



CBSE holds workshop for teachers



Interactive workshop organised at SPSEC on Saturday

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An interactive day long workshop was conducted by the Central Board of Secondary Education (CBSE) and hosted by Sir Padampat Singhania Education Centre. Sushma Punia (Principal, BLS International School, Hathras) and Mandavi Tripathi (Principal, Lucknow International Public School, Lucknow) were the resource persons for the day. The workshop commenced with the lighting of the lamp, followed by spellbinding rendition of welcome song by the school choir. The Principal Bhawna Gupta, welcomed the gathering. Sixty four teachers and principals from reputed schools of in and around Kanpur participated in the workshop to learn about various ways and techniques of developing and enhancing life skills among students across all age groups.

The session began with an ice breaker activity that enabled participants to understand the real objective of an elaborated session on Life Skill building. Each participant was provided a sheet named 'Find Out' where they had to interact and find out other participants interest. This way, everyone got an opportunity to get in the flow of the sessions planned ahead.

Beginning with Session 1; Perspective Building on Life Skills, need-analysis questionnaire was shared among all, to help them analyse and choose one ability which they think best suited the set of situations given. This activity was aimed at bringing out the knowledge of basic skills required to face day to day challenges. Further, each one was handed with another questionnaire to answer questions in details (like what one understands by the term Life Skills, different kinds of Life Skills, why are

they important, etc.) to test their knowledge about the subject being discussed. By the means of this distinctive set of activities, individual understanding of the concept, its techniques and ways of implementing the same were well established among each participant.

Advancing to Sessions 2; Transacting Life Skills, the need of enhancing life skills among students was discussed in detail. Critical Thinking Skills, social skills, and emotional skills and their types were taken up in detail one after the other.

Followed by the discussion, use of various techniques (like discussion, debate, role play, storytelling, etc.) to highlight the value/importance of life skills in students were explained and deliberated. Various groups were made and each group was given a role play theme to enact and bring

out various life skills that the characters of the play represented.

Various tools to access life skills were also taken up in Session 3 and Session 4. The objective to be achieved, as per CBSE, by conducting this workshop, was to make teachers well equipped with knowledge that can help them manage and deal with innumerable (small or big) instances happening inside/outside the classrooms.

The workshop not only made our teachers more sensitive and understanding towards students, but also helped in imbibing life skills in their teaching style so that children of today get education that adds value to their personality as a whole.

The vote of thanks was delivered by Kavita Chaddha, Vice-Principal (Sr.Wing). The compere for the day was Anila Chandak, HoD English.