



Sir Padampat Singhania Education Centre

Kamla Nagar, Kanpur

HOLIDAY HOMEWORK



"Mindful Moments, Joyful Learning"

Class I

Dear Parents and Students

In sync with our annual theme, 'Less is More: **Mindful Living, Meaningful Learning**', the holiday homework has been thoughtfully designed to promote joyful learning through simple, meaningful and creative experiences beyond the classroom.

The activities aim to nurture curiosity, creativity, values and confidence while strengthening foundational skills in an engaging manner. We request you to encourage your ward to complete the tasks sincerely and joyfully.



Activity 1 (English): 'My Happiness Without Screens' Booklet

Objective: To encourage self-expression, gratitude, and mindful engagement.

Details of Activity (Page Ideas):

- Things I enjoy without TV/Mobile 📱📺
- My favourite quiet corner at home 🛋️
- A person who helps me every day 👨👩
- How do I help my mom? 🍳
- What I like the most about my grandparents? 👴👵

Children may draw, use stickers and write in single word or simple sentences.

Where to do: Handmade booklet / Scrapbook

Children will make a tiny handmade booklet (4–5 pages).

Learning Outcome: The child will express simple ideas creatively and identify activities that bring happiness beyond screen.

Date of Submission: July 03, 2026



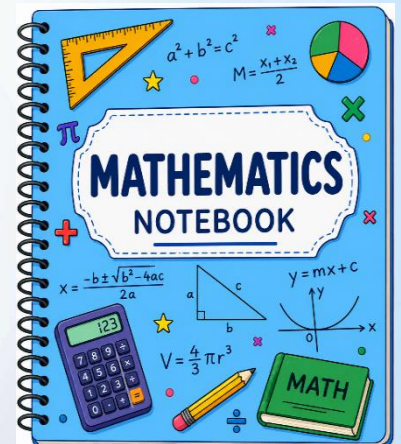
Activity 2 (Mathematics): 'Steps Around Me'

Objective: To develop measurement and comparison skills.

Details of Activity: Walk mindfully around your house and explore how Mathematics is present in everyday life. Observe, count, compare, and measure different things around you.

For example:

- How many steps does it take to walk from your bedroom to the kitchen? _____ steps 🦶
- Measure the length of a table using your palm. 🖐️📏
- Find out how many cups of water a jug can hold. 💧🥤
- Compare which room is nearer (shortest distance) or farther (longest distance) from the main door. 🚪
- Count and compare the number of tiles in different rooms. 🏠
Students may draw, write, and record their observations creatively in their notebook.



Where to do: Mathematics Notebook

Learning Outcome: The child will compare distances using counting and observation.

Date of Submission: July 04, 2026

Activity 3 (EVS): 'Nature Treasure Plate'

Objective: To connect children with nature through exploration.

Details of Activity:

Collect any 5 natural things. Paste them on a paper plate and decorate.

- leaf 🍃
- twig 🌿
- flower petal 🌸
- seed 🌱
- feather 🦄



Where to do: Paper Plate

Learning Outcome: The child will identify and appreciate natural objects from the environment.





Date of Submission: July 04, 2026

Activity 4 (Hindi): 'बिना खरीदे खुशी'

उद्देश्य: सरल जीवन एवं भावनात्मक जुड़ाव को समझाना।

गतिविधि:

ऐसी 3 चीज़ों के चित्र बनाइए जिनसे खुशी 😊 मिलती है: जैसे –

- परिवार 
- खेल 
- बारिश 
- कहानी 

Where to do:



सीख का निष्कर्ष: बच्चे छोटी-छोटी बातों में खुशी पहचान पाएँगे।

Date of Submission: July 04, 2026

Activity 5: Create A Kindness Corner at Home

Objective: To care for nature and help living beings around us.

Details of Activity: Set up a simple Bird Food & Water Station in your balcony or garden using bowls or DIY items. Fill one bowl with clean water and the other with grains. Observe birds visiting and feeding at your station. Draw a picture or paste a photo of your kindness station in your EVS Notebook.

Learning Outcome: Observation, empathy for animals, responsibility, and environmental awareness.

Let us embrace the joy of simple moments, practice kindness and gratitude, cherish meaningful family time, and continue learning with curiosity and mindfulness.

Wishing you a peaceful, joyful and enriching summer break!