



Sir Padampat Singhania Education Centre
Kamla Nagar, Kanpur

Lesson Plan

Session 2025- 2026

Class: 10th

Subject : Social Science
Book : NCERT

Subject Coordinator
Name: Ms. Pranjali Singh

Head of Department
Name: Ms. HEENA SALIM

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Sign:



Sir Padampat Singhania Education Centre

Kamla Nagar, Kanpur

Yearly Syllabus/Planning overview

Session: 2025-2026

Subject: Social Science

Class: 10th

No. of periods: _____

Month	Assessed in	Lesson/s to be covered	Period Count
		HISTORY	
		1. The Rise of Nationalism in Europe	
		2. Nationalism in India	
		3. The Making of a Global World	
		4. The Age of Industrialization (FOR INTERNAL ASSESMENT ONLY)	
		5. Print Culture and the Modern World	
		GEOGRAPHY	
		1. Resource and Development	
		2. Forest and Wildlife	
		3. Water Resources	
		4. Agriculture	
		5. Minerals and Energy Resources	
		6. Manufacturing Industries	
		7. Life Lines of National Economy (only map work)	
		DEMOCRATIC POLITICS	
		1. Power Sharing	
		2. Federalism	
		3. Democracy and diversity	
		4. Gender, Religion and Caste	
		5. Political parties	
		6. Outcomes of democracy	
		ECONOMICS-	
		1. Development	
		2. Sectors of Indian Economy	
		3. Money and credit	

		4.Globalization and the Indian Economy	
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Subject coordinator:

HOD:



Sir Padampat Singhania Education Centre

Kamla Nagar, Kanpur

Monthly Syllabus/Planning overview

Session: 2025-2026

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No. of period : ____

			Lessons to be covered in classroom	
April			Hist- The Rise of Nationalism in Europe	
			Geog - Resource and development	
			D.P. - Power sharing	
May			. Eco- Development	
			Hist-Nationalism in India	
			Eco-factors of Indian economy	
July			Geo. - forest and wildlife	
			D.P. - federalism	
			His-The age of industrialization	
			His. - The making of global world	
			Eco-Money and Credit	
August			Geog. - water resource	
			D.P.- gender ,religion and cast	
			D.P.-political parties	
September			Hist. - print culture and the modern world	
			Geog-agriculture	
			Geog-minerals and energy resources	
October			Geog. - manufacturing industries	
			D.P. - outcomes of democracy	
			Eco. - lifelines of national economy	

Subject coordinator:

HOD:



Sir Padampat Singhania Education Centre

Kamla Nagar, Kanpur

Weekly planning overview

Session: 2025- 2026

Subject : Social Science

Class : 9th

No. of period :7

Period	Topic/s to be covered in classroom	Homework	Status (Yes/No) (Reason if No)
WEEK 1: 3rd April to 5th April			Period Count: 3
PD1	Annual Syllabus given.		
PD2	Annual Syllabus given.		
PD3	Hist-the rise of nationalism in Europe. Introduction , the making of nationalism in Europe.		
PD4	The arestocracy at the new middle class, A new conservative after 1815		
PD5	The romanticism and the national feeling Hunger Hardships and popular revolt	Read the lesson	
PD6		Revise Map	YES
WEEK 2: 7th April to 12th April			Period Count:6
PD1	The making of Germany and Italy The short comings of Britain visualizing the nation	Do the questions	
PD2	Nationalism and impellism	Solve the questions in the book itself.	
PD3	Continued	Answer the questions	
PD4	MAHAVEER JAYANTI HOLIDAY		
PD5	Topic continued	Learn the new terms	

PD6	SECOND SATURDAY		
WEEK 3:14th April to 19th April		Period Count: 6	
PD1	Back exercises to be discussed		
PD2	Extra questions to be given	learn	
PD3	Geography -resource and development Introduction of the chapter and types of resources	read	
PD4	Land use patterns in India	Learn the new terms	
PD5	Good Friday	.	
PD6	Soil profile,	read	
WEEK 4: 21st to 26th April		Period Count: 6	
PD1	Types of soils found in India	Solve the questions	
PD2	Map discussion	Revise	
PD3	Back exercises to be discussed	learn	
PD4	Notebook question answers	Read the chapter	
PD5	Extra questions to be given and quiz to be conducted.	Learn the new terms	
PD6	Multiple choiceQuestion /answers to be discussed	Do the q/a	
WEEK 5: 28th April to 3th May		Period Count: 6	
PD1	Civics power sharing Introduction of the chapter, Belgium and Sri Lanka comparative study	Read the chap.	
PD2	Forms of power sharingCont...	Learn the new term	

PD3	Cont..	Revise the chap.	
PD4	Cont...	Read the lesson	
PD5	NCERT back exercises to be discussed		
PD6	Notebook questions and extra questions to be discussed	Learn new terms	S
PD7	Economics development Introduction of the chapter, different goals income and other goals	Do the question/a answer	
WEEK 6 :5th May to 10th May			Period Count:6
PD1	Explanation continued, how to compare different countries	DO the Questions	
PD2	Public facilities and sustainability of development.	Practice the map	
PD3	PPT presentation and quiz	Do the worksheet	
PD4	Back exercises to be discussed Workbook to be discussed	Read the chap.	
PD5	History nationalism in India First world war and khilafat movement	Read all the previous chapters	
PD6	The idea of Satyagraha the rowlatt act different stands with the movement	---	
<div> <div></div> <div> WEEK 7 : 12th May to 17th May Period Count:6 </div> </div>			
PD1	Budh Purnima		
PD2	Revision for May test Map discussion for the chapter	Learn the causes of deforestation	
PD3	The limitations of civil disobedience movement The sense of collective belonging Quit India movement	Revise the explained portion.	

PD4	Back exercises and question answers to be discussed	Learn the names of Tribal area , its leaders etc.	
PD5	Geography forest and wildlife resources Introduction of the chapter Conservation of forest, distribution of forest	Learn the new terms	
PD6	Community and conservation Multiple choice questions to be discussed	Solve the objectives in the book itself.	

WEEK 8: 19th May to 24th May

Period Count: 6

PD1	Exercise at the end of the lesson to be discussed	Practice the map of Bastar	
PD2	Economics sector of Indian economy Comparing the three sectors how to create more employment?	Complete the question answer	
PD3	MANREGA 2005 Organised and unorganised sector How to protect workers in a long night sector	Complete the extra questions	
PD4	Discussion of back exercise Workbook discussion	Read the chapter	
PD5	Continue with notebook work	DO the worksheet	
PD6	Discussion of holiday H.W. Doubts cleared related to the chap.	Do the H.W. and questions answers	

WEEK 9: 31st May to 3rd June–Summer Break
WEEK 10: 3rd June to 8th June- Summer Break
WEEK11:9th June to 15th June- Summer Breaks
WEEK12:17TH June to22nd June- Summer Break
WEEK 13: 24TH June to 29th- Summer Break

WEEK 14: 1st July to 5th July

Period Count: 5

PD1	History-The Age of Industrialization lesson will be introduced before industrialisation	Read the lesson	
PD2	Proto industrialization, Coming up of Factories, Pace of industrial change	Learn the new term	
PD3	Hand labour and the steam power industrialization in colonies Manchester comes to India Factories come up with colonies	Mark the physiographic divisions neatly on the pol. Map of India.	

PD4	Back exercise and workbook discussion	Revise the lesson.	
PD5	Economics money and credit Introduction of the chapter modern forms of currency ,deposit with banks, cheques		
PD6	Loan activities of bank Formal sector of loan and informal sector of loan	Prepare for the test	
WEEK 15: 7th July to 12th July Period Count:			
PD1	Terms of credit, self help groups for the poor	Complete the extra questions	
PD2	Back exercises and notebook work discussion	Complete the extra questions	
PD3	Chapter water resource introduction of the chapter water scarcity and need of water conservation, multipurpose river projects and dams	Read the chapter	
PD4	Rainwater harvesting, bamboo drip irrigation system	Learn the new terms	
PD5	NCERT back exercise discussion Map work discussion	Learn the Preamble	
PD6	Chapter -gender ,religion and caste Introduction of the chapter, gender and politics	Solve the objective in the book itself	
WEEK 16: 14th July to 19th Jul Period Count: 6			
PD1	Religion communism and politics REVISION, 1 ST TERM TEST	Learn	
PD2	Cast and politics,REVISION Periodic TEST	Learn	
PD3	MUHARRAM		
PD4	Explanation continued ,REVISION TEST	Learn	
PD5	Explanation continued,REVISION TEST	Learn	
PD6	Back exercise discussion,REVISION TEST	Learn	
PD.7	Workbook discussion REVISION TEST	Learn	

WEEK 17: 21st July to 26th July			Period Count: 6
PD1	D.P: political parties Introduction of the chapter, why do we need political parties? Functions of political parties	Complete the extra question	
PD2	Necessity of political parties, how many parties should we have? Popular participation and political parties	Read the lesson	
PD3	National parties and state parties Challenges to political parties	Learn the new terms.	
PD4	How can parties be reformed? Discussion of back exercises of NCERT	Revise the explained portion.	
PD5	History print culture and the modern world Introduction of the chapter The first printed books	Learn the new terms.	
PD6	Explanation continued	Practice the map	
WEEK 18: 28th July to 2nd Aug.			Period Count: 6
PD1	Print in Japan Print comes to Europe		
PD2	Gutenberg and the printing press The print revolution and its impact	Revise the explained portion.	
PD3	Religious debates and the fear of print The reading mania	Learn the new terms.	
PD4	- Print culture and the French revolution		
PD5	Children ,women and workers for print India and world of print Manuscripts before the age of print	Practice the map	
PD6	Religious reforms and public debates New forms of publication Women and print	Solve the objective in the book itself.	
WEEK 19: 4th Aug. to 9th Aug.			Period Count: 6
PD1	Explanation continued	Learn the drainage system.	
PD2	Explanation continued	Revise the diagram.	
PD3	Main practice for the geography chapters	Read the lesson.	
PD4	Workbook completion	Solve the objective questions	

		in the book itself.	
PD5	Workbook completion	Do the questions	
PD6	RAKSHA BANDHAN HOLIDAY		
WEEK 20: 11th Aug to 16th Aug.		Period Count: 4	
PD1	Revision of the chapters	Read the lesson	
PD2	Continued	Learn the key terms	
PD3	Multiple choice questions practice	Solve the objective questions in the book itself	
PD4	Picture based questions practice	Do the questions	
PD5	INDEPENDENCE DAY		
PD6	SREE KRISHNA JANAMASHTMI		
WEEK 21: 18th Aug. to 23rd Aug.		Period Count: 6	
PD1	Geography chapter agriculture Introduction of the chapter	READ	
PD2	Types of farming	learn	
PD3	Cropping patterns in India	Do the q/a	
PD4	Major crops of India wheat ,rice	read	
PD5	Food crops other than grains	Learn the new term	
PD6	Non food crops Map practice for the chapter	Revise the lesson	
WEEK 22: 25th Aug. to 30th Aug.		Period Count: 5	

PD1	Workbook discussion		
PD2	PPT presentation Quiz of the chapter	Do the map	
PD3	Multiple choice questions practice	Do the corrections	
PD4	NCERT back exercise discussion	Practice the map	
PD5	Extra questions for practice	Prepare for the test	
PD6	Continude		

WEEK 23 : 1st Sep.to 6th Sep

Period Count: 6

PD1	Geography chapter minerals and energy resources Introduction of the chapter Classification of minerals in detail	Learn the lessons for the test	
PD2	Ferrous minerals-iron Manganese		
PD3	Non ferrous minerals bauxite		
PD5	Non metallic minerals Energy resources,		
PD6	TEACHER S DAY /MILAD UN NABI		

WEEK: 24: 8th Sep. to 13st Sep.

Period Count: 6

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PD1	Petroleum and natural gas	Read the lesson	
PD2	Non conventional sources of energy	Learn the new terms.	
PD3	Conservation of energy resources Discussion of sample paper	Read the lesson	
PD4	REVISION FOR TEST	Revise the explained portion	

PD5	REVISION FOR TEST	Do the objectives	
PD6	REVISION FOR TEST	Solve the objective questions in the book	
PD7	SAMPLE PAPER TO BE DISCUSSED	Complete the questions	
WEEK :25 15th Sep. to 20th Sep. Period Count: 6			
PD1	2 nd term test		
PD2	2 nd term test		
PD3	2 nd term test		
PD4	2 nd term test		
PD5	2 nd term test	Read the Lesson	
PD6	2 nd term test	Learn the new terms.	
WEEK 26th: 22nd Sep .to 27th Sep. Period Count: 6			
PD1	Nuclear energy and biogas energy	Read the lesson	
PD2	Back exercise discussion	Read the lesson	
PD3	Map practice	Solve the objective questions in the book itself	
PD4	Quiz and MCQ questions	Do the Question Ans.	
PD5	Workbook discussion	Solve the extra questions.	
PD6	Continued	Solve the extra questions.	
WEEK :27:29th Sep to 4th October Period Count: 3			

PD1	Practice of extra questions	Read the lesson	
PD2	ASHTAMI HOLIDAY		
PD3	MAHA NAVAMI HOLIDAY		
PD4	DUSSHEHRA HOLIDAY		
PD5	Chapter manufacturing industries Introduction of the chapter Importance of manufacturing	Revise the explained portion	
PD6	Classification of industries Agro based industries Textile industry	Learn the new terms	
WEEK 28: 6th Oct. to 11th Oct. Period Count: 6			
PD1	Mineral based industries Aluminium and chemical industries		
PD2	Industrial pollution and environmental degradation		
PD3	NTPC measures for conservation Map discussion	Learn the important key terms.	
PD4	NCERT back exercise discussion	Learn the important key terms.	
PD5	Workbook discussion	Do the questions .	
PD6	Quiz and practice test for map		
WEEK 29th : 13th October to 18th Oct, Period Count: 6			
PD1	Civics chapter outcomes of democracy Introduction of the chapter		
PD2	How do we assess democracy outcomes? Accountable ,legitimate and responsive government		
PD3	Economic growth and development	Read the lesson	
PD4	Reduction of inequality and poverty Dignity and freedom of the citizens	Learn the new terms.	
PD5	Discussion of back exercise of NCERT	Do the questions	

PD6	PPT presentation and quiz	Do the worksheet	
WEEK 30 : 20st Oct. to 25th Oct.			Period Count: 2
PD1	DIWALI		
PD2	DIWALI		
PD3	DIWALI		
PD4	DIWALI		
PD5	Geography chapter lifelines of national economy	Learn the new terms	
PD6	Map practice for major sea ports		
WEEK: 31st: 27th Oct. to 1st NOV.			Period Count: 6
PD1	Map practice for Major international airports of India	Read	
PD2	Map practice continued		
PD3	Workbook discussion		
PD4	Workbook discussion		
PD5	Workbook discussion		
PD6	Practice test for MCQ		
WEEK: 32 : 3rd Nov. to 8 th Nov.			Period Count: 5
PD1	Revision for pre board 1	the new Learn terms.	
PD2	Revision for pre board 1	Learn the new terms	

Geograph
:Climate.
Revision
lesson
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PD3	GURU NANAK BIRTHDAY			
PD4	Chapter wise revision	Revise the explained portion		
PD5	Revision of history chapter	Practice the maps in the given lesson.		
PD6	Revision continued	revise		
PD7	Revision for pre board 1	Complete the question and answers		
WEEK 33 : 10th November to 15th Nov. Period Count: 6				Geogra Climate question be gi WORKI
PD1	Pre board one examination	Revise the maps		
PD2	Pri board one examination	Read the lesson		
PD3	Pre board one examination	Read the chapter		
PD4	Pre board one examination	Read the chapter		
PD5	Pre board one examination			
PD6	Pre board one examination			
WEEK 34 : 17th Nov. to 22rd Nov. Period Count: 6				Annual Function
PD1	Pre board one examination	do		
PD2	Pre board one examination			
PD3	Pre board one examination	Revise the explained portion		
PD4	Pre board one examination	Solve the objective questions in book itself.		

PD5	Pre board one examination			
PD6	. Discussion of pre board question paper	Solve the questions.		
WEEK 35th: 24th Nov. to 29th Nov.				Period Count: 5
PD1	GURU TEG BAHADUR SHAHIDI DIWAS			
PD2	Map practice	Practice map		
PD3	Revision of geography chapters	Practice the maps		
PD4	Revision of geography	Practice the maps		
PD5	Practice the map	Practice the maps		
PD6	revision		Prepare for the test	
WEEK 36th : 1st Dec. to 6th Dec.				Period Count 6
PD1	revision	Prepare for the test		Revision 3 rd Term
PD2	Doubt clearing	Prepare for the test		
PD3	Chapter wise revision	Prepare for the test -		
PD4	Chapter wise revision			
PD5	Chapter wise revision			
PD6	Chapter wise revision			
PD7	Chapter wise revision			
WEEK 37th : 8th Dec. to 13th Dec.				Period Count: 6
PD1	Chapter wise revision			3 rd Term

PD2	Chapter wise revision			
PD3	Chapter wise revision			
PD4	Chapter wise revision			
PD5	Chapter wise revision			
PD6	Chapter wise revision			
PD7	Chapter wise revision			
WEEK 38th: 15th Dec. to 20st Dec. Period Count: 6				History- Pastoralist Modern V Plateaus,P sert
PD1	Chapter wise revision	Revise the Lesson		
PD2	Chapter wise revision	Revise the Lesson		
PD3	Chapter wise revision	Revise the Lesson		
PD4	Chapter wise revision			
PD5	Chapter wise revision			
PD6	Chapter wise revision			
PD7	Chapter wise revision			
WEEK 39th: 22rd Dec.to27th Dec. Period Count: 7				WINTER
PD1	Workbook			
PD2	Workbook			
PD3	CHRISRMASDAY			
PD4	Workbook			

PD5	Workbook			
PD6	Workbook			
WEEK 40: 29th Dec.to 3rd Jan				Period Count: 6
PD1	Sample Paper	Do the q/a.		WINTER
PD2	PTM			
PD3	WINTER BREAK			
PD4	WINTER BREAK			
PD5	WINTER BREAK			
PD6	WINTER BREAK			
WEEK 41 : 5th Jan. to 10th Jan.				Period Count: 6
PD1	WINTER BREAK			Ec s: v Pa qu v a
PD2	WINTER BREAK			
PD3	WINTER BREAK			
PD4	Doubts of Sample Paper to be discussed.	Revision		
PD5	Revision	Revision		
PD6	Revision Poverty as a challenge		Prepare the Lesson	
WEEK 42nd : 12th Jan. to 17th Jan.				Period Count: 6
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PD1	Pre board two examination	Prepare for the exam		
PD2	Pre board 2examination	Prepare for the exam		
PD3	MAKAR SANKRANTI			
PD4	Pre board two examination			
PD5	Pre board two examination	Revise the lesson		
PD6	Pre board two examination	Revise the lesson	Revise the lesson	
WEEK43 : 19TH Jan. to 24th Jan. Period Count: 6				Revision Electoral Politics
PD1	Pre board two examination	Revise the lesson.		
PD2	GURU GOVIND SINGH JAYANTI	Revise the lesson.		
PD3	Question paper discussion Doubts discussed	Do the corrections		
PD4	Revision			
PD5	Geography: Revision			
PD6	Geography: Revision .	Geography: Revision of India, size and location, written test.	Revise the lesson.	
WEEK 44 : 26th Jan to 31st Jan Period Count: 6				Geogra Revis Climate question be as
PD1	REPUBLIC DAY			
PD2	Map- practice			
PD3	Map-practice			
PD4	MAP PRACTICE			

PD5	MCQs practice			
PD6	MCQs practice			
PD7	REVISION			
WEEK 45 : 2 nd Feb. to 7th Feb				Period Count: 7
PD1	REVISION			BASANT PANCHANG
PD2	REVISION			
PD3	REVISION			
PD4	REVISION			
PD5	REVISION			
PD6	REVISION			
PD7	REVISION			
WEEK 46 th _: 10 th Feb to 15 th Feb				Period Count: 7
PD1	Previous year questions Revision			
PD2	Previous year questions Revision			
PD3	Map practice			
PD4	Practice of MCQs			
PD5	Picture based questions discussion			
PD6	Picture base question discussion			
PD7	Revision for whole syllabus Previous year questions			

WEEK 47 th : 17 th Feb to 22 nd Feb				PF
Period Count: 7				A. R.
PD1	Board Examination		S	
PD2	Board examination		S	
PD3			S	
PD4			S	
PD5			S	
PD6			S	
WEEK 47 th _: 24 th				
Period Count: 7				
PD1				
PD2				
PD3				
PD4				
PD5				
PD6				
WEEK 48 th : 23 rd April to 28 th April				
Period Count: 7				
PD1				
PD2				

PD3			
PD4			
PD5			
PD6			
WEEK 49th: 16th April to 21st April		Period Count: 7	
PD1			
PD2			
PD3			
PD4			
PD5			
PD6			
WEEK 50th: April to 28th April		Period Count: 7	
PD1			
PD2			
PD3			
PD4			
PD5			

PD6			
WEEK 51st: 16th April to 21st April		Period Count: 7	
PD1			
PD2			
PD3			
PD4			
PD5			
PD6			
WEEK : 52nd April to 28th April		Period Count: 7	
PD1			
PD2			
PD3			
PD4			
PD5			
PD6			

Subject coordinator
Principal

Supervisor

Principal/V.