



# *Sir Padampat Singhania Education Centre*

*Kamla Nagar, Kanpur.*



## **ROOT** **SUMMER HOLIDAY HOMEWORK**

Dear Parents,

It is a matter of pride and pleasure for all of us that our little ones have started toddling their way to school and that too happily now!

If there is one particular message this summer, it is this: Take the time to show children how wonderful, unique and special they are. Be there for them. Be their cheerleader, friend, confidant, and show them that there is nothing you would rather do than be with them.

Long hot days are ahead and so is the big question looming large in your minds- how to keep children busy and amused during the summer break! Holidays can be a time of shared fun, frolic, enjoyment and play for children and parents both. All you need to do is mix a little open minded attitude with simple planning and you have the recipe for a fruitful and relaxed vacation.

While we would like our children to enjoy their summer break, we thought we would share with you a few activities which could be incorporated in their routine, so that they learn while they play. Do participate and relive your childhood with them.

- Use positive reinforcement to encourage and reward good behavior. Do not compare his/her with others.
- P's and Q's need to be reinforced at this tender age to become habits in future. A routine 'Good Morning' or 'Thank You' when necessary will help your child go a long way. Greeting guests and saying 'Sorry' are also equally important, and they are easy to inculcate in daily life.
- Let's help the little ones to inculcate values of health and hygiene. Washing of hands before and after meals, using a handkerchief to wipe the nose or eating without messing up can be easily picked up by them.
- Keep the child busy by teaching him/her to keep their belongings in place or run simple errands at home. This will help develop a sense of responsibility and respect for one's property.
- Picture books are an important part of a preschooler's curriculum. Enhance his/her general awareness by giving them books. You could ask them to name the objects in the room or colours of the clothes and do try and read out stories to your child at least, three times a week. Do narrate them with as many English words as possible. Learning goes on every minute in your child's growing up years- all you need is patience.
- Creative work can be fun too! Mix some paint and let your child's imagination run wild with then! Leaf, finger printing, hand printing or even foot printing can be great! Use the brush for spray painting or a straw for blow painting and what have you –a young artist at work! Paper tearing and folding of old magazines or newspapers gives good finger

control and colourful cut outs just pasted the way your young one wants, give him a sense of achievement.

- A trip to the zoo, or to the market with you, can help him/her learn about fruits and vegetables and animals and the grocer or the baker, and all you need to do is talk and talk with them.
- Sing/recite to your child. Let her sing/ recite to you. Introduce new songs and rhymes. Allow self expression- whatever form they choose – painting, colouring, dramatizing, music, poetry, paper tearing, cutting and pasting, printing with leaves, flowers, fruits etc., clay moulding, story..... It releases pent-up feelings apart from giving immense pleasure to the child.
- Last but not the least, please speak with your child in English, making him/her follow simple commands which will develop your child's language skills. Also good nutrition, rest, play and socializing is very important for your child. A good routine with plenty of above will make your child bloom.

So dear parents, roll up your sleeves and get set go with your toddler! And all times remember they are very young and need to be encouraged. So please be patient and revel in their achievement. Best of luck.

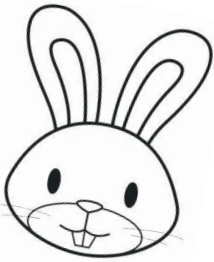
We wish you and your little one happy holidays and happy working!



# SUMMER HOLIDAY FUN ACTIVITIES ROOT (2019-20)

Touch your toes  
10 times.Count  
along.

Recognize the  
letter A and  
colour an apple  
and an ant.



Red is for apple  
Red is for cherry  
Red is for  
watermelon  
and for  
strawberry  
Paste 3 red things

I'm the colour of  
sunflowers  
I'm the colour yellow  
I'm the colour of  
canaries  
Hello, Hello, Hello!  
Paste 3 yellow things



Water the plants  
in the garden with  
an adult. Identify  
and red and yellow  
flowers.

Paint a watermelon  
cut out with a  
brush and print  
five seeds with  
your finger,  
counting along.

Tear old magazine  
paper into small  
pieces. Paste  
within a circle.

Paste 5 big and  
small circles to  
form a caterpillar.  
Count along.

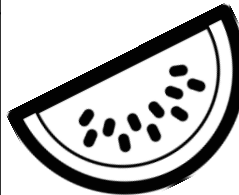
Learn to identify  
the letter B and  
colour a ball and  
baby.

Stand in front of  
a mirror and  
identify the parts  
of your body.

Sort 3 different  
coloured buttons  
mixed together.



Wash a  
handkerchief and  
learn the  
opposites-  
wet/dry,  
Dirty/clean



Colour the honey  
bee yellow and  
paste tea leaves  
to fill up the  
stripes.

Learn to make a  
simple figure  
with play dough  
and paste it.

Learn to fix a  
simple 4-piece  
puzzle.

Help mummy  
make a fruit  
salad. Name the  
fruits and  
identify their  
taste.

Print with a fork  
to form a lion's  
mane.

Identify and  
paste hot foods  
in the kitchen  
and cold in the  
fridge.

Decorate the  
frame with  
colourful sheet,  
tape,waste  
material,button.  
Paste your  
family photo  
(how you all  
spent time  
together this  
summer).

Kindly note:The above mentioned work has to be done in the notebook.