



Sir Padampat Singhania Education Centre

Kamla Nagar, Kanpur.



ROOT **SUMMER HOLIDAY HOMEWORK**

Dear Parents,

It is a matter of pride and pleasure for all of us that our little ones have started toddling their way to school and that too happily now!

If there is one particular message this summer, it is this: Take the time to show children how wonderful, unique and special they are. Be there for them. Be their cheerleader, friend, confidant, and show them that there is nothing you would rather do than be with them.

Long hot days are ahead and so is the big question looming large in your minds- how to keep children busy and amused during the summer break! Holidays can be a time of shared fun, frolic, enjoyment and play for children and parents both. All you need to do is mix a little open minded attitude with simple planning and you have the recipe for a fruitful and relaxed vacation.

While we would like our children to enjoy their summer break, we thought we would share with you a few activities which could be incorporated in their routine, so that they learn while they play. Do participate and relive your childhood with them.

- Use positive reinforcement to encourage and reward good behavior. Do not compare his/her with others.
- P's and Q's need to be reinforced at this tender age to become habits in future. A routine 'Good Morning' or 'Thank You' when necessary will help your child go a long way. Greeting guests and saying 'Sorry' are also equally important, and they are easy to inculcate in daily life.
- Let's help the little ones to inculcate values of health and hygiene. Washing of hands before and after meals, using a handkerchief to wipe the nose or eating without messing up can be easily picked up by them.
- Keep the child busy by teaching him/her to keep their belongings in place or run simple errands at home. This will help develop a sense of responsibility and respect for one's property.
- Picture books are an important part of a preschooler's curriculum. Enhance his/her general awareness by giving them books. You could ask them to name the objects in the room or colours of the clothes and do try and read out stories to your child at least, three times a week. Do narrate them with as many English words as possible. Learning goes on every minute in your child's growing up years- all you need is patience.
- Creative work can be fun too! Mix some paint and let your child's imagination run wild with then! Leaf, finger printing, hand printing or even foot printing can be great! Use the brush for spray painting or a straw for blow painting and what have you –a young artist at work! Paper tearing and folding of old magazines or newspapers gives good finger

control and colourful cut outs just pasted the way your young one wants, give him a sense of achievement.

- A trip to the zoo, or to the market with you, can help him/her learn about fruits and vegetables and animals and the grocer or the baker, and all you need to do is talk and talk with them.
- Sing/recite to your child. Let her sing/ recite to you. Introduce new songs and rhymes. Allow self expression- whatever form they choose – painting, colouring, dramatizing, music, poetry, paper tearing, cutting and pasting, printing with leaves, flowers, fruits etc., clay moulding, story..... It releases pent-up feelings apart from giving immense pleasure to the child.
- Last but not the least, please speak with your child in English, making him/her follow simple commands which will develop your child's language skills. Also good nutrition, rest, play and socializing is very important for your child. A good routine with plenty of above will make your child bloom.

So dear parents, roll up your sleeves and get set go with your toddler! And all times remember they are very young and need to be encouraged. So please be patient and revel in their achievement. Best of luck.

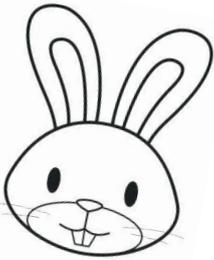
We wish you and your little one happy holidays and happy working!



SUMMER HOLIDAY FUN ACTIVITIES ROOT (2019-20)

Touch your toes
10 times.Count
along.

Recognize the
letter A and
colour an apple
and an ant.



Red is for apple
Red is for cherry
Red is for
watermelon
and for
strawberry
Paste 3 red things

I'm the colour of
sunflowers
I'm the colour yellow
I'm the colour of
canaries
Hello, Hello, Hello!
Paste 3 yellow things



Water the plants
in the garden with
an adult. Identify
and red and yellow
flowers.

Paint a watermelon
cut out with a
brush and print
five seeds with
your finger,
counting along.

Tear old magazine
paper into small
pieces. Paste
within a circle.

Paste 5 big and
small circles to
form a caterpillar.
Count along.

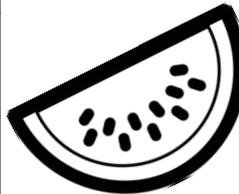
Learn to identify
the letter B and
colour a ball and
baby.

Stand in front of
a mirror and
identify the parts
of your body.

Sort 3 different
coloured buttons
mixed together.



Wash a
handkerchief and
learn the
opposites-
wet/dry,
Dirty/clean



Colour the honey
bee yellow and
paste tea leaves
to fill up the
stripes.

Learn to make a
simple figure
with play dough
and paste it.

Learn to fix a
simple 4-piece
puzzle.

Help mummy
make a fruit
salad. Name the
fruits and
identify their
taste.

Print with a fork
to form a lion's
mane.

Identify and
paste hot foods
in the kitchen
and cold in the
fridge.

Decorate the
frame with
colourful sheet,
tape,waste
material,button.
Paste your
family photo
(how you all
spent time
together this
summer).

Kindly note:The above mentioned work has to be done in the notebook.