



Sir Padampat Singhania Education Centre
Kamla Nagar, Kanpur

Lesson Plan
Session 2026- 2027
Class: XI

Subject : **Kathak Nritya (056)**
Book : **Elements of Kathak**

Subject Coordinator
Name: Mrs. Gauri Sanjay Pathak

Head of Department
Name: Manoj Srivastava

Sign:



Sir Padampat Singhania Education Centre

Kamla Nagar, Kanpur

Yearly Syllabus/Planning overview

Session: 2026- 2027

Subject :Kathak Nritya (056)

Class :XI

No. of periods :169

Month	Assessed in	Lesson/s to be covered	Period Count
APRIL		Teen Taal Introduction History of Indian Dance	12
MAY	1 st TEST	Hastak Taatkar Definitions Thekas	22
JUNE		Summer Break	04
JULY	2 nd TEST	New Tukdas and Amad Biography of Pandit Binda Deen Maharaj and Birju Maharaj	26
AUGUST		Story lines Kathak Nritya Abhinaya	23
SEPTEMBER	Half Yearly	Revision Half Yearly	10
OCTOBER		Bharatnatyam Life sketches	19
NOVEMBER		Mohiniyattam Practical	10
DECEMBER		Revision	12
JANUARY		Revision Full Syllabus	17
FEBRUARY		Revision	12

Subject coordinator: Mrs. Gauri Sanjay Pathak



Sir Padampat Singhania Education Centre

Kamla Nagar, Kanpur

Monthly Syllabus/Planning overview

Session: 2026 - 2027

Subject: Kathak Nritya

Class: XI

Books: Elements of Kathak

No. of periods: 169

Month	Date/Week		Lesson/s to be covered in classroom	Period Count
	From	To		
April	16 st April	19 th April	Teen taal introduction	03
April	21 st April	26 th April	History of Indian dance	06
April	28 th April	30 th April	Tukda in Teen taal	03
May	01 st May	03 rd May	Kathak Nritya	03
May	05 th May	10 th May	Definitions	05
May	11 th May	18 th May	Thekas	03
May June	01 st June	27 th June	SUMMER VACATION (Practical File)	
June	29 th June	30 th June	Biographies Binda Deen ji	04
July	01 st July	05 th July	Biographies Birju Maharaj	05
July	07 th July	11 th July	Makhan Chori	05
July	14 th July	19 th July	Panghat Leela	06
July	20 th July	27 th July	Term test 1	06
July	28 th July	02 nd Aug	Kaliya Daman	06
Aug	04 th Aug	09 th Aug	Sitara Devi ji	05
Aug	11 th Aug	16 th Aug	Ang, Pratyang, Upang, Aamad	04
Aug	18 th Aug	23 th Aug	Chakkardar Aamad	06
Aug	25 th Aug	30 th Aug	Mudra, Notations Practice	06
Sept	01 st Sept	06 th Sept	Revision of all Thekas in writing	05

Sept	08thSept	13thSept	Revision	05
Sept	15thSept	28thSept	HALFYEARELYEXAMINATIONS	--
Oct	06thOct	11thOct	Mohiniyattam	05
Oct	13thOct	18th Oct	Bharatnatyam	06
Oct	19th Oct	20thOct	DUSSEHRA	02
Oct	27thOct	01stNov	Teen taal Practical	05
Nov	03rd Nov	07thNov	Teen taal Practical	05
Nov	08th Nov	11th Nov	DEEPAWALI	
Nov	16th Nov	30th Nov	Abhinaya	
Dec	01stDec	06thDec	Revision	06
Dec	08th Dec	13^hDec	Revision of Full Syllabus & Practicals	06
Dec	17thDec	29thDec	Revision	...
Jan	30th Dec	07thJan	WINTER BREAK	
Jan	08th Jan	10thJan	Revision	02
Jan	12th Jan	17th Jan	Revision	05
Jan	19th Jan	24th Jan	Revision	05
Jan	27th Jan	31stJan	Revision	05
Feb	02nd Feb	07th Feb	Revision	06
Feb	09th Feb	14th Feb	Revision	06

Subject coordinator: Mrs. Gauri Sanjay Pathak



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Weekly planning overview

Session: 2026 - 2027

Subject : Kathak Nritya (056)

Class :XI

No. of periods : 169

Period	Topic/s to be covered in classroom	Homework	Status (Yes/No) (Reason if No)
WEEK1: 13th April to 18th April Period Count: 03			
PD1	Introduction of Teen Tal		
PD2	Introduction of Teen Tal		
PD3	Introduction of Teen Tal		
WEEK2: 20th April to 25th April Period Count: 06			
PD1	Hastak & Tatkar		
PD2	Hastak & Tatkar		
PD3	Hastak & Tatkar		
PD4	Hastak & Tatkar		
PD5	Hastak & Tatkar		
PD6	Hastak & Tatkar		
WEEK3: 27th April to 2nd May Period Count: 03			
PD1	Rangmanch Pranaam in Teen Tal		
PD2	Rangmanch Pranaam in Teen Tal		
PD3	Rangmanch Pranaam in Teen Tal		
WEEK4: 04th May to 09th May		Period Count: 03	

PD1	Tukda in Teen Tal		
PD2	Tukda in Teen Tal		
PD3	Tukda in Teen Tal		
WEEK5: 11th May to 16th May Period Count: 05			
PD1	Chakkardar tukda in Teen Tal		
PD2	Chakkardar tukda in Teen Tal		
PD3	Chakkardar tukda in Teen Tal		
PD4	Chakkardar tukda in Teen Tal		
PD5	Chakkardar tukda in Teen Tal		
WEEK6: 18th May to 23rd May Period Count: 05			
PD1	Aamad in Teen Tal, Kathak		
PD2	Aamad in Teen Tal, Kathak		
PD3	Aamad in Teen Tal, Kathak		
PD4	Aamad in Teen Tal, Kathak		
PD5	Aamad in Teen Tal, Kathak		

Subject coordinator

Supervisor

Principal/V. Principal



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Kamla Nagar, Kanpur

Weekly planning overview

Session: 2026 - 2027

Subject: Kathak Nritya(056)

Class :XI

No. of periods

:169

Period	Topic/s to be covered in classroom	Homework	Status (Yes/No) (Reason if No)
WEEK7: 25thMay to 30thMayPeriod Count: 05			
PD1	Practical and Definitions		
PD2	Practical and Definitions		
PD3	Practical and Definitions		
PD4	Practical and Definitions		
PD5	Practical and Definitions		
	SUMMER BREAK		
WEEK 8: 29th June to 04th JulyPeriod Count: 05			
PD1	Practical – Chakkardar Aamad	PD1	
PD2	Practical – Chakkardar Aamad	PD2	
PD3	Practical – Chakkardar Aamad	PD3	
PD4	Practical – Chakkardar Aamad	PD1	
PD5	Practical - Chakkardar Aamad	PD2	
WEEK:9 - 11 13th July to 18th July Period Count:			
PD1	Tihai		
PD2	Tihai		
PD3	Tihai		

PD4	Tihai		
WEEK13: 20th July to 25thJuly Period Count: 05			
PD1	Bharatnatyam Nritya		
PD2	Bharatnatyam Nritya		
PD3	Bharatnatyam Nritya		
PD4	Bharatnatyam Nritya		
PD4	Bharatnatyam Nritya		

Subject coordinator

Supervisor

Principal/V. Principal



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Kamla Nagar, Kanpur

Weekly planning overview

Session: 2026 - 2027

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Period	Topic/s to be covered in classroom	Homework	Status (Yes/No) (Reason if No)
WEEK14: 27th July to 1st August Period Count: 04			
PD1	Mohiniyattam Nritya		
PD2	Mohiniyattam Nritya		
PD3	Mohiniyattam Nritya		
PD4	Mohiniyattam Nritya		
WEEK15: 03rd August to 08th August Period Count: 06			
PD1	Notation of Tukda		
PD2	Notation of Tukda		
PD3	Notation of Tukda		
PD4	Notation of Tukda		
PD5	Notation of Tukda		
PD6	Notation of Tukda		
WEEK16: 10th August to 15th August Period Count: 06			
PD1	Notation Of Amad		
PD2	Notation Of Amad		
PD3	Notation Of Amad		
PD4	Notation Of Amad		
PD5	Notation Of Amad		

PD6	Practical		
WEEK17:17 th August to22 nd August Period Count: 06			
PD1	Practical & Abhinaya		
PD2	Practical & Abhinaya		
PD3	Practical & Abhinaya		
PD4	Practical & Abhinaya		
PD5	Practical & Abhinaya		
PD6	Practical & Abhinaya		
WEEK19: 24 th Aug to 29 th Aug PeriodCount:05			
PD1	Thekas of All taals		
PD2	Thekas of All taals		
PD3	Thekas of All taals		
PD4	Thekas of All taals		
PD5	Thekas of All taals		
WEEK20:31 th Aug to 04 th Sept			

PD3	Detailed discussion of Gharanas		
PD4	Detailed discussion of Gharanas		
PD5	Detailed discussion of Gharanas		
PD6	Detailed discussion of Gharanas		
WEEK22: 14th Sept to 19th Sept 06 Period Count:			
PD1	Detailed discussion of Ras and 9 Rasas		
PD2	Detailed discussion of Ras and 9 Rasas		
PD3	Detailed discussion of Ras and 9 Rasas		
PD4	Detailed discussion of Ras and 9 Rasas		
PD5	Detailed discussion of Ras and 9 Rasas		
PD6	Detailed discussion of Ras and 9 Rasas		
WEEK23: 21st Sept to 26th Sept 05 Period Count:			
PD1	Detailed discussion of Bharatnatyam		
PD2	Detailed discussion of Bharatnatyam		
PD3	Detailed discussion of Bharatnatyam		
PD4	Detailed discussion of Bharatnatyam		
PD5	Detailed discussion of Bharatnatyam		
WEEK24: 28th Sept to 3rd Oct PeriodCount:05			
PD1	Definitions , Thekas and Revision		
PD2	Definitions , Thekas and Revision		
PD3	Definitions , Thekas and Revision		
PD4	Definitions , Thekas and Revision		

PD5	Definitions , Thekas and Revision		
WEEK25: 5th Oct to 10th Oct		Period Count: ____	
	Revision		
WEEK26:12thOct to 17thOct		Period Count: 02	
	Revision		
PD1	Revision		
PD2	Revision		
WEEK 27: 19th Oct to 24th Oct		PeriodCount: 05	
PD1	Revision (Practical & Theory)		
PD2	Revision (Practical & Theory)		
PD3	Revision (Practical & Theory)		
PD4	Revision (Practical & Theory)		
PD5	Revision (Practical & Theory)		
WEEK28:26thOct to 31th Oct		Period Count: 05	
PD1	Revision & Practical		
PD2	Revision & Practical		
PD3	Revision & Practical		
PD4	Revision & Practical		
PD5	Revision & Practical		
WEEK29: 2nd Nov to 07th Nov		Period Count: 02	
PD1	Revision & Practical		

PD2	Revision & Practical		
WEEK30:9th Oct to 14th Nov Period Count: 05			
PD1	Revision of full syllabus and practical		
PD2	Revision of full syllabus and practical		
PD3	Revision of full syllabus and practical		
PD4	Revision of full syllabus and practical		
PD5	Revision of full syllabus and practical		
WEEK31: 16th Nov to 30thNov PeriodCount: 05			
PD1	Pre- Board -1		
WEEK 32 - 33: 1st Dec to 05th Dec Period Count:			
Revision Model Paper			
WEEK 34 : 7th Dec to 12th Dec Period Count: 05			
PD1	Revision of full syllabus and practical		
PD2	Revision of full syllabus and practical		
PD3	Revision of full syllabus and practical		
PD4	Revision of full syllabus and practical		
PD5	Revision of full syllabus and practical		
WEEK 35 : 14th Dec to 16thDec Period Count:			
06			
	Revision of full syllabus and practical		
WEEK 36 : 17st Dec to 30th Dec PeriodCount:			
06			

Pre-Board 2

WEEK 37 : 11th Jan to 16th Jan

Period Count:.....

Revision of full syllabus and practical

WEEK 38 - 39 : 18th Jan to 23th Jan

Period Count:

Revision of full syllabus and practical

WEEK 39- : 25th Jan to 30th Jan

PeriodCount: 02

Revision of full syllabus and practical

WEEK40 : 1st Feb to 06th Feb

PeriodCount: 06

Revision of full syllabus and practical

WEEK41 : 08th Feb to 13th Feb

PeriodCount: 06

Revision of full syllabus and practical

WEEK42 : 15th Feb to 20st Feb

Period Count: 05

Revision of full syllabus and practical

WEEK 43 : 22nd Feb to 27th Feb

PeriodCount:05

Revision of full syllabus and practical

Subject coordinator

Supervisor

Principal/V. Principal



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Kamla Nagar, Kanpur

Lesson plan implementation report

Session: 2026 - 2027

Term :
From Date :
Subject :
Book :

Assessment :
To Date :
Class :
No. of periods :

Section	Subject Teacher	Lesson/s to be covered according to lesson plan	Status Yes/No	Reason if not completed

Remarks:

Subject coordinator: Mrs. Gauri Sanjay Pathak