



*Sir Padampat Singhania Education Centre*  
*Kamla Nagar, Kanpur*

*Lesson Plan*  
*Session 2025- 2026*  
*Class: XII*

**Subject** : **Kathak Nritya (056)**  
**Book** : **Elements of Kathak**

**Subject Coordinator**  
Name: Mrs. Gauri Sanjay Pathak

**Head of Department**  
Name: Manoj Srivastava

Sign:



# Sir Padampat Singhania Education Centre

Kamla Nagar, Kanpur

## Yearly Syllabus/Planning overview

Session: 2025- 2026

Subject :Kathak Nritya (056)

Class :XII

No. of periods :169

Month	Assessed in	Lesson/s to be covered	Period Count
APRIL		Jhap Tal Introduction Practical (Thats,Rangmanch pranam,tukdas,chakkardar tukda) Sattriya Nritya	12
MAY	1 <sup>st</sup> TEST	Practical: Aamad,chakkardar aamad,kavitta Theory: Mohiniattam	22
JUNE		Summer Break	04
JULY	2 <sup>nd</sup> TEST	Practical: Paran, chakkardar paran, tihai,Vishnu Vandana Theory: Tarana,trivet,dhrupad,dhamar,chaturanga,vandana	26
AUGUST		Practical: Paltas Theory: Chari bhed,Griva bhed,mudras	23
SEPTEMBER	Half Yearly	Gharanas, Abhinaya and its parts, Ras and its types	10
OCTOBER		Revision of full Syllabus and Practical of Jhap Tal	19
NOVEMBER	PreBoard1 PreBoard2	Revision Practical	10
DECEMBER	PreBoard1 PreBoard2	Revision Practical	12
JANUARY	PreBoard1 PreBoard2	Revision	17
FEBRUARY	PreBoard1 PreBoard2	Revision	12

Subject coordinator: Mrs. Gauri Sanjay Pathak



# Sir Padampat Singhania Education Centre

Kamla Nagar, Kanpur

## Monthly Syllabus/Planning overview

Session: 2025 - 2026

**Subject: Kathak Nritya**

**Class: XII**

**Books: Elements of Kathak**

**No. of periods: 169**

Month	Date/Week		Lesson/s to be covered in classroom	Period Count
	From	To		
April	16 <sup>st</sup> April	19 <sup>th</sup> April	Jhap Tal, Introduction, Tatkar, Theka	03
April	21 <sup>st</sup> April	26 <sup>th</sup> April	That, Rangmanch pranam	06
April	28 <sup>th</sup> April	30 <sup>th</sup> April	Tukda in Jhap taal	03
May	01 <sup>st</sup> May	03 <sup>rd</sup> May	Manipuri Nritya	03
May	05 <sup>th</sup> May	10 <sup>th</sup> May	Oddisi Nritya	05
May	13 <sup>th</sup> May	17 <sup>th</sup> May	Definitions	05
May	19 <sup>th</sup> May	24 <sup>th</sup> May	Revision	06
May	26 <sup>rd</sup> May	28 <sup>st</sup> May	Term Test 1	03
May June	01 <sup>st</sup> June	26 <sup>th</sup> June	<b>SUMMER VACATION (Practical File)</b>	
June	27 <sup>th</sup> June	30 <sup>th</sup> June	Tarana, Trivatt, Vandana	04
July	01 <sup>st</sup> July	05 <sup>th</sup> July	Chaturam, Dhamar, Dhrupad	05
July	07 <sup>th</sup> July	11 <sup>th</sup> July	Sattriya Nritya, Mohiniattam	05
July	14 <sup>th</sup> July	19 <sup>th</sup> July	Revision	06
July	21 <sup>st</sup> July	26 <sup>th</sup> July	Revision	06
July	28 <sup>th</sup> July	02 <sup>nd</sup> Aug	Chaari bhed, Vishnu Vandana	06
Aug	04 <sup>th</sup> Aug	09 <sup>th</sup> Aug	Tukda, Chakkardar tukda	05

Aug	11 <sup>th</sup> Aug	16 <sup>th</sup> Aug	Ang, Pratyang, Upang, Aamad	04
Aug	18 <sup>th</sup> Aug	23 <sup>th</sup> Aug	Chakkardar Aamad	06
Aug	25 <sup>th</sup> Aug	30 <sup>th</sup> Aug	Mudra, Notations Practice	06
Sept	01 <sup>st</sup> Sept	06 <sup>th</sup> Sept	Revision of all Thekas in writing	05
Sept	08 <sup>th</sup> Sept	13 <sup>th</sup> Sept	Revision	05
Sept	15 <sup>th</sup> Sept	27 <sup>th</sup> Sept	HALFYEARELYEXAMINATIONS	--
Sept Oct	29 <sup>th</sup> Sept	04 <sup>th</sup> Oct	DUSSEHRA& MAHATMA GANDHI JAYANTI	02
Oct	06 <sup>th</sup> Oct	11 <sup>th</sup> Oct	Revision (Theory Full Syllabus) (Practical)	05
Oct	13 <sup>th</sup> Oct	18 <sup>th</sup> Oct	Revision Practical in Jhap Tal	06
Oct	20 <sup>th</sup> Oct	25 <sup>th</sup> Oct	Deepawali	02
Oct	27 <sup>th</sup> Oct	01 <sup>st</sup> Nov	Understanding exam pattern Identifying important topics	05
Nov	03 <sup>rd</sup> Nov	08 <sup>th</sup> Nov	Understanding exam pattern Identifying important topics	05
Nov	10 <sup>th</sup> Nov	22 <sup>nd</sup> Nov	Pre Board - I	....
Nov	24 <sup>st</sup> Nov	29 <sup>th</sup> Nov	Revision of Full Syllabus & Practicals	06
Dec	01 <sup>st</sup> Dec	06 <sup>th</sup> Dec	Revision	06
Dec	08 <sup>th</sup> Dec	13 <sup>h</sup> Dec	Revision of Full Syllabus & Practicals	06
Dec	15 <sup>th</sup> Dec	27 <sup>th</sup> Dec	Pre Board - II	...
Jan	31 <sup>st</sup> Dec	07 <sup>th</sup> Jan	WINTER BREAK	....

<b>Jan</b>	<b>08<sup>th</sup> Jan</b>	<b>10<sup>th</sup>Jan</b>	<b>Previous year question papers</b>	<b>02</b>
<b>Jan</b>	<b>12<sup>th</sup> Jan</b>	<b>17<sup>th</sup> Jan</b>	<b>Previous year question papers</b>	<b>05</b>
<b>Jan</b>	<b>19<sup>th</sup> Jan</b>	<b>24<sup>th</sup> Jan</b>	<b>Previous year question papers</b>	<b>05</b>
<b>Jan</b>	<b>27<sup>th</sup> Jan</b>	<b>31<sup>st</sup>Jan</b>	<b>Previous year question papers</b>	<b>05</b>
<b>Feb</b>	<b>02<sup>nd</sup> Feb</b>	<b>07<sup>th</sup> Feb</b>	<b>Previous year question papers</b>	<b>06</b>
<b>Feb</b>	<b>09<sup>th</sup> Feb</b>	<b>14<sup>th</sup> Feb</b>	<b>Previous year question papers</b>	<b>06</b>

Subject coordinator: Mrs. Gauri Sanjay Pathak



# Sir Padampat Singhania Education Centre

Kamla Nagar, Kanpur

## Weekly planning overview

Session: 2025 - 2026

Subject : Kathak Nritya (056)

Class :XII

No. of periods : 169

Period	Topic/s to be covered in classroom	Homework	Status (Yes/No) (Reason if No)
WEEK1: 16 <sup>st</sup> April to 19 <sup>th</sup> April Period Count: 03			
PD1	Introduction of Jhap Tal		
PD2	Introduction of Jhap Tal		
	<b>GOOD FRIDAY (18/04)</b>		
PD3	Introduction of Jhap Tal		
WEEK2: 21 <sup>st</sup> April to 26 <sup>th</sup> April Period Count: 06			
PD1	Introduction of Jhap Tal & Tatkar in Jhap Tal		
PD2	Introduction of Jhap Tal & Tatkar in Jhap Tal		
PD3	Introduction of Jhap Tal & Tatkar in Jhap Tal		
PD4	Introduction of Jhap Tal & Tatkar in Jhap Tal		
PD5	Introduction of Jhap Tal & Tatkar in Jhap Tal		

PD6	Introduction of Jhap Tal & Tatkar in Jhap Tal		
<b>WEEK3:28<sup>th</sup> April to 30<sup>th</sup> April Period Count: 03</b>			
PD1	<b>Rangmanch Pranaam in Jhap Tal</b>		
PD2	<b>Rangmanch Pranaam in Jhap Tal</b>		
PD3	<b>Rangmanch Pranaam in Jhap Tal</b>		
<b>WEEK4: 01<sup>st</sup> May to 03<sup>rd</sup> May Period Count: 03</b>			
PD1	<b>Tukda in Jhap Tal</b>		
PD2	<b>Tukda in Jhap Tal</b>		
PD3	<b>Tukda in Jhap Tal</b>		
<b>WEEK5: 05<sup>th</sup> May to 10<sup>th</sup> May Period Count: 05</b>			
PD1	<b>Chakkardar tukda in Jhap Tal</b>		
PD2	<b>Chakkardar tukda in Jhap Tal</b>		
PD3	<b>Chakkardar tukda in Jhap Tal</b>		
PD4	<b>Chakkardar tukda in Jhap Tal</b>		
PD5	<b>Chakkardar tukda in Jhap Tal</b>		
	<b>SECOND SATURDAY (10/5)</b>		
<b>WEEK6:12<sup>th</sup> May to 17<sup>th</sup> May Period Count: 05</b>			
	<b>BUDDHA PURNIMA (12/05)</b>		
PD1	<b>Aamad in Jhap Tal, Manipuri &amp; Odissi Nritya</b>		
PD2	<b>Aamad in Jhap Tal, Manipuri &amp; Odissi Nritya</b>		
PD3	<b>Aamad in Jhap Tal, Manipuri &amp; Odissi Nritya</b>		

PD4	Revision		
PD5	Revision		

Subject coordinator

Supervisor

Principal/V. Principal



**Sir Padampat Singhania Education Centre**

*Kamla Nagar, Kanpur*

### Weekly planning overview

Session: 2025 - 2026

Subject: Kathak Nritya(056)

Class :XII

No. of periods

:169

Period	Topic/s to be covered in classroom	Homework	Status (Yes/No) (Reason if No)
<b>WEEK7: 19<sup>th</sup>Mayto24<sup>th</sup>MayPeriod Count: 05</b>			
PD1	Revision and Practical		
PD2	Revision and Practical		
PD3	Revision and Practical		
PD4	Practical - Gharanas		
PD5	Practical - Gharanas		
<b>WEEK 8: 26<sup>rd</sup> May to 28<sup>th</sup>MayPeriod Count: 05</b>			
PD1	Practical – Chakkardar Aamad	PD1	
PD2	Practical – Chakkardar Aamad	PD2	
PD3	Practical – Chakkardar Aamad	PD3	
PD4	Practical – Chakkardar Aamad	PD1	
PD5	Practical - Chakkardar Aamad	PD2	



**WEEK:9 - 11    31<sup>st</sup> May to 26<sup>th</sup>JunePeriod Count: ....**

**SUMMER VACATION**

**WEEK 12:    27<sup>th</sup> Juneto30<sup>th</sup>JunePeriod Count: 04**

PD1	<b>Tihai</b>		
PD2	<b>Tihai</b>		
PD3	<b>Tihai</b>		
PD4	<b>Tihai</b>		

**WEEK13: 01<sup>st</sup>July to 05<sup>th</sup>JulyPeriod Count: 05**

PD1	<b>Sattriya Nritya</b>		
PD2	<b>Sattriya Nritya</b>		
PD3	<b>Sattriya Nritya</b>		
PD4	<b>Sattriya Nritya</b>		
PD4	<b>Sattriya Nritya</b>		

Subject coordinator

Supervisor

Principal/V. Principal



# Sir Padampat Singhania Education Centre

Kamla Nagar, Kanpur

## Weekly planning overview

Session: 2025 - 2026

Subject : Kathak Nritya(056)

Class : XII

No. of periods : 169

Period	Topic/s to be covered in classroom	Homework	Status (Yes/No) (Reason if No)
WEEK14: 07 <sup>th</sup> Julyto12 <sup>th</sup> JulyPeriod Count: 04			
PD1	Mohiniatam Nritya		
PD2	Mohiniatam Nritya		
PD3	Mohiniatam Nritya		
PD4	Mohiniatam Nritya		
	SECOND SATURDAY (12/7)		
WEEK15: 14 <sup>th</sup> Julyto19 <sup>th</sup> JulyPeriod Count: 06			
PD1	Revision		
PD2	Revision		
PD3	Revision		
PD4	Revision		
PD5	Revision		
PD6	Revision		
WEEK16:21 <sup>st</sup> Julyto26 <sup>th</sup> JulyPeriod Count: 06			
PD1	Practical		
PD2	Practical		
PD3	Practical		
PD4	Practical		

PD5	Practical		
PD6	Practical		
<b>WEEK17:28<sup>th</sup>Julyto02<sup>nd</sup>AugPeriod Count: 06</b>			
PD1	Practical & Chaari bhed		
PD2	Practical & Chaari bhed		
PD3	Practical & Chaari bhed		
PD4	Practical & Chaari bhed		
PD5	Practical & Chaari bhed		
PD6	Practical & Chaari bhed		
<b>WEEK19: 04<sup>th</sup>Aug to 09<sup>th</sup>Aug    PeriodCount:05</b>			
PD1	Lok Dharmi -Natya Dharmi Nayak		
PD2	Lok Dharmi -Natya Dharmi Nayak		
PD3	Lok Dharmi -Natya Dharmi Nayak		
PD4	Lok Dharmi -Natya Dharmi Nayak		
PD5	Lok Dharmi -Natya Dharmi Nayak		
	<b>RAKSHA BANDHAN (09/08)</b>		
<b>WEEK20:11<sup>th</sup>Augto16<sup>th</sup>Aug                          PeriodCount:04</b>			
PD1	Abhinaya Darpan, Natya Shastra		
PD2	Abhinaya Darpan, Natya Shastra		
PD3	Abhinaya Darpan, Natya Shastra		
PD3	Abhinaya Darpan, Natya Shastra		
	<b>INDEPENDENCE DAY (15/08)</b>		

**SHREE KRISHNA JANMASHTAMI (16/08)****WEEK21:18<sup>th</sup>Augto23<sup>th</sup>Aug** Period Count: 06

PD1	<b>Detailed discussion of Gharanas</b>		
PD2	<b>Detailed discussion of Gharanas</b>		
PD3	<b>Detailed discussion of Gharanas</b>		
PD4	<b>Detailed discussion of Gharanas</b>		
PD5	<b>Detailed discussion of Gharanas</b>		
PD6	<b>Detailed discussion of Gharanas</b>		

**WEEK22: 25<sup>th</sup> Aug to30<sup>th</sup> Aug** Period Count: 06

PD1	<b>Detailed discussion of Ras and 9 Rasas</b>		
PD2	<b>Detailed discussion of Ras and 9 Rasas</b>		
PD3	<b>Detailed discussion of Ras and 9 Rasas</b>		
PD4	<b>Detailed discussion of Ras and 9 Rasas</b>		
PD5	<b>Detailed discussion of Ras and 9 Rasas</b>		
PD6	<b>Detailed discussion of Ras and 9 Rasas</b>		

**WEEK23: 01<sup>st</sup>Sept to 06<sup>th</sup>Sept** Period Count: 05

PD1	<b>Detailed discussion of Bharatnatyam</b>		
PD2	<b>Detailed discussion of Bharatnatyam</b>		
PD3	<b>Detailed discussion of Bharatnatyam</b>		
PD4	<b>Detailed discussion of Bharatnatyam</b>		
PD5	<b>Detailed discussion of Bharatnatyam</b>		

**WEEK24: 08<sup>th</sup>Sept to13<sup>th</sup> Sept** PeriodCount:05

PD1	Revision		
PD2	Revision		
PD3	Revision		
PD4	Revision		
PD5	Revision		
WEEK25:15 <sup>th</sup> Sept to 27 <sup>th</sup> Sept      Period Count: ____			
	Half Yearly Examination		
WEEK26:29 <sup>th</sup> Sept to 04 <sup>th</sup> Oct Period Count: 02			
	DUSSEHRA& MAHATMA GANDHI JAYANTI		
PD1	Revision		
PD2	Revision		
WEEK 27: 06 <sup>th</sup> Oct to 11 <sup>th</sup> Oct      PeriodCount: 05			
PD1	Revision (Practical & Theory)		
PD2	Revision (Practical & Theory)		
PD3	Revision (Practical & Theory)		
PD4	Revision (Practical & Theory)		
PD5	Revision (Practical & Theory)		
	SECOND SATURDAY (11/10)		
WEEK28:13 <sup>th</sup> Oct to 18 <sup>th</sup> Oct      Period Count: 05			
PD1	Revision & Practical		
PD2	Revision & Practical		

PD3	Revision & Practical		
PD4	Revision & Practical		
PD5	Revision & Practical		
<b>WEEK29: 20<sup>th</sup> Oct to 25<sup>th</sup> Oct</b>		<b>Period Count: 02</b>	
	<b>DEEPAWALI (20-23/10)</b>		
PD1	Revision & Practical		
PD2	Revision & Practical		
<b>WEEK30: 27<sup>th</sup> Oct to 01<sup>st</sup> Nov</b>		<b>Period Count: 05</b>	
PD1	Understanding exam pattern Identifying important topics		
PD2	Understanding exam pattern Identifying important topics		
PD3	Understanding exam pattern Identifying important topics		
PD4	Understanding exam pattern Identifying important topics		
PD5	Understanding exam pattern Identifying important topics		
<b>WEEK31: 03<sup>rd</sup> Nov to 08<sup>th</sup> Nov</b>		<b>Period Count: 05</b>	
PD1	Understanding exam pattern Identifying important topics		
PD2	Understanding exam pattern Identifying important topics		
PD3	Understanding exam pattern Identifying important topics		
PD4	Understanding exam pattern Identifying important topics		
PD5	Understanding exam pattern Identifying important topics		
	<b>GURU NANAK JAYANTI (05/11)</b>		
<b>WEEK 32 - 33: 10<sup>th</sup> Nov to 27<sup>th</sup> Nov</b> Period Count: ....			

**Pre Board - I**

**WEEK 34 : 25<sup>th</sup>Nov to 29<sup>th</sup> Nov**

**Period Count: 05**

**GURU TEGH BAHADUR SHAHEEDI DIWAS  
(24/11)**

PD1

**Revision & Practical**

PD2

**Revision & Practical**

PD3

**Revision & Practical**

PD4

**Revision & Practical**

PD5

**Revision & Practical**

**WEEK 35 : 01<sup>st</sup>Dec to 06<sup>th</sup>Dec**

**Period Count: 06**

**Revision & Practical**

**WEEK 36 : 08<sup>th</sup> Dec to 13<sup>th</sup>Dec**

**PeriodCount: 06**

**Revision & Practical**

**WEEK 37 : 15<sup>th</sup>Dec to 27<sup>th</sup>Dec**

**Period Count:.....**

**Pre Board - II**

**WEEK 38 - 39 : 31<sup>st</sup> Dec to 07<sup>th</sup>Jan**

**Period Count: ....**

**WINTER BREAK**

**WEEK 39- : 08<sup>th</sup> Janto 10<sup>th</sup>Jan**

**PeriodCount: 02**

**Revision**

**WEEK40 : 12<sup>th</sup> Jan to 17<sup>th</sup> Jan**

**PeriodCount: 06**

**Revision**

**WEEK41 : 19<sup>th</sup> Jan to 24<sup>th</sup> Jan**

**PeriodCount: 06**

**Revision**

WEEK42 : 27<sup>th</sup> Jan to 31<sup>st</sup>Jan

Period Count: 05

Revision

WEEK 43 : 02<sup>nd</sup> Feb to 07<sup>th</sup> Feb

PeriodCount:05

Revision

WEEK44 : 09<sup>th</sup> Feb to 14<sup>th</sup> Feb

PeriodCount:05

Revision

Subject coordinator

Supervisor

Principal/V. Principal



# Sir Padampat Singhania Education Centre

Kamla Nagar, Kanpur

## Lesson plan implementation report

Session: 2025 - 2026

Term :  
From Date :  
Subject :  
Book :

Assessment :  
To Date :  
Class :  
No. of periods :

Section	Subject Teacher	Lesson/s to be covered according to lesson plan	Status Yes/No	Reason if not completed




**Remarks:**

Subject coordinator: Mrs. Gauri Sanjay Pathak