



Sir Padampat Singhania Education Centre
Kamla Nagar, Kanpur

Lesson Plan
Session 2026- 2027
Class: XII

Subject : **Kathak Nritya (056)**
Book : **Elements of Kathak**

Subject Coordinator
Name: Mrs. Gauri Sanjay Pathak

Head of Department
Name: Manoj Srivastava

Sign:



Sir Padampat Singhania Education Centre

Kamla Nagar, Kanpur

Yearly Syllabus/Planning overview

Session: 2026- 2027

Subject :Kathak Nritya (056)

Class :XII

No. of periods :169

Month	Assessed in	Lesson/s to be covered	Period Count
APRIL		Jhap Tal Introduction Practical (Thats,Rangmanch pranam,tukdas,chakkardar tukda) Sattriya Nritya	12
MAY	1 st TEST	Practical: Aamad,chakkardar aamad,kavitta Theory: Mohiniattam	22
JUNE		Summer Break	04
JULY	2 nd TEST	Practical: Paran, chakkardar paran, tihai, Vishnu Vandana Theory: Tarana,trivet,dhrupad,dhamar,chaturanga,vandana	26
AUGUST		Practical: Paltas Theory: Chari bhed,Griva bhed,mudras	23
SEPTEMBER	Half Yearly	Gharanas, Abhinaya and its parts, Ras and its types Revision of full Syllabus	10
OCTOBER		Revision of full Syllabus and Practical of Jhap Tal	19
NOVEMBER	PreBoard1	Revision Practical	10
DECEMBER	PreBoard2	Revision Practical	12
JANUARY		Revision Full Syllabus-based model papers	17
FEBRUARY		Revision	12

Subject coordinator: Mrs. Gauri Sanjay Pathak



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Kamla Nagar, Kanpur

Monthly Syllabus/Planning overview

Session: 2026 - 2027

Subject: Kathak Nritya

Class:XII

Books: Elements of Kathak

No. of periods: 169

Month	Date/Week		Lesson/s to be covered in classroom	Period Count
	From	To		
April	16 st April	19 th April	Jhap Tal, Introduction, Tatkar, Theka	03
April	21 st April	26 th April	That, Rangmanch pranam	06
April	28 th April	30 th April	Tukda in Jhap taal	03
May	01 st May	03 rd May	Manipuri Nritya	03
May	05 th May	10 th May	Oddisi Nritya Revision	05
May	11 th May	18 th May	Term Test 1	03
May June	01 st June	27 th June	SUMMER VACATION (Practical File)	
June	29 th June	30 th June	Tarana, Trivatt, Vandana	04
July	01 st July	05 th July	Chaturam, Dhamar, Dhrupad	05
July	07 th July	11 th July	Sattriya Nritya, Mohiniattam	05
July	14 th July	19 th July	Revision	06
July	20 th July	27 th July	Term Test 2	06
July	28 th July	02 nd Aug	Chaari bhed, Vishnu Vandana	06
Aug	04 th Aug	09 th Aug	Tukda, Chakkardar tukda	05
Aug	11 th Aug	16 th Aug	Ang, Pratyang, Upang, Aamad	04
Aug	18 th Aug	23 th Aug	Chakkardar Aamad	06
Aug	25 th Aug	30 th Aug	Mudra, Notations Practice	06
Sept	01 st Sept	06 th Sept	Revision of all Thekas in writing	05

Sept	08thSept	13thSept	Revision	05
Sept	15thSept	28thSept	HALFYEARELYEXAMINATIONS	--
Sept Oct	29thSept	04thOct	MAHATMA GANDHI JAYANTI	02
Oct	06thOct	11thOct	Revision (Theory Full Syllabus) (Practical)	05
Oct	13thOct	18th Oct	Revision Practical in Jhap Tal	06
Oct	19th Oct	20thOct	DUSSEHRA	02
Oct	27thOct	01stNov	Understanding exam pattern Identifying important topics	05
Nov	03rd Nov	07thNov	Understanding exam pattern Identifying important topics	05
Nov	08th Nov	11th Nov	DEEPAWALI	
Nov	16th Nov	30th Nov	Pre Board – I	
Dec	01stDec	06thDec	Revision	06
Dec	08th Dec	13thDec	Revision of Full Syllabus & Practicals	06
Dec	17thDec	29thDec	Pre Board – II	...
Jan	30th Dec	07thJan	WINTER BREAK	
Jan	08th Jan	10thJan	Previous year question papers	02
Jan	12th Jan	17th Jan	Previous year question papers	05
Jan	19th Jan	24th Jan	Previous year question papers	05
Jan	27th Jan	31stJan	Previous year question papers	05
Feb	02nd Feb	07th Feb	Previous year question papers	06
Feb	09th Feb	14th Feb	Previous year question papers	06

Subject coordinator: Mrs. Gauri Sanjay Pathak



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Weekly planning overview

Session: 2026 - 2027

Subject : Kathak Nritya (056)

Class :XII

No. of periods : 169

Period	Topic/s to be covered in classroom	Homework	Status (Yes/No) (Reason if No)
WEEK1: 13th April to 18th April Period Count: 03			
PD1	Introduction of Jhap Tal		
PD2	Introduction of Jhap Tal		
PD3	Introduction of Jhap Tal		
WEEK2: 20th April to 25th April Period Count: 06			
PD1	Introduction of Jhap Tal & Tatkar in Jhap Tal		
PD2	Introduction of Jhap Tal & Tatkar in Jhap Tal		
PD3	Introduction of Jhap Tal & Tatkar in Jhap Tal		
PD4	Introduction of Jhap Tal & Tatkar in Jhap Tal		
PD5	Introduction of Jhap Tal & Tatkar in Jhap Tal		
PD6	Introduction of Jhap Tal & Tatkar in Jhap Tal		
WEEK3: 27th April to 2nd May Period Count: 03			
PD1	Rangmanch Pranaam in Jhap Tal		
PD2	Rangmanch Pranaam in Jhap Tal		
PD3	Rangmanch Pranaam in Jhap Tal		
WEEK4: 04th May to 09th May		Period Count: 03	

PD1	Tukda in Jhap Tal		
PD2	Tukda in Jhap Tal		
PD3	Tukda in Jhap Tal		
WEEK5: 11th May to 16th May Period Count: 05			
PD1	Chakkardar tukda in Jhap Tal		
PD2	Chakkardar tukda in Jhap Tal		
PD3	Chakkardar tukda in Jhap Tal		
PD4	Chakkardar tukda in Jhap Tal		
PD5	Chakkardar tukda in Jhap Tal		
WEEK6: 18th May to 23rd May Period Count: 05			
PD1	Aamad in Jhap Tal, Manipuri & Odissi Nritya		
PD2	Aamad in Jhap Tal, Manipuri & Odissi Nritya		
PD3	Aamad in Jhap Tal, Manipuri & Odissi Nritya		
PD4	Revision		
PD5	Revision		

Subject coordinator

Supervisor

Principal/V. Principal



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Weekly planning overview

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Class :XII

No. of periods

:169

Period	Topic/s to be covered in classroom	Homework	Status (Yes/No) (Reason if No)
WEEK7: 25 th May to 30 th MayPeriod Count: 05			
PD1	Revision and Practical		
PD2	Revision and Practical		
PD3	Revision and Practical		
PD4	Practical - Gharanas		
PD5	Practical - Gharanas		
	SUMMER BREAK		
WEEK 8: 29 th June to 04 th JulyPeriod Count: 05			
PD1	Practical – Chakkardar Aamad	PD1	
PD2	Practical – Chakkardar Aamad	PD2	
PD3	Practical – Chakkardar Aamad	PD3	
PD4	Practical – Chakkardar Aamad	PD1	
PD5	Practical - Chakkardar Aamad	PD2	
WEEK:9 - 11 13 th July to 18 th JulyPeriod Count:			
PD1	Tihai		
PD2	Tihai		
PD3	Tihai		

PD4	Tihai		
WEEK13: 20th July to 25thJuly Period Count: 05			
PD1	Sattriya Nritya		
PD2	Sattriya Nritya		
PD3	Sattriya Nritya		
PD4	Sattriya Nritya		
PD4	Sattriya Nritya		

Subject coordinator

Supervisor

Principal/V. Principal



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Weekly planning overview

Session: 2026 - 2027

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No. of periods : 169

Period	Topic/s to be covered in classroom	Homework	Status (Yes/No) (Reason if No)
WEEK14: 27 th July to 1 st August Period Count: 04			
PD1	Mohiniyattam Nritya		
PD2	Mohiniyattam Nritya		
PD3	Mohiniyattam Nritya		
PD4	Mohiniyattam Nritya		
WEEK15: 03 rd August to 08 th August Period Count: 06			
PD1	Revision		
PD2	Revision		
PD3	Revision		
PD4	Revision		
PD5	Revision		
PD6	Revision		
WEEK16: 10 th August to 15 th August Period Count: 06			
PD1	Practical		
PD2	Practical		
PD3	Practical		
PD4	Practical		
PD5	Practical		

PD6	Practical		
WEEK17:17th August to22nd August Period Count: 06			
PD1	Practical & Chaari bhed		
PD2	Practical & Chaari bhed		
PD3	Practical & Chaari bhed		
PD4	Practical & Chaari bhed		
PD5	Practical & Chaari bhed		
PD6	Practical & Chaari bhed		
WEEK19: 24thAug to 29thAug PeriodCount:05			
PD1	Lok Dharmi -Natya Dharmi Nayak		
PD2	Lok Dharmi -Natya Dharmi Nayak		
PD3	Lok Dharmi -Natya Dharmi Nayak		
PD4	Lok Dharmi -Natya Dharmi Nayak		
PD5	Lok Dharmi -Natya Dharmi Nayak		
WEEK20:31thAug to 04thSept PeriodCount:04			
PD1	Abhinaya Darpan, Natya Shastra		
PD2	Abhinaya Darpan, Natya Shastra		
PD3	Abhinaya Darpan, Natya Shastra		
PD3	Abhinaya Darpan, Natya Shastra		
WEEK21:07thSept to12thSept Period Count: 06			
PD1	Detailed discussion of Gharanas		
PD2	Detailed discussion of Gharanas		

PD3	Detailed discussion of Gharanas		
PD4	Detailed discussion of Gharanas		
PD5	Detailed discussion of Gharanas		
PD6	Detailed discussion of Gharanas		
WEEK22: 14th Sept to 19th Sept 06 Period Count:			
PD1	Detailed discussion of Ras and 9 Rasas		
PD2	Detailed discussion of Ras and 9 Rasas		
PD3	Detailed discussion of Ras and 9 Rasas		
PD4	Detailed discussion of Ras and 9 Rasas		
PD5	Detailed discussion of Ras and 9 Rasas		
PD6	Detailed discussion of Ras and 9 Rasas		
WEEK23: 21stSept to 26thSept 05 Period Count:			
PD1	Detailed discussion of Bharatnatyam		
PD2	Detailed discussion of Bharatnatyam		
PD3	Detailed discussion of Bharatnatyam		
PD4	Detailed discussion of Bharatnatyam		
PD5	Detailed discussion of Bharatnatyam		
WEEK24: 28thSept to 3rd Oct PeriodCount:05			
PD1	Revision		
PD2	Revision		
PD3	Revision		
PD4	Revision		

PD5	Revision		
WEEK25: 5th Oct to 10th Oct		Period Count: ____	
	Revision		
WEEK26:12thOct to 17thOct		Period Count: 02	
	Revision		
PD1	Revision		
PD2	Revision		
WEEK 27: 19th Oct to 24th Oct		PeriodCount: 05	
PD1	Revision (Practical & Theory)		
PD2	Revision (Practical & Theory)		
PD3	Revision (Practical & Theory)		
PD4	Revision (Practical & Theory)		
PD5	Revision (Practical & Theory)		
WEEK28:26thOct to 31th Oct		Period Count: 05	
PD1	Revision & Practical		
PD2	Revision & Practical		
PD3	Revision & Practical		
PD4	Revision & Practical		
PD5	Revision & Practical		
WEEK29: 2nd Nov to 07thNov		Period Count: 02	
PD1	Revision & Practical		

PD2	Revision & Practical		
WEEK30:9th Oct to 14th Nov Period Count: 05			
PD1	Understanding exam pattern Identifying important topics		
PD2	Understanding exam pattern Identifying important topics		
PD3	Understanding exam pattern Identifying important topics		
PD4	Understanding exam pattern Identifying important topics		
PD5	Understanding exam pattern Identifying important topics		
WEEK31: 16th Nov to 30thNov PeriodCount: 05			
PD1	Pre- Board -1		
WEEK 32 - 33: 1st Dec to 05th Dec Period Count:			
Revision Model Paper			
WEEK 34 : 7th Dec to 12th Dec Period Count: 05			
PD1	Revision & Practical		
PD2	Revision & Practical		
PD3	Revision & Practical		
PD4	Revision & Practical		
PD5	Revision & Practical		
WEEK 35 : 14th Dec to 16thDec Period Count: 06			
	Revision & Practical		
WEEK 36 : 17st Dec to 30th Dec PeriodCount: 06			

Pre-Board 2	
WEEK 37 : 11th Jan to 16th Jan	Period Count:.....
Revision & Practical	
WEEK 38 - 39 : 18th Jan to 23th Jan	Period Count:
Revision	
WEEK 39- : 25th Jan to 30th Jan	PeriodCount: 02
Revision	
WEEK40 : 1st Feb to 06th Feb	PeriodCount: 06
Revision	
WEEK41 : 08th Feb to 13th Feb	PeriodCount: 06
Revision	
WEEK42 : 15th Feb to 20st Feb	Period Count: 05
Revision	
WEEK 43 : 22nd Feb to 27th Feb	PeriodCount:05
Revision	

Subject coordinator

Supervisor

Principal/V. Principal



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Kamla Nagar, Kanpur

Lesson plan implementation report

Session: 2026 - 2027

Term :
From Date :
Subject :
Book :

Assessment :
To Date :
Class :
No. of periods :

Section	Subject Teacher	Lesson/s to be covered according to lesson plan	Status Yes/No	Reason if not completed

Remarks:

Subject coordinator: Mrs. Gauri Sanjay Pathak