यह शाश्वत का शाश्वत से मिलन ही है। गन्तव्य आ पहुँचा है। प्रकृति का वरदान नियाग्रा सामने हैं। हम उत्साह पूर्वक दौड़ पड़े उसके दीदार के लिये!

टोरंटो विभिन्न संस्कृतियों, जातियों, धर्मों, वर्गों का शहर है और वे इस कदर घुल मिल गए हैं कि भिन्नताओं के बावजूद कई समानताएं मिल जाएंगी। नया और आधुनिक देश है यह! दो सौ पच्चीस सालों में विकसित देश न कि हमारी तरह इसकी सभ्यता हजारों वर्ष पुरानी है परंतु टोरंटो खासकर पर्यटन का मन भावन, नयन लुभावन केन्द्र है। प्रकृति की बेशुमार दौलत से मालामाल कनाडा देखते ही बनता है। दूर तक फैले अंगूर लताओं के खेत और खेतों के बीचों बीच बनी वाइनरीज मदिरा प्रेमियों के लिए नन्दन वन है। हम नियाग्रा के बिल्कुल सामने हैं। जल प्रवाह का दर्शन विचारों को गति देता है और हमारे गरल जीवन को आनन्द का तरल स्पन्दन देता है। खो जाएंगे आप, भूल जाएंगे दीन दुनिया! यह विमुग्धकारी क्षण है। प्रबल झंझा से गिरने वाली नियाग्रा की धारों और फुहारों से छिटकती बूँदों से हम काफी दूरी पर मोटर बोट से सेर करते हुए भी भीग रहे हैं और सिहर भी। यद्यपि अप्रैल – मई इनकी ग्रीष्म ऋतू है और यहाँ के लोग कम कपड़ों में इन बूँदों और तेज बहती हवा का झूम कर आनन्द ले रहे हैं तथापि यह अपनी शरद ऋतु से अधिक शीतल है। प्लास्टिक के रेन कोट भी निष्प्रभावी सिद्ध हुए! पूरी गति से गिरते पानी की धाराएं अपने वेग और शोर से भयावह लग रही हैं पर आनन्द दायक भी! 'जर्नी बिहान्ड दि फाल्स' नाम के हैलीकाप्टर की सवारी हो या फिर स्काई लॉन टावर के रिवाल्विंग रेस्टोरेंट में लंच लेते हुए प्रकृति के वरदान इस जल प्रपात को देखना ताउम्र याद रहने वाला एक खुबसूरत लम्हा बन गया है। सर्वथा अविस्मरणीय। शायर ठीक ही प्रेरणा भरता है– सैर कर दुनिया की गाफिल जिन्दगानी फिर कहाँ.....?

नीड़ पर लौटे तो शाम हो रही थी। स्नोफॉल की चेतावनी पहले ही जारी की जा चुकी थी। अमूमन मार्च अप्रैल में हिमपात नहीं होता। दयालु प्रकृति ने इन आँखों को सुख देने 'अतिथि देवो भव' की अवधारणा के तहत हमारी यह इच्छा भी पूरी की। शीतल श्वेत हिमकणों की वर्षा आरंभ कर दी, वैसे भी मौसम यहाँ बेहद अनिश्चित होता है। इस मौसम के ध्यान में आ जाने के कारण ही किव कह उठा होगा— 'मौसम की तरह बदल न जाना।' अचानक शुरू हुए हिमपात जिसे यहाँ 'फ्ल्रीज' कहा जा रहा है, से तीव्र हवा आ मिली है और तेजी से उड़ती यह आड़ी तिरछी बर्फ या फ्ल्रीज घर की छतों, सड़कों, दीवारों, पार्कों, झूलों, वृक्षों, पौधों, तिनकों और शाखाओं सब पर जमा होने लगी है। हिमपात ने हवा की गित से ताल मिला लिया। पूरी धरती पर चमकदार श्वेत रंग का कालीन बिछ गया। अब मोटी—मोटी बर्फ की बूँद नहीं बिल्क बूंदा गिर रही है। इन्हें 'आइस पैलैट्स' कहते हैं। रात का दृश्य बेइंतिहा चित्ताकर्षक है: आइस पैलेट्स को छूने की चाह में जरा सी खिड़की खोलने की कोशिश हिडडयों को चीर देती है। झट बन्द कर देती हैं। शीशे (खिड़की) से ही

हिमपात देख लेती हूँ। सड़कों पर लैम्प पोस्ट की लाइट श्वेत बर्फ की चादर से टकरा कर बड़ी रमणीय केसरिया आभा उत्पन्न कर रही है मानो भारत माता का फैला विशाल केसरिया अंचल हो। आँखों से गट्-गट् दृश्य पी रही हूँ! वृक्षों की पतली टहनियों, मोटी शाखाओं यहाँ तक कि फूनिगयों पर बर्फ के जमा सघन कणों को देखकर ऐसा प्रतीत होता है जैसे इन्होंने अपनी स्वाभाविक हरीतिमा छोडकर हीरक वसन धारण कर लिए हों। इन्होंने कहीं सुन तो नहीं लिया- "हीरा है सदा के लिए"! घरों की ढलवा छत बर्फ से अट गई है। कोई बडा से बडा चित्रकार न जाने कितने दिनों में पूरा करता इतनी बड़ी पेन्टिंग जिसे उस महान कलाकार ने कुछ ही क्षणों में हरे से श्वेत रंग में रंग दिया। यह लो, यह क्या? एक वृक्ष की मोटी सी शाखा इन भारी हीरक हारों का बोझ न सह पाने के कारण चरमराकर अपने परिवार से विलग नीचे आ गिरी। बात ठीक है, हमारे बुजुर्गों की कि इतना सोना किस काम का जो कान फाड़ दे। दूसरे पेड़ की शाखा भी असहय बोझ के कारण अभी-अभी गिरी है। चाहे प्रकृति शीत में कंपा दे, वृक्षों को धराशायी कर दे। पशु पक्षियों को निराहार व्रत करवा दे लेकिन यहाँ के बाशिन्दे कोई भी शिकायत नहीं करते बल्कि प्रकृति को प्यार करते हैं। नए-नए पौधे रोपते रहते हैं। स्कृली बच्चों को विशिष्ट दिवसों पर पौधों का उपहार मिलता है। मातृभूमि से प्रेम की मनोरम झाँकी पर मुग्ध हूँ।

केसरिया रात्रि समाप्त हुई। हिमपात का दृश्य इतना अद्भुत होगा, कल्पना नहीं की थी। यात्रा वृतान्त सुने, पढ़े पर जो चित्र आँखें देख रही हैं उससे 'कागद की लेखी और आँखिन की देखीं' का अन्तर मन को अभिभूत किए हुए है। ''सच है, सारी दुनिया से दूर हो जाए जो जरा तेरे पास हो बैठे।''

प्रातःकाल हो गया है। बर्फबारी थमी है। बादलों के बीच से फूटता रिक्तम प्रकाश। श्वेत बर्फ को स्वर्णिमा प्रदान करता हुआ। गिलहिरयाँ, खरगोश भोजन की तलाश में घर के बैकयार्ड और फ्रंटयार्ड में घूमते दिख रहे हैं। यहाँ की गिलहिरयां भी खरगोश जैसी होती हैं बड़े घने फर वाली, उनका फर प्रबल शीत से रक्षा जो करता है। यद्यपि उन्हें भोजन डालना मना है परन्तु पशु—पिक्षयों से नैसर्गिक प्यार बच्चों को विवश कर देता है। वे आहार ग्रहण करते समय उनका फुदकना देखकर आनिन्दित हो रहे हैं। बैकयार्ड के पीछे घना जंगल है जिसे यहाँ 'रवीन'' कहा जाता है। पृष्ठभूमि में रवीन वाले बंगले आदर्श और बहुमूल्य माने जाते हैं। शीशे के पार दूर तक फैली हिरयाली किव पंत की याद दिलाती है —

शस्य श्यामला भू का यौवन अंतरिक्ष का हृदय लुभाता धरती का आँगन इठलाता नंदन बन धरती पर आता

यहाँ प्रकृति के चित्र विचित्र हैं। रात्रि होने तक शाम मुस्कुराती रहती है। शाम हो चली है पर सूर्य दिन सा चमक रहा है कि अचानक बादलों के झुण्ड ने तेजस्वी सूर्य को ढक लिया। समय—समय की बात है। तब सोचिए हमारी क्या बिसात है? जो दुर्दिनों के बादलों से बच जाएँ। बादलों के बीच से रक्तिम प्रकाश फूटा और अस्ताचल की ओर सूर्य देव उतरने लगे। प्रसाद जी चेतना में चमक उठे—

दिवस का अवसान समीप था, गगन था कुछ लोहित हो चला, तरूशिखा पर थी राजती कमलिनी कुल वल्लभ की प्रभा झलकने पुलिनों पर भी लगी गगन के तल की वह लालिमा, सरित और सर के जल में पड़ी, अरूणता अति ही रमणीय थी।

सूर्योदय और सूर्यास्त में प्रकृति श्रृंगार सज्जा से युक्त उस अनुपम अतुलनीय परम सत्ता का प्रतिरूप दिखाई देती है जो स्वयं सौन्दर्य की खान है, फिर सौन्दर्य, और सौन्दर्य ही तो बहेगा सर्वत्र। देखने वाले के मन में बसेगा भी! देखने वाली आँखें तो हम पैदा करें! हमारी आँख जहाँ व्यस्त है, वह तो उस सौन्दर्य की परछाईं है और परछाईं कभी पकड़ में नहीं आती, फिर भी हम खोए हुए हैं। अभी अभी कुछ हंसों ने उड़कर आकाश के अनन्त शून्य को मंग किया है वरना वे किसी योगी—यती—मुनि जैसे शान्त तप—रत थे। अपनी यायावरी वृत्ति वे आकाश को भी सिखाना चाहते हैं परन्तु नहीं जानते कि प्रकृति के ये उपादान पहाड़, पृथ्वी और नभ शांत ही भले! 'चरैवेति — चरैवेति' का औपनिषदीय वाक्य इनके लिए नहीं है। दूर—दूर तक फैली नीरव शांति हिमालय के अंचल में तपस्या रत योगियों के आवास का सा अनुभव दे रही हैं, बस्ती का नहीं। ऊपरी मंजिल से विहंगम दृश्य दिखता है और मुख से स्वतः निकल पड़ता है—

तारीफ उस खुदा की जिसने जहाँ बनाया। कैसी जमीं बनाई, क्या आसमां बनाया।।



डा0 आशा शर्मा अध्यक्ष, हिन्दी विभाग



मिलेगी सफलता

(सफलता प्राप्ति हेतु दृढ़ निश्चयी होना अति आवश्यक है। इसी भाव को व्यक्त कर रहे हैं यश.....)



मिलेगी सफलता, बस मेहनत तू कर। थोड़ा सा विश्वास कर, मिल जाएगी डगर। कठिनाइयों को देखकर, लंबी सांसें न तू भर। डर कर असफलता से, बीच मार्ग में न बिखर। मिलेगी सफलता, बस मेहनत तू कर। बस साहस तू कर।



यश गुप्ता नवम् – ब

भ्रष्टाचार मिटाओ, नया भारत बनाओ

(युवा पीढ़ी यह समझ चुकी है कि जब तक भ्रष्टाचार नहीं मिटेगा, तब हमारा विकसित भारत का सपना पूरा नहीं होगा। इन्हीं विचारों को प्रस्तुत कर रही हैं अनन्या......)



पिछले कुछ वर्षों से एक मुद्दा पूरे भारत में चर्चा का विषय बना हुआ है। ऐसा नहीं है कि इससे पहले कोई मुद्दा नहीं था या आगे भी कोई समस्या नहीं होगी किंतु जिस वृहत स्तर पर इस मुद्दे पर लोग एकजुट होते हैं और चर्चा करते हैं वह अपने आप में संभवतः अकेला ही एक ज्वलंत विषय है और यह है भ्रष्टाचार।

भ्रष्टाचार एक ऐसा दीमक है जो किसी भी देश को खोखला कर सकता है। हमारे देश में भ्रष्टाचार चरम सीमा पर है। इसकी जड़ें बहुत दूर तक फैल चुकी हैं। इसके कई रूप हैं जैसे रिश्वतखोरी, काला बाजारी, जानबूझ कर दाम बढ़ाना आदि। भ्रष्टाचार एक बीमारी है, इसका समय रहते निवारण करना होगा। इस दानव से छुटकारा पाना आज संपूर्ण समाज की समस्या बन चुकी है।

'स्वार्थ—लिप्सा इसकी जननी तथा भौतिक एश्वर्य की चाह इसका पिता है।' आज भारतीय जीवन का कोई भी क्षेत्र सरकारी या गैर सरकारी, निजी या सार्वजनिक ऐसा नहीं है जो भ्रष्टाचार से अछूता रहा हो। भ्रष्टाचार के इतने अधिक फैलने का प्रमुख कारण है —''यथा राजा तथा प्रजा''। जब आज के नेता तथा प्रशासक सभी भ्रष्ट हैं तो अधीनस्थ कर्मचारी भी जी—भरकर भ्रष्टाचार में डूबे रहते हैं। पैसा सभी को प्रिय होता है। बहती गंगा में सभी हाथ धो रहे हैं। सभी को केवल अपनी चिंता है, देश की चिंता किसी को नहीं है। लोगों का जीवन दर्शन है—

"खाओ – पियो, मौज करो"

भ्रष्टाचार दूर करने के लिए लोगों का ध्यान भारतीय संस्कृति और मानवीय मूल्यों की ओर आकृष्ट करना चाहिए। भ्रष्टाचार को हटाने के लिए वर्तमान चुनाव पद्धित में परिवर्तन जरूरी है। चुनाव आयोग तथा राजनैतिक दलों को मिलकर ऐसे नियम बनाने चाहिए, जिससे शिक्षित तथा स्वच्छ छिव वाले लोग ही चुनाव लड़ सकें। कर प्रणाली में भी सुधार जरूरी है। शासन व्यय में कटौती करके सबके सामने सादगी का आदर्श रखा जाना चाहिए। प्रत्येक नागरिक राष्ट्र को महान समझकर उसके गौरव को बनाए रखने के लिए तत्पर रहे। भ्रष्टाचारी को उसके अपराध का दंड मिल सके, इसके लिए कानून को कठोर दंड का प्रावधान करना चाहिए।

सदाचार रामबाण औषधि और परम धन है। देश से भ्रष्टाचार मिटाने के लिए सदाचार की पुनः प्रतिष्ठा की जानी चाहिए। सदाचारी लोगों का अभिनंदन किया जाना चाहिए। समाज में उन मूल्यों की पुनः प्रतिष्ठा की जानी चाहिए जिन पर भारतीय संस्कृति टिकी है।



अनन्या मल्होत्रा नवम— अ

आजादी

(अमर बलिदानियों की उज्ज्वल गाथा सुनिए उज्ज्वल से.....)



मरकर कैसे जीते हैं इस दुनिया को बतलाया,
स्वाधीन भारत का सपना लोगों को दिखलाया।
जब दौर चला स्वतंत्रता संग्राम का,
देश में जब उठी विद्रोह की ज्वाला।
देख अनेक बलिदानियों के बलिदानों से
दहल गया संसार सारा।
क्या काबा, क्या काशी
सब लड़े एकजुट होकर।
सुन उन वीरों की हुंकार,
हिल गया सारा ब्रिटिश साम्राज्य।
लहू बहाकर अमन चैन का फूल खिलाया,
अपने प्राणों की बलि दे, भारत माँ का मान बचाया।
भीषण संघर्ष के बाद मिली यह आजादी,
मत गिराओ दुनिया में इस आजादी का मोल।।



उज्ज्वल सिन्हा नवम–द

रूपये की आत्मकथा

('मुद्रा' की उत्पत्ति एवं विकास की रोचक कथा प्रस्तुत कर रहे हैं अनन्त.....)



मैं रूपया हूँ। मेरा रूप बड़ा आकर्षक है। मुझे पाने के लिए सभी लालायित रहते हैं। मुझे देखते ही लोग अपना सब कुछ भूल जाते हैं। विश्व के बड़े—बड़े युद्धों का कारण मैं ही रहा हूँ। यदि मैं न होता तो संसार में कुछ भी नहीं होता। सभी लोग मुझे स्नेह से रखते हैं। जिनके पास मैं नहीं होता, वह जीवन भर कष्टों से घिरा रहता है। इसके विपरीत जिस पर मैं मेहरबान हो जाता हूँ उसे किसी प्रकार के सुख — ऐश्वर्य की कमी नहीं रहती।

समय बदलता गया, साथ ही साथ मेरा रूप भी। कभी मेरी सत्ता शुद्ध चाँदी के गोल सिक्कों के रूप में थी, पर आज मेरा भिन्न रूप देखने को मिलता है। आज मेरे दो रूप हैं— एक तो मिश्रित धातुओं से निर्मित रूप तथा दूसरा कागज पर छपे नोट का रूप। यह ठीक है कि पहले मैं अत्यन्त कलात्मक, चमकदार तथा महंगी धातुओं — सोना या चाँदी से बनता था और आजकल कागजों पर छापा जाता हूँ, पर इसका यह अर्थ नहीं कि मेरे मान— सम्मान में कोई अंतर आया है। मेरी शक्ति, आकर्षण और मुझे पाने की चाह अभी प्रबल है।

मैं जिस किसी के पास भी गया, उसी ने मुझे सम्मानित किया। अपनी इस लोकप्रियता को देखकर मेरे हर्ष का ठिकाना न रहा। नोट बनाने की प्रक्रिया भी कम कष्टप्रद नहीं है। नोट मेरा ही भाई है। सर्वप्रथम कागज में निर्मित होने के लिए उसे अत्यंत कष्टप्रद प्रक्रिया से गुजरना पड़ा। मशीनों द्वारा काटकर उस पर भी दोनों ओर उसका नाम, मूल्य, देश, सरकारी चिहन आदि अंकित किए गए। आज वह मेरी ही भाँति गर्व से फूला नहीं समाता। यद्यपि हम दोनों भाई हैं, परंतु आजकल मेरा प्रचलन कम हो गया है और छोटे भाई नोट का प्रचलन अधिक, क्योंकि मेरा शरीर भारी है जबिक नोट का अत्यन्त हल्का—फुल्का। मुझे निर्मित करने में अपेक्षाकृत अधिक खर्च करना पड़ता है। इसलिए अधिकांश देशों में नोटों का प्रचलन अधिक है।

हम दोनों भिन्न-भिन्न प्रकार के लोगों के पास पहुँचते हैं। कभी कोई कृपण हमें तिजोरी में बंद कर लेता है, तो कभी कोई चोर हमें इस कारागार से मुक्ति दिलाता है। कभी कोई व्यक्ति हमें देकर अनेक वस्तुएँ खरीदता है, तो कभी कोई हमें पुनः बैंक में जमा करवा देता है, कभी हम निर्धन के झोपड़े में चले जाते हैं, तो कभी धनिकों के महल में। कुल मिलाकर हम जहाँ जिसके पास जाते हैं वहाँ हम भरपूर सम्मान के साथ अपनाए जाते हैं।



अनन्त सिंह नवम–द

ईमानदारी का फल

(ईमानदारी व्यक्तित्व को कैसे निखारती है, पढ़िए इस संकलित कथा के माध्यम से।)

यह बोध कथा ईमानदारी के महत्व का उद्घोष करती है।

मशहूर दार्शनिक सुकरात शीशे में अपना मुख देख रहे थे। उनका एक शिष्य यह देखकर मुस्कुराने लगा। सुकरात उस मुस्कुराहट में छिपे व्यंग्य को समझ गए और हँसते हुए बोले— मैं तो हर रोज शीशा देखता हूँ तािक मुझे यह एहसास रहे कि मैं कितना बदसूरत हूँ और फिर दिनभर ईमानदारी से इतना काम करूं कि मेरी बदसूरती ढक जाए क्योंकि ईमानदारी से हमारा आभा मंडल, इतना अधिक सात्विक हो जाता है कि लोग खिंचे चले आते हैं और ईमानदारी की तरंगों से भरे प्रसन्न वापस जाते हैं। इस पर शिष्य ने पूछा कि इसका अर्थ तो यह हुआ कि खूबसूरत लोगों को शीशा देखने की कोई जरूरत ही नहीं।

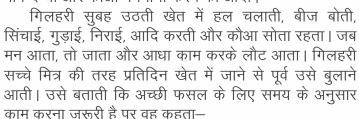
सुकरात फिर हंसे और कहने लगे— नहीं, ऐसी बात नहीं:, खूबसूरत लोगों को भी हर रोज शीशा देखना चाहिए ताकि उन्हें अपनी खूबसूरती का एहसास रहे और दिनभर कोई बेईमानी का कृत्य न करें कि जिससे उनकी यह खूबसूरती ही लोगों को बुरी लगने लगेः लोग उन्हें देखते ही दाएं—बाएं होने लगें। याद रखो मन से, वचन से और कर्म से, ईमानदारी का आचरण करने वाले की आत्मा बलवान बनती है और सूरत में आकर्षण भर जाता है। वह बड़े—बड़े लक्ष्य भेद सकता है और सदा विजयी होता है।

> विनायक तिवारी एकादश—स

समय की पाबंदी

(प्रस्तुत बोधकथा के माध्यम से जानिए कि समय का पाबंद न होने से किन—किन मुसीबतों का सामना करना पड़ता है।)

एक कौए और एक गिलहरी में बड़ी मित्रता थी। दोनों ने मिलकर एक खेत खरीदा और आधा—आधा बांट लिया। गिलहरी समय की पाबन्द थी और कौआ मनमानी करने का आदी।



तू चल मैं आता हूँ चुपड़ी रोटी खाता हूँ। हरी डाल पर बैठा हूँ ठंडा पानी पीता हूँ। अपने मन का राजा हूँ। जो जी चाहे करता हूँ।

फसल पक कर तैयार हो गई। गिलहरी समय से फसल काटकर घर ले आई। कौए को बुलाने गई तो फिर

वही गीत दोहरा दिया। कौए का अनाज तेज बारिश में बह गया और वर्षा के दिनों में अनाज नहीं मिलने से भूखा रहना पड़ा। गिलहरी और उसके परिवार खुश थे, कौए का परिवार दुखी। एक संत जो यह दृश्य देख रहे थे, बोले

समय की पाबंदी का महत्व न जानने वाला खुद तो दुखी रहता ही है, साथ ही उसका परिवार भी कष्ट पाता है।

सफलता, समृद्धि और शांति चाहिए तो सब काम नियत समय पर करो।



तान्या गुप्ता दशम–स

वृक्ष

(अपनी सुख सुविधाओं के लिए मनुष्य वृक्षों को दिन – प्रतिदिन काटता जा रहा है। इससे होने वाले खतरे से अवगत करवा रही हैं साक्षी.......)

> वन हैं पर्यावरण का श्रृंगार, यह देते हैं हमें खुशी बारंबार। फिर काट रहे पेड़ों को ये इंसान, मिटा रहे वनों का नामों निशान।।

पेड़ होते हैं जीवन का आधार, पर नहीं समझते निर्दयी इंसान। मूल कारण है जनसंख्या वृद्धि, एक दिन आएगा ऐसा, जब खतरे में होगी जीवन संस्कृति।।



साक्षी निषाद सप्तम–स

मृगतृष्णा के पार

देखते हम सपने अपनी आँखों से. देखते हैं खुद को आगे लाखों से। मिलती है उनमें मनचाही सफलता. मिलती है उनमें दिलखुश प्रसन्नता। लगने लगती ज़िंदगी खुदा से बड़ी, लगने लगती जिंदगी वरदानों की लडी।

देखते हम सपने अपनी आँखों से. देखते हैं खुद को आगे लाखों से। खुली आँख तो असलियत में पाया, जो कुछ भी सोचा था, सब गंवाया। पाया खुद को मृगतृष्णा संकट के पार, कडवी सच्चाई से मान गया हार।

देखते हम सपने अपनी आँखों से. देखते हैं खुद को आगे लाखों से। यथार्थ की असलियत के परे सोए रहे. भ्रामक दुनिया के सपनों में खोए रहे। मन के उस भ्रम से हो खडे, दुनिया में अकेले रो पडे।

कड़वी सच्चाई से मन गया हार, छल कपट का बडा गर्म था बाजार, जो पीछे था वो आगे खडा था। जो आगे था वो गिर पडा था। गिर पडा नहीं गिराया गया था। सबकुछ सेट करवाया गया था।

फिर देखेंगे सपने, हम फिर आगे होंगे.

सुना है झूठ के पांव नहीं होते हैं। इस बार खड़ा हो गया तो क्या, फिर देखना, आगे जाकर हारेगा विजयश्री हम पर पुष्प हार वारेगी सपने अपने आँखें अपनी फिर आगे होंगे हम।





नमन समतानी

स्वप्न नगरी

(एक सुंदर स्वप्न से अवगत करवा रही हैं अदिति....)

चारों तरफ अंधेरा. नन्हीं कली के हर तरफ, ठंडी हवाओं का डेरा। बन्द कर कोमल अखियन को. कहने लगी अँगडाई लेकर, सोने का वक्त हो चला मेरा। तो थोडी ही देर में. एक पत्ते के सहारे. नन्हीं कली सो गई। और किसी अनजानी सी. सपनों की दुनिया में, वह बेचारी खो गई। खो कर पाया उसने. एक प्यारा सा सपना। अनजान होते हुए भी था, जो उसका अपना। मिली शक्ति जुट गई, सफल करने को सपना ।



अनाथ बच्चे

(अनाथ बच्चों के दर्द से सिहर उठते हैं संवेदनशील अलख!)

अनाथ बच्चे क्या बच्चे नहीं होते । क्या वो दिल के सच्चे नहीं होते ।। क्यों इन्हें इनका हक नहीं मिलता । क्यों इन्हें कोई अपना नहीं कहता ।। क्यों ये दर - बदर की ठोकरें खाते हैं । और फिर भी अपनी किस्मत पर मुस्कराते हैं ।। शायद लोग इन्हें अपनाने से डरते हैं । दूसरों का वंश अपनाने से बचते हैं । । पर इस संसार में कौन किसका हुआ है । अपने खुन ने अपनों से दगा किया है ।। जिन औलादों को माँ बाप ने प्यार से पढाया । उन्होंने ही बुढ़ापे में उनको सताया । । जायदाद के लिए भाई ने भाई का कत्ल किया । फिर कैसे खून का रिश्ता ही सबसे बड़ा हुआ ।। अगर कहीं ये अनाथ बच्चे राह से भटक जाएँ । हो सकता है ये समाज के लिए कोढ़ बन जाएँ ।। लेकिन अगर कोई इन्हें अपना ले तो क्या बात है! और सही राह दिखला दे तो कमाल हो जाए। तब ये भी अपनी सच्ची प्रतिभा दिखाएंगे । और देश का नाम ऊँचा ले जाएंगे । ।



अलखदीप सिंह कक्षा – बारह (य)

हरियाली

(प्राकृतिक दृश्य का सुंदर चित्रण.....)



हरी डालियों में एक कली खिली, सुन्दर तितली आकर बोली। मुझे तुम हो बहुत पसंद, जागो, मैं खेलूंगी तुम्हारे संग।।

जाग गई कली, सुनकर खेल की बात। महकने लगी खुशबू प्यारी, मुस्काने लगी क्यारी-क्यारी।। हंस उठी बगिया न्यारी।।



अनन्या पाल अष्टम्—ब

माँ

(माँ के जन्मदिवस पर उनके प्रति कृतज्ञता व्यक्त कर रहे हैं कक्षा आठ के सिद्धार्थ....)

तुमने जीवन के पथगामी रास्ते पर, मुझे रास्ता दिखलाया। चक्षुदात्री, ज्ञानदात्री, आदर्श स्वरूपा हो, तुम माँ। चाहे कुछ भी कोई कहे विश्व पटल पर, तुम सदा विजयी हो माँ। मेरी तो तुम आदर्श स्वरूपा, दूसरों के लिए, दुर्गा रूपी हो। धन्य हूँ मैं जन्म लेकर, और तुम्हारे चरण कमलों की रज को पाकर। अधर्म से दूर धर्म का अमृत दिया है तुमने मुझे सदा कृष्ण भक्ति का महत्व समझाया, दिया है-ज्ञान का अमृत मुझे। काम अवश्य करूँगा ऐसा, तुम्हें याद करेगा जग, कि माता थी तुम उस पुत्र की-जिसने कृष्ण भक्ति का प्रचार किया, विश्व भर में जग में बदलाव किया, कृष्ण भक्ति का अमृत बाँटा। लोगों को खुशहाल किया।





सिद्वार्थ सिंह अष्टम—ब

सच्ची बात

(प्रेरणादायक संकलन ...)

प्रसिद्ध विचारक खलील जिब्रान ने कहा था — ' तुम्हारे बच्चे तुम्हारे नहीं हैं । वे जीवन की आकांक्षा हैं, स्वयं को बनाए रखने की । वे तुम्हारे द्वारा जन्म लेते हैं, लेकिन तुम्हारी अमानत नहीं हैं । तुम उन्हें अपना प्रेम दे सकते हो, अपने विचार नहीं, क्योंकि उनके अपने विचार होते हैं । उनके शरीर तुम्हारे पास हैं, उनकी आत्माएं नहीं, क्योंकि आत्माएं 'कल' के भवन में बसती हैं, जहाँ तुम सपने में भी प्रवेश नहीं कर सकते । उन्हें अपने जैसा बनाने की कोशिश मत करना । तुम उनके जैसा बनना , क्योंकि जीवन की दिशा भूतकाल से भविष्य की ओर है। तुम वह धनुष हो जिससे जीवन बच्चों के बाण छोड़ता है । धनुष की रस्सी को झुकाना पड़ता है, तभी बाण आगे निकलता है ।

बहुत गहरे सूत्र हैं ये । जैविक मां — बाप बनना आसान है, पर मानसिक मां — बाप बनना उल्टी गंगा बहाने जैसा है । उसके लिए मां— बाप के आदर्श रूप को विकसित करना पड़ेगा, तभी वे देख पाएंगे कि वे तो बच्चों के सिर्फ ट्रस्टी यानी संरक्षक हैं, मालिक नहीं । बच्चों द्वारा अपनी अधूरी इच्छाएँ पूरी करने की कोशिश न करें । आपकी भूमिका एक माली की होनी चाहिए, जो फूलों की देखभाल करता है और उन्हें खिलने की स्वतंत्रता देता है । बच्चों के लिए जायदाद न भी छोड़ें,पर उनकी आत्मा को खिलने का मौका दें ।



संकलित अदिति सक्सेना द्वादश–द



कभी — कभी हृदय वह भी देख लेता जो आँख नहीं देख पाती। हाँ, कभी—कभी दिल देखता है वो जो आँखों के लिए भी अदृश्य है। हृदय !! एक अनोखा और ईश्वर का दिया हुआ अनमोल तोहफा है। पाँच ज्ञानेन्द्रियाँ आँख, नाक, मुँह, जीभ, त्वचा हैं किन्तु ये सभी बेकार हैं यदि हमारे पास हृदय न हो।

हृदय द्वारा कही गई, सुनी गई या फिर समझी हुई बातों का असत्य होना लगभग असंभव है। केवल हमारे दिल ही में वह ताकत हैं जो हमें अनोखा बना देती है। यहाँ तक कि ऋषियों की ऋचाओं में अदृश्य भावनाओं को देखने के लिए एक महान क्षमता हृदय में होती है। हमारे जीवन की सबसे मूल्यवान चीजें हमारे विचार और भावनाएं हैं जिन्हें हमेशा हमारे दिल में ही जगह मिलती है। मैत्री, प्रेम, सच्चाई, और हज़ारों अन्य अदृश्य भावनाओं को हृदय के माध्यम से देखा जाता है।

उदाहरण के लिए, हमने एक बच्चे को सड़कों पर भीख माँगते और अपनी आजीविका के लिए संघर्ष करते देखा है। हम समझते हैं, यह लालच है, हम उसे भिखारी मानते हैं, लेकिन उनकी भावनाओं को समझने के लिए केवल हमारे दिल की आँख ही सक्षम होती हैं। अगर हम जीवन की उन कठोर सच्चाइयों को समझने और महसूस करने में सक्षम हैं तो हमारा

अदृश्य आँख

(सुन्दर भावोद्गार)

दिल सब कुछ समझ सकता है। हमारी आँखें वो कभी नहीं देखती है जो हमारा दिमाग नहीं देखना चाहता है, लेकिन हमारा दिल सच्चाई महसूस करता है और वो सच्चाई हमारे दिमाग ने तो सोची भी नहीं थी। जीवन हमारे दिमाग और दिल के दो महत्वपूर्ण उपकरण धारण करके खुद को संतुलित करने के लिए एक खेल खेलता है। हमारी आँखें शारीरिक रूप से दिखाई देती हैं, लेकिन हमारे दिल को कोई देख नहीं सकता। जो व्यक्ति हर किसी को खुश करता है और दूसरों को देखकर मुस्कुराता है, वह व्यक्ति स्वयं से खुश है इसलिए वह हर किसी को खुश करता है और एक सुखद वातावरण का निर्माण करता है। अगर हम दूसरों की भावनाओं को देख सकते हैं और उन्हें समझ सकते हैं तो हमने ज्यादा समझदारी का स्तर प्राप्त कर लिया है।

मैं आपको एक कहानी सुनाता हूँ। एक राजा ने एक बार चिन्तित मुद्रा में घूमते हुए एक प्रसन्न बूढ़ी महिला को देखा। उसने राजा से पूछा कि आप कैसे हैं ? राजा बोला " मैं दुखी हूँ, मेरे जीवन में कोई खुशी नहीं है। बुढ़िया ने उत्तर दिया कि जब तुम्हें मन की शांति और खुशी मिलेगी तुम तब ही सुखी होगे। उसने अपने पुरुषों को 10000 सोने के सिक्कों के साथ बूढ़ी औरत को उपहार देने का आदेश दिया तो उस महिला ने उन सिक्कों को लेने से इन्कार कर दिया। सैनिकों ने पूछा कि वह क्या चाहती है? उसने कहा, "मेरा खज़ाना आपके सोने के सिक्कों की तुलना में कहीं अधिक मूल्यवान है"। जब राजा सोच रहा था कि उसका खजाना क्या होगा ? तभी उसका बेटा आया

और खेलने के लिए उसके पास बैठ गया । बुढी महिला ने बताया कि मेरा बेटा किसी भी खजाने से अधिक मूल्यवान है क्योंकि वह अपना खून है । तब राजा को ध्यान आया अपनी उदासी का असली कारण और उसने अपने दासों को अपने खोए हुए बेटे की खोज करने का आदेश दिया। संतान पाकर उसे लगा कि सचमूच संतान सबसे बड़ा खज़ाना है । हृदय ही उन भावनाओं को महसूस कर सकता है जो एक बढ़े आदमी के गाल पर झुरियाँ बताती हैं । उस बुढे आदमी के प्रयासों को दिल ही समझ सकता है। अपनी पढाई में उच्च ग्रेड प्राप्त करने के लिए छात्र अपने ये दोनों यंत्र दिल और दिमाग प्रयोग करते हैं जैसे गाड़ी में आगे का पहिया आगे बढ़ता है और वहीं पीछे वाले पहिए का रास्ता बनाता है। इसमें दोनों पहियों का बराबर महत्त्व है क्योंकि ये दोनों एक – दूसरे का सहयोग करते हैं। इसी प्रकार हमारा दिल और दिमाग है। स्थिति और परिस्थितियों को महसूस करने के लिए दिल और विश्लेषण करने के लिए दिमाग। यही हमारा सच्चा खजाना है । इस प्रकार दोस्तों ! ऐसे कई उदाहरण हम अपनी जीवन में देख सकते हैं, जो हमें यह कहने पर मजबूर कर देते हैं कि " कभी -कभी हृदय वो देख लेता है, जो आँखें नहीं देख पाती हैं।"



खुशी अग्निहोत्री एकादश–स

नारी सशक्तीकरण

(स्त्रियों के विभिन्न रूपों से परिचय प्राप्त करिए, जिन्हें वैदिक काल से आज तक आज से वे उसी कुशलता से निभाती आ रही हैं...)



हमारे देश में स्त्रियों को वैदिक काल से ही उचित सम्मान प्राप्त होता रहा है । कुमारी पूजन के द्वारा, माता, बहन, गुरु के रूप में वह सदा सम्मान प्राप्त करती रही हैं। यहाँ तक कि उस समय सन्तानें भी अपनी माताओं के नाम से जानी जाती थीं। कन्या संतान आज इसलिए एक विचारणीय विषय है।

लड़िकयों को सुरक्षित रखने का दायित्व हम दूसरों पर क्यों डालें? क्यों न उनके जीवन को बचाने के लिए महिलाओं के सशक्तीकरण जैसे प्रभावशाली मंत्र को दृढ़ता से लागू करें। इसके लिए शिक्षा से बड़ा अस्त्र तो कोई हो ही नहीं सकता।

मेरे विचार से लड़िकयों को बचाए रखना सामाजिक जागरूकता का मुद्दा है, जिसे अत्यंत गम्भीरता से लेने की आवश्यकता है। इसका समाधान लड़कों को शिक्षित करके या पुस्तकीय ज्ञान देकर नहीं किया जा सकता है।

परिवर्तन शाश्वत है, चाहे वो विचारों, भाषा, परिधान या आचार—व्यवहार का हो । समाज में नैतिकता का पतन, पश्चिमी सभ्यता की ओर तीव्र गति से बढ़ता आकर्षण, सामाजिकता व नैतिकता का पतन, बढ़ती अश्लीलता, दिखावे की प्रवृत्ति आदि ने समाज में अपराधों की बाढ़ — सी ला दी है ।

इस भयावह स्थिति में लड़िकयों को स्वयं अपने लिए उचित सीमारेखा तय करनी होगी क्योंकि स्वयं से अच्छा हमारा मार्गदर्शक कोई दूसरा हो ही नहीं सकता ।

पृथ्वी पर मानव जाति का अस्तित्व स्त्री और पुरुष दोनों की समान भागीदारी के बिना असंभव है । दोनों ही पृथ्वी पर मानव जाति के अस्तित्व के साथ ही किसी देश व समाज के विकास के लिए समान रूप से जिम्मेदार हैं।

————— कृष्णा मिश्रा एकादश — ' य '

प्यारा कानपुर हमारा

(जानिए कानपुर शहर का स्वर्णिम इतिहास इस कविता के माध्यम से।)

उत्तर में गंगा महया व दक्षिण में दक्षिण मुखी हनुमान । मंदिर राधाकृष्ण आरती गूंजे , मस्जिद में गुँजे अजान ।। मोतीझील का सुंदर उपवन , जी. एस. वी. एम. संस्थान हमारा । ब्रह्मावर्त की खूंटी ने सृष्टि का जग में किया पसारा ।। एक निराली आन-बान और क्रांति का स्थल रहा बिठ्र । तात्या लक्ष्मी नाना मिलकर करते फिरंगी मान को चूर ।। सेंद्रल स्टेशन ने शहर को उन्नति शिखर दिखाए । जाजमऊ मखदूम शाह ने सबके सिर झुकवाए ।। कांच का मंदिर कमला टावर की है शान निराली । कानपुर के जांबाज़ रहे हैं सदा तप बल शाली ।। उद्योगों का सिरमीर यह मेनचेस्टर कहलाए। नीरज अटल की कर्म भूमि सब ही को दुलराए

पुण्यप्रतापी तिलक हाल ने क्रांति ध्वजा फहराई। नेहरु गाँधी रुके यहाँ आजादी की अलख जगाई।। ज्ञान का यह तीर्थ और खूब प्रसिद्ध शिवाला । विज्ञानों की नगरी है यह यहाँ संत ऋषि मुनि आला ।। फूलबाग नानाराव पार्क बी बी घर और बूढ़ा बरगद । बना गवाह खड़ा हुआ है सत्ती चौरा का वह देख - देख कर इसको गर्वीला है अन्तर्मन गली - गली में घूमे जिसके देश प्रेमी अजीमुल्ला जन कानपुर नहीं ये कान्हापुर है कान्हा का है प्यारा । प्यारा शहर हमारा है ये आँखों का तारा. है ये आँखों का तारा ।।



मेा० अशहर एकादश ' द '

ऐसा ही है कुछ समाज हमारा

(समाज के वंचित वर्ग और उच्च वर्ग के स्तर – भेद का उदाहरण देखिए।)

''ठंड में ठिठुरते जिस्म अलाव का ताप लेते हुए, ये जिस्म भी तो इन्सानी जिस्म हैं। और एक वो जो कि लिपटे और गर्माते रहते हैं गरम लिहाफों में रूम हीटर्स की गरमी में सिकते हुए कितना अन्तर है दोनों में ? एक कटु सत्य है तो दूसरा सत्य पर पड़ा एक झीना आवरण, जिसके पीछे औरों को चूसने वाली, क्रूरता करती है निवास।





तन तो गर्म होते हैं दोनों के लेकिन मन में धधकती ज्वाला ठिठुरते जिस्म में ही करती है निवास क्योंकि कुछ ऐसा ही है हमारा समाज और दूसरे वो गर्माते जिस्म दिल - दिमाग से ठंडे जैसे हो सड़े अंडे बिलकुल ही बेकार, दुर्गन्धयुक्त ऐसा ही है कुछ हमारा समाज।"



शिखर अग्रवाल नवम—य

विद्या ददाति विनयम

(एक सुंदर व उपयोगी संदेश)

जीवन में कभी — कभी ऐसे सुन्दर क्षण आते हैं, जो हमें पक्की सीख सिखाकर ही नहीं, उस सीख को हममें पचाकर भी जाते हैं, फिर आगामी जीवन में वह सीख हमें बहुत सी भूलों से बचाती है। पिछले वर्ष की बात है मेरा एक सहपाठी था अनुराग साहनी जो बड़ा ही होनहार व प्रतिभाशाली था। क्लास टीचर उसे पुत्र की तरह प्रेम करते थे। इकलौती संतान होने के कारण घर पर भी उस पर प्रेम की बौछार सदा बनी रहती थी। प्रेम, सम्मान और सहपाठियों के आदर ने उसमें अहंकार उत्पन्न कर दिया। वह सोचने लगा कि वह सबसे आगे है, पूरी क्लास तो क्या अन्य सेक्शन का कोई विद्यार्थी भी उसका मुकाबला नहीं कर सकता। धीरे—धीरे उसका अभिमान बढ़ने लगा और वह सोचने लगा कि उसे शिक्षकों से भी अधिक ज्ञान हासिल हो गया है। उनसे अधिक जानकारी उसके

पास है। बात-बात पर वह शिक्षकों के आदेशों व निर्देशों पर कुतर्क करने लगा । वह उनकी बात पर कोई ध्यान नहीं देता यहाँ तक कि अपने समकक्ष किसी को न समझ

के वह अलग बैठने लगा।

सभी गुरूजन और छात्र उसके इस बदले व्यवहार पर बड़े चिकत होने लगे। किसी को कोई उपाय नहीं सूझा । प्रकृति के पास तो हरेक रोग की औषधि है। अगले सत्र में उसका सामना अपने से अधिक कुशाग्र बुद्धि एक छात्र से हुआ, जिसने इसी वर्ष विद्यालय में दाखिला लिया था। वह अपनी जानकारियों को दूसरे के साथ बाँटता और कमजोर विद्यार्थियों को समझाता था। धीरे—धीरे वह बेहद लोकप्रिय हो गया। सिर पर आई अर्द्धवार्षिक परीक्षा दोनों के लिए महामुकाबला बन गयी। परीक्षा — परिणाम को लेकर शिक्षक काफी रोमांचित थे। परीक्षा — परिणाम में नए छात्र ने बाजी मार दी। सभी छात्र उसे कंधे पर उठाकर उत्सव मनाने लगे। अनुराग

उदास हो, एक कोने में जाकर रोने लगा। तब नए छात्र शंकर ने मित्रों को छोड़कर अनुराग को मनाया; प्रेम पूर्वक बातें की। अनुराग के मन की ईर्ष्या धुल गई। उसे शंकर का अपने पास आना बहुत अच्छा लगा। उसका मन सोच रहा था कि आज घमंड के कारण वह अकेला ही रह गया होता।

दोस्त की अच्छाई ने उसका मन पूरी तरह बदल दिया। उसने अपने अब तक के बुरे व्यवहार के लिए दोस्तों व शिक्षकों से क्षमा माँगी और कभी भी उस व्यवहार को न अपनाने का प्रण कर लिया। अब वह एक विनम्र बालक था।





सिद्वार्थ चौधरी द्वादश –'द'

यादों के झरोखे से

(हृदय में प्यार करूणा का स्रोत फूट पड़ा, बहते आँसू की लकीर देखती रह गई आँखें। अपने विद्यालय रूपी घर को छोड़ते समय यही भाव भव्या के मन में उमड़ पड़े।)

बात है के. जी. से कक्षा बारह तक यानी पिछले लंबे चौदह वर्ष की। कितना लम्बा समय गुजर गया। स्कूल में प्रवेश किए हुए। छोटी बच्ची से बालिका, बालिका से किशोरी और फिर वयस्क। खट्टी — मीठी यादों का एक विशाल संग्रह! यह मन मोह से चिपक जाना चाहता है। न केवल मित्रों से, शिक्षकों से बिल्क स्कूल की दीवारों और बिगया के फूलों तक से। यह कैसी विवशता है कि जाना ही है। प्रगति का क्रम ऊपर और ऊपर चढ़ने को प्रेरित करता है तो विकास का रथ आगे ही आगे बढ़ने को। यह रथ चलता जाता है और साथ—साथ चलना होता है हमें भी। कैसी अजब पर सहज बात है।

इस विचित्रता पर भी मुझे हँसी आती है कि चार वर्ष की उम्र में रोते हुए स्कूल में प्रवेश किया था । रोना थमता न था क्योंकि माता पिता, भाई—बहन सब घर में छूट गए और मैं अकेले स्कूल में। गेट से ही वापस घर दौड़ जाने का मन कर रहा था और आज चौदह साल बाद स्कूल इस तरह मन में घर बना चुका था कि यहाँ से जाने का विचार ही रूला रहा है क्योंकि यह परिवेश छूट जो रहा है। सचमुच दुनिया गोल है। जहाँ से शुरू करो वही लौटना होता है— यही नियम है और आज भी यही नियम तो घटित हो रहा है।

आँखों ने अनिगनत दृश्य दिल में भर लिये हैं और भर लिया है विद्यालय का एक — एक कोना! मिलन क्षणों की बहुत स्मृतियाँ वीडियो फिल्म सी—एक के बाद एक दिख रही हैं, कि कैसे धैर्य पूर्वक बार—बार कठिनाई को दूर करते शिक्षक, उपलब्धियों पर शाबाशी देती तथा अच्छा करने को प्रोत्साहित करती प्रिंसिपल मैम। यह लो, सामने प्लेग्राउंड में एक ओर चूपचाप खड़े अतीत पर मन

ठिठक जाता है। ग्राउंड पर फिसलकर गिरती मैं, हंसते बच्चे। मन प्रश्न करता है कहाँ से आया यह चलन? एक गिरे और दूसरे सहयोग व सहायता के स्थान पर हंसे? यह कैसा बदलाव आ रहा है समाज में? माँ कहती हैं— हमारे जमाने में तो लोग दौड़ पड़ते थे सहायता करने को। फिर माँ शिकायत की मुद्रा में कहती है "हर स्कूल में आज एक soft skill trainer की महती आवश्यकता है" जो इनको सिखा सके— गिरे हुओं को उठाना मानवता है और हंसना दानवता! अकारण हँसना आसुरी प्रवृत्ति है। पैर आगे बढ़ाते ही मन है कि बावला हुआ जा रहा है। फिर स्कूल की मधुर यादें ताजी

हो जाती हैं। पर प्रगति के लिए बिछड़न की पीड़ा को सहना होगा। वियोग प्रेम का अंत है, समझना होगा। विकास के सोपान पर ऊंचे चढ़ने के लिए निचली सीढ़ी को छोड़ना होता है— मन आगे बढ़े चलो।



भव्या सेन द्वादश–द

राष्ट्र भाषा हिन्दी

("हिन्दी सकल गुणखान, अपनी बोली पर करना गर्व गुमान" भाव को व्यक्त करता हुआ लेख।)

हिन्दी हमारी राष्ट्रभाषा के समान है, सारा राष्ट्र हिन्दी भाषा नहीं बोलता है क्योंकि बहुभाषा भाषी राष्ट्र है हमारा! अनेक प्रदेशों के सरकारी कामकाज भी उनकी प्रांतीय भाषाओं में ही होते हैं। सार्वजनिक सूचनाओं के प्रांतीय भाषा में लिखे होने के कारण एक से दूसरे प्रदेश में जाने पर कोई भी भारतीय अपने को अशिक्षित या फिर विदेशी जैसा मानने लगता है। कैसी विडंबना है कि हमें अपने ही देशवासियों से संपर्क करने के लिए एक विदेशी भाषा अंग्रेजी को माध्यम बनाना पडता है। हरेक भाषा के विभिन्न रूप होते हैं। इसी कारण दूसरे प्रदेश वालों की भाषा सुनकर लगता है कि वे असभ्यता पूर्वक बात कर रहे हैं। उत्तर प्रदेश के लोगों को हरियाणा की हिन्दी विचित्र प्रतीत होती है। इसी तरह अंग्रेजी भाषा के भी विभिन्न रूप हैं। अनेक देशों का अपनी पढाई अंग्रेजी माध्यम से करनी पडती है, जबकि उनकी स्थानीय भाषा कोई और होती है। आज विश्व 'ग्लोबल विलेज' बन गया है और अंग्रेजी भाषा इस पर अपना पूरा आधिपत्य जमा चुकी है। आज जो अंग्रेजी भाषा नहीं बोल सकता, वह हीन दृष्टि से देखा जाता है तथा उसका उपहास होता है। विशेष बात यह है कि आप फ्रेंच, जर्मन या स्पेनिश न जानने पर उपहास के पात्र नहीं बनते। मजे की बात तो ये है कि अंग्रेजी भाषा के अनेक शब्द संस्कृत से निकले हैं तथा यह हिन्दी संस्कृत के सर्वाधिक निकट है। यदि हम अपनी राष्ट्रभाषा का सम्मान करते हैं तो हमें अपने सभी कार्य हिन्दी भाषा में करने चाहिए। हमें अपनी व्यवस्थाएं अपने अनुसार बनानी होंगी। राष्ट्रभाषा हमारे स्वाभिमान की प्रतीक है। अतः उसकी सेवा में हमें समर्पित होना चाहिए। हिन्दी भारत भाल की बिन्दी के समान है।





नेहा श्रीवास्तव दशम— स

लगन का फल

(मैं जो कहानी लिखने जा रहा हूँ, वह एक सच्चा प्रसंग है।)

मेरे मौसा जी बहत गरीब परिवार से थे। बचपन में उन्होंने पढ़ाई के लिए बहुत संघर्ष किया। उनके पास स्कूल की किताबें और फीस भरने के लिए पैसे भी नहीं होते थे। वह दूसरे की किताबें लेकर पढाई करते थे। उनके माता-पिता की आर्थिक स्थिति अच्छी न होने के कारण वह उनकी मदद करने के लिए दुकानों में भी काम करते थे और साथ-साथ समय निकाल कर वह अपनी पढाई भी करते थे। इसी तरह दिन में समय नहीं मिलने के कारण वह रात में जग कर लालटेन की रोशनी में पढ़ाई करते थे। अपनी लगन और परिश्रम से वह बहुत अच्छे-अच्छे नम्बरों से पास होते गए और फिर उन्होंने आई. ए. एस. की परीक्षा दी और परिणाम आने पर वह पास हो गए। उनके माता-पिता ने मिठाई बँटवाई। आज वर्तमान में तो वह डी.एम. की पोस्ट पर कार्यरत हैं । यह उनकी लगन और परिश्रम के साथ उनके सत्कर्मों का फल ही है, साथ ही है बड़ों की दुआ! अतः मनुष्य को किसी भी परिस्थिति में अच्छे कर्मों से मुँह नहीं मोड़ना चाहिए।



चिड़िया

(हमारे विद्यार्थीगण पर्यावरण के प्रति सदैव जागरूक रहे हैं। लुप्त होती गौरैया की चिन्ता ने सुन्दर कविता लिखवा दी नन्दिनी से।)



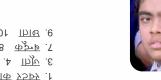
चिड़िया रानी चिड़िया रानी। तुम हो पेड़ों की रानी।। सुबह सवेरे उठ जाती हो। ना जाने क्या गाती हो।। क्या तुम भी पढ़ने जाती हो या नौकरी करने जाती हो।। शाम से पहले आती हो।। बच्चों का दाना लाती हो।। भर-भर चोंच खिलाती दाना। चूँ-चूँ चहक सुनाती गाना।।



नन्दिनी तिवारी सप्तम्—अ

चुटकी भर दिमागी कसरत

- 1. दो किसान लड़ते जाएं उनकी खेती बढ़ती जाए-
- 2. ऐसी कौन सी चीज है जिसे आगे से तो बनाया हैं भगवान ने और पीछे से इंसान ने—
- 3. दो सुंदर लड़के दोनों एक रंग के, एक बिछड़ जाए तो दूसरा काम न आए—
- 4. हरी डंडी लाल कमान तौबा –तौबा करे इंसान, बताओ क्या?–
- 5. दुनिया भर की करता सैर, धरती पर न रखता पैर दिन में सोता रात जागता, रात अंधेरी मेरे बगैर, बताओ अब मेरा नाम?—
- 6. ऐसा एक अजब खजाना, जिसका मालिक बड़ा सयाना, दोनों हाथों से लुटाता फिर भी दौलत बढ़ती जाए—
- 7. बीमार नहीं रहती मैं, फिर भी खाती हूँ गोली। बच्चे बूढ़े सब डर जाएं सुनकर इसकी बोली—
- 8. काला घोड़ा सफेद की सवारी, एक उत्तरा तो दूसरे की बारी-
- 9. एक फूल है काले रंग का सिर पर हमेशा सुहाय। तेज धूप में खिल-खिल जाए पर छाया में मुरझाए-
- 10. एक पिता ने अपने बच्चे को गिफ्ट देते हुए कहा कि इसमें ऐसी चीज है कि जब तुम्हें प्यास लगे तो पी लेना, जब भूख लगे तो खा लेना और जब सर्दी लगे तो जला लेना। बताओ कौन सी ऐसी चीज है जो हमारे इतना काम आएगी—



हर्षप्रीत कौर अष्टम्–द

1. स्वरंत की बुनाइ 2 बेलगाड़ी 3. जूता 4. मिर्च 5. वॉट 6. विशा 7. बन्दूक 8. तवा और पेटी 9. छाता 10. नारियल

पश्चात्ताप

(सफलता का मार्ग श्रम साध्य है, यह बात राजू की तरह ही मन में पक्की बिटा लेने की है।)

आज राजु का कक्षा आठ का परिणाम आना है । घर में सभी इसे लेकर उत्साहित है, सिवाय - पास सभी नकल कर रहे थे। डरकर मैंने भी राजू के।

मिलना है।

राज्- इतनी जल्दी भी क्या है माँ?

माँ – जल्दी उठकर तैयार हो जाओ। भगवान को प्रणाम कर अपना परिणाम लेने जाओ।

राजू– अभी तो सात भी नहीं बजा है।

माँ – बहाने छोडो, जल्दी उठो।

जाता है।

माँ- राजू हमेशा कक्षा में अव्वल आता है। है। देखना इस बार भी वह अव्वल ही आएगा।

व्यस्त है और तभी राजू वापस आता है । उसकी करूंगा। आंखों में आंसू थे।)

माँ – क्या हुआ राजु? तुम्हारा परिणाम कैसा लो, मैंने तुम्हारे लिए हलवा बनाया है।

राजू- मेरा कक्षा में तीसरा स्थान रहा माँ, मैं निश्चय कर लिया था। अव्वल नहीं आया।

माँ – (राजू के आंसू पोंछते हुए): लेकिन ऐसा हुआ कैसे? तुमने तो अच्छी तरह पढ़ाई की थी।

राज्- माँ, मैंने हिंदी के पर्चे में नकल भी की थी और पकड़े जाने के कारण मेरा परिणाम बिगड गया।

माँ- लेकिन तुम्हें नकल करने की क्या आवश्यकता थी?

राजू– माँ, हिन्दी का पर्चा कठिन था। आस अपने एक साथी की कापी से नकल करनी चाही माँ– उठो राजु, आज तुम्हारा परिणाम और पकडा गया। सर ने मेरे आधे अंक काट लिए। यदि मेरे अंक न कटे होते तो मैं कक्षा में अव्वल आता।

> माँ – राजू , मुझे तुमसे यह उम्मीद नहीं थी। राजू– माँ , मुझे माफ कर दो।

माँ – बेटा, आज तक नकल के सहारे कोई सफल नहीं हुआ है। नकल एक बैसाखी के समान राजू- राजू उठता है और आंखें मलता चला है। इसका प्रयोग विकलांग लोग करते हैं और आदत पड़ जाने पर इसे छोड़ना मृश्किल होता

राजू- मां, मुझे अपनी गलती का फल मिल (राजू तैयार है। माँ उसे आशीर्वाद देती है गया है। मैं आज के बाद कभी नकल नहीं और राज् स्कूल जाता है। माँ घर के काम में करूंगा। मैं सिर्फ अपने परिश्रम पर विश्वास

माँ- शाबाश राजू। चलो अब जल्दी मुंह धो

दोनों चले जाते हैं। आज राजू ने कुछ



इप्शिता दीक्षित दशम–स



एक संत झोले में भरे बीजों को लिए घूमते रहते और जहाँ भी खाली जमीन देखते, बो देते। कुछ ही समय में सभी ऐसी जगहों पर रंग-बिरंगे फूलों और स्वादिष्ट फलों के पौधे उग आए। किसी राहगीर ने उनसे पूछा-" इससे क्या फायदा है?, जब ये वृक्ष बनेंगे, फल और फूल देंगे तो उसका आनंद लेने के लिए आप तो यहाँ होंगे ही नहीं।" उन्होंने उत्तर दिया- "मैं नहीं रहूँगा, यह सच है। मैं उनका आनंद नहीं ले पाऊँगा, यह भी सच है परन्तु आप और आप जैसे असंख्य लोग इसका आनंद उठाएँगे । रंग – बिरंगे फूलों को देख कर प्रसन्न होंगे । वृक्षों की शीतल छाँह में विश्राम करेंगे, तो कितने खुश होंगे। फल-फूल मेरे या इसके-उसके नहीं, सभी लोगों के लिए होते हैं।"



पजा पाण्डेय

सिस्टा हिमाग

अनुक्रमणिका

- 1. श्री कृष्णस्य स्तुतिः
- 2. सरस्वती वंदना
- 3. हास्य कथा (मूर्ख भृत्यः)
- 4. मम भारतम् महद् अस्ति
- 5. संस्कृत गीतं
- 6. एहि हसाम
- 7. संस्कृत सुभाषितानि
- 8. प्रहेलिका
- 9. श्रमस्य महत्वम्
- 10 गीताऽमृतम्





 वसुदेव सुतंदेवं कंस चाणूर मर्दनम्। देवकी परमानन्दं कृष्णं वन्दे जगद्गुरूम्।।

> अर्थ—कंस और चाणूर का वध करने वाले देवकी के आनंद को बढ़ाने वाले वसुदेव के नन्दन जगद्गुरू श्री कृष्ण की मैं वंदना करती हूँ।

 वृन्दावनेश्मरी राधाकृष्णो वृन्दावनेश्मरः। जीवनेन घने नित्यं राधकृष्णगतिर्मम।।

> अर्थ-श्री राधारानी वृन्दावन की स्वामिनी है और भगवान श्रीकृष्ण वृन्दावन के स्वामी है, इसलिए मेरे जीवन का प्रत्येक क्षण श्री राधाकृष्ण के आश्रय में व्यतीत हो।



आद्या शर्मा षष्ठम् 'ई'

सरक्ता



वृन्दा मिश्रा षष्ठम् 'ई' सरस्वती नमस्तुभ्यं, वरदे कामरूपिणी।
 विद्यारम्भं करिष्यामि सिद्धिर्भवतु मे सदा।।

अर्थ—ज्ञान की देवी माँ सरस्वती को मेरा नमस्कार, वर दायिनी माँ भगवती को मेरा प्रणाम। अपनी विद्या आरम्भ करने से पूर्व आपका नमन करती हूँ मुझ पर अपनी सिद्धि की कृपा बनाये रखें।

 या देवी सर्वभूतेषु, शक्तिरूपेण संस्थिता। नमस्तस्यै, नमस्तस्यै, नमस्तस्यै नमो नमः।।

अर्थ—देवी सभी जगह व्याप्त है जिसमें सम्पूर्ण जगत की शक्ति निहित है ऐसी माँ भगवती को मेरा प्रणाम, मेरा प्रणाम, मेरा प्रणाम

 या कुन्देन्दुतुषार हार धवला या शुभ्रवस्त्रावृता। या वीणावरदण्डमणितकरा या श्वेतपदमासना।। या ब्रह्मांडच्युत शंकर प्रभृति र्देवैः सदा वन्दिता। सा मां पातु सरस्वती भगवती निःशेषजाड्यापहा।।

अर्थ—जो विद्या की देवी कुन्द के फूल, चन्द्रमा, हिमराशि और मोती के हार की तरह धवल वर्ण की है, जो श्वेत वस्त्र धारण करती है, जिनके हाथ में वीणा और दण्ड शोभायमान है तथा जिन्होंने श्वेत कमल पर आसन ग्रहण किया है, ब्रह्मा, विष्णु और महेश तथा अन्य देवता जिसकी वन्दना करते हैं वही सम्पूर्ण जड़ता और अज्ञान को दूर कर देने वाली भगवती सरस्वती हमारी रक्षा करें।

हास्य कथा (मूर्ख भृत्य:)

एकस्मिन् नगरे एकः धनिकः आसीत्। तस्य गृहे एकः स्वामिभक्तः परन्तु बुद्धिहीनः सेवकः अवसत्। सः धनिकस्य आज्ञाम् अक्षरशः अपालयत्, परं स्व—बुद्धि—प्रयोगं कदापि न अकरोत्।

एकस्मिन् दिवसे धनिकः तस्मै आपणात् लवणम् आनेतुम् अकथयत्। सः लवणं क्रीत्वा जीर्णवस्त्रे बदध्वा

नयति स्म। जीर्णवस्त्रात् मार्गे क्रमशः सर्वमिप लवणं भूमौ अपतत्। सक्रोधं धनिकः वदित स्म— ''रे शठ किं कोऽपि जीर्णवस्त्रे लवणम् आनयति? आगामिनि काले वस्तूनि मंजूषायाम् एव आनय'' ततः धनिकस्य सुतः— ''कुक्कुर—शावकम्'' आनेतुं भृत्यम् कथयति स्म। भृत्यः पूर्वकथनानुसारेण तं शावकं मंजूषायां निक्षिप्य स्थूलवस्त्रेण बद्ध्वा आनयति। शावकः श्वासावरोधेन मृतः। एतत् दृष्ट्वा गृहस्वामी तं भृत्यं उच्चैः वदित— ''भो मूर्ख! किं त्वं न जानासि यत् जीवान् दोरकेण बदध्वा एवं आनयेत?

अत्रान्तरे धनिकस्य पत्नी "दुग्धम् आनय" इति तं वदति। सः गोपालस्य गृहं गत्वा दुग्धं पात्रे नीत्वा पात्रं दोरकेण बद्ध्वा च कर्षति। मार्गे सर्वं दुग्धं वहति। खिन्नः धनिकः स्वकेशान् अकर्षत् अकथयत् च— "भो स्वामिभक्त! दूरम् अपसर,

कृष्णं भवतु ते मुखम्" इति।

तदा सः सेवकः झटिति बहिः गत्वा कज्जलेन मुखं कृष्णं कृत्वा प्रत्यागच्छति। एतत् सर्वमपि दृष्ट्वा धनिकः स्वललाटं हस्तेन ताडयति।

मूल्यः- "वरं भृत्यविहीनस्य, जीवितं श्रमपूरितम्। मूर्खभृत्यस्य संसर्गात्, सर्वं कार्यं विनश्यति।।"



ब्रह्मदीप सिंह सप्तम् 'ई'



मम भारतम् महद् अस्ति

- 1. संस्कृत संगणकाय उपयुक्ततमा भाषा अस्ति।
- 2. शून्यस्य परिकल्पनायाः जनकः भारतीय गणितज्ञः आर्यभट्ट आसीत्।
- 3. विश्वस्य प्राचीनतमा चिकित्सापद्धतिः आयुर्वेदः अस्ति।
- 4. भारतस्य लोकप्रियः योगः पंचसहस्त्राधिक वर्ष प्राचीनः अस्ति ।
- 5. संगणकस्य पैन्टियम—चिपस्य रचयिता श्री विनोद—धामः भारतीयः अस्ति।
- 6. आधु निकतमायाः संचार-प्रणाल्याः 'हॉटमेलस्य स्रष्टा सबीर भाटिया अपि भारतीयः अस्ति।'
- 7. शतरंज नाम बौद्धिक—खेलस्य जन्म भारते एव अभवत्।
- 8. विश्वस्य प्रथमः विश्वविद्यालयः तक्षशिला आसीत् यत्र दशसहस्त्राधिकाः छात्राः शिक्षाम् अलभन्त।



सांची अरोरा अष्टम् 'अ'

संस्कृत गीतं

सुरस सुबोधा विश्वमनोज्ञा, लिलता हृद्या रमणीया। अमृतवाणी संस्कृत भाषा, नैव क्लिष्टा न च कठिना।।

किव कोकिल—वाल्मीकि—विरचिता, रामायण रमणीय कथा। अतीव सरला मधुर—मंजुला नैव क्लिष्टा न च कठिना।।

व्यासविरचिता गणेश लिखिता, महाभारते पुण्य कथा। कौरव—पांडव—संगरमथिता, नैव क्लिष्टा न च कठिना।।

कुरूक्षेत्र समरांगण—गीता, विश्ववन्दिता भगवद्गीता। अमृतमधुरा कर्म दीपिका, नैव क्लिष्टा न च कठिना।।

कवि कुल गुरु-नव-रसोन्मेषजा, ऋतु-रघु-कुमार-कविता। विक्रम-शाकुन्तल-मालविका, नैव किलष्टा न च कठिना।।



अंश शर्मा अष्टम् 'अ'



ज्योतिष कस्य उपदेशः

एकदा एकः चंचल प्रवृति कः पुरुषः पंडित समीपम् आगत्य अवदत्— "मम हस्ते कण्डूतिः दृश्यते।" पंडितः अवदत्— 'तर्हि धनलाभः भविष्यति।' "मम कर्णे अपि कण्डूतिः दृश्यते।" "एवं तर्हि कर्णाभरण लाभः भविष्यति।" "मम कण्ठे अपि कण्डूतिः दृश्यते।" तत् श्रुत्वा पंडितः अल्प कोप मिश्रितेन स्वरेण उक्तवान्— "भवान् त्वरया वैद्यं पश्यतु, यत् भवतः चर्मरोगः अस्ति।"

धन्यवाद: चिकित्सायै

आगन्तुक पुरुषः— सुप्रभातं वैद्यराज! भवतः चिकित्सया अहम् उपकृतः इति वक्तुम् अत्र आगतवान् अस्मि। वैद्यः— 'एवम्? किन्तु अहम् कदापि भवतः चिकित्सां न कृतवान् खलु? आगन्तुक पुरुषः— 'सत्यम्। किन्तु मम श्वशुरस्य चिकित्सा भव कृता, यतः ह्यः परलोकं गतवान्।



आदित्य प्रताप सिंह अष्टम् 'अ'

श्लोक— अयं निजः परोवेत्ति गणना लघुचेतसाम्। उदार चरितानां तु वसुधैव कुटुम्बकम्।।

अर्थ— यह मेरा है, वह उसका है जैसे विचार छोटी बुद्धि वाले लोग रखते है उदार हृदय वाले लोगो के लिए तो सम्पूर्ण पृथ्वी ही परिवार के समान होती है।

श्लोक— पुस्तकस्था तु या विद्या परहस्तंगतं धनम्। कार्यकाले समुत्पन्ने न सा विद्या न तद् धनम्।।

अर्थ— पुस्तक में लिखी हुई विद्या, दूसरों को दिया गया धन— ये दोनो ही जरूरत के समय हमारे किसी भी काम नहीं आया करते।

श्लोक— विद्या मित्रं प्रवासेषु, भार्या मित्रं गृहेषु च। व्याधितस्यौषधं मित्रं, धर्मो मित्रं मृतस्य च।।

अर्थ— विदेश जाने पर विद्या, घर में पत्नी, रोगी के लिए औषधि तथा धर्म मृतक के, सबसे बड़े मित्र होते हैं।

श्लोक— उद्यमेन हि सिध्यन्ति, कार्याणि न मनोरथैः। न हि सुप्तस्य सिंहस्य प्रविशन्ति मुखे न मृगाः।।

अर्थ— परिश्रम करने से कार्य सिद्ध होते हैं मन की इच्छाओं से नहीं। क्योंकि सोते हुए शेर के मुख मे हिरण स्वयं प्रवेश नहीं करते हैं।

श्लोक— श्रूयतां धर्म सर्वस्वं श्रुत्वा चाप्यवर्धायताम्। आत्मनः प्रतिकूलानि परेषां न समाचरेत्।।

अर्थ— धर्म के सभी सार को सुनो, सुनकर के वैसा ही व्यवहार करो। जो व्यवहार अपने प्रतिकूल हो वैसा व्यवहार कभी दूसरों के साथ मत करो।



श्लोक— वृत्तं यत्नेन संरक्षेद् वित्तमायाति याति च। अक्षीणो वित्ततः क्षीणो वृत्ततस्तु हतो हतः।।

अर्थ— चरित्र की रक्षा यत्न पूर्वक करनी चाहिए। धन तो आता है और चला जाता है, धन के नष्ट होने पर व्यक्ति नष्ट नहीं होता किन्तु चरित्र के नष्ट होने पर व्यक्ति मरे के समान जीवन व्यतीत करता है।

प्रहेलिका

- अपदोदूरगामी च साक्षरो न च पण्डितः।
 अमुखः स्फुटवक्ता च यो जानाति सः पण्डितः।।
 उत्तर-पत्रम्
- 2. कृष्णमुखी न मार्जारी द्विजिह्वा न च सर्पिणी। पंचभर्ता न पांचाली यो जानाति सः पण्डितः।। उत्तर—कलम
- चतुष्पादो द्विहस्त च सदा विश्रामदायकः।
 ममार्थं कलहायन्ते संसारेऽस्मिन् हि मानवाः।।
 उत्तर——कुर्सी
- 4. अस्थि नास्ति शिरो नास्ति, बाहुरस्ति निरगड्मुलिः। नास्ति पाद–द्वयं गाढम् अहम् आलिगंऽति स्वयम्।। उत्तर—कमीज
- एकचक्षुः न काकोऽयं बिलिमच्छन्न पन्नगः।
 क्षीयते वर्धते चैव न समुद्रो न चन्द्रमा।।
 उत्तर—सूई
- 6. न तस्यान्तो मध्ये यस्तस्य तिष्ठति।तवाप्यस्ति ममाप्यस्ति यदि जानासि तदद्।।उत्तर——नेत्र
- वाकारेण समायुक्तः पशुरिस्म निरूत्तरम्। तेनैवाहं वियुक्तश्चेन मानवो नात्र संशयः।। उत्तर—बन्दर



अबनेर कटियार सप्तम् 'अ'



शाश्वत वर्मा सप्तम् ''अ''

श्रमस्य महत्वम्

आनन्दपुर नाम्नि एकस्मिन् ग्रामे सत्यशील नाम एकः बालकः निवसति स्म। सः हष्ट—पुष्टः स्वस्थः चासीत्। सः प्रतिदिनं विद्यालयं गच्छति। किन्तु तस्य चित्तः पठन पाठने न रमित। अस्मात् करणात् तस्मै गुरूः माता पितरौ च कुप्यति स्म। एकस्मिन दिने पिता तस्य अज्ञानात् परं चिन्तितः आसीत्। सः वारं—वारं अबोधयत् परं तस्य मनः लेशमात्रम् अपि प्रेरितं न अभवत्।

एकदा सत्यशीलः विद्यालयं गच्छति स्म। सः मार्गे एकस्मिन गृहस्य द्वारे श्यामपट्टम् अपश्यत्। तत्र लिखितम् आसीत। 'ज्योतिष कार्यालयः' इति। सत्यशीलः अपठत् अचिन्तयत् च अहम् अपि दैवज्ञेन पृच्छामि यत् मम भाग्ये विद्या अस्ति न वा।

दैवज्ञः स्वकक्षे तिष्ठति स्म। सः पार्श्वे स्व— दक्षिणं हस्तं दत्वा अपृच्छत् "मम भाग्ये विद्या अस्ति न वा।" दैवज्ञः तस्य हस्तम् अपश्यत् सत्यशीलः अवदत्— अहं विद्यालयं तु गच्छामि परं मनः पठन— पाठने न रमित। अहं ज्ञातुं इच्छामि यत् अग्रे पिठतुं शक्नोमि न वा। दैवज्ञः अवदत् — तव पार्श्वे विद्यायाः रेखा नास्ति। सत्यशीलः अपृच्छत्— कुत्र भवति विद्यायाः रेखा? दैवज्ञः कलमेन तस्य हस्ते रेखाम् अंकितम् अकरोत। अनया रेखया बाल विद्यां प्राप्नौति। सः चिन्तामग्नः गृहम आगत्य एकां छुरिकां गृहीत्वा स्वहस्ते विद्या—रेखां निर्मातुं शीघ्रमेव आरभत्। तदा तस्य हस्तः रक्तप्लावितः अभवत् किन्तु सः प्रयत्नं न अत्यजत्। सः निश्चयम् अकरोत् यत् मम् पार्श्वे विद्या रेखा नास्ति। तर्हि अहं स्वपरिश्रमेण रेखा निर्मारयामि।

अकस्मात् तस्य मनिस नूतनः विचारः अजायत् यत् विद्यास्तु परिश्रमेण भवति। हस्तकर्तनेन विद्यायाः किम प्रयोजनं भविष्यति। कठिनपरिश्रमेण विद्यां प्राप्स्यामि। सः सकलं कार्यं त्यक्त्वा अहर्निशं पठति

स्म। बहूनि समयानि व्यतीतानि किन्तु तस्य पठन पाठन क्रमः भड्गः न अभवत्। स्वपरिश्रम— बलेन सः महान् पण्डितः अभवत्।

अतः सत्यमेव उक्तम् – ''परिश्रमेण एव कार्याणि सिध्यन्ति।''



भव्या तिवारी सप्तम् 'अ'

1. कर्मण्येवाधिकारस्ते मा फलेषु कदाचन।
मा कर्म फल हेर्तुभुर्मा ते सङगोऽस्त्वकर्मणि।।
अर्थ— तेरा कर्म करने में ही अधिकार है,
उसके फलों में कभी नहीं। इसलिए तू
कर्मो के फल का हेतु मत हो तथा तेरी
कर्म न करने में भी आसक्ति न हो।

 योगस्थः कुरु कर्मणि सङ्गं त्यक्त्वा धनंजय। सिद्धयसिद्धयोः समो भूत्वा समत्वं योग उच्यते।।
 अर्थ- हे अर्जुन! तू आसक्ति को त्यागकर तथा

अर्थ – हे अर्जुन! तू आसिक्त को त्यागकर तथा सिद्धि और असिद्धि में समान बुद्धिवाला होकर योग में स्थित हुआ कर्तव्य कर्मों को कर, क्योंकि समत्व ही योग कहलाता है।

- 3. जातस्य हि ध्रुवो मृत्युध्रुवं जन्म मृतस्य च। तस्मादपरिहार्येऽथं न त्वं शोचितुमहिसि।। अर्थ— हे अर्जुन! जन्मे हुए की मृत्यु निश्चित है और मरे हुए का जन्म निश्चित है। इस बिना उपाय वाले विषय में तू शोक करने के योग्य नहीं है।
- 4. परित्राणाय साधूनां विनाशाय च दुष्कृताम्। धर्म संस्थापनार्थाय संभवामि युगे युगे।। अर्थ— सज्जन पुरुषों की रक्षा करने के लिए, दुष्टों का विनाश करने के लिए, धर्म की स्थापना करने के लिए मैं युगों—युगों से जन्म लेता आया हूँ।



5. हतो वा प्राप्यसि स्वर्ग जित्वा वा भोक्ष्यसे महीम्। तस्मादुत्तिष्ठ कौन्तेय युद्धाय कृत निश्चयः।।

अर्थ — हे अर्जुन! या तो तू युद्ध में मारा जाकर स्वर्ग को प्राप्त होगा अथवा संग्राम में जीतकर पृथ्वी का राज्य भोगेगा। इस कारण तू युद्ध के लिए निश्चय करके खड़ा हो जा।



यशप्रीत सिंह गुजराल षष्ठम् 'द'















































































































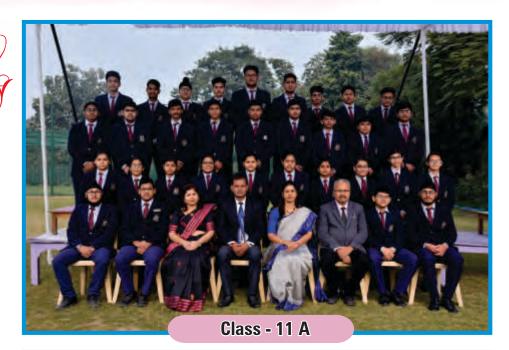












































Faculty - Junior Section







Faculty - Senior Section









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